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ENVIRONMENT AND HEALTH IN SCHOOLS

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Abstract

Any child that is born on this earth faces the environment as and when it is born. There is none on this earth who can say that he or she has no connection with the environment. If we want to bring in the desired change in our standard of health we ought to make of lot more changes in the curriculum to improve the Environment and sanitation. It is high time that the children in society should be told the measures that they should take to protect the environment. For healthy living in the future it is necessary that steps should be taken to improve the environment, for which the teacher and text books should provide scope to the children in the school. Decades together of effort to bring in these changes will certainly do a great deal better.

Introduction

The preamble of the convention clearly states that the family is the fundamental pillar of society and the natural environment for the growth and well being of all its members, particularly children. It is the major source of development for children, by way of providing nurturing, emotional bonding and socialization. The child, the family, the School and Society, constantly inter act with, and therefore, influence each other.

Health indeed, is a basic need and a fundamental ingredient of human rights. It is a positive right which can be acquired only to the extent that the state is willing to guarantee. In the Indian context, health is a constitutional mandate.

Any child that is born on this earth faces the environment as and when it is born. There is none on this earth we can say has no connection with the environment. Even though we inherit many qualities from our parents it is the environment which is much more important than all these. Environment and Hygiene or health are two inseparable parts of every individual. Hence it is necessary that the text books which are prescribed to the children reflect upon these and bring in desirable changes to society.

Text Books

The text books that we have today speak more about the past than the future, and have been dealt with in a more traditional way. If we want to bring in the desired change in the standard of health we ought to make a lot more changes in the curriculum to improve the Environment and sanitation.

How Text Books reflect Realities

The text books reflect much less on these aspects than the media do. Thanks to the media, quite a lot of awareness has crept in about health and hygiene.

The future of any country depends upon the standard of life that the people of one country adopt. It becomes a rating scale to measure the growth of any country. Unless the Environment is made perfectly suitable for good living, we cannot flourish despite of our technologically aided society.

What are the short comings?

Day by day the scientists who research reveal the fact that the environment is polluted beyond a certain stage of recovery. When the Environment gets polluted so is the health of the children and adults of the country. Hence it is necessary that the class room should also contribute to the proper functioning of the environment to allow the future generations to live safe in the society. Let us live and let others live too.

The Harvesting of natural resources in the recent decades is on the increase. If this prolongs we may not be able to predict the future of any country. The more we invent the more are the problems in the environment. The earth sky and the ocean are contributing to a better environment. Due to the interception made by humans, most of us them get spoiled. It is high time that the children in society should be told of the measures that they should take to protect the environment. Ecological contribution needs more emphasis in environmental education.

How to improve

Environmental education should be for the preservation of the balancing of nature. Environmental education should instruct the public to protect the environment. Any change in society starts from the classroom hence the students have to be informed of the measures they need to take to protect the environment.

The text books should be in such a way that they can help the children to understand the ways and means to protect the environment. For healthy living in the future it is necessary that steps should be taken to improve the environment, for which the teacher and text books should provide scope for the children in the school. Decades together of effort to bring in these changes will certainly do a great deal better.