York University Career Centre

CAREERCYBERGUIDE

Maximizing the Value of Your Summer Job

In This Workshop You Will Learn About...

- Exploring Career Paths through Research
- Preparing for Career Paths through Strategic Skill Development
- Trying on Career Paths through Experience with Clients and Contexts
- Identifying Key Accomplishments

Exploring Career Paths through Research

- Career Centre Library
- Internet – e-Choices & Career Cruising
  www.yorku.ca/careers/students_virtual_resources.htm
- Informational Interviewing
  –visit the Online Job Search Manual for more information
  www.yorku.ca/careers/students_virtual_resources.htm

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Try on Career Paths By...

- Observing the daily reality of potential occupations
- Getting experience with specific target groups

Take the summer to find out what is a good fit BEFORE you commit to a career path

Trying on Career Paths through Experience with Clients and Contexts

- For assistance in conducting sector research, visit the Career Centre and ask to speak to a Career Advisor
- You can also visit:

http://www.hrdc-drhc.gc.ca/common/work.shtml#trends

Identifying Key Accomplishments

- Fill out Key Accomplishment worksheet
- Record details about when you did great work
- Be specific–who, what, where, when and why
- Include feedback from clients, supervisors, etc.

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Reflecting on Career Options through a Satisfaction Assessment

- Take time to fill out the Satisfaction Assessment to clarify what you learned this summer
- Recognizing what you don't like can be as useful as realizing what you do enjoy doing
- This assessment can lead to a recognition of a possible career path you had never considered previously

Summer is the Ideal Time to...

- Begin to develop a professional network in a particular area
- Clarify your career goals based on newly discovered likes/dislikes
- Exercise skills and abilities that will help you in a variety of careers

The Career Centre can Help You Get Started

- For information on job postings and job programs available during the summer, visit:
  http://www.yorku.ca/careers/sjb/index.htm
- For suggestions and support drop in to the Career Centre to chat with a Career Advisor:
  http://www.yorku.careers/services_careeradvisors.htm

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