



# Kid Bits Newsletter

The Lee Wiggins Childcare Centre

March/April 2010 Issue The Lee Wiggins Childcare Centre

## A Note From Lesley

Hard to believe the school year is almost finished!! I hope you are finding the emails sent to you useful and is a clear method of communication.

If you are not receiving emails from us, or you do not want our emails, please let us know.

We are currently working on some new policies around Health and Safety, as well as, Violence in the work place, new legislation policies.( Bill 168)

We are also addressing All Day Learning and how it will affect us at Lee Wiggins. Please see attached question and answer page about all day kindergarten.

### Summer survey

We are thinking ahead to summer and would like to get an idea of how many families will be using the centre this summer, This helps us assess in financial planning and summer staffing. Please look

for the survey in the coming days.

Surveys must be returned no later than April 5th.



Do your part for  
**EARTH DAY**  
April 22, 2010

## The Lee Wiggins Childcare Centre

Issue 2

March / April 2010

### THINGS TO DO FOR

#### EARTH DAY:

- Reduce Electricity
- Recycle
- Compost
- Make a Reusable Bag
- Plant a Tree
- ENJOY the EARTH!

## Dates to Remember

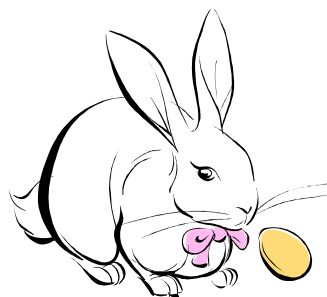
### March

14 Daylight Saving Begins

15-19 March Break

### April

2 Closed for Good Friday



### May

13 Parent Workshop: Street Smarts @5:30 to 7pm (Sign up in Foyer)

### Inside this issue:

Reading with Child	2
Help for Lefties	2
Gentle Reminders	2
Guide to Grown Ups	3
Temper Tantrums	4
Exploration of...	3
Recipe & Songs	4

## Reading to Your Child

Read to your children  
Twenty minutes a day;  
You have the time,  
And so do they.

Read while the laundry is in the  
machine;

Read while the dinner cooks;  
Tuck a child in the crook of your arm  
And reach for the library books  
Hide the remote,  
Let the computer games cool,  
For one day your children

Will be off for school;  
"Remedial?" "gifted?"  
You have a choice;  
Let them hear their  
first tales  
In the sound of your  
voice.

Read in the morning  
Read over noon;  
Read by the light of  
*Good Night, Moon.*

Turn the pages together,



Did you know?  
That you can order books at  
great prices from Scholastic.

Sitting close as you fit,  
Till a small voice beside  
you says,  
"Hey, don't quit."  
~Richard Peck

### Scholastic Books

Scholastic books is a  
great way to build your  
book collection.

Forms are put on your  
cubbies monthly.

Book orders are due every 15th of  
the month. Please see Rita.

## Tips For Raising a Lefty

Research suggests the left-handers  
excel in right-brain functions such as  
spatial awareness and perception.  
Many also excel with visual concepts,  
creativity and music, Leonardo Di-  
Vinci, Michelangelo, Julius Cesar and  
Winston Churchill were all lefties. So  
is U.S. president Barack Obama.  
Left-handers need to do most tasks  
in a right-handed world.

### **Choosing Sides**

Most babies use both hands at first.  
But some children won't choose a side  
until as late as the age of five.

### **A Helping Hand**

All left-handers should have a proper  
pair of left-handed scissors at home  
and at school.

Teach proper writing technique early.

Position the page  
to the left of  
their body midline  
and tilt the top of  
the page clockwise  
about 30 degrees.

Use a tripod writ-  
ing grip. Finger  
positioning 2cm  
away from pen tip.

Your  
Left- Handed  
Child  
~Author  
Lauren Milsom  
~Canadian  
Family 09/09~

## Gentle Reminders

### Inside Shoes

An extra pair of shoes  
during this mucky sea-  
son will keep our Centre  
safe, clean and tidy.

### Cubbies

There is a garbage can  
beside the chairs in the  
cubby area for your



Bringing toys to the Centre is  
discouraged. But, if you need  
to, label and give 5 minutes..

convenience. Please  
place your garbage in  
the trash can.

### Art Work

Your child is very proud  
of their art. Please col-  
lect it and take it  
home.

### Absent or Sick

Please call the Centre to inform us of  
your absence by 9:30am. We often  
post notices if there have been a sig-  
nificant amount of sick children.

### Sign In/Out Clipboard

It is a ministry requirement for par-  
ents and caregivers to sign in/out  
your child daily. Please sign in/out.

# A Kid's Guide to Grown Ups- Ages 6-8 years

Knowing how to have a polite conversation with adults can benefit your child long-term. You can help her build this essential social skill.

## Giving the Full-On Hello

Meeting an adult can be intimidating for kids. To help your child become more comfortable practice their greeting first with you and then with other familiar adults. If they feels shy about making eye contact, tell her to zone in on the adult's nose.

## Talking to Authority Figures

No matter how much your child likes their teacher, they may still be hesi-

tant to ask her a question or to clarify an assignment.

Encourage your child to talk with his teacher. Practice what they should say and remind him to follow some courtesy rules: Don't interrupt her when she's busy or talking, and always say thank you for helping.

## Playing the Name Game

How your kids refer to adults (Mrs. Smith, Ms Julie or Julie) is often a



This article was taken from Parents March 2009

matter of preference- yours, as well as, the other persons. Decide before hand.

## Getting Superpolite

If your child wants to be invited back for a playdate saying "Please" and "Thank You" are a good way to start.

Putting away toys , setting the table, clearing the table and saying

thank you to the parents will greatly enhance a child's likability.

# Temper Tantrums are Most Common Between 2 & 4 Years

Tantrums are the child's way of showing anger and frustration .

## This often happens when the child...

- Is not able to do something he/she wants to do
- Is asked to do something he/she does not want to do
- Needs to get rid of anger and tension

• Is over-tired, excited or hungry

## During a tantrum a child may...

- Run around screaming and yelling
- Pound their fists / Bang head
- Kick & bite / Hold their breath

## During the tantrum...

- Stay calm- don't try to argue or "talk sense" to the child
- Don't give in to the child
- Put child in safe quiet place until he calms down
- As much as possible, ignore

## After the tantrum...

Stay calm and loving, remove the cause of tantrum and move on. :)

# Topics of Exploration

**March 1-12** Circles, Squares and Hexagon's, Oh My!

The children will label and further investigate shapes, such as, the octagon and how many sides it has.

**March 15-26** Homes, Buildings and Towers

We will be exploring different monuments, towers and buildings all over

the world.

**March 29- April 9** Bounce into Spring

The children will analyze the change of weather, as well as, look into spring and what is happening to the trees and plants.

**April 11- 23** Pond Life



Saying thank you for a gift is showing you have manners.

The Children will study pond life. What creatures live in the pond?

**April 26- May 7** Cheese Please

This is a "Manners" refresher. We will demonstrate its importance.

## The Lee Wiggins Childcare Centre

4700 Keele Street  
Room 201, Student Centre Building  
North York, ON  
M3P 1J3

Phone: 416.736.5959  
Fax: 416.736.5884  
Email: lpowell@yorku.ca

"A mistake can be a superb teacher of success" ~ Johnnetta B. Cole



### Biscuit Shapes

2 cups all-purpose flour

2 tsp. baking powder

1 tsp. salt

2 tbsp. margarine

2/3 cup milk

Sift together flour, baking powder and salt. Add margarine and cut in with fork or pastry blender. Stir in milk. (add more milk, if needed, to make dough soft but not sticky.) Knead dough on floured surface 20 times. Roll in a circle, 1/2 inch thick. Use a cookie cutter to cut the dough into shapes. Place the shapes on a baking sheet and bake at 450F degrees for 12 to 15 minutes.

Makes about 12 biscuits.

## Kid Picks

### Five little Friends

5 little friends playing on the floor  
1 got tired and then there were 4  
4 little friends climbing in a tree  
1 jumped down and then there were 3  
3 little friends skipping to the zoo  
1 went for lunch and then there were 2  
2 little friends swimming in the sun  
1 went home and then there was one  
1 little friend going for a run  
Decided to take a nap and then there were none.



### Dinosaurs

#### CHORUS:

Oh where, Oh where  
have the dinosaurs  
gone?  
Oh where, oh where  
can they be?  
Long ago, these giants  
ruled the earth, But  
now, not one do we see!

The dinosaurs were as  
tall as the trees,  
And chewed the leaves  
at the top.

They ate plants and meat and so much  
they would eat,  
They'd eat, and never would stop!



BRONTOSAURUS

#### CHORUS

The dinosaurs lived all  
over the earth;  
The woods, the moun-  
tains, the sea.  
They were here and  
there, they were most  
everywhere,  
Around the world they  
would be!

#### CHORUS

The dinosaurs now have  
all disappeared,  
At last, they've all said

good bye.

Though they were once giants, they are  
now extinct,

And no one really knows why! CHORUS