COURSE CALENDAR DESCRIPTION

Offers an introductory course in modern dance. Emphasizes integrated movement, alignment, modern dance vocabulary, artistic expression, as well as the creative process. Required of all BFA dance majors.
Corequisite: FA/DANC 1205 3.00.

INSTRUCTOR(S)

<table>
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<tr>
<th>Name</th>
<th>Section / Format / Term</th>
<th>Contact Email</th>
<th>Contact Phone</th>
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<tbody>
<tr>
<td>Thomson, Keiko</td>
<td>Sec. A / STDO / F</td>
<td><a href="mailto:keikokt@yorku.ca">keikokt@yorku.ca</a></td>
<td>York Ext. 44651</td>
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SPECIAL FEATURES

Course Instructor:
Keiko Kitano (Thomson)
416-736-2100 ext. 44651
Keikokt@yorku.ca
Office: Accolade East Room 326
Course consultation hours: Tuesdays, 1pm – 2pm or by appointment

Time and Location:
Tuesday, 10:30 am - 12:00 pm, (ACE251, Studio D)
Wednesday, 10:30 am - 12:00 pm, (ACE251, Studio D)
Thursday, 10:30 am - 12:00 pm, (ACE251, Studio D)
Friday, 10:30 am - 12:00 pm, (ACE251, Studio D)

Course Description:
This course provides students with an introduction to the technique and philosophy of contemporary/modern dance based on Limón technique and release-based contemporary dance technique. As in other technique courses, physical training refines artistic expression, provides the dancer with a modern dance vocabulary, musicality and athleticism. Students will improve their overall technical skill and performance ability through this course.

TOPICS AND CONCEPTS

Classes consist of floor work, centre work and traveling combinations with the emphasis on the elements such as weight shift, swing, full and rebound/recovery, succession, opposition, isolation, breath support, weight, focus, energy and awareness of the relationship to the internal and external concepts of space (this includes the emphasis on energy direction and flow, gravity, special projection, shape, weight shift etc.) All
sequences are approached from contemporary dance technique perspectives designed to increase the body/mind connection in a motion context and to improve natural dance vocabulary within the body. The class will also utilize improvisation to work within the context of modern dance. There may be special presentations, events, performances, meetings and/or workshops during class time given by other faculty, graduate students or guest teachers (TBA).

LIST OF LEARNING OUTCOMES AND EXAMPLES OF

The primary objective of this course is to develop the students’ artistry and technique as a dancer. To reach this goal and discover individual approaches to dance movement, the class is based on understanding of movement principles, especially gravity, fall and rebound/recovery, organic flow, clear use of weight and momentum. Students will be challenged to discover natural movement from within their bodies. There is an emphasis on body awareness, alignment, development of strength and flexibility, learning strategies within a group context.

Specific Learning Outcomes of the Course:

Through engagement in the each class, students will improve their performance skill with great attention to the quality of movement, powerful clarity, sensibility and confidence within. The following are some specific areas the class will focus on:

• cultivating healthy alignment and safe, efficient dance practices
• developing strength, flexibility, co-ordination, articulation
• increased faculty to express and perform movement fully
• developing musical intelligence and sensitivity
• expanding imagination, creativity, self-expression, performance quality
• developing improvisational skill as a valid pathway to strong dance technique
• developing new learning strategies and problem solving skills
• developing supportive collaborative relationship with peers
• to understand and gain professionalism and self-confidence as a positive dance artist

GRADED ASSESSMENT

Evaluation:
Please note that grades are based on the physical demonstration and the progression of each student’s dance knowledge. Students will be evaluated and graded based on the following criteria:

40%  Skill, Body Use and Artistry
alignment, co-ordination, articulation, core strength, muscular and cardiovascular endurance, flexibility, kinesthetic awareness, articulation, performance quality, musicality, dynamics

30%  Individual Progress
observation and learning, attention to detail, application of feedback and corrections, development of materials, risk taking, self-expression

20%  Work Habits (Attitude, Participation and Effort)
demonstrated by full and consistent intellectual and physical engagement, motivation, retention of choreography, professional etiquette, attendance, appropriate dress

10%  Written Component
Assignments will be discussed in detail/submission date agreed upon during second week of Fall Term classes.
**NB:** The unofficial midterm grade (15%) is based equally on Skill, Body Use and Artistry, Individual Progress and Work Habits. This grade is not filed with the Registrar but comprises part of final grade; designed to give students timely feedback on their progress and received at least 1 week before the drop date for this course.

**Written Component Guidelines:**

The demonstration reflective/thoughtful content is required for all written work. Spelling, structure, and punctuation are important to clearly communicate your ideas and count toward your grade. Further details of all assignments will be discussed in class.

**Assignment Submission/Lateness Penalty:**

Proper academic performance depends on students doing their work not only well, but on time. Assignments must be received on the due date specified and are to be handed in at the beginning of class. No electronic submissions will be accepted. Assignments received later than the specified due date will be penalized one-half letter grade per day. There are exceptions to this lateness penalty for valid reasons such as illness, compassionate grounds, etc. but require supporting documentation (e.g. a doctor’s letter).

**Recommended Readings:**

There is no specific text required; however, the following books are suggested.

- *The Dance Current*, Toronto - monthly magazine: includes articles on local and national dance - copies available at the Department office. Select articles and blog available at www.thedancecurrent.com
  www.uoguelph.ca/~rthomson/enter.html

**ADDITIONAL INFORMATION**

**Questions and Discussion:**

During class, asking questions that pertain to general knowledge of all students is highly encouraged. However, if there are questions specific to one’s body or personal technical problems, please make an appointment to see the instructor. The class format is a communal event, and all discussion should pertain to the general interest of all class members. It should be assumed that any corrections or comments given to a specific student can serve as a learning experience to all, and full attention is expected. Personal talking during class is a distraction and detriment to the class, and students who insist on talking may be asked to leave.

**Important University Sessional Dates (classes start/end dates, reading/co-curricular week, add/drop deadlines, holidays, etc.):** [https://registrar.yorku.ca/enrol/dates/fw17](https://registrar.yorku.ca/enrol/dates/fw17)

**York University Grading System:**


**Grading, Assignment Submission, Lateness Penalties, and Missed Tests:**
The grading scheme for courses conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests will bear either a letter grade designation or a corresponding number grade (e.g., A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.) An average piece of work in university is about a C+ or B. Grades go up or down from there depending on the attention and effort applied as well as evidence of tangible change.

The Senate Grading Scheme and Feedback Policy stipulates that (a) the grading scheme (i.e. kinds and weights of assignments, essays, exams, etc.) be announced, and be available in writing, within the first two weeks of class, and that, (b) under normal circumstances, graded feedback worth at least 15% of the final grade for Fall, Winter, or Summer Term, and 30% for full year courses offered in the Fall/Winter Term be received by students in all courses prior to the final withdrawal date from a course without receiving a grade.

N.B. Final course grades may be adjusted to conform to Program or School grades distribution profiles. Once final grades have been posted, the full breakdown will be available and can be discussed in an appointment with the Course Director or Chair of the department.

"20% Rule":
No examinations or tests collectively worth more than 20% of the final grade in a course will be given during the final 14 calendar days of classes in a term. The exceptions to the rule are classes which regularly meet Friday evenings or on Saturday and/or Sunday at any time, and courses offered in the compressed summer terms.

Last date to drop a full year (Y) course without receiving a grade: February 9, 2018
Last date to drop a Fall term (F) course without receiving a grade: November 10, 2017
Last date to drop a Winter term (W) course without receiving a grade: March 9, 2018

Course Withdrawal Period: (withdraw from a course and receive a grade of “W” on transcript)
Last date for full year (Y) course: February 10 to April 6, 2018
Last date for Fall term (F) course: November 11 to December 4, 2017
Last date for Winter term (W) course: March 10 to April 6, 2018

Please note that financial deadline dates differ from add/drop deadlines.

Department of Dance Studio Dress Requirements:
In order to give students the best possible guidance in Contemporary Ballet and Modern studio dance classes, teachers must be able to see the entire body. Postural alignment and joint and muscle use cannot be corrected in these classes if loose or bulky clothing hide the body. Other dance forms we teach may require specific footwear, props, and/or other clothing options. Please make sure to check your outlines for each of your studio dance classes for the specific dress requirements and the details each teacher will require.

The general requirements are:
- Form fitting clothing that covers torso and legs should be worn. Bring close-fitting warmer clothing and socks for cold days. (No loose-fitting or ragged clothing unless specified).
- Hair must be worn off the neck and face for Ballet, and back and off the face for Modern.
- Students can wear leotard and tights (any solid colour), and ballet slippers for Ballet and bare feet for Modern.
- Please be considerate of your fellow dancers; avoid long fingernails and jewellery (including piercings, watches, earrings, necklaces, bracelets, and large rings). Ensure hair-wear is secure.
Department of Dance Studio Use Regulations:
- There is absolutely no food or drink (other than water) permitted in the studios.
- Leave street shoes and boots in the cubbies outside the studio or preferably, in your locker. If you must bring street shoes and boots in to the studio, please place them inside a bag. Grit and dirt brought into the space pose a safety hazard for dancers (particularly for those working barefoot) in addition to damaging the floor surfaces. NO BARE FEET in the Dance Department hallways or bathrooms.
- Do not prop the studio doors open by using the deadbolt, the mirror curtain, or anything that blocks the studio entrance.
- Please return studio furniture to its rightful place according to the floor plan posted by the door in each space.

Department of Dance Video Guidelines:
The Department of Dance has developed these guidelines in order to raise awareness of expected behaviour regarding recording/videotaping curricular work, and to foster a culture of respect for intellectual and creative property, as well as for individual privacy.
While the Department recognizes the democratizing effect of the internet, the Department requests that students do not post curricular work publicly to the internet, unless by express permission of the Chair of the Department, and waivers signed by all concerned. Work is to be shared only via private file-sharing access. This applies to documentation made by the Department and/or by individual students for their own archives.

Department of Dance Guidelines For Scented Products:
York University endeavours to provide an indoor environment that supports the University community at work and study. Some people experience severe health problems from exposure to chemicals contained in scented products including aftershave lotions, hair spray, deodorants and fragrances. In consideration of those who are affected by such chemicals, use unscented products only.

Department of Dance Guidelines For Physical Demands of the Program:
Courses in the Department of Dance may include elements that are physically demanding. Prior injuries can be aggravated by strenuous exercise so check with your physician and inform the Course Director before beginning the course. Be sure to share with the Course Director any changes in your injury or health that may affect your participation.

Courses in the Department of Dance may also include the possibility/likelihood of human contact (i.e., correction of alignment or technical execution as well as the possibility of collision with colleagues). Students uncomfortable with the use of touch are requested to relay feelings to the Course Director as soon as possible.

Department of Dance Guidelines For Safety and Wellbeing:
Should an accident occur in studio, there is a very clear protocol for reporting. This information is posted in every studio. Faculty members and staff are well versed in the protocol. For the various minor issues that come up in your day-to-day life as a dancer, it is recommended that you carry a well-stocked personal first aid kit in your dance bag.

Department of Dance Attendance and Participation Policy for Studio Classes:
Students are expected to participate in every dance class, both studio and lecture courses. Under exceptional circumstances they may miss, without penalty, half the number of classes per term as the class meets in the week. (i.e., If your class meets two times a week, you may miss ONE class over the entire course without penalty.)
Details are as follows for studio classes that meet two (2) times per week:

- Absences or early departures in excess of 1 per term can result in a grade deduction of 2% per occurrence.
- In the event of an absence or limited participation, all missed material is to be learned prior to returning to class.
- In the event of an injury or illness preventing full participation for more than 1 class in a term, it is the student’s immediate responsibility, in consultation with the Course Director, to devise a plan for make-up work. The sooner this is done, the less stress you will experience from the uncertainty of the situation. If you are injured or ill, obtain and submit a hard copy doctor’s note. The doctor’s note will allow you to arrange for appropriate make-up work. Grade penalties can still apply, but the documentation assists in gauging the amount of penalty and make-up work needed.
- Partial class participation beyond 1 class per term results in a 1% grade penalty.
- Non-participation beyond 1 class per term results in a 2% grade penalty.
- As detailed in the Injury Guidelines in the Department of Dance, students must complete a minimum of 60% of the studio work to receive course credit.
- Finally, in consideration of all participants, if you are ill, stay home and/or see your healthcare provider. You will recover faster and, should your illness be contagious, you will have shown others consideration by limiting their exposure. Do NOT come to class if you are ill!

Department of Dance Technical Evaluation Policy:

It is the Department’s responsibility to ensure that every dance major experiences optimal training and educational conditions. This is especially important in physical practice where safety is a pedagogical imperative. To that end, all students enrolled in dance technique courses (i.e. Contemporary Modern and/or Contemporary Ballet) participate in technical level evaluation at the beginning of the Fall term. Dance faculty conduct evaluations in a traditional group class setting. Students who have successfully completed the pre-requisite courses, have maintained an appropriate level of fitness, and have continued with technical training over the spring and summer months normally proceed to the next level.

It must be noted that a satisfactory grade in the pre-requisite course does not guarantee placement in the next level of technique. Some students may be required to remain at the previous level to safely develop additional technical skill. Extended illness, injury, or insufficient technical skill are some of the factors that lead to such a decision.

The study of dance as a physical and artistic practice requires a commitment to year-round technical training, body conditioning, and cross training. Students are, therefore, expected to independently seek out and maintain an appropriate training regimen all 12 months of the year.

York University Academic Senate Policies and Information:

All students are expected to familiarize themselves with the Policies and Regulations information which can be found on the 2017/18 Academic Calendars page:
http://calendars.students.yorku.ca/2017-2018/dance

We recommend carefully reviewing all three sections; About, Degree Requirements, and Faculty Rules. Important information is explained here including the Policy on Academic Honesty, Academic Responsibility and Student Responsibility, and Academic Standing. Further details are available on the Secretariat Policies website, http://secretariat-policies.info.yorku.ca/, which covers the following topics:

- Academic Accommodation for Students with Disabilities:
http://calendars.students.yorku.ca/2017-2018/policies-and-regulations/academic-policies-and-regulations/academic-accommodation
- Religious Accommodation:
http://calendars.students.yorku.ca/2017-2018/policies-and-regulations/academic-policies-and-regulations/religious-accommodation
- Code of Student Rights and Responsibilities:
- Academic Honesty:
  http://calendars.students.yorku.ca/2017-2018/policies-and-regulations/student-conduct/academic-honesty

Many courses utilize Moodle, York University's course website system. If your course is using Moodle, click here to access it.

Moodle @ York University