EXPANDED COURSE DESCRIPTION
THEATRE
School of the Arts, Media, Performance and Design
Department of Theatre
FA / THEA 4030 3.0 SECTION A
MOVEMENT V
FALL 2019 / WINTER 2020

COURSE CALENDAR DESCRIPTION

Incorporates, focuses and adds to the skills developed in prior years training to shaping the character within the context of the play and the performance. Prerequisites: Grade of B or better in FA/THEA 3031 3.0 or permission of the department. Corequisites: FA/THEA 4010 3.00 and FA/THEA 4020 3.00. Incorporates, focuses and adds to the skills developed in prior years training to shaping the character within the context of the play and the performance. Prerequisites: FA/THEA 3031 3.0 or permission of the department. Corequisites: FA/THEA 4010 3.0 and FA/THEA 4020 3.0.

INSTRUCTOR(S)

<table>
<thead>
<tr>
<th>Name</th>
<th>Section / Format / Term</th>
<th>Contact Email</th>
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<tbody>
<tr>
<td>McMackon, Allyson</td>
<td>Sec. A / STDO / F</td>
<td><a href="mailto:amcmackon@yorku.ca">amcmackon@yorku.ca</a></td>
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SPECIAL FEATURES

Course Calendar Description
THEA 4030 Movement V * Tuesdays 11 am – 1pm (ATK 102F) *
Wednesdays 9 am – 11 am (ATK 102F) * Thursdays 11 am – 1 pm (ACE 209)
Instructor/Format/Term/Contact Info
Course Director: Allyson McMackon * email: amcmackon@gmail.com *
Text/Phone in emergencies (416) 988-6980 Office Hours: By Appointment.

Special Features

“When I say 'go beyond yourself' I am asking for an insupportable effort. One is obliged not to stop despite fatigue and to do things that we know well we cannot do. That means one is also obliged to be courageous...we do the impossible and the division within us between conception and the body's ability disappears...creativity is never comfortable”. Jerzy Grotowski, Towards a Poor Theatre.

“The actor is an athlete of the heart”. Antonin Artaud

THEA 4030 is an experiential, studio course that continues to develop physical skills in contemporary theatre practice with particular attention on the relationship between the body, action, character, impulse, text and personal imagery. The course is about physical action and specifically developing the elusive muscle that links the imagination to the body.

1. Topics and Concepts

Two streams run concurrently in this training:
• The actors’ physical instrument (physical technique)
• The actors’ imaginative instrument (artistic/creative technique)
THEA 4030’s approach to **body work** is integrated and draws from principles of Laban, Suzuki, neutral mask, Limon, Authentic Movement, Yoga, ELDOA, Pilates, Gesture, Physical Architecture and pure movement. The **core actor and imaginative work** is rooted in highly structured Grotowski-based physical improvisation, source work and scoring. Working in tandem, the bodywork and core actor work will build and challenge technique, strengthen physical and imaginative stamina and illuminate the link between the imagination and the body ~ the actor’s heart. Full participation in classes and rehearsals outside of class is a required component of this course.

**Basic Schedule** *
- Week 1: Introduction to the course, principles for work and preparation
- Week 2: Bodywork and Imaginative Technique (The River)
- Week 3: Bodywork, Imaginative Technique and Fairy Tale (The River and Narrative)
- Week 4: Body Work, Imaginative Technique and Poetic Text (The River and Heightened Text)
- Week 5: Body Work, Imaginative Technique and Chekhov (The River and Theatrical text)
- Week 6: The Physical Work Rooted to Narrative
- Week 7: Presentations, Continued Work and Development
- Week 8: Presentations, Continued Work and Development
- Week 9: Presentations, Continued Work and Development
- Week 10: Debrief and/or extra presentation for extra grade November 26th

* subject to change

Please note there are no Movement classes the following dates:

- October 15-17 (Reading Week)
- October 29-31 (On Deck Week)
- October 19-21 (Show Week)

No text is required for this course. Readings will be assigned and recommended during the course. It is **highly recommended** that students read:

- Brook, Peter. *The Empty Space*.
- Chamberlain & Yarrow. *Jacques Lecoq and the British Theatre*
- Johnson, Don Hanlon. *Body ~ Recovering Our Sensual Wisdom*
- Richards, Thomas. *At Work with Grotowski on Physical Actions*.
- Tharp, Twyla. *The Creative Habit*.
- Toporkov, Vasily. *Stanislavsky in Rehearsal ~ The Final Years*.

2. **Learning Outcomes with Examples.**

- Find and explore a deeper physical vocabulary. *How?* Studio Work, studio assignments, in class presentations, written assignments, on-going dissemination.
- Create a strong and flexible instrument. *How?* Studio Work, studio assignments, in class presentations, written assignments, on-going dissemination
- Embody character. *How?* Studio Work, studio assignments, in class presentations, journal assignments, on-going dissemination
- Root imagery, breath, voice and emotional life in the body. *How?* Daily practice, studio assignments, in class presentations, on-going dissemination
- Continue to deepen physical response in theatre practice. *How?* Studio Work
• Understand and deepen their relationship to impulse and physical action. How? Daily practice, studio assignments, in class presentations, journal assignments, on-going dissemination.
• Deepen physical trust and confidence in themselves and their peers. How? Studio Work, collaborative exercises and presentations.
• Respond to impulses in physically safe and imaginative ways. How? Studio Work, studio assignments, in class presentations, journal assignments, on-going dissemination.
• Understand the truths of their physicality and the organic pathways to reveal and support those truths. How? Studio Work, studio assignments, in class presentations, journal assignments, on-going dissemination.
• Apply physicality that meets the demands placed on the actor in a variety of contemporary practices. How? Studio Work, studio assignments, in class presentations, journal assignments, on-going dissemination.

**Graded Assessment**

- 10% Attendance
- 10% Professionalism & Etiquette
- 30% Daily Studio Work (20% Technique, 10% Commitment/Risk-taking)
- 10% Growth
- 10% Graded Showing # 1 October 24
- 10% Graded Showing # 2 November 7
- 10% Graded Showing #3 November 14
- 10% Process Journal Due November 14th

An additional presentation day is possible November 26th for any student wishing to take another pass at their piece.

Students must arrange absences with the instructor. Absences and lateness will impact your Attendance, Professionalism & Etiquette and your studio work grade.

**IMPORTANT INFORMATION FOR STUDENTS**

**Reminder:** Students must maintain a 5.00 (C+) grade point average in their major (i.e. all Theatre courses) to remain in good academic standing in the department. Check the grade point average calculator at the following link if you have any questions:
http://ampd.yorku.ca/current-students/academic-resources/gpa-calculator/?

**A Note on Challenging Content**

One of the central educational goals of the Theatre Department is to produce socially conscious artists — artists who are aware of and capable of participating in challenging dialogues about social injustice and inequality. This means that our courses, public events, and productions often grapple with difficult subject matter, including sex, violence, terror, and illness (among other topics). While these presentations will no doubt provoke strong emotions and cause discomfort, we feel that the diverse experiences they promote are also essential to the development of our students’ critical faculties, empathy, and understanding of the world. Rather than warning our students in advance about every potentially uncomfortable topic that they might encounter in the course of their studies, we instead encourage students to meet them head on in the classroom, in rehearsals, and performances, and to engage in civil and compassionate debate about the possibilities and effects of staging difficult knowledge.

If you require an accommodation related to your participation in Theatre experiences, please ensure that you share relevant documentation with your course director. Academic Accommodation for Students with Disabilities
**ACADEMIC POLICIES / INFORMATION:** The Senate Academic Standards, Curriculum and Pedagogy Committee (ASCP) provides a Student Information Sheet that includes:

- York's Academic Honesty Policy and Procedures / Academic Integrity Web site
- Access/Disability
- Ethics Review Process for Research Involving Human Participants
- Religious Observance Accommodation
- Student Code of Conduct
- Alternate Exam and Test Scheduling

"**20% Rule**" - No examinations or tests collectively worth more than 20% of the final grade in a course will be given during the final 14 calendar days of classes in a term. The exceptions to the rule are classes which regularly meet Friday evenings or on Saturday and/or Sunday at any time, and courses offered in the compressed summer terms. Final course grades may be adjusted to conform to Program or Faculty grades distribution profiles. [http://secretariat.info.yorku.ca/files/CourseInformationForStudentsAugust20121.pdf](http://secretariat.info.yorku.ca/files/CourseInformationForStudentsAugust20121.pdf)

Grading Scheme and Feedback Policy -

The Senate Grading Scheme and Feedback Policy stipulates that (a) the grading scheme (i.e. kinds and weights of assignments, essays, exams, etc.) be announced, and be available in writing, within the first two weeks of class, and that, (b) under normal circumstances, graded feedback worth at least 15% of the final grade for Fall, Winter or Summer Term, and 30% for ‘full year’ courses offered in the Fall/Winter Term be received by students in all courses prior to the final withdrawal date from a course without receiving a grade.

**York's Policy on Academic Honesty**

York's Senate Policy on Academic Honesty affirms and clarifies the general obligation for all members of the University to maintain the highest standards of academic honesty. AMPD has established complementary procedures for the investigation and resolution of alleged violations of the Senate Policy involving students in AMPD degree program courses at the undergraduate level.

**THE ACADEMIC HONESTY PROCESS**

**An Overview**

1. **Investigation**
2. The person discovering the suspected violation will notify the course director. The course director should not meet with the student or discuss the case at this point.
3. The course director will notify his or her department Chair, providing all documentary evidence.
4. The Chair will consult with the Manager, Faculty Governance & Policy. It will then be determined whether there has been an infraction, and if so, whether it is minor or more serious. In either case, if there has been an infraction, an exploratory meeting will be held (Part B, below). A case is minor where the infraction is small in extent, can reasonably be construed as an error on the student’s part, and where there appears to be no intent to deceive.
5. If, on consultation, it is determined that an infraction has taken place, the Manager will place a “flag” in the student’s file, block enrolment activity in the course, and investigate whether there is a prior history. If it is a repeat offence, then the matter must proceed directly to a formal hearing (Part C, below).
6. **Exploratory Meeting**

**If Minor:**

1. The department Chair will conduct an exploratory meeting, attended by the course director and the student. If there is more than one student involved, each should be met with separately. Each may bring a representative.
2. If the student admits to a breach of academic honesty, a suitable penalty — not exceeding failure in the course — will be agreed upon.
3. In all cases, outcomes are reported to the Manager, Faculty Governance & Policy. Where a penalty is imposed, a joint agreement is signed by both parties, and approved by the Associate Dean Academic.

If Serious:
1. The Manager, Faculty Governance & Policy will chair an exploratory meeting, attended by the course director and student and their representatives.
2. If the student admits to a breach of academic honesty, a suitable penalty — not exceeding failure in the course — will be agreed upon. The Associate Dean, Academic may be consulted on a penalty, if necessary.
3. A joint agreement is signed by both parties, and approved by the Associate Dean, Academic

1. Formal Hearing

A formal hearing by AAPPC will be held in cases where:
1. a) It is not the student’s first offence.
2. b) The student neglects to attend the exploratory meeting and it is found that there are grounds to proceed with a charge of a breach of academic honesty.
3. c) The student admits to a breach of academic honesty, but no penalty can be agreed upon.
4. d) The student does not admit to a breach of academic honesty.

For further information on the penalties for academic misconduct, please see AMPD’s Policy on Academic Honesty.

As approved by AMPD Faculty Council, March 21, 2018

COUNSELLING & SUPPORT SERVICES

Personal Counselling Services (PCS) aims to help York students realize, develop and fulfill their personal potential in order to maximally benefit from their university experience and manage the challenges of university life. Students come to PCS because of a wide range of concerns including, but not limited to: depression, anxiety, abuse, stress, self-esteem, relationship issues, eating and body image as well as issues related to sexuality.

PCS provides:

- Short-term individual, couple, and group counselling services to York University students
- Personal development workshop and workshop series
- Crisis intervention for York students
- Consultation to the York Community regarding students in distress/crisis and issues related to mental health in general
- Critical incident response debriefings and consultations
- Clinical training for graduate students in Psychology, Social Work, and Psychotherapy

Learn more about other York University resources related to mental health and wellness at York.

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The Centre for Sexual Violence, Response, Support & Education coordinates supports and resources for all members of the community that have experienced sexual violence, receives disclosures and complaints, facilitates safety planning, and assists survivors through the complaint process.

If you or someone you know has experienced sexual violence and is in need of support, the Sexual Violence Response Office (SVRO) can help. Please call 416-736-5211 or find them online at yorku.ca/svro.

You shouldn’t ever feel guilty or be made to feel guilty about reporting a problem.
COURSE-RELATED DISPUTES: The following steps are the steps to be taken in the event of unresolved issues within the class:

- If your class has a tutorial leader or studio instructor, speak to your instructor first.
- If unresolved, speak to the Course Director.
- If unresolved, contact the Chair of the Department at thechair@yorku.ca.

IMPORTANT UNIVERSITY SESSIONAL DATES (where you will find classes and exams start/end dates, reading/co-curricular week, add/drop deadlines, holidays, University closings and more.
http://www.registrar.yorku.ca/enrol/dates/index.htm

Manage my Academic record http://myacademicrecord.students.yorku.ca/

Last date to drop a fall term (F) course without receiving a grade: November 8, 2019

DEGREE STATUS – BA AND BFA: All students accepted into the Department of Theatre in the School of the Arts, Media, Performance and Design (AMPD) enter as Specialized Honours BA Theatre-Theatre Studies majors. The first year is a program common to all Theatre students, and offers courses in Acting, Production/Design and Performance Creation & Research. At the end of the first year, there is a selection process (either by audition or interview) to proceed into the various areas of interest.

POLICY REGARDING LOSS, DAMAGE AND THEFT OF PERSONAL EQUIPMENT AND BELONGINGS: The School of Arts, Media, Performance & Design at York University will not be held responsible for the loss, damage or theft of personal equipment or any other personal belongings that are left in studios, classrooms, storage areas or any other space within the School. It is each individual’s responsibility to take care of their own property. Under no circumstances will the School incur liability for loss, damage or theft of such property.

Please take all reasonable measures to protect your personal belongings. If you do experience loss, damage or theft of personal property, please report it immediately to the Department of Security Services at (416) 736-5333 or extension 33333 from any University phone.

ROOM BOOKING POLICY: Rehearsals for mainstage productions take precedence when assigning rooms, followed by faculty assigned work. Personal projects, including playGround, will be considered only if space allows.

First-year Theatre majors are not eligible to book studios.

Adopt professional standards by agreeing on a rehearsal schedule with group members and by having one group member do the arranging of the space in advance. Please ensure that the floors and walls are clean. All garbage must be removed. Please treat the studios with respect.

The studios are available only within the following hours: Mon-Fri 8:00am-10:00pm and Sat-Sun 10:00am-6:00pm

All spaces must be booked one week in advance and will be accepted only until 4:00pm on Thursday the previous week.

Requests will be confirmed Friday by 4:00pm.

Requests must be sent by e-mail only to rehearse@yorku.ca

Include your full name, student ID, program, brief explanation of what the space will be used for and what kind of space you need (studio / classroom / big / small).

Requests must be submitted each week for a room unless special arrangements have been made.

You cannot “claim” a space by writing in your name or the course name in an empty slot on the weekly schedules posted outside each space (exception – Light Lab CFT 153).

Spaces must be returned to neutral at the end of each booking session. There will be a picture of what “neutral” is in each studio.

The sign-off sheet must be checked and signed at the end of your studio time. If you enter a space and find it not “neutral”, please e-mail rehearse@yorku.ca.

Anything left behind in the spaces after your booking will be thrown out.
**Procedures for use of studios after-hours:** These procedures are designed to enhance the safety of authorized students when working alone in one of our studios after-hours - Monday through Friday from 11:00pm to 6:30am, and Saturday/Sunday from 10:00pm to 8:00am.

An After-Hours Use form will be completed and emailed to University Security at: scc@yorku.ca;

Be advised of the University’s emergency protocols (e.g. contact 911 in the event of a life threatening situation) and University Security’s urgent number (416.736.5333);

Contact University Security non-urgent number - 416.650.8000 - upon arrival and departure.

**SITE-SPECIFIC PROJECTS:** All site-specific theatre projects anywhere on campus must be cleared by the course director, York University’s Security Services, and the department or governing body of the proposed site. This request should be made in writing at least three weeks in advance of the date required.

All public spaces on Campus require contact with the Office of Temporary Use of University Space - http://tuus.info.yorku.ca/space-room-reservations-forms/

The course director will also need to complete a “Temporary Use of University Space Application and Notification Form” and submit it two weeks in advance of the date required.

For ALL site specific work, the course director must send the request to security@yorku.ca outlining where and when the work is to take place.

**Please note:** at no time shall any form of replica, prop, or real weapon (handguns, rifles, shotguns, swords, daggers, knives, etc.) be used in any site specific work.

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Many courses utilize Moodle, York University’s course website system. If your course is using Moodle, click here to access it.

**Moodle @ York University**