EXPANDED COURSE DESCRIPTION

DANCE
School of the Arts, Media, Performance and Design
Dance Department
FA / DANC 2205 3.0 SECTION B
CONTEMPORARY/BALLET DANCE FORMS
FALL 2019 / WINTER 2020

Last Modified Date: 08/23/2019

COURSE CALENDAR DESCRIPTION

Offers Ballet technique for dance majors. Ongoing training develops artistic expression, classical ballet vocabulary, musicality and performance skills. Required of dance majors seeking the BFA degree.

Prerequisites: FA/DANC 1206 3.00 and permission of the department.

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INSTRUCTOR(S)

<table>
<thead>
<tr>
<th>Name</th>
<th>Section / Format / Term</th>
<th>Contact Email</th>
<th>Contact Phone</th>
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<tbody>
<tr>
<td>Berg, Tanya</td>
<td>Sec. B / STDO / Y</td>
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SPECIAL FEATURES

Course: FA/DANC 2205/07 Contemporary/Ballet Dance Forms 3.0 Section B
Course Director: Tanya Berg PhD

Format/Term: This course is a Y course that runs over two terms and meets twice a week on Tuesday and Thursdays at 1-2:30pm in Studio D.

Contact Information
Office Location: ACE 321
Phone: (416) 736-5137 ext. 22122
Email: tanyacb@yorku.ca
Office Hours: Tuesday 12-12:30 or by appointment via email
Course Moodle Page: TBA

Prerequisites: FA/DANC 1206 3.00 and permission of the department. This course is for students with an established dance practice and is not suitable for those new to ballet.

This course will develop the contemporary movement principles established in its prerequisite 1206. Through sound anatomical alignment and critical analysis, dancers will continue to develop their dynamic alignment, strength, flexibility, stamina, performance presence, artistic expression as well as their ability to retain material and apply technical suggestions.

Content is subject to change- department related events or organized guests maybe required.
TOPICS AND CONCEPTS

Self-Directed Learning and Collaboration with Peers
Self-reflection, peer-feedback and critical analysis will facilitate the dancers’ exploration and development of their personal technique, dynamic range of movement and communication skills. Collaboration with peers is central to understanding and application of course material to facilitate students’ technical and artistic advancement. When working in pairs the students will be accountable for their own and their partner’s learning. Self-directed learning will be realized as students set personal goals and use weekly journaling to track progress and explore dimensions of artistry and musicality.

The three brief written assignments throughout the year are based on the setting, process and progress of personal goals reflecting on personal limitations to develop these specific areas of artistry and technique. The one oral discussion is a personal reflection on a live professional performance.

Physical Practice
Generally, classes will be structured on a bi-weekly basis. However, some material will remain for the entire term. For example, warm up sequence(s) both floor and standing that are established in the first few classes will become class exercises for the term. Students are encouraged to enter the studio 15 minutes prior to class, sign in, and quietly prepare themselves for their personal practice. Once the warm up exercises are established, the dancers will be prepared to begin the sequences immediately (without review) at 1:00 when the musician arrives.

Course Text:

Required Reading (available on Moodle or online through library):

Please complete the assigned readings in preparation for application in the studio through discussion and movement exploration. The readings will be expected to be completed bi-weekly (beginning October 1st) and any deviation from the following (due to holidays or unforeseen circumstances) will be announced via the Moodle class page. Students may feel free to read ahead of schedule as long as brief notes are taken that can be referred to prior to the class for which the reading is required.

Students are encouraged to share other readings and videos that they feel would be beneficial and inspirational to the group and the instructor.

Date and Reading:
October 1- Ambrosio
October 15- Forward and Introduction (Paskevska, 1-11)
October 29- no reading
November 12- Berg
November 26- Chapter 1-3 (Paskevska, 11-32)
December 3- Chapter 4-5 (Paskevska, 33-54)
January 15- Chapter 6-7 (Paskevska, 55-67)
January 29- Chapter 8-9 (Paskevska, 69-84)
February 11- Chapter 10-11 (Paskevska, 85-96)
February 25- Chapter 12-13 (Paskevska, 97-111)
March 3- Chapter 14-16 (Paskevska 113-147)

Viewing of Professional Performances:
Students are encouraged to see as many professional performances as possible throughout the year. Students will be required to discuss one of the shows in-class for 5 minutes as part of the Communication component. This is an opportunity for students to connect training processes to professional polished performance and to reflect on personal choreographic inspiration.
Note: Danceworks is offering tickets for the upcoming season at $15.00 for students: danceworks.ca

LIST OF LEARNING OUTCOMES AND EXAMPLES OF

Depth, Breadth, and Application of Knowledge
By the end of this course students will be able to:
• identify, understand, apply and perform the following: consistent static and dynamic alignment facilitating safe movement practices, nuanced artistry, musicality, mindful peer feedback

Knowledge of Methodologies
By the end of this course students will be able to:
• use Cecchetti terminology and recognize the method’s current relationship to contemporary ballet
• recognize, interpret and embody Limon concepts in relation to contemporary ballet to enhance movement quality
• situate and negotiate critical thinking in their daily dance practice to deepen their engagement and physical practice through application of suggestions for technical, artistic and musical development
• identify, understand and employ democratic teaching strategies of teaching and learning based in sound anatomical information, imagery, and basic somatic principles applied to ballet

Awareness of limitations
By the end of this course students will be able to:
• design and apply process and performance goals based on individual physical and technical capacities to safely execute ballet vocabulary

Communication Skills
By the end of this course students will be able to:
• orally discuss a professional performance, critically reflecting on the artistry and technical proficiency of the dancers grounded in their own physical in-studio experience
• verbally and physically apply critical thinking skills when adapting technique to their own bodies and that of their partners
Autonomy and professional capacity

By the end of this course students will be able to:

• apply critical thinking skills as a tool for problem solving in class work and personal goal attainment
• demonstrate autonomy through self-sufficient and self-directed learning and continually applying technical and artistic suggestions independently
• advocate for democratic strategies and contribute to a supportive environment

GRADED ASSESSMENT

Midterm 15% (unofficial)
Midpoint grades will be distributed at the beginning of Winter term (based on categories below).

Breadth, depth, and application of knowledge 45%
Demonstrated by students’ ability to identify, understand, apply and perform the following: consistent static and dynamic alignment facilitating safe movement practices, nuanced artistry, musicality and mindful peer feedback. This is an on-going in-class assessment.

Knowledge of methodologies 10%
Two brief written submissions on technical and artistic personal goals demonstrating critical thinking as part of technique class (Fall and Winter)- 2.5% each submission. The remaining 5% will be on-going assessment of the students’ in-class understanding, analysis, application and development of Cecchetti terminology, Limon concepts and anatomical information and imagery.

Awareness of limitations 5%
One written reflection on goal setting, process and outcome (Winter).

Communication Skills 10%
One 5 minute oral discussion of a professional performance to serve as inspiration and for personal reflection of artistic practices (5%). The remaining 5% will be on-going assessment of students verbal and non-verbal in-class communication with peers and the instructor.

Autonomy and professional capacity 15%
Demonstrated by the application of critical thinking skills as a tool for problem solving in class work and personal goal attainment. Students will develop autonomy through self-sufficient and self-directed learning and continually applying technical and artistic suggestions independently while advocating for democratic strategies and contributing to a supportive environment. This is an on-going in class assessment.

ADDITIONAL INFORMATION

Important University Sessional Dates (classes start/end dates, reading/co-curricular week, add/drop deadlines, holidays, etc.): http://registrar.yorku.ca/enrol/dates/

York University Grading System:
Grading, Assignment Submission, Lateness Penalties, and Missed Tests:
The grading scheme for courses conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.) An average piece of work in university is about a C+ or B. Grades go up or down from there depending on the attention and effort applied as well as evidence of tangible change.

The Senate Grading Scheme and Feedback Policy stipulates that (a) the grading scheme (i.e. kinds and weights of assignments, essays, exams, etc.) be announced, and be available in writing, within the first two weeks of class, and that, (b) under normal circumstances, graded feedback worth at least 15% of the final grade for Fall, Winter, or Summer Term, and 30% for full year courses offered in the Fall/Winter Term be received by students in all courses prior to the final withdrawal date from a course without receiving a grade.

Assignment Submission/Lateness Penalty:
Proper academic performance depends on students doing their work not only well, but on time. Assignments must be received on the due date specified and are to be handed in at the beginning of class. No electronic submissions will be accepted. Assignments received later than the specified due date will be penalized one-half letter grade per day. There are exceptions to this lateness penalty for valid reasons such as illness, compassionate grounds, etc. but require supporting documentation (e.g. a doctor’s letter).

N.B. Final course grades may be adjusted to conform to Program or School grades distribution profiles. Once final grades have been posted, the full breakdown will be available and can be discussed in an appointment with the Course Director or Chair of the department.

"20% Rule": No examinations or tests collectively worth more than 20% of the final grade in a course will be given during the final 14 calendar days of classes in a term. The exceptions to the rule are classes which regularly meet Friday evenings or on Saturday and/or Sunday at any time, and courses offered in the compressed summer terms.

Last date to drop a full year (Y) course without receiving a grade: **February 3, 2020**
Last date to drop a Fall term (F) course without receiving a grade: **November 8, 2019**
Last date to drop a Winter term (W) course without receiving a grade: **March 13, 2020**

Course Withdrawal Period: (withdraw from a course and receive a grade of “W” on transcript)
Last date for full year (Y) course: **February 4 to April 5, 2020**
Last date for Fall term (F) course: **November 9 to December 3, 2019**
Last date for Winter term (W) course: **March 14 to April 5, 2020**

Please note that financial deadline dates differ from add/drop deadlines.

Department of Dance Studio Dress Requirements:
In order to give students the best possible guidance in Contemporary Ballet and Modern studio dance classes, teachers must be able to see the entire body. Postural alignment and joint and muscle use cannot be corrected in these classes if loose or bulky clothing hide the body. World Dance and other dance forms we teach may require specific footwear, props, and/or other clothing options. Please make sure to check your outlines for each of your studio dance classes for the specific dress requirements and the details each teacher will require.

The general requirements are:
- Form fitting clothing that covers torso and legs should be worn. Bring close-fitting warmer clothing and socks for cold days. (No loose-fitting or ragged clothing unless specified).
• Hair must be worn off the neck and face for Ballet, and back and off the face for Modern.
• Tight buns are not recommended for Contemporary/Modern as they may impede floorwork.
• Students can wear leotard and tights (any solid colour), and ballet slippers for Ballet and bare feet for Modern.
• Please be considerate of your fellow dancers; avoid long fingernails and jewellery (including piercings, watches, earrings, necklaces, bracelets, and large rings). Ensure hair-wear is secure.

Department of Dance Studio Use Regulations:
• There is absolutely no food or drink (other than water) permitted in the studios.
• Leave street shoes and boots in the cubbies outside the studio or preferably, in your locker. If you must bring street shoes and boots in to the studio, please place them inside a bag. Grit and dirt brought into the space pose a safety hazard for dancers (particularly for those working barefoot) in addition to damaging the floor surfaces. NO BARE FEET in the Dance Department hallways, stairs, elevators, or bathrooms. Bring indoor flip-flops or slippers to go from studio to studio.
• Do not prop the studio doors open by using the deadbolt, the mirror curtain, or anything that blocks the studio entrance.
• Please return studio furniture to its rightful place according to the floor plan posted by the door in each space.

Department of Dance Video Guidelines:
The Department of Dance has developed these guidelines in order to raise awareness of expected behaviour regarding recording/videotaping curricular work, and to foster a culture of respect for intellectual and creative property, as well as for individual privacy.
While the Department recognizes the democratizing effect of the internet, the Department requests that students do not post curricular work publicly to the internet, unless by express permission of the Chair of the Department, and waivers signed by all concerned. Work is to be shared only via private file-sharing access. This applies to documentation made by the Department and/or by individual students for their own archives.

Department of Dance Guidelines For Scented Products:
York University endeavours to provide an indoor environment that supports the University community at work and study. Some people experience severe health problems from exposure to chemicals contained in scented products including aftershave lotions, hair spray, deodorants and fragrances. In consideration of those who are affected by such chemicals, use unscented products only.

Department of Dance Guidelines For Physical Demands of the Program:
Courses in the Department of Dance may include elements that are physically demanding. Prior injuries can be aggravated by strenuous exercise so check with your physician and inform the Course Director before beginning the course. Be sure to share with the Course Director any changes in your injury or health that may affect your participation.
Courses in the Department of Dance may also include the possibility/likelihood of human contact (i.e., correction of alignment or technical execution as well as the possibility of collision with colleagues). Students uncomfortable with the use of touch are requested to relay feelings to the Course Director as soon as possible.

Department of Dance Guidelines For Safety and Wellbeing:
Should an accident occur in studio, there is a very clear protocol for reporting. This information is posted in every studio. Faculty members and staff are well versed in the protocol. For the various minor issues that come up in your day-to-day life as a dancer, it is recommended that you carry a well-stocked personal first aid kit in your dance bag. Programs Assistant Flannery Muise and faculty member Claire Wootten are the department’s certified first-aid reps.
Department of Dance Attendance and Participation Policy:
Students are expected to participate in every dance class, both studio and lecture courses. Under exceptional circumstances they may miss, without penalty, half the number of classes per term as the class meets in the week. (i.e., If your class meets two times a week, you may miss ONE class over the entire course without penalty.)

For studio classes that meet one (1) time per week:
• Absences or early departures in excess of 1 per term can result in a grade deduction of 4% per occurrence.
• Partial class participation beyond 1 class per term results in a 2% grade penalty.
• Non-participation beyond 1 class per term results in a 4% grade penalty.

For studio classes that meet two (2) or more times per week:
• Absences or early departures in excess of 1 per term can result in a grade deduction of 2% per occurrence.
• Partial class participation beyond 1 class per term results in a 1% grade penalty.
• Non-participation beyond 1 class per term results in a 2% grade penalty.

For all classes:
• In the event of an absence or limited participation, all missed material is to be learned prior to returning to class.
• In the event of an injury or illness preventing full participation for more than 1 class in a term, it is the student’s immediate responsibility, in consultation with the Course Director, to devise a plan for make-up work. The sooner this is done, the less stress you will experience from the uncertainty of the situation. If you are injured or ill, obtain and submit a hard copy doctor’s note. The doctor’s note will allow you to arrange for appropriate make-up work. **Grade penalties can still apply**, but the documentation assists in gauging the amount of penalty and make-up work needed.
• As detailed in the Injury Guidelines in the Department of Dance, students must complete a minimum of 60% of the studio work to receive course credit.
• Finally, in consideration of all participants, if you are ill, stay home and/or see your healthcare provider. You will recover faster and, should your illness be contagious, you will have shown others consideration by limiting their exposure. **Do NOT** come to class if you are ill!

Department of Dance Technical Evaluation Policy:
It is the Department’s responsibility to ensure that every dance major experiences optimal training and educational conditions. This is especially important in physical practice where safety is a pedagogical imperative. To that end, all students enrolled in dance technique courses (i.e. Contemporary Modern and/or Contemporary Ballet) participate in technical level evaluation at the beginning of the Fall term. Dance faculty conduct evaluations in a traditional group class setting. Students who have successfully completed the pre-requisite courses, have maintained an appropriate level of fitness, and have continued with technical training over the spring and summer months normally proceed to the next level.

It must be noted that a satisfactory grade in the pre-requisite course does not guarantee placement in the next level of technique. Some students may be required to remain at the previous level to safely develop additional technical skill. Extended illness, injury, or insufficient technical skill are some of the factors that lead to such a decision.

The study of dance as a physical and artistic practice requires a commitment to **year-round** technical training, body conditioning, and cross training. Students are, therefore, expected to independently seek out and maintain an appropriate training regimen all 12 months of the year.

York University Academic Senate Policies and Information:
All students are expected to familiarize themselves with the Policies and Regulations information, which can be found on the 2019/20 Academic Calendars page:
http://calendars.students.yorku.ca/2019-2020/programs/dance

We recommend carefully reviewing all three sections; About, Degree Requirements, and Faculty Rules. Important information is explained here including the Policy on Academic Honesty, Academic Responsibility and Student Responsibility, and Academic Standing. Further details are available on the Secretariat Policies website, http://secretariat-policies.info.yorku.ca/, which covers the following topics:

- Academic Accommodation for Students with Disabilities:

- Religious Accommodation:
  http://calendars.students.yorku.ca/2019-2020/policies-and-regulations/academic-policies-and-regulations/religious-accommodation

- Code of Student Rights and Responsibilities:

- Academic Honesty:
  http://calendars.students.yorku.ca/2019-2020/policies-and-regulations/student-conduct/academic-honesty

- Academic Integrity Tutorial:
  https://www.yorku.ca/tutorial/academic_integrity/

- Ethics Review Process:
  http://secretariat-policies.info.yorku.ca/policies/ethics-review-process-for-research-involving-human-participants-policy/

- Alternate Exams/Tests:
  http://altexams.students.yorku.ca/

- University Secretariat:
  http://secretariat.info.yorku.ca/senate/

**STUDIO COURSES ONLY:**

**Professionalism and Classroom Etiquette:**

Professionalism is an attitude—much more than the act of receiving money for your work. It is about having confidence and pride in your work with a willingness to contribute to the group. These guidelines will also help you attain autonomy and professional capacity.

- Address all your personal care issues before class begins. This includes doing a bathroom run, filling your water bottle and having a supply of tissues. You should not need to leave the studio during class unless you are experiencing a personal emergency.
- Please participate in helping to prepare the studio space for dancing in advance of the class start time to ensure a timely beginning.
- Please stand and cease all preparatory/warm-up activities when the Course Director or special guest indicates the start of class.
- Whether a correction is given to an individual or the entire class, all students are expected to apply the correction to their own work.
- When working in pairs or small groups, aim to stay focused on the given task and be prepared to direct your attention back to the group quickly in order maintain the classroom pace. Respect and support your peers by staying focused. This means that there are times when one must put aside personal feelings and frustrations to maintain an optimal work environment.

**Musicians and Music:**

Dancing involves two artistic practices—music and movement. Our Departmental musicians are an invaluable part of our York dance community. Show your respect by acknowledging their presence, gratitude through positive feedback, silence when they play and applause at the end of class. Please be sure not to
block the musician’s view when waiting at the side. The musician must be able to see the dancers moving in
the space at all times. Should our regular musician be away, kindly exercise patience and respect to both the
Course Director and the new musician. Should we be without a live musician, work to adapt to the use of
silence and/or recorded music as a valuable opportunity to work on other related areas of your dance practice.

Many courses utilize Moodle, York University’s course website system. If your course is using Moodle,
click here to access it.
Moodle @ York University