

Global Tritek Chair Operating Instructions

Revised Sep 12, 2011

Purpose

To teach you how to operate the controls of your Global Tritek office chair. Once you know how your chair works, you can [find out how to adjust it for maximum comfort online at this link \(PDF\)](#).

If you need more assistance, please don't hesitate to ask for help.

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(Note: your chair may not have all of these adjustments)

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- Armrest height
- Distance between armrests

Seat Height (page 1 of 2)



- Note: Your chair may not look like this

Seat Height (page 2 of 2)



- [Seat height video](#)
- Stand up
- Lift and hold the paddle until the seat is at its highest setting
- Sit down
- Briefly lift the paddle to lower the seat to your preferred setting

Seat Depth (page 1 of 2)



- Note: Your chair may not look like this

Seat Depth (page 2 of 2)



- [Seat depth video](#) (as shown in photo)
- Some chairs may have a different control for this function
 - [Alternate seat depth video](#)
- Instructions:
 - Unlock the depth adjustment
 - Slide the seat forward or back until it is at your preferred setting
 - Lock the depth adjustment

Seat Recline Tension

- To make it easier or more difficult to lean back in your chair when the seat angle is unlocked
- Turn knob counter-clockwise to make it easier to lean back and clockwise to make it more difficult
- [Seat recline tension video](#)



Seat Tilt/Angle (page 1 of 3)



- Note: Your chair may not look like this

Seat Tilt/Angle (page 2 of 3)



- [Seat angle video](#)
- While sitting, lift the paddle up to unlock the angle
- Lean forward or back (Note: you may need to adjust the recline tension 1st)
- Push the paddle down to lock in your preferred angle

Seat Forward Tilt Lock (page 3 of 3)

The video for this adjustment is the same as the seat angle adjustment video

If you want to change how far forward the seat tilts:

- Unlock the seat angle (previous section)
- Rotate the knob
 - clockwise to increase the forward tilt
 - counter-clockwise to decrease the forward tilt (increase rearward tilt)



Backrest Height (page 1 of 2)



- Note: Your chair may not look like this

Backrest Height (page 2 of 2)

- [Back height video](#)
- Lean forward slightly
- With 2 hands, lift your backrest to increase its height
- Lean back against the backrest to test this height
- Repeat these steps until you have found the best height
- To lower the backrest, lift the backrest to its highest setting and it will drop to its lowest setting



Backrest Angle (page 1 of 2)



- Note: Your chair may not look like this

Backrest Angle (page 2 of 2)

- [Back angle video](#)
- While sitting, lift the paddle up to unlock the angle
- Lean forwards or backwards
- Push the paddle down to lock in your preferred angle



Backrest Lumbar Support (page 1 of 2)



- Note: Your chair may not look like this

Backrest Lumbar Support (page 2 of 2)

- Turn the lever clockwise to decrease lumbar support
- Turn the lever in the opposite direction to increase lumbar support (this will be easier if your weight is not against the backrest)



Armrest Height (page 1 of 2)



- Note: Your chair may not look like this

Armrest Height (page 2 of 2): armrest adjustments may be slightly different on your chair

[Armrest adjustment video](#)

Lifting button up unlocks the height, releasing the button locks the height



Distance between armrests: see video on previous slide