Faculty of Health
School of Kinesiology and Health Science

Socio-cultural Perspectives in Kinesiology

Course: HH/AS/SC KINE 1000 6.0 (Sections A and B)
Term: Fall and Winter Terms 2009/10

Time/Location:
- Lectures Section A M/W 8:30 – 9:20am CLH I
- Section B M/W 9:30 – 10:20am CLH I
- Tutorials Weekly one-hour tutorial on Mon-Thurs from 8:30 – 5:30pm
  Please refer to your official timetable for tutorial location

Course Director:
Prof. Hernán E. Humaña
358 Stong College
Email: hhumana@yorku.ca
Office Hours: M/W 11:30-12:30pm
or by appointment only

Course Instructor:
Dr. Parissa Safai
335 Bethune College
Email: psafai@yorku.ca
Office Hours: By appointment only

Tutorial Coordinator:
Dr. Nick Ashby
306 Stong College
Email: ashby@yorku.ca

Administration Teaching Assistants:
- Farah Islam fislam@yorku.ca
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Tutorial Leaders:
- Dr. Nick Ashby ashby@yorku.ca
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- Saaqshi Sharma saaqshi@yorku.ca
- Noah Wayne noway@yorku.ca
- Tammy George mastertg22@yahoo.com

Tutorial Leaders’ office hours will take place in 306 Stong College. Office hours will be posted on door.
Email policy:
Email is great technology when used in moderation. Although you may use email to share comments and concerns not raised in class, email will be reserved primarily for arranging appointments and/or attending to issues that need to be resolved before the next tutorial.

Consult the course outline prior to emailing since often the information is there. Emailed queries on material found in the course outline and/or WebCT will NOT be answered. Course material will be reviewed in class only. Every effort will be made to respond to emails within two working days.

Please ensure that email messages are professional, clear and coherent. Avoid instant text messaging terms, inappropriate language, emoticons and poor spelling, punctuation or grammar. Simply put, if we cannot understand your email, we cannot respond to it.

Please include <KINE1000> in the subject line of the email. Emails should be initially directed to the Administration Teaching Assistant and subsequently your Tutorial Leader. Following that, emails should be directed to the Course Director.

Course Description:
Students are introduced to the socio-cultural study of the body, health and healthcare; specifically, the study of the body, health and healthcare as social constructions in the context of Western history and philosophy. That the body is a social construction as well as a biological organism means that no human being lives outside of society. We all experience lifelong socialization as embodied persons interacting within specific social environments. An individual's social body is categorized and trained into socially approved roles formulated by cultural imperatives and historical conditions that influence and are influenced by one’s perceived gender, appearance, age, sexual orientation, race, ethnicity, ability, and class or caste. Studying the social body, we find that standards of health, performance and appearance are established by a society’s ideas of what is the 'norm,' typically set by that society’s dominant power groups. In this way, certain ‘bodies’ are privileged over others, especially in areas of extensive training such as sport. As the core socio-cultural course in our Kinesiology undergraduate degree, KINE 1000 focuses on understanding the social body is key to a critical approach to physical culture, health and human rights.

Course Objectives:

1. To understand the nature of scientific paradigms and the development of scientific knowledge as it pertains to the study of the body and its movement.

2. To understand the concept of the socially-constructed body as different from the biological and to develop a critical understanding of how power relations and stereotyping generate and perpetuate inequalities and prejudices about human bodies with respect to hegemonic societal standards of health and performance.

3. To analyze health and medicine as socio-historical institutions and to understand the ways in which health is framed and influenced by material conditions of life.

4. To analyze sport and physical activity in contemporary North American society by learning and using sociological inquiry.
5. To develop skills for critical evaluation, written expression, and oral discussion in order to be able to understand, assess, criticize and communicate effectively the ideas, concepts, perspectives and arguments addressed in the course lectures and readings.

**Course Organization:**
There are two one-hour lectures each week. Lectures for Section A will be held every Monday and Wednesday from 8:30 am to 9:20am, while lectures for Section B will be held every Monday and Wednesday from 9:30am to 10:20am. All lectures will be held in Curtis Lecture Hall I.

There is also a mandatory weekly one-hour tutorial starting the week of September 14th in various locations across campus. Please remember and note your tutorial number for assignments and exams. Students are expected to prepare in advance the weekly-required readings for discussion in tutorials.

**Course Text/Readings:**
This course utilizes a *Course Reader and Critical Skills Manual* entitled: **Demystifying Kinesiology: Socio-cultural Perspectives in Kinesiology**. The shrink-wrapped course kit can be obtained from the York University Bookstore in York Lanes. The course kit changes each year so be sure to purchase the 2009-2010 (reddish black cover) kit. Consult the Weekly Lecture and Required Reading Schedule (see below) for dates of required readings.

**Course Evaluation:**

<table>
<thead>
<tr>
<th>Assessment Item</th>
<th>Percentage of Final Grade</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your Body &amp; Society</td>
<td>10%</td>
<td>Monday, September 28, 2009</td>
</tr>
<tr>
<td>In-Tutorial Group Presentation and Annotated Bibliography</td>
<td>20%</td>
<td>Weeks of October 26, 2009 and November 2, 2009</td>
</tr>
<tr>
<td>Mid-Term Exam</td>
<td>15%</td>
<td>Date and Time TBD</td>
</tr>
<tr>
<td>Case Study: Olympic Games</td>
<td>20%</td>
<td>Monday, February 22, 2010</td>
</tr>
<tr>
<td>Tutorial Attendance and Participation</td>
<td>10%</td>
<td>Grade to be calculated following final tutorial of winter term</td>
</tr>
<tr>
<td>Final Exam</td>
<td>25%</td>
<td>Date and Time TBD</td>
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**Mandatory Format Requirements for Written Work:**
Unless specified otherwise, all written work must:

- Include a Title Page with Student Name and Number
- Be double-spaced
- Use 12pt Times New Roman font
- No underline or boldface
- Use one inch margins all around
- Have pages numbered
- Use paragraphs (point form notes are not acceptable)
- Use APA formatting for in-text citations and referencing (see APA Publication Manual, 5th Ed.)
Assignment Submission and Lateness Penalties:
Proper academic performance depends on students doing their work not only well, but on
ime. Accordingly, assignments are due in lecture on their due dates and you are required to
hand in your assignment by the beginning of lecture on the due date. E-mailed assignments
will NOT be accepted. Assignments submitted outside of lecture will only be accepted at 306
Stong. Assignments handed into 341 Bethune (the Undergraduate Office) will NOT be
accepted.

An assignment is considered LATE if handed in after 12:00pm on the due date. Assignments
handed in later than 4:30pm on the day after the due date will NOT be accepted. Late
assignments will be penalized with a 20% grade reduction, unless they are accompanied by a
doctor's or court-date note, or by other official documentation detailing a serious matter. Be
aware that doctor(s) must complete York University’s Physician Statement to be found in on
York’s Registrar site. Documentation must be attached to the assignment and the
assignment must be handed in as soon as possible.

NOTE
Assignments handed in by 12:00pm on the due date: no penalty
Assignments handed in after 12:00pm on the due date: 20% grade reduction
Assignments handed in after 4:30pm on the day after the due date: no grade (0%)

Missed Exams:
Students with acceptable documentation (see above) must request permission from the
Course Director to attend a make-up exam. Make-up exams are NOT guaranteed.
Complete documentation on correct York University forms must accompany requests for
make-up exams.

Very late extensions or accommodations for the Final Exam or any other evaluation matter
for the course will require students to submit a formal petition to the Faculty of Health.
Please inquire at the Kinesiology and Health Science Undergraduate Office, 341 Bethune.

Appeals Process:
Assignments are graded by the tutorial leaders who are knowledgeable and experienced
graders. You may ask for a grade re-assessment on an assignment. This, however, is not
an ordinary occurrence but an exception. Simply wanting a higher grade is not an acceptable
reason for requesting a re-assessment. Please note that the grade for reassessed
assignments may go up, down or remain the same.

If you believe that you assignment has been wrongly graded, explain why in a one-page,
typed letter. Staple this to your graded assignment and hand it back to staff in 306 Stong
College who will see that your appeal is forwarded to Tutorial Coordinator, Dr. Nick Ashby.
The appeals submission deadline for fall term work is Monday, December 2nd, 2009 and
Wednesday, March 31st, 2010 for winter term work. Appeals submitted after these deadlines
will not be accepted. Appeals process decisions are final.

KINE1000 adopts a zero-tolerance policy with regard to Breach of
Academic Honesty and Integrity. Please refer to York University Secretariat website
<www.yorku.ca/secretariat> for further information on Breach of Academic Honesty and
Integrity, Access/Disability, the Ethics Review process and Student Code of Conduct.
<table>
<thead>
<tr>
<th>Date</th>
<th>Lecture and Required Reading(s)</th>
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<tbody>
<tr>
<td>Sept. 9</td>
<td>Welcome to Fall Term/Housekeeping</td>
</tr>
<tr>
<td>Dec. 2 – 7</td>
<td><strong>Review</strong>&lt;br&gt;• Race Exam Period: Mid-term Exam (15%) – Date and Time TBD</td>
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<tr>
<td>Dec. 10 – 23</td>
<td><strong>Fall Exam Period: Mid-term Exam (15%) – Date and Time TBD</strong>&lt;br&gt;• Dec. 10 – 23</td>
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<tr>
<td>Date</td>
<td>Topic</td>
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<tr>
<td>Jan. 4</td>
<td>Welcome to Winter Term/Refresher</td>
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<tr>
<td>Jan. 6</td>
<td>The Writing Process</td>
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<tr>
<td>Feb. 15 – 19</td>
<td>Winter Reading Week</td>
</tr>
<tr>
<td>Mar. 29 – 31</td>
<td>Review</td>
</tr>
<tr>
<td>Apr. 7 – 23</td>
<td>Winter Exam Period: Final Exam (25%) – Date and Time TBD</td>
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Assignments – Specific Instructions

Short Essay: Your Body and Society

Worth: 10% of final grade

Due in lecture: Monday, September 28, 2009

Length: 4 pages double-spaced + title page, 12pt Times New Roman, one inch margins all around, numbered pages (except title page), paragraphing, short introduction and conclusion required, no underlining or boldface, no research required but non-superficial discussion and analysis expected, length limit strictly observed – your essay will not be read beyond the first four pages and the grade will be based solely on these four pages.

Grading criteria: Clear, well-argued thesis; effective organization of information in the body of the essay; grammar, spelling, vocabulary, and format

Instructions: We have all heard expressions such as “first impressions are important,” and “we are judged (even by ourselves) on appearances.” Such judgments (values) are not limited to how our bodies look when standing in front of a mirror, but also to how we dress our bodies and move them in social spaces.

Drawing on your own experiences of how others (and/or yourself) relate to you because of your body: 1) describe some of the judgments (positive and/or negative) people (or yourself) make about you based on the way your body looks (this can include features of your body, the way you move your body, or how you dress or present your body). Next, 2) reflect on your description in 1) and develop a thesis about where these judgments come from – does your body itself cause others (or yourself) to judge you thus? If so, how? If not, how does your body lead you to be judged (or to judge yourself) in this/these way/s?

Please note: You are allowed to use personal pronouns, but standard thesis-based essay structure applies. You must indicate your thesis in a short introductory paragraph, and then dedicate the body paragraphs of your essay to accomplishing 1) and 2) (see above). Finish your essay with a short conclusion paragraph in which you summarize how you arrived at your thesis. Be sure to provide a descriptive title for your essay on the title page. If you are unsure about how to write a thesis-based essay, consult pages 74 to 85 of your Critical Skills Manual, which came as part of your KINE1000 course kit.

ADDITIONAL INSTRUCTIONS FOR ASSIGNMENT #1

The four written pages of your essay should simply be numbered 1 to 4 and stapled together in the top left corner, not forgetting to have put your unnumbered title page before the first page of the essay. YOU MUST HAND IN TWO COPIES OF THE ESSAY. THE TWO INDIVIDUALLY STAPLED COPIES MUST BE HELD TOGETHER ONLY BY A PAPERCLIP (NO FOLDERS, FILES, STAPLES etc.).

Be sure to follow the Mandatory Format Requirements for all written assignments.
In-Tutorial Group Presentation + Annotated Bibliography

**Worth:** 20% of final grade.

**Group Presentation due:** At tutorial in the week of Monday October 26, or in the week of Monday November 2 (see instructions below)

**Annotated Bibliography due:** In lecture on the Monday of the week of your presentation.

**Length of Presentation:** Ten minutes in total. Time limits will be strictly followed and each person in the group must present for approximately two and a half minutes.

**Length of Annotated Bibliography:** One page double-spaced + title page.

**Grading criteria:** 10 marks for clear, effective presentation. All members of a group get the same presentation mark. The presentation is graded by your TL. **Please note that presentation marks cannot be argued or appealed.** 10 marks for annotated bibliography in correct APA style, with a concise descriptive synopsis and effective evaluation.

**Instructions for Part One:**
At tutorial in the week of Monday September 28, your tutorial leader will place you in a group of four or five students from your tutorial. You are required to collaborate with the other members of your group to create a ten minutes presentation on an assigned reading from the Course Reader. Your group’s presentation should: 1) identify and clarify the main thesis of the reading, 2) identify and describe the main supporting arguments or evidence for the thesis, 3) explain clearly how the arguments or evidence support the thesis, and 4) explain how the thesis is connected to the aims or themes of the course.

Avoid direct quotations and repeating directly from the text of your assigned reading. Explain in your own words, as this will lend clarity to the presentation for your audience. **Each student in the group will be expected to contribute EQUALLY to the preparation and delivery of the presentation. Students who do not do so will receive a grade of ZERO for the presentation.** For tips on giving a presentation, consult pages 111 to 117 of the *Critical Skills Manual*, which came as part of your KINE1000 course kit. Feel free to adapt these tips as necessary to your own circumstances or preferred style of presenting.

**Instructions for Part Two:**
This part of the assignment is not collaborative. Each group member is expected to read the entire assigned reading and to write her or his own annotated bibliography for that reading. The annotated bibliography consists of three parts: 1) an APA reference list entry at the top for the reading, 2) a descriptive synopsis of the reading (approximately three-quarters of a page double-spaced, and 3) an evaluation of the reading (approximately a quarter of a page double-spaced). The annotated bibliography must not exceed one page double-spaced and title page, and it must be handed in at lecture on the specified due date (see above). If you are unsure about how to write an annotated bibliography, see page 89 of the *Critical Skills Manual* for an example. But remember, your annotated bibliography must be double-spaced, unlike the example in the manual, and unlike the example, do not specify how the reading is relevant to your research.

**Hand in just ONE copy of your annotated bibliography.** Be sure to follow the Mandatory Format Requirements for all written assignments.
Tutorial Attendance and Participation

Worth: 10% of final grade

Length of Attendance and Participation: Twenty-three weekly tutorials spread over the fall and winter terms 2009/10, beginning in the week of September 14th, 2009.

Grading criteria for Attendance: Attendance will be recorded at every tutorial. Full attendance at all twenty-four tutorials is worth a maximum of half of the 10% or, in other words, the equivalent of a D grade (fifty points out of one-hundred). Non-attendance at tutorials will result in a lower attendance grade, determined by the number of tutorials missed. Please note that deducted marks for non-attendance can only be appealed by providing official medical or legal documentation. The deadline for such documentation is Wednesday, December 2nd, 2009 for the fall term, and Wednesday, March 31st, 2010 for the winter term. This documentation must be handed to your TL the week following your missed tutorial.

Grading criteria for Participation: Sustained, knowledgeable contributions to discussion over the twenty-three tutorials are worth a maximum of half of the 10%. This is where you may top up the base mark of D for full attendance and secure a higher grade. At the end of the course, your tutorial leader will determine your mark, based on their judgment of the quality of your overall contribution. Note that your participation mark cannot be argued or appealed.

Instructions:
Tutorials are regarded as very much part of the learning process and as an essential ingredient of your degree-level education. Deep understanding comes from being able to talk with ease about ideas, concepts, theories, and arguments from the course. Tutorials offer you the chance to learn how to articulate ideas with precision and so develop your understanding of course readings, to learn how to listen carefully to other points of view, and to learn how to think critically and make considered responses. Not only are these skills essential to developing a genuine understanding of the course, but they are essential to being an active and engaged citizen as a practitioner in a kinesiology-related career field. For all these reasons, attendance at tutorial is mandatory. Ensure that you know which section you are in (A or B) and your tutorial number, time, and location (these details are in your registration documentation). Arrive at tutorials punctually.

In order to be able to participate in tutorial effectively, it is essential that you have read and thought about the assigned weekly reading/s before tutorial. If you come to tutorial without having done the reading, your comments will lack the degree of detail and precision expected. Although speaking up and talking will get you some sort of participation mark, York’s grading scheme applies, so the mark could be anything from an F to an A+. In other words, do not assume that you will get a great participation mark if you do a lot of talking at every tutorial. For the talk to have quality, you have to have done the reading and thought about it. Look at your timetable and assign yourself daily reading periods to help ensure that you have time to do the course readings each week before tutorials. If you are struggling with time-management, consult pages 11 to 17 of the Critical Skills Manual, which came as part of your KINE1000 course kit.

Note: You will NOT be automatically informed of your attendance and participation mark by your tutorial leader. At the end of the course your TL will simply calculate your overall mark for attendance and participation and submit it for processing.
Case Study: Olympic Games

Worth: 20% of final grade
Due in lecture: February 22, 2010

Length: 7 pages + title page
Format: 12 pt Times New Roman, one-inch margins, double-spaced, numbered pages, no underline or boldface, APA in-text citations and references required

Grading criteria: 8 marks for thorough research and for correct organization of information according to the case study structure; 8 marks for effective analysis of the issue, and for useful, justified recommendations; 4 marks for correct APA in-text citations and references.

Purpose of assignment: Professionals in kinesiology-related jobs are able to conduct case studies to offer informed and effective courses of action to address the kinds of issues identified in the case. Assignment #3 requires you to emulate this professional activity.

Instructions: The case study is the Olympic Games. Choose an issue from your section's list of issues (lists of issues will be provided in class). Research the issue. Analyze how the issue is relevant to the Olympic Games, using ideas and concepts from the course. Argue for an approach to help resolve the issue in future Olympic Games. You are required to write up your case study using the following ordered headings:

Synopsis: (one page maximum)
Briefly state the purpose of your case study and provide a detailed but brief explanation of the theoretical approach and/or concepts from the course that you use to analyze the case. Then provide a detailed but brief descriptive overview of your chosen issue and how the issue is relevant to the Olympic Games.

Discussion: (three pages maximum)
Provide a detailed discussion of the issue in general, and then analyze how the Olympic Games illustrates the issue, using theories, perspectives, principles and/or concepts from the course. Close with an overview of a range of possible approaches that authors have proposed to help resolve the issue.

Recommendations: (two pages maximum)
From the range of approaches presented in the previous section, choose your preferred approach or what you regard as the most important approach to help resolve the issue. Argue for your choice by explaining how it will help resolve the issue and why it is the best or most important approach, or why this approach should have priority. Close by explaining in detail how your selected approach should be implemented in practical terms.

References: (one page maximum)
Produce an APA-style references list of the sources you cited in your case study. Your list must include two academic books (print), two peer-reviewed journal articles (print and/or electronic), and two government reports/studies (print or electronic). You are expected to engage with the York University library system and its librarians for assistance with reference searches and data collection for this assignment.

Be sure to follow the Mandatory Format Requirements for your Research Report.
In evaluating and commenting upon your work, Tutorial Leaders may employ some of the following Essay Marking Abbreviations and Symbols:

- ab: abbreviation inappropriate or incorrect
- ack: acknowledgement of reference for idea/fact is missing or faulty
- agr: agreement faulty
- apa: APA referencing style is not employed
- awk: awkwardness
- cap: capitalization needed
- cl: clarity lacking
- coh: coherence lacking
- colloq: colloquial or informal language used
- d: diction faulty
- dev: development inadequate
- evid: evidence is required to support argument
- fs: fused or run-on sentence
- gr: grammatical error
- lc: lower-case letter needed
- leg: illegible
- log: logic faulty
- nsw: no such word
- p: punctuation faulty
- ¶: paragraph needed
- q: quotation or quotation marks mishandled
- red: redundancy
- sp: spelling error
- ss: sentence structure or sense faulty
- tr: transition weak
- var: variety lacking
- vb: verb form wrong
- ww: wrong word
Descriptive Title of your Essay or Annotated Bibliography

Your name
Your student number
Section A or B
Tutorial leader’s name
Tutorial number
Assignment Type (‘Short Essay’ or ‘Annotated Bibliography’)
Date: (the assignment due date)

2009-2010 KINE1000 6.0 Socio-cultural Perspectives in Kinesiology
York University
The Title of your Case Study

By

Your Name

Full date
(the assignment due date)

Your student number
Section A or B
Tutorial leader's name
Tutorial number
Assignment: Case Study: Olympic Games

2009-2010 KINE1000 6.0 Socio-cultural Perspectives in Kinesiology
York University
Notice of Understanding

This course outline includes information on the following: course staff names, contact details and policies, how the course is run, lecture and reading schedule for the entire year, how tutorials are organized, assignment instructions, due dates and submission policies, and penalties regarding late submission of assignments. It is not possible to function well as a student in the course without knowing the information contained in this course outline. Moreover, as course directors, lecturers and tutorial leaders, it is not possible for us to give you the best educational experience possible if you do not know and follow the information in this course outline. Therefore, you are required to signify that you have read and understood the policies of the course as indicated in this course outline. Pull this completed Notice of Understanding from the course outline and hand it to your tutorial leader at your first tutorial. Your tutorial leader will need to receive it in order to be able to give you a grade (worth 10% of the final grade) for tutorial attendance and participation.

NAME: ……………………………………………………………………………………………………………………………………………

STUDENT #: ……………………………………

I have read and understood the policies of the course set out in this KINE1000 Course Outline 2009

SIGNATURE …………………………………………………   DATE …………………………….