Course Director: Dr. Shulamit Mor  
Secretary: Mrs. Agnes Levstik

Phone: (905) 7731425  
Office: 285 BSB

Email: smor@yorku.ca  
Office Hours: By appointment

Class Time: Mondays & Wednesdays 7pm - 10pm

Location: CB-120

Course Objectives: A critical review of counselling and psychotherapy approaches in a seminar format which includes lectures, class discussions, films and student presentations.


Evaluation:  
Seminar Presentation: 20%  
Mid Term 25%  
Written Assignment: 20%  
Final Exam: 25%  
Attendance/Class Participation: 10%

Seminar Group Presentation: Students will be required to work collaboratively to prepare a seminar presentation of their chosen theory. Presenters will be chosen via lottery. The presentation can include lecture and audiovisual materials. All group members will be expected to contribute equally to the finished product and to receive the same grade on the presentation. However, should it become apparent to the professor that the work was not shared equitably, the grades may be assigned differently to each individual.

Written Assignment: The assignment will consist of the following essay style question to be answered in 2000 to 3000 words (approximately 10 pages). The essay should be typed, double-spaced, and written in accordance with the *Publication Manual of the American Psychological Association* 5th Edition, 2001. This manual is available in the library and the bookstore. Students are expected to work independently on this assignment. There will be a penalty of 5% (half letter grade) for each day late. Any students who have not done a great deal of writing to date may want to contact the Centre for Academic Writing (329 Ross) as soon as possible. In addition, there are several writing resources posted on the York University website.

Essay question: Chose a therapy theory, describe it succinctly and tell me what it is about this theory that appeals to you personally.

Title: If I were a counsellor, I would practice….

THE USE OF INTERNET SOURCES IS NOT ALLOWED FOR PREPARATION OF THIS PAPER AND/OR PRESENTATION.

Class participation: For every class students will be expected to read the book chapter(s) and/or article assigned and prepare for classroom discussions. Class participation will be evaluated on the basis of consistent seminar attendance, evident preparation for discussion about assigned readings and active involvement in class discussion

Note: Attending and participating in class discussions are central part of the course and count for 10% of the mark. If you do not plan to attend most of the classes, please do not take this course.
# CLASS SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Chapter</th>
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<tbody>
<tr>
<td>May 7</td>
<td>Overview of the course</td>
<td>Chapter 2</td>
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<td></td>
<td>The Counselling Relationship</td>
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<td>May 9</td>
<td>Ethics and Values</td>
<td>Chapter 3</td>
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<td>May 14</td>
<td>Psychoanalytic Therapy</td>
<td>Chapter 4</td>
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<td>May 16</td>
<td>Adlerian Therapy</td>
<td>Chapter 5</td>
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<td>May 21</td>
<td>No Class</td>
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<td>May 23</td>
<td>Existential Therapy</td>
<td>Chapter 6</td>
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<tr>
<td>May 28</td>
<td>Mid Term Exam (in class) (Ch. 2, 3, 4, 5, 6)</td>
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<td>May 30</td>
<td>Person Centered Therapy</td>
<td>Chapter 7</td>
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<td>June 1</td>
<td>Last day to withdraw from the class</td>
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<td>June 4</td>
<td>Gestalt Therapy</td>
<td>Chapter 8</td>
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<td><strong>Written Assignment due</strong></td>
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<tr>
<td>June 6</td>
<td>Cognitive Behaviour Therapy</td>
<td>Chapter 10</td>
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<td>June 11</td>
<td>Reality Therapy</td>
<td>Chapter 11</td>
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<td>June 13</td>
<td>Final Exam (in class) (Ch. 7, 8, 10, 11)</td>
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Pre-requisite:

Entrance is limited to students who are pursuing an Honours Program in Psychology and have completed 14 university courses or 84 credits. Please note those specified pre-requisites found in the Department of Psychology undergraduate supplemental calendar would apply unless otherwise agreed upon. In addition to the aforementioned, students are required to have successfully completed Psych2130 3.0 and Psych3140 3.0.

Applicable Drop Date:

Last date to drop this course without receiving a grade: June 1, 2011

Important Dates:

Applicable sessional dates and religious holidays can be found at:

http://www.registrar.yorku.ca

Academic Integrity:

All faculty have been reminded by the dean’s that academic integrity continues to be an area of primary concern and focus. You are fourth year honour students. The likelihood is that these matters have been reviewed with you in great detail. However, I expect that each of you have carefully reviewed those materials as available as the academic integrity website of York University: http://www.yorku.ca/academicintegrity and have read the section designed specifically FOR STUDENTS.

Missed Examination:

The student must contact the course director or the course director's secretary in person or by telephone or e-mail within 48 hours of the test or examination.

Appropriate documentation verifying the circumstances for the missed test or examination must be provided at the time specified by the instructor.

What is appropriate documentation?

Medical circumstances – tests/exams missed due to medical circumstances must be supported by an attending physician’s statement or a statement by a psychologist or counsellor. The physician's statement must include the following:

1. Full name, mailing address, telephone number of the physician;
2. State the nature of the illness and its duration (i.e. specific dates covered); and
3. An indication of whether the illness and/or medication prescribed would have SERIOUSLY affected the student’s ability to take the test/exam.

The clinician’s office will be contacted to verify that the forms were completed by the identified clinician.

Non-medical circumstances – tests/exams missed due to non-medical circumstance must be supported by appropriate documentation (i.e. death certificate, obituary notice, automobile accident reports, etc.).

Having to work at the time of the test is not considered a valid excuse for missing the test.

The manner in which a missed test is handled will be at the complete discretion of the course director.

For a missed final exam or incomplete course work, you will be required to complete a deferred standing form, which will also include the type of work to be completed (paper/exam) and the date the paper/exam will be completed.

Class participation: To be given credit for class participation, you must attend the classes, come on time and stay for the full class. Student who come by the end of the class, or leave at the break will not get credit.