

# Rotational Energy

When an extended solid object is in general motion, i.e.,  
CM in translation & object rotates about the CM

the total kinetic energy has two additive contributions:

$$KE_{tr} = \frac{1}{2} M v_{cm}^2 \quad \text{is an obvious part}$$

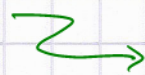
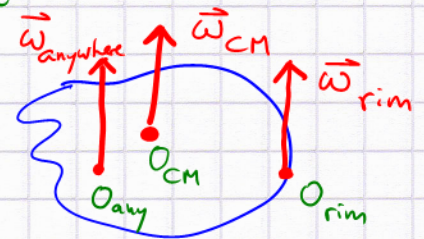
To understand the rotational part (presumably  $\frac{1}{2} I \omega^2$ )  
from translation table  
we first need to understand that:

$\omega$  = rotation rate (angular velocity)

is the same for all mass elements  $m_i$  that make up the body.

Why?

different choices of pivot point  $O$   
result in the CM carrying out a  
different trajectory, but the rotation (spin) of the object  
remains the same!



coin  $\rightarrow$  Maple Leaf turns  
at some rate given  
by  $\omega = \text{xx} \frac{\text{rad}}{\text{sec}}$ .

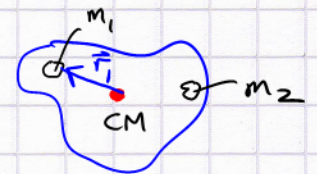
$\therefore$  All mass elements  $m_i$  experience the same  $\omega$ .

Consider the CM as pivot point

Look at the KE of  $m_i$ :

$$\frac{1}{2} m_i v_i^2 = \frac{1}{2} m_i (r_i \omega)^2 = \frac{1}{2} m_i r_i^2 \omega^2$$

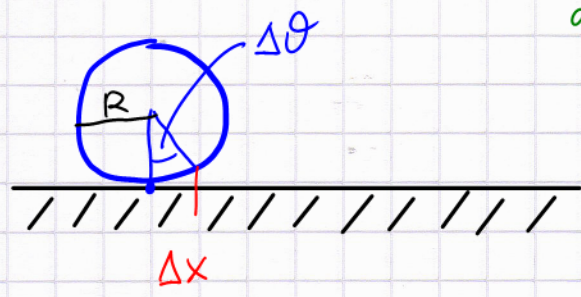
• analogously for  $m_2, m_3, \dots, m_N \rightarrow$  entire body



$$KE_{rot} = \sum_i \left( \frac{1}{2} m_i v_i^2 \right) = \sum_i \left( \frac{1}{2} m_i r_i^2 \right) \omega^2 = \frac{1}{2} \underbrace{\left( \sum m_i r_i^2 \right)}_{\text{inertia about CM}} \omega^2 = \frac{1}{2} I \omega^2$$

Now understand rolling

(2)



as the wheel rotates by  $\Delta\theta$   
the CM moves forward by  $\Delta x$

$$\Delta x = R \Delta\theta \quad \text{divide by } \Delta t$$

$$v = R \omega$$

Assuming there is no slipping:  $v = v_{cm}$  is locked with  $\omega$

$$KE_{tot} = \frac{1}{2} M v_{cm}^2 + \frac{1}{2} I \omega^2 = \frac{1}{2} M v_{cm}^2 + \frac{1}{2} I \left( \frac{v_{cm}^2}{R^2} \right)$$

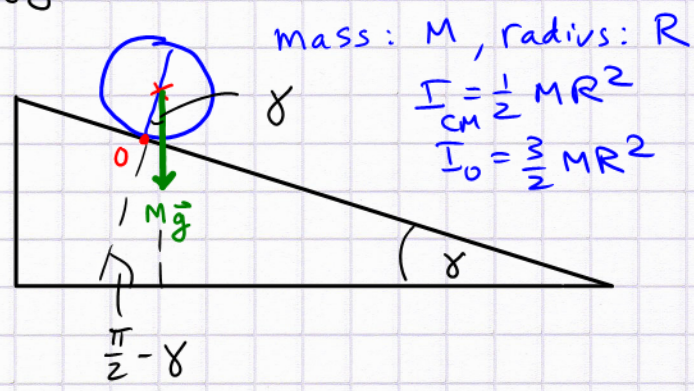
For a disk (solid wheel)  $I_{cm} = \frac{1}{2} MR^2$

$$\therefore KE_{tot} = \frac{1}{2} M v_{cm}^2 + \frac{1}{4} M v_{cm}^2 = \frac{3}{4} M v_{cm}^2$$

$\therefore$  slipping costs less energy!

Rolling on an incline:

Remember: slipping  $\rightarrow$   
 $a_{cm} = g \sin \gamma$



$$\tau_o = -RMg \sin \gamma \quad (\text{why? lever arm} = 0 \rightarrow \text{CM})$$

$$\sin(\gamma) = \sin(\pi - \gamma)$$

Friction  $\approx 0 \rightarrow$  no torque (zero arm length)

$$I_o \alpha = -RMg \sin \gamma \rightarrow \text{neg sign} \rightarrow \text{CW rotation}$$

$$\frac{3}{2} MR^2 \alpha = -RMg \sin \gamma \quad \therefore \alpha = -\frac{2}{3} \frac{g}{R} \sin \gamma \quad \therefore a_{cm} = R\alpha = \frac{2}{3} g \sin \gamma$$

Now we understand: slipping motion  $\rightarrow a_{cm} = g \sin \gamma$

rolling disk  $\rightarrow a_{cm} = \frac{2}{3} g \sin \gamma$

How can we understand the latter result?

1) Gravitational PE  $V_g = Mg \Delta y$  is converted partly into translational, partly into rotational KE

2) The motion of the CM can be understood by applying the NET force at the CM.

Gravity  $\rightarrow Mg \sin \gamma$

Friction  $\vec{f}_s$  @ pivot O  $\rightarrow ?$

$M a_{cm} = Mg \sin \gamma - f_s$  (assume  $\vec{f}_s$  acts to oppose  $\vec{g}_{||}$ )

$\therefore f_s = M (g \sin \gamma - a_{cm})$   
 $= M (g \sin \gamma - \frac{2}{3} g \sin \gamma) = - \frac{M}{3} g \sin \gamma$

Perfect rolling motion (no slip):

$\vec{f}_s$  adjusts itself (as long as  $|\vec{f}_s| \leq \mu_s N$ ) such as to ensure rolling (point of contact = O @ rest)

$\rightarrow$  analogous to: try to push a heavy object  $\rightarrow$  doesn't move

$\rightarrow$  microscopic view: electrostatic forces between floor and object try to hold O stationary