### **About The Centre for Human Rights**



## An Introduction to Understanding Diversity

**Centre for Human Rights Presents:** 

The Centre for Human Rights assists individuals and groups to address and resolve allegations of discrimination and harassment as defined by the Ontario Human Rights Code (Code). Our mandate covers all grounds of the Code, as well as York's human rights policies and provisions. Where a complaint cannot be resolved informally, the matter may be investigated. Most of the labour will be conducted at an informal level, seeking resolution early and effectively for the individual(s) involved.

The Centre will play a significant role in human rights education promoting a culture of equity and mutual respect. As part of its educational role, the Centre will continue to liaise with human rights groups/ committees/associations both within the University and in the broader community as resources permit.



#### Note

This presentation should be viewed ahead of time by the presenter. Each section is separated into DVD chapters that can be easily navigated with a remote control via DVD player or computer. Therefore, the session can be customized to suit the goals of the presenter.







Video 3/4



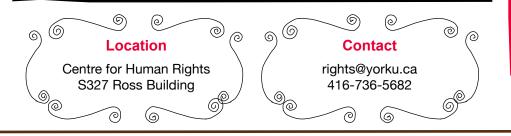
### **About Nythalah Baker**

Nythalah Baker came to York from the University of British Columbia, and Kristina Osborne has moved to the Centre for Human Rights from Student Community & Leadership Development (SCLD). Both will work as senior advisers in education and communications.



### Before coming to York

University, Baker worked at UBC's Okanagan campus, where she was an equity adviser for students, faculty and staff. She assisted in the resolution of discrimination and harassment complaints, and provided training and educational sessions on equity, human rights and diversity issues. Prior to that, Baker worked for a number of social justice and community development organizations in central British Columbia to advance economic, social, psychological and physical safety of disenfranchised community members. A graduate of UBC, she has a master of social work.



## **About This Presentation**

### What You Will Need:

• Pen & Paper

PowerPoint Presentation

# Online Resources: www.yorku.ca/scld

PowerPoint Presentation

#### Before Session:

• Divide students into small discussion groups for activities

By participating in this session, students will be able to:

- Understand the mandate and function of the Centre for Human Rights
- Identify the power of assumptions
- Understand the core concepts of diversity and how it should be applied to peer mentoring

Structure			
Section	Duration	Section	Duration
1. Who We Are	4 min	6. Extended Name Tag Exercise	7.5 min
2. What Do We Do?	4 min	7. Iceberg Activity	8 min
3. What Do You Know About Me?	4 min	8. Diversity - A Definition	9 min
4. The Power of Assumptions	6.5 min	9. Group Assumptions	1 min
5. What Do You Know About Each Other?	1 min	10. Final Thoughts	3 min

Total video length is approx. 45 minutes

