

The Therapeutic Relationship is your most Powerful Tool (& biggest pitfall):

# Relational Strategies to Effectively Treat Challenging Trauma Clients

December 2nd & 3rd



9 AM to 4 PM / \$375 + HST per person

Community Door Mississauga  
50 Burnhamthorp Rd W #300,  
Mississauga, ON L5B 3C2

REGISTER AT:

[HTTP://BIT.LY/TRAUMAWORKSHOP2019](http://bit.ly/TraumaWorkshop2019)

This practical workshop is aimed at building our understanding of the psychotherapy relationship with challenging trauma clients.

The course aims to provide an integrative training approach that enables practitioners using different therapeutic modalities to integrate the relevant elements of Attachment Theory and Research with their existing skills, which they can then apply to their work, so as to:

- Help clients pace the process of opening up
- Bring safety to the therapeutic relationship early on
- Navigate the use conflicts in the relationship
- Recognize their own (therapist's) feeling in the therapeutic process (e.g., the wish to rush into trauma work, or the wish to avoid it)
- Help clients mourn traumatic losses to bring post-traumatic growth

Throughout the workshop, theory is complemented by case examples, practical exercises, and segments from Dr. Muller's own treatment sessions. The workshop focuses on Clinical skills that are directly applicable in our work as therapists.

*A complementary copy of Dr. Muller's new book, "Trauma & the Struggle to Open Up" is included with registration.*



**ROBERT T. MULLER**, Ph.D., C Psych. Trained at Harvard, was on faculty at the University of Massachusetts, and is currently at York University in Toronto. Dr. Muller is a Fellow of the International Society for the Study of Trauma & Dissociation (ISSTD) for his work on trauma treatment. His psychotherapy bestseller, *Trauma and the Avoidant Client*, has been translated widely, and won the 2011 ISSTD award for the year's best written work on trauma. As lead investigator on several multi-secotr programs to treat interpersonal trauma, Dr. Muller has lectured internationally, and has been keynote speaker at mental health conferences in New Zealand and Canada. He founded an online magazine, *The Trauma & Mental Health Report*, that is now visited by over 100,000 readers a year.



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