Deffenbacher Driving Anger Scale (Deffenbacher, Oetting & Lynch, 1994) – Short form

Instructions: Imagine that each situation described below was actually happening to you and rate the amount of anger that would be provoked.

<table>
<thead>
<tr>
<th>none at all</th>
<th>a little</th>
<th>some</th>
<th>much</th>
<th>very much</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

1. Someone is weaving in and out of traffic. □
2. A slow vehicle on a mountain road will not pull over and let people by. □
3. Someone backs right out in front of you without looking. □
4. Someone runs a red light or stop sign. □
5. You pass a radar speed trap. □
6. Someone speeds up when your try to pass him/her. □
7. Someone is slow in parking and is holding up traffic. □
8. You are stuck in a traffic jam. □
9. Someone makes an obscene gesture toward you about your driving. □
10. Someone honks at you about your driving. □
11. A bicyclist is riding in the middle of the lane and is slowing traffic. □
12. A police officer pulls you over. □
13. A truck kicks up sand or gravel on the car you are driving. □
14. You are driving behind a large truck and you cannot see around it. □

Scoring: Sum the ratings for the 14 items.

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References