10th Annual Youth Xmas Open Track & Field Meet

Saturday, December 5th, 2009

Location: Toronto Track & Field Centre, York University, 4700 Keele Street, Toronto, ON M3J 1P3

Facility: Banked 5-lane, 200m Chevron surface
Separate 8 lane, 60m sprint strip on the outside of the oval track. Long Jump is mondo. Pin spikes may be worn (6mm)

Changing rooms and showers are available. Athletes must provide their own locks and towels.

Entry Fee: Received by December 1st, $7.00 (CND) per athlete per event registered with M.T.A., O.T.F.A. or U.S.A.T.F. Late Fee $10.00 (CND)

$10.00 (CND) per athlete per event not registered with M.T.A., O.T.F.A or U.S.A.T.F. Late fee $10.00 (CND)

ALL ENTRIES SENT IN MUST BE PAID FOR.

ATHLETE NUMBERS / TEAM PACKAGES WILL ONLY BE HANDED OUT ONCE ALL TEAM REGISTRATION FEES ARE PAID IN FULL.

Entry Deadline: **Tuesday, December 1st, 2009 (By mail, e-mail or fax) 5:00pm E.S.T.**
After Dec 4th: **$10.00 per athlete per event.**

NO TELEPHONE ENTRIES

Awards: Ribbons 1st, 2nd and 3rd will be awarded to the top 3 in each event in each age group.

Entries: Complete the Entry Form:

There is an entry limit of 4 events per athlete.
(ie: 3 Track / 1 Field, 1 Field 2 Track, 2 Track / 2 Field etc.)

Please include event and event number for each athlete. See example on entry form. Send entries and entry fee to:

If you would like to send them in using **Hy-Tek Team Manager (Lite)**, instructions and file can be downloaded from the following web site: www.yorku.ca/yutc/xmas.html

Payment in the form of Cash, Cheque or Money Order **(payable to York University)**

Colin Inglis
c/o York University
School of Kinesiology & Health Science
4700 Keele Street
Toronto, Ontario M3J 1P3

Inquiries: Colin Inglis (416) 736-2100 ext: 44669
Fax: (416) 736-5702
Email: cinglis@yorku.ca

YORK UNIVERSITÉ UNIVERSITY
redefine THE POSSIBLE.

10th Annual York University Youth Xmas Open

December 5th, 2009

Schedule of Events

REMINDER OF THE LIMIT OF 4 EVENTS PER ATHLETE

Track Events

Straight

9:00am	50m Timed Final	(Girls) (Mite – Tyke – Atom – Bantam)
	800m Timed Final	(Girls) (Mite – Tyke – Atom – Bantam)
	200m Timed Final	(Girls) (Mite – Tyke – Atom – Bantam)
10:30am	50m Timed Final	(Boys) (Mite – Tyke – Atom – Bantam)
	800m Timed Final	(Boys) (Mite – Tyke – Atom – Bantam)
	200m Timed Final	(Boys) (Mite – Tyke – Atom – Bantam)

ALL TIMED SECTIONS WILL BE RUN FROM SLOW TO FAST
STARTING BLOCKS FOR BANTAM (SENIOR) AGE GROUP ONLY

Field Events

9:00am	Long Jump (Boys)
	High Jump (Open Boys)
	Shot Put (Atom Boys (2.73kg) / Senior Boys (2.73kg))
10:30am	Long Jump (Girls)
	High Jump (Open Girls)
	Shot Put (Atom Girls (2.73kg) / Senior Girls (2.73kg))

ALL AGE GROUPS WILL COMPETE AT THE SAME TIME IN THE LONG JUMP
AND RESULTS BE CALCULATED BY AGE GROUPS.

TAKE-OFF BOARD: WILL BE 1m IN LENGTH AND THE WIDTH OF THE LONG JUMP RUNWAY.
ATHLETES MUST JUMP FROM THE 1m AREA ON THE RUNWAY.

Age Groups

Mites	2001 or younger
Tykes	1999 or 2000
Atoms	1997 or 1998
Bantam (Senior)	1995 or 1996

Results: Results will be posted at the following web site:
www.yorku.ca/yutc

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Team / Club: _____ **Phone:** _____ **Email:** _____

Coach(es): _____ **Address:** _____

FEMALE ENTRY FORM – DUE, DECEMBER 1st, 2009

****** PLEASE PUT EVENT NUMBER along with event name and seed time ******

Name	Event	Seed	Event	Seed	Event	Seed	Event	Seed
Jane Smith	#1 – 50m	8.80						

EVENT NUMBER CHART

#1 Girls Mite 50m
#3 Girls Tyke 50m
#5 Girls Atom 50m
#7 Girls Bantam 50m
#9 Girls Mite 200m
#11 Girls Tyke 200m
#13 Girls Atom 200
#15 Girls Bantam 200
#17 Girls Mite 800m
#19 Girls Tyke 800m
#21 Girls Atom 800m
#23 Girls Bantam 800m
#25 Girls Mite LJ
#27 Girls Tyke LJ
#29 Girls Atom LJ
#31 Girls Bantam LJ
#33 Girls Open HJ
#35 Girls Atom SP
#37 Girls Bantam SP

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Team / Club: _____ **Phone:** _____ **Email:** _____

Coach(es): _____ **Address:** _____

MALE ENTRY FORM – DUE, DECEMBER 1st, 2009

****** PLEASE PUT EVENT NUMBER along with event name and seed time ******

Name	YOB	Event	Seed	Event	Seed	Event	Seed	Event	Seed
Tim Jones	99	#2 – 50m	8.00						

EVENT NUMBER CHART

#2 Boys Mite 50m
#4 Boys Tyke 50m
#6 Boys Atom 50m
#8 Boys Bantam 50m
#10 Boys Mite 200m
#12 Boys Tyke 200m
#14 Boys Atom 200m
#16 Boys Bantam 200m
#18 Boys Mite 800m
#20 Boys Tyke 800m
#22 Boys Atom 800m
#24 Boys Bantam 800m
#26 Boys Mite LJ
#28 Boys Tyke LJ
#30 Boys Atom LJ
#32 Boys Bantam LJ
#34 Boys Open High Jump
#36 Boys Atom Shot Put
#38 Boys Bantam Shot Put

SANCTIONED AND REQUIRED BY:

THE ONTARIO TRACK & FIELD ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2009 10th ANNUAL YORK UNIVERSITY YOUTH XMAS OPEN MEET

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE WAIVE AND FOREVER DISCHARGE

ONTARIO TRACK & FIELD ASSOCIATION
MUNICIPALITY OF METROPOLITAN TORONTO
TORONTO TRACK & FIELD CENTRE
CITY OF TORONTO
YORK UNIVERSITY
COLIN INGLIS
COLLEEN DOTSON

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason or my participation in the said event, whether as a spectator, participant, competition or otherwise, whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS AND AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

_____

Date Print Name Signature

If under 18 years, Parent
Or Guardian or Power of Attorney
To sign below

_____

Date Print Name