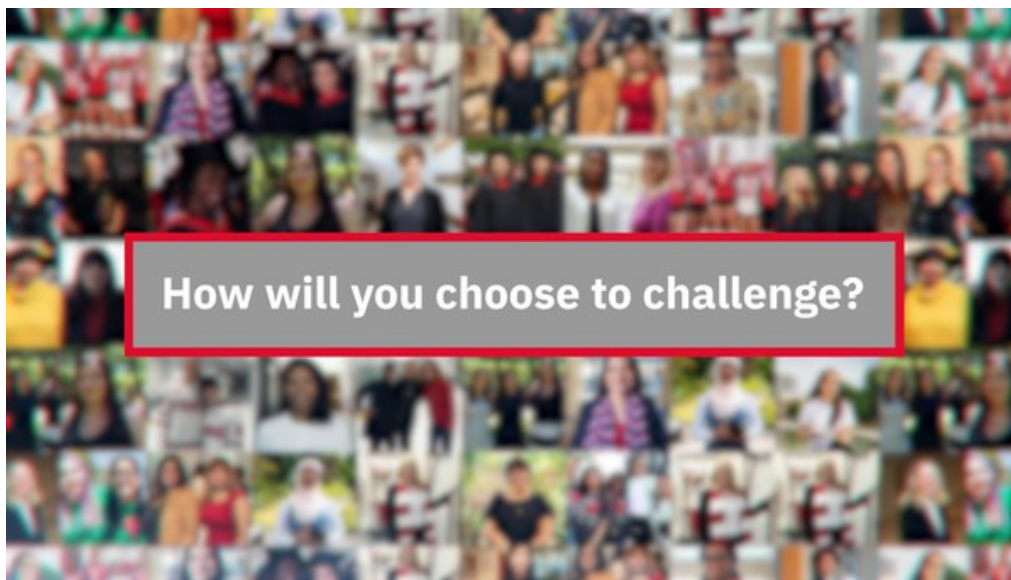


YORK U ALUMNI NEWS



How will you choose to challenge?

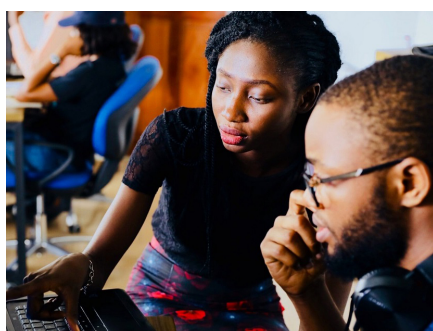
York University is delighted to join communities around the world in celebrating International Women's Day, a global day celebrating the social, economic, cultural and political achievements of women. On this day we celebrate the efforts of York alumnae, students, faculty and staff in shaping a more equal future, inspiring other women, and highlighting the gaps that remain. [Watch a short video message from women in the York community, including alumna Racheal Awe \(BA '03, MBA '17\).](#)



PROFESSIONAL DEVELOPMENT

GRADitude Speaker Series

Starting March 30, join us online for the GRADitude 2021 Speaker Series featuring a range of topics supporting graduating students, new grads, and young alumni – from navigating the future of housing to effectively using LinkedIn. [Discover our new lineup of personal and professional development sessions.](#)



ALUMNI NEWS

ICYMI: Black History Month

This February marked the 25th anniversary of Black History Month in Canada. Throughout the month we shared the stories of Black York alumni and opportunities to participate in events across the university celebrating the contributions made by the Black community at York. [Catch up on the stories you missed.](#)



PROFESSIONAL DEVELOPMENT

Mentoring events bring together students and alumni

The Alumni Engagement team recently held two mentoring sessions for students and alumni. Despite the restrictions of in-person learning, alumni and students from across York faculties are creating meaningful ways to connect. [Read more.](#)



ALUMNI SPOTLIGHT

Sarah Embaye (BSW '16, MMgt '17)

Sarah brings a unique perspective to her role as a partnerships coordinator at MLSE LaunchPad where they aim to improve social outcomes for youth facing barriers through sports. [Learn more about Sarah's career path since graduation.](#)



CONNECT

Join the alumni book club

Stay connected with other York alumni through our virtual book club. From March to May, we'll be reading *The Pull of the Stars* by Emma Donoghue, set in 1918 Dublin at the height of the Great Flu. The #1 best seller is Donoghue's thirteenth novel. [Learn more about the book club.](#)



MOVING FORWARD SERIES

Building resiliency skills

This lunchtime webinar features Melissa Grelo (BA '02), co-host of CTV's *The Social*. Join us to learn about Grelo's career journey from her time at York to her diverse experiences as a prominent media professional at the forefront of the many issues facing Canada and the world in recent years. [Learn more and register.](#)

ALUMNI BENEFITS



Manulife Financial

Alumni health and dental insurance can help you save on expensive out-of-pocket health care costs not covered by your government health plan. Apply by March 31, 2021, and you can pay last year's lower rates!

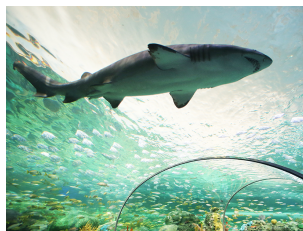
[Learn more.](#)



Alumni Armchair Travel

Monarch butterflies are famed for their annual migration. Join us on March 31 to hear from butterfly expert Jessica Linton, who will tell us more about the amazing lifestyle and migration patterns of the Monarch butterfly.

[Register today.](#)



Ripley's Aquarium

Take a break from winter! Swim with the sharks on a live guided virtual tour of the Toronto Ripley's Aquarium. Alumni save 10% on tickets, with four great options to choose from. [Learn more and buy tickets.](#)

UPCOMING EVENTS



March 10 | 12pm EST | [Scholars' Hub @ Home](#)

Dr. Hartley will discuss three building blocks of resiliency: emotional intelligence, optimism, and coping skills in this session titled Building Resiliency Skills.



March 23 | 12pm EST | [Entrepreneurial Alumni Speakers Series](#)

Learn how Thought Café founder Jonathon Corbiere started his business during a recession, navigated through ups and downs and made a name for himself in the digital industry.



March 24 | 1pm EST | [Scholars' Hub @ Home](#)

Can AI and disease modelling improve COVID-related public health interventions and vaccinations in Africa?

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