

Nonbinary Shenanigans

Terrence Adams

Abstract

This is a poetry/mixed media/collage piece representing my gender journey. I utilize nonlinear storytelling, code poetry, and intentional omission to take control over a narrative that has previously controlled me. I use mixed pronouns (I/he/them/you/me/she) to refer to a variety of characters that might all just be myself and I define functions without discussing much of the inner workings. These are fragmentary glances into varying viewpoints on my gender, my femininity, my masculinity, my sexuality. Glances into my Madness and how it is not something to fear but is integral to understanding how I interpret myself and the world around me. Many of these words are from my journals, my notes app, scraps of paper I scribbled something furiously on while feeling something so intensely—I hope you like it, I guess, and I hope you see yourself in some of the fragments. Every colour and scrap of paper is coming from a place of deep intention, though not always the same place. I do not always know where the intention is coming from, or what exactly the intention is. I feel it deeply, though, and hope you do too.

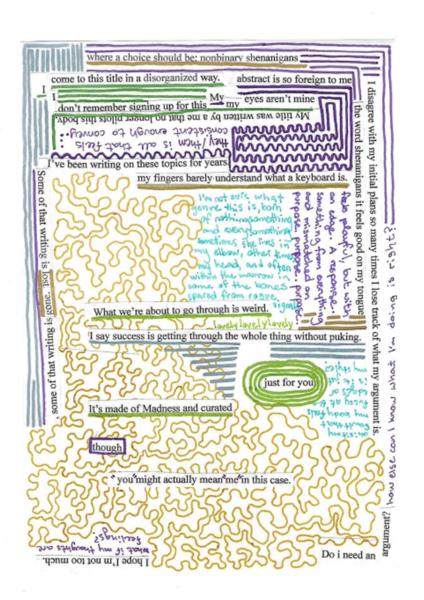
Content Warnings:

dissociation, mental illness, psychiatry, slur reclamation, sexual assault

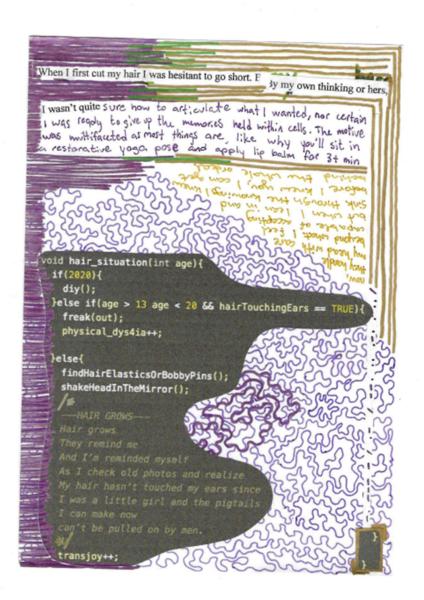
Keywords

poetry, collage, nonlinear narrative, gender identity,

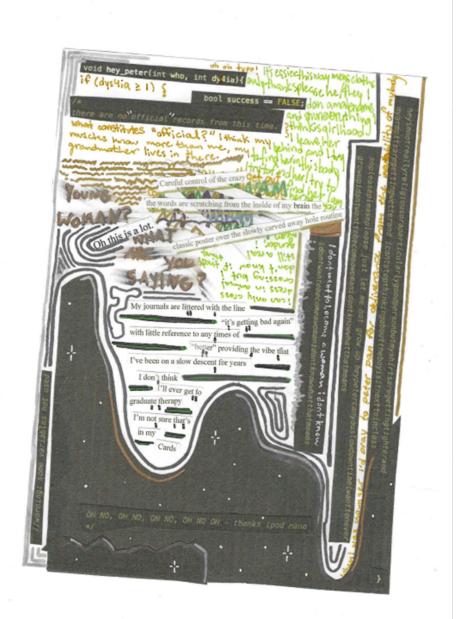


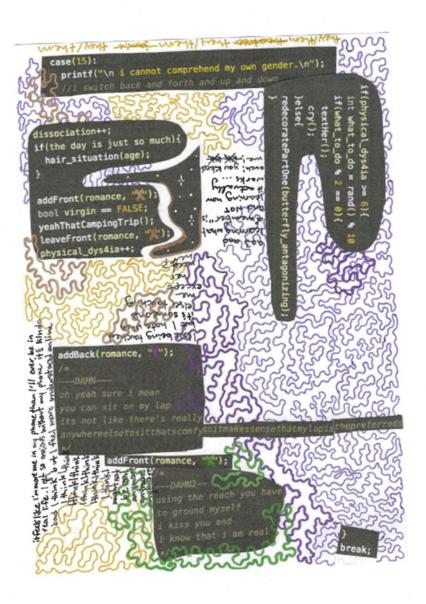


we interupt this program to do a quirky adgrathmic analysis of your life since becoming unwell it's ok that you don't remember XXXX and XXXXXX, your doctor called you complex, remember? Dan't warry, I'll keep track of it for you I'll organize it all and then it's up to you to make it happen on the itch is back-every iteration that cascades into an under-utilized pilot scat contributes new conundrums, I love you and you will never be too much for me someone else knows the origin of my pain they say it's just signals to the brain but when I can't XXXXX without seeing stars I feel normal normal normal normal normal. I procrastinate more than my mind can interpolate and the words lose meaning the moment they leave my mind did the antipsychotics help or hinder my gender? They forced me to pause hit to reduce the variable chemistry the already sensitive brain could experience be the scientist is me/her/them/it and there should only be one manipulated variable and the XXXX suggests lid be/she'd be/to aboldn't/they'd be/ it be good at figuring all that out.... what is it called when you're both too much and not chaugh? Is that a gender? Is it a politic? Is it a northic? Is it a northic? Is it a narrow and long stilds with no harness compatibility? Is that me? you can't see me. I'm too much, you shoun't endeavour to praise care to someone as XXX as me you them it who's the pibt? and its just not up to you whether or not I feel helped I do love and its just not up to you whether or not I feel helped I do love how the scorect keeps my muscles from flying into a flurry my hair's longer than what kept me alive before hit the madness is so comfortable I slip into it through her and them and sometimes nim. the transition get weighted down by the-I feel like nothing will ever fit me better than what I have in my close tour exoset I'm the only one whois worn these bones and lord they'll these bones and lord they'll full of domb fack mygendum is not psychotic but it is in my body mind bodymind and is that is my bodymind of sychotic grant is my bodymind

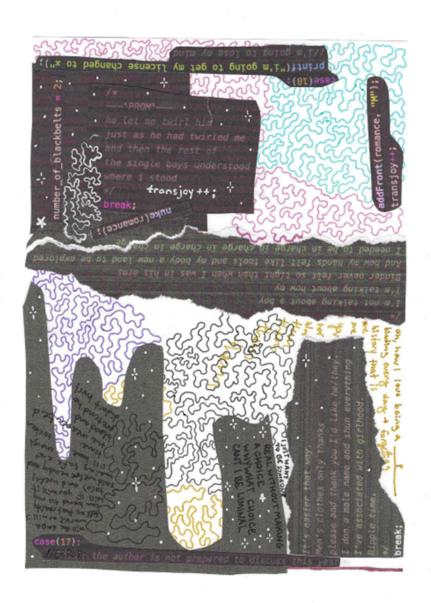




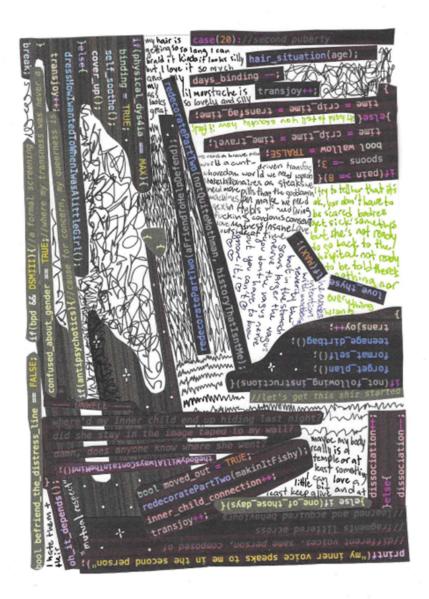














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Author Biography

Terrence Adams (they/them) is a Mad nonbinary poet, black belt, and radio host for a queer show living in Treaty 6 territory and region 4 of the Métis nation of Alberta. They are currently studying their undergrad in computer science and English, and hope to combine those topics in further education and research.