

Study Tips for Exams

By: Khushbu Gandhi, Mandeep Dhaliwal

$$\sqrt{\frac{3}{4}} = \left(\frac{a^2}{b^2}\right)$$





Introductions

Khushbu Gandhi

- 4th year Biomedical
Science student

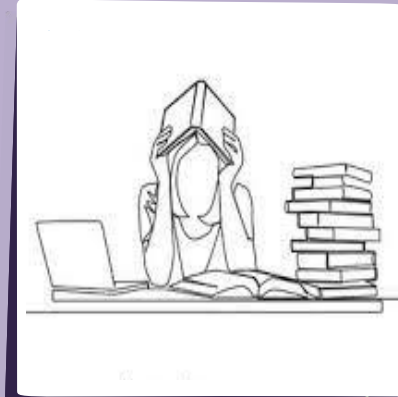
Mandeep Dhaliwal

- 4th year Biomedical
Science student

How do you feel about finals?



Stressed?



Excited?



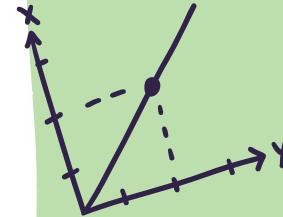


First things first: gather information

Start now!

- Gather all info on finals:
- When is your final?
- What format is your final?
- Is it cumulative? What does it cover?
- Types of questions: true/false, multiple choice, essay, etc.

Where do you find this?



Plan your time



Now that you know
WHAT you need to
do, plan how to do it



Create writing
and/or study plan



Work backwards to
plan each final



Write down your
plan!

Tips for planning: Reading days

Days prior to the Exams



What are
“Reading Days”?



Don't wait till
the last minute!



Plan time for
self care and
breaks




Keep Your Eyes
on the Prize



Tips for planning

- Be realistic about time-tables
- Write all assignments and plans in one place
- Write all assignments and plans in one place
- Try to refrain from marathon sessions

An illustration of a glowing lightbulb with rays emanating from it, positioned above a spiral-bound notebook. The notebook is open to a page with a checklist of four items, each marked with a checkmark and followed by a wavy line representing text. The background is a solid light green.

- 
- Start
 - Plan under



Tests: Example Schedule

Test on Chapters 6-10 / Test date: December 8



November 21

Study chapters
6-7:



November 24

Office Hours



November 27

Study chapter 8,
review chapter 7:



December 1

Study chapter 9,
review chapter 8:



Tests: Example Schedule

Test on Chapters 6-10 / Test date: December 8



December 3

Study chapter 10,
review chapter 9



December 7

Re-review any
difficult or hard to
remember material



December 8

Test Day!



RELAX!

You earned it!

Test Day:



Wake Up Early &
Refreshed



Gather Essential
Items + Arrive Early



Mindset & Positivity



During the Test



Papers

- Plan backwards:
start with due date
- In agenda, put in
any due dates:
topic, sources,
drafts
- Think about outside
help: writing
conference, meet
with professor
- Write it down!



Tests: Paper Schedule

Due date: December 11



November 17

Topic



November 23

Annotated
bibliography



November 29

Office Hours



December 1

Draft 1



Tests: Paper Schedule

Due date: December 11



December 2

Writing conference



December 4

Draft 2



December 9

Due to you

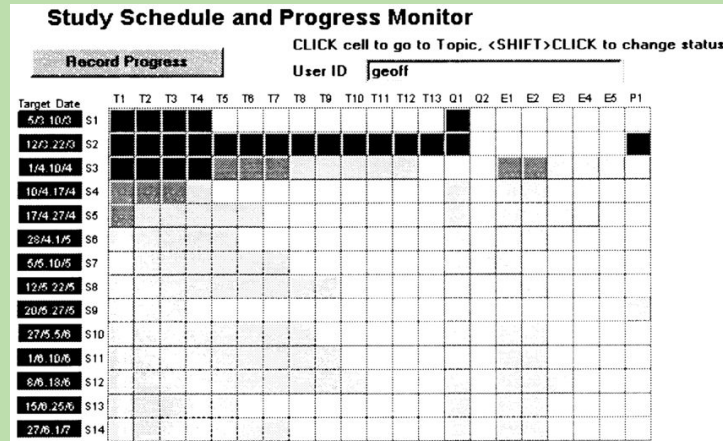


December 11

Due date

An illustration of a glowing lightbulb with rays emanating from it, positioned above a spiral-bound notebook. The notebook has a checklist with four items, each marked with a checkmark and followed by a wavy line representing text. The word 'self' is written to the left of the notebook.

- 
- care,
- At e
 - At e



Study Tips



Organize study
materials



Create a study
guide for yourself



Explain the material



Review old tests



Write keywords or
new vocabulary



Write or re-write
your notes



Create outline for a
reading + Flash
cards



Study groups

Study Tips



Resources:

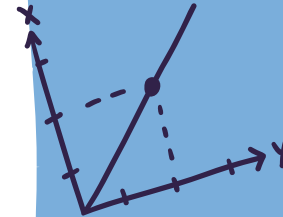
- PASS: <https://www.yorku.ca/colleges/bethune/help/pass/>
- Peer Tutoring:
<https://www.yorku.ca/colleges/bethune/help/tutoring/>
- Workshops:
<https://www.yorku.ca/colleges/bethune/events-workshops/workshops/>
- Office hours
- Study groups

$$\sqrt{\frac{3}{4}} = (a^2)$$



Self Care

- Customized to you
- Take care of your whole self, including your mental, physical, and emotional needs.
- Avoid falling for finals clichés.
- Your performance on finals will improve the more you look after yourself.





Thank you!

For any questions or concerns: Contact us!

- ➔ Khushbu Gandhi: Khushbug@my.yorku.ca
- ➔ Mandeep Dhaliwal: Mandy10d@my.yorku.ca

Ask questions at the Peer Mentor Office in Bethune College



Citations:

Center for Student Success (no date) *Home*. Available at:
<https://css.tcnj.edu/> (Accessed: 15 October 2023).

Exam preparation (how to study for exams) (no date) *PPT*. Available at:
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Final exam study tips - reslife.net. Available at:
https://reslife.net/assets/docs/Managing_Finals.ppt Accessed: 15 October 2023).

Sara (2023) *How to study effectively: 12 secrets for success*, Oxford Learning. Available at:

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