Study Tips for Exams

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Introductions

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How do you feel about finals?

Stressed?  Excited?
First things first: gather information

Start now!

- Gather all info on finals:
- When is your final?
- What format is your final?
- Is it cumulative? What does it cover?
- Types of questions: true/false, multiple choice, essay, etc.

Where do you find this?
Plan your time

Now that you know WHAT you need to do, plan how to do it

Create writing and/or study plan

Work backwards to plan each final

Write down your plan!
Tips for planning: Reading days

Days prior to the Exams

What are “Reading Days”? 
Don’t wait till the last minute! 
Plan time for self care and breaks 
Keep Your Eyes on the Prize
Tips for planning

- Be realistic about time-tables
- Write all assignments and plans in one place
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- Try to refrain from marathon sessions
Planning for tests

- Collect materials
- Work backwards and break down studying
- Start with more difficult sections first
- Plan to meet with professor about any sections you don’t understand
Tests: Example Schedule

Test on Chapters 6-10 / Test date: December 8

November 21: Study chapters 6-7

November 24: Office Hours

November 27: Study chapter 8, review chapter 7

December 1: Study chapter 9, review chapter 8
Tests: Example Schedule

Test on Chapters 6-10 / Test date: December 8

December 3
Study chapter 10, review chapter 9

December 7
Re-review any difficult or hard to remember material

December 8
Test Day!

RELAX!
You earned it!
Test Day:

- Wake Up Early & Refreshed
- Gather Essential Items + Arrive Early
- Mindset & Positivity
- During the Test
Papers

- Plan backwards: start with due date
- In agenda, put in any due dates: topic, sources, drafts
- Think about outside help: writing conference, meet with professor
- Write it down!
Tests: Paper Schedule

Due date: December 11

November 17: Topic
November 23: Annotated bibliography
November 29: Office Hours
December 1: Draft 1
Tests: Paper Schedule

Due date: December 11

December 2  Writing conference
December 4  Draft 2
December 9  Due to you
December 11  Due date
Additional Planning tips

- Make the monthly plan, but readjust as necessary
- Zoom in and make daily plan – this is where you can plan self care, breaks, food etc
- At end of week, plan next week
- At end of day, plan next day
Study Tips

- Organize study materials
- Create a study guide for yourself
- Explain the material
- Review old tests
Study Tips

- Write keywords or new vocabulary
- Write or re-write your notes
- Create outline for a reading + Flash cards
- Study groups
Resources:

- PASS: https://www.yorku.ca/colleges/bethune/help/pass/
- Peer Tutoring: https://www.yorku.ca/colleges/bethune/help/tutoring/
- Workshops: https://www.yorku.ca/colleges/bethune/events-workshops/workshops/
- Office hours
- Study groups
Self Care

- Customized to you
- Take care of your whole self, including your mental, physical, and emotional needs.
- Avoid falling for finals clichés.
- Your performance on finals will improve the more you look after yourself.
Thank you!

For any questions or concerts: Contact us!

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Ask questions at the Peer Mentor Office in Bethune College
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