



Physiotherapy & Occupational Therapy



Agenda

- PT vs. OT
- Application Process
- Physiotherapy
 - Schools in Ontario
 - Schools Outside of Ontario
- Occupational Therapy
 - Schools in Ontario
 - Schools Outside of Ontario
- Employment Opportunities



Physiotherapy vs. Occupational Therapy

	Physiotherapy	Occupational Therapy
Goal	<ul style="list-style-type: none">• Restore movement and mobility• Treats the physical source of the injury (tissues/structures) and helps prevent future injuries	<ul style="list-style-type: none">• Restore functional abilities• Optimize independence• Does NOT directly treat the injury
Focus	<ul style="list-style-type: none">• Assess ability to roll in bed, sit/stand up, maintain balance, walk, etc.	<ul style="list-style-type: none">• Brushing teeth, getting dressed, self-feeding, combing hair, going to the bathroom, etc.• Adapting jobs, hobbies, etc.
Tools	<ul style="list-style-type: none">• Stretching, exercise, manipulations, electrical stimulation, heat, cold, etc.	<ul style="list-style-type: none">• Same, but OTs differ in their approach and overall goal
Setting	Wide range (e.g. Hospital, health centres, homes)	

Application Process

- Occupational Therapy application process is identical to the application process for Physiotherapy
- Apply through ORPAS (Ontario Rehabilitation Sciences Programs Application Service)
 - Create an account: <http://www.ouac.on.ca/orpas/>
 - Non-refundable application fee (\$190 + \$100 for each program you select)
- ORPAS Application Guide:
<https://www.ouac.on.ca/guide/orpas-guide/>

Application Fees

- The ORPAS processing fee: \$190 + \$100 for each program selection
- All fees and levies are **non-refundable**
- The total fee, including the ORPAS processing fee, is as follows:
 - **One** program \$290
 - **Two** programs \$390
 - **Three** programs \$490
- UofT is the only school that charges a \$100 fee regardless of the number of programs selected

Extra Documentation

- Some Universities/programs may require you to:
 - Answer additional questions
 - Submit an essay

Required Documentation:

- References
 - Referee must complete a Confidential Assessment Form
 - Submit reference letters
- Transcripts
 - Sent from York's Registrar Office to ORPAS
 - \$15 per transcript

GPA Calculation

- Each individual grade is converted to its ORPAS equivalent on a 4.0 scale
 - 6.0 credit courses are given a weight of 2; 3.0 credit courses are given a weight of 1
- The sub-GPA is based on the 10 most recent full/20 half undergraduate courses
- International transcripts are non-convertible and will not be included in GPA calculation
- For applicants currently enrolled in the fourth year → the GPA calculation will start with the applicant's final fall term grades (completed by December 31) and will move back in chronological order based on the order in the transcript

ORPAS GPA Conversion

Undergraduate Grading System
Conversion Table

ORPAS 2014

Échelles de notation
au premier cycle

Type Scale Echelle	Numeric/Numérique		Percentage/Pourcentage				Alpha/Alph		9	ORPAS Value Valeur ORPAS
	1	2	3	4	5	6	7	8		
4.00	9	8	90-100	93-100	94-100	94-100	A+	A	A+	4.00
3.90			85-89	84-92	87-93	85-93	A			3.90
3.80									A	3.80
3.70	8	7	80-84	75-83	80-86	80-84	A-	A-		3.70
3.30	7	6	77-79	72-74	75-79	75-79	B+	B+	B+	3.30
3.00			73-76	69-71	70-74	70-74	B	B	B	3.00
2.70	6	5	70-72	66-68	65-69	65-69	B-	B-		2.70
2.30	5	4	67-69	64-65	60-64	60-64	C+	C+	C+	2.30
2.00			63-66	62-63	55-59	55-59	C	C	C	2.00
1.70	4	3	60-62	60-61	50-54		C-	C-		1.70
1.30		2	57-59	56-59			D+	D+	D+	1.30
1.00			53-56	53-55		50-54	D	D	D	1.00
0.70			50-52	50-52			D-	D-		0.70
0.00	3	1	≤ 49	≤ 49	≤ 49	≤ 49	E/F	E/F	E/F	0.00

Acadia	7	Guelph	3	Mt. Allison	7	Ryerson	7	Trinity Western	7
Alberta	7	Lakehead	3	Mt. St. Vincent	7	Saskatchewan	3	UBC	3
Algoma	3	Laurentian	3	New Brunswick	7	Sherbrooke	7	UNBC	7
Athabasca	7	Laval	7	Nipissing	3	Simon Fraser	7	UOIT	7
Bishop's	3	Lethbridge	7	Ottawa	7	St. Francis Xavier	3	Victoria	7
Brandon	7	Manitoba	9	Prince Edward	3	St. Mary's	7	Waterloo	3,7
Brock	3	McGill	8	Island	7	St. Thomas	7	Western	3
Calgary	7	McMaster	7	Quebec	7	Ste-Anne	7	Wilfrid Laurier	7
Cape Breton	3	Memorial	6	Queen's	3	Thompson Rivers	7	Windsor	3,7
Carleton	7	Moncton	7	Regina	4,7	Toronto	3,7	Winnipeg	7
Concordia	7	Montreal	7	RMCC/CMRC	7	Trent	3	York	9
Dalhousie	3,7			Royal Roads					

Please note: The above scales are applicable only to current grading schemes.

Physiotherapy Schools in Ontario

- University of Western Ontario
- McMaster University
- University of Toronto
- Queen's University
- University of Ottawa



University of Western Ontario

Master of Physical Therapy

- Two year program - 70 students admitted each year
- 60 weeks of classroom/lab work, 30 weeks of clinical experience
- Each year is divided into 3 terms → students are enrolled in a predetermined schedule
- Admission Requirements:
 - 4-year undergraduate degree
 - 6.0 credits: General Science; SOSC or Liberal Arts
 - 3.0 credits: Human, Mammalian or Vertebrate Physiology; Statistics, Research Methods or Research Design
 - CASPer test: online ethics test, video-scenario, situational judgement test
 - Test consists of 12 sections with open-ended questions that measure soft skills such as communication, ethics, and empathy

University of Western Ontario

- GPA calculations are completed by ORPAS
- Sub-GPA calculated using final 60 credits of study completed by Dec. 31 of application cycle
 - Last 10 full courses or 20 half courses
 - Cut off Sub-GPA for 2019 was 3.81
- 2 letters of reference → 1 academic reference and one professional (physical therapist)
- Applicant statement (400 words)
- Accomplishment statement → 50 words per accomplishment
- No Interview

McMaster University

Master of Science (Physiotherapy)

- Two year program, full-time
- Course Prerequisites for MScPT:
 - 4 year undergraduate degree (120 Credits)
 - All prerequisites must have a minimum grade of 3.3/4.0
 - One half credit in human anatomy, human physiology, statistics and humanities course
 - Prerequisite courses must be completed by December 31, 2021
- Letter of reference not required

McMaster University

Master of Science (Physiotherapy)

- Minimum GPA of 3.3/4.0 (B+ or 77%) in the last two years or 60 credits of university study
- Approximately 300 of the top-ranked applicants are invited for an online interview (Kira Talent)
 - Interview fee of \$40
- All applicants who are interviewed are ranked on:
 - Pre-admission sub-GPA (25% of final ranking)
 - Online interview score (75% of final ranking) to determine final ranking for offers of admission
- 65 students are admitted to the program

University of Toronto

Master of Science in Physical Therapy

- Two year program
- Prerequisites:
 - 4-year Bachelor's degree
 - Minimum grade of B (70%) is required in prerequisite courses
 - 6.0 credits:
 - Life/Physical Sciences
 - SOSC/HUMA/Languages
 - 3.0 credits:
 - Statistics/Research Methods
 - Human Physiology
 - Human Anatomy
 - 2 letters of reference: 1 academic and 1 professional

University of Toronto

Master of Science in Physical Therapy

- **Required GPA:**
 - GPA from the 10 most recent completed full courses (or last 20 half courses) completed by Dec 31 of the application year
 - 2019 Admission sub-GPA cutoff: 3.81
- **CASPer Test:**
 - Online situational judgment test that evaluates personal and professional characteristics
- **Computer Administered Profile (CAP) Evaluation:**
 - Only top applicants are invited to write the CAP
 - Applicants are first screened by CASPer score and then ranked by GPA
 - Two-hour evaluation assessing personal/life experiences, knowledge of the profession, critical thinking & problem-solving skills

Queen's University

Master of Science in Physical Therapy

- Two year program, full time only
- 74 students are admitted to the program annually
- Prerequisites:
 - 4-year Bachelor's degree
 - 3.0 credits:
 - Statistics
 - Human Anatomy
 - Human Physiology
 - 6.0 Credits:
 - Introductory Psychology

Queen's University

Master of Science in Physical Therapy

- Required Undergraduate GPA:
 - Sub-GPA: most recently completed 10 full (or 20 half) courses
 - Cut-off $\geq 70\%$
- 2 letters of reference: 1 academic and 1 professional
- Personal Information Form
 - Reasons for choosing PT as career and knowledge of profession
 - Strengths, experiences and abilities
 - Community involvement

University of Ottawa

Master of Health Sciences in Physiotherapy

- 2 year program, 6 full-time terms
- Admission Requirements:
 - Must be fluent in French (written and spoken)
 - 6 credits: Anatomy or Human Physiology
 - 3 credits: Psychology; Statistics or Research Methodology
 - CASPer Test
- Required GPA:
 - An average of B (70 %) or higher
- No reference letters required

Canadian Physiotherapy Schools Outside Ontario

- University of British Columbia
- University of Alberta
- University of Saskatchewan
- University of Manitoba
- McGill University
- Université de Montréal
- Université de Sherbrooke
- Université Laval
- Dalhousie University

Occupational Therapy Schools in Ontario

- University of Toronto
- University of Western Ontario
- McMaster University
- Queen's University
- University of Ottawa



University of Toronto

- Admissions are determined through academic and non-academic achievement (academics are weighted **more** heavily)
- Two year program, full time only
- **Admission Requirements:**
 - 4-year undergraduate degree OR 3-year undergraduate degree with an additional 5 full courses
 - Statement of intent and a resume
 - **No** course prerequisites

University of Toronto

- **Recommended** background knowledge in:
 - human growth & development
 - introductory physiology OR introductory human biology
 - psychology
 - sociology OR anthropology
 - statistics & research design
- ✓ **No** interview required
- ✓ 2 Letters of reference: 1 academic and 1 personal

University of Toronto

- **Required GPA:**
 - Final Year: **Mid-B** (competitive: **A**)
 - Initial Ranking: GPA from the most recently completed **10** full courses (as of **Dec 31st**)
 - Students in a 3-year program must complete an additional **5** full university courses at the senior level (third and fourth year)
 - <http://app1.rehab.utoronto.ca/ps/admissions.asp>

University of Western Ontario

- **Two** year program, full time only
- **Application process:**
 - Completed application through ORPAS; official transcripts; personal submission section of the online application
 - **No** interview
- **Prerequisites:**
 - 4-year Bachelor's degree any major
 - CASPer Test with competitive score of Z
 - **No** course prerequisites and **No** letters of reference

University of Western Ontario

- **Required Undergraduate GPA:**
 - GPA from the most recently completed 10 full courses OR 20 half courses (as of Dec 31st)
 - Competitive sub- GPA: **3.75 - 3.98**
- <http://www.uwo.ca/fhs/ot/programs/mscot/admission.html>

Queen's University

- **Two** year program, full time only
- **Admission Requirements:**
 - 4-year Bachelor's degree or equivalent
- **Supplementary Documents:**
 - **2** letters of reference: 1 academic & 1 academic/professional
 - Statement of intent (Personal Submission section of online application)
 - Resume

Queen's University

- **No** course prerequisites
- **No** interview
- **Required GPA:**
 - First cut-off: applicant-pool-dependent minimum GPA for all undergraduate years (**typically 3.3 or higher**)
 - Second cut-off: assessment of the candidate's Confidential Assessment Forms and Statement of Intent
- <https://rehab.queensu.ca/programs/rhbs/admission>

University of Ottawa

- Two year program.
- **Admission Requirements:**
 - Must be fluent in French (written and spoken)
 - 6 credits:
 - Psychology
 - 3 credits:
 - Statistics
 - Sociology
 - Anatomy
- CASPer Test

University of Ottawa

- **Required GPA:**
 - An average of "B"(70 %) or higher
- **Experience:**
 - Experience working or volunteering involving skills of helping relationships, and that over the last three years is positive
- <http://www.grad.uottawa.ca/Default.aspx?tabid=1727&monControl=Administration&ProgId=672>

McMaster University

- 4-year baccalaureate degree (120 units/credits) or equivalent
- **Academic Requirements:**
 - **3.3 GPA (or a “B+”)** calculated over last 60 credits
 - GPA is calculated in the final **two** years (or in the last 10 full-course equivalents)
 - **No** prerequisites required
 - The cut-off was 3.48/4.00 in 2012 and 3.60/4.00 in 2013.

McMaster University

- **Other Requirements:**

- All eligible applicants are ranked solely on the basis of their GPA for an interview
- **Requires** an interview (Multi Mini Interview)
- **All** applicants who are interviewed are ranked on a combination of:
 - ...pre admission sub-GPA (25% of final ranking)...
 - ...interview scores (75% of final ranking) to determine the final ranking for offers of admission...
- <http://graduate.mcmaster.ca/graduate-students/future-students/programs/174-future-students/programs-offered/747-occupational-therapy>

Canadian Occupational Therapy Outside Ontario

- University of British Columbia
- University of Alberta
- University of Manitoba
- Université de Montréal
- McGill University
- Université Laval
- Université de Sherbrooke
- Université du Québec à Trois-Rivières
- Dalhousie University

Employment Opportunities

- Occupational Therapy and Physiotherapy are both practiced in a wide range of settings including:
 - Hospitals
 - Health centres
 - Homes
 - Clinics

Helpful Links

- **PT:**
 - <http://www.uwo.ca/fhs/>
 - <http://www.srs-mcmaster.ca/>
 - <http://www.physicaltherapy.utoronto.ca/prospect/application.htm>
 - http://rehab.queensu.ca/programs/msc_pt/admission
 - <http://www.grad.uottawa.ca/Default.aspx?tabid=1727&monControl=Admission&ProgId=670>
- **OT:**
 - <http://app1.rehab.utoronto.ca/ps/admissions.asp>
 - <http://www.uwo.ca/fhs/ot/programs/mscot/admission.html>
 - <https://rehab.queensu.ca/programs/rhbs/admission>
 - <http://www.grad.uottawa.ca/Default.aspx?tabid=1727&monControl=Admission&ProgId=672>
 - <http://graduate.mcmaster.ca/graduate-students/future-students/programs/174-future-students/programs-offered/747-occupational-therapy>
 - <http://www.caot.ca/default.asp?pageid=151>
- **Important to read:**
 - http://www.ouac.on.ca/docs/orpas/b_orpas_e.pdf
 - http://www.ouac.on.ca/docs/orpas/c_orpas_b.pdf

Before applying to PT and OT programs:

- Become familiar with the application procedures for **each** university/program to which you are applying.
- It is your responsibility to ensure that the application, and all required documentation, is received at ORPAS by the published **deadlines**.
- The processing of an application may be **delayed** until all required transcripts and documentation are received as specified by the universities.