

MAIN ROOM BIO BREAK

About Your MCs



Online Learning Supports

Calumet & Stong Colleges Services

- Peer Tutoring
- Peer Mentoring
- P.A.S.S (Peer-Assisted Study Sessions)
- Visit: <https://ccscss.info.yorku.ca/online-student-support/>

Learning Skills Services

- Study tips, strategies & more!
- Visit: <https://lss.info.yorku.ca/online-learning/>

Addressing Discrimination

The success of our students depends on our collective willingness and ability to listen, to be kind, to look after ourselves and each other, to work together, and to lead with **Respect, Equity, Diversity and Inclusion**. We do not condone or tolerate racism, prejudice or discrimination at Calumet & Stong Colleges. We are committed to supporting our Peer Leaders and Student Organizations and our York and CCSC community to stop anti-Black racism and systemic discrimination of all kinds. We will also collaborate with others to strengthen our student success programming to help our Colleges and students foster a just and fair world. For more information and to connect with us, visit: <https://calumet.yorku.ca/supporting-students-online/#squelch-taas-toggle-shortcode-content-1>) or email scchelp@yorku.ca.

go to www.menti.com

Connecting With Your College



health



Connecting With Stong

Welcome from the College Head



VARI HALL

WELCOME TO STONG COLLEGE

Mazen Hamadeh

College H Science Prof



What is a College?

“Stong College is your home in a big university”



- ✓ A place to study, meet others, volunteer, and access resources & programs
- ✓ A place to help you be successful at York

WE'RE HERE TO HELP YOU ACHIEVE ALL AROUND SUCCESS!

***Stong College Values...* Student Centric Collaborative
Mentoring Engaged Bold**

Stong College Programs

- Kinesiology + Neuroscience
- Nursing - 2nd Entry
- Nursing - Collaborative

How Can Stong College Help Me Succeed?

Main Office

- Student Success Programs
- Community /personal development

Student Government

- Student Voice
- O-Week
- Social Events
- Athletics
- Swag

Stong College Clubs

- Faculty Clubs (KAHSSO, NSAY)
- Affiliated Clubs (Ascend Network, EIM, 2NA)

Student Space

- Study (JCR- 111)
- Social (Lounge- 112)
- Wellness Lounge

Calumet & Stong Colleges Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP



Calumet & Stong Colleges

Student Success Programs



Orientation & Transition

- Orientation
- Student Welcome Events
- Mentoring



Academic Support Programs

- Course Representatives
- Peer Assisted Study Sessions (P.A.S.S.)
- Peer Tutoring



Leadership & Professional Development

- Health & Wellness
- Leadership Coaching
- Work and Volunteer Opportunities
- Career Exploration
- Awards & Recognition
- Agents of Change



Community Building & Development

- Student, Staff & Faculty Advisory
- Student Engagement and Partnership
- Indigenous Circle
- Alumni & Fellow Engagement
- Research and Program Development
- College Celebrations
- Colleges @2020 events
- On-Campus Partnerships
- Off-Campus Community Engagement

Tips for Success

Connect

Get Involved

Study Groups

Access Resources

Practice Self Care

Be Optimistic & Realistic

Develop Citizenship



Stong College - Student Success Programs



<https://www.youtube.com/watch?v=hk7-UsSIHgQ>

To learn more, please visit: <https://ccscss.info.yorku.ca/online-student-support/>

Stong College Student Government



<https://www.youtube.com/watch?v=FyzXjPdogg4&feature=youtu.be>

Induction Ceremony



Stong College Induction Ceremony

“I pledge to strive to achieve the 5 goals we emphasize at Stong College:

- I pledge to be engaged in my own learning experience to foster my academic and personal success,***
- I pledge to explore and use the resources at Stong College and on campus,***
- I pledge to be engaged in the Stong College community,***
- I pledge to be kind to myself and my fellow Spartans, and***
- I pledge to actively contribute to strengthening our communities by engaging in mentoring relationships”***

You are now a Stong Spartan!





WELCOME TO NURSING @ YORK!

August 26, 2020

Nursing Students Association of York (NSAY)

- To **serve as an organized liaison** between the students and faculty of York University School of Nursing.
- To **provide peer support** within the nursing student body during their transition and **encourage student participation** in professional nursing organizations.
- To **participate in outreach** programs that involve local and global communities.
- To **coordinate social events** for nursing students and faculty.

Lounge/Office: B27A, HNES Building (Basement)

Email: nsay@my.yorku.ca

Website: <http://nsay.student-org.yorku.ca/>

Facebook: <https://www.facebook.com/groups/nsayork/> (Nursing at YorkU/NSAY)



Professional Nursing Organizations

RNAO



The Registered Nurses' Association of Ontario is the professional association representing registered nurses, nurse practitioners and nursing students in the province of Ontario, Canada.

Why join?

- Advocacy
- Professional Community
- Learning and Career Advancement
- Knowledge Leadership
- Free Services
- Discounts

CNSA

The Canadian Nursing Students' Association is proud to represent all nursing students from across Canada.



What we do:

- Act as the national voice of Canadian nursing students
- Increase the legal, ethical, professional, and educational aspects which are an integral part of nursing
- Attend a National conference every January where nursing students from across Canada come to meet
- The conference discusses current social issues such as indigenous health, mental health, and healthcare for LGBTQIA individuals (held in British Columbia in 2018)
- Initiate various activities during Nursing Students' Week

We are looking for: two (2) new, enthusiastic and committed individuals to fill the positions of Class Representative and Associate Delegate (2-year commitment). Contact us at york@cnsa.ca!

Nursing Students Association of York (NSAY)

- Events

- Meet the Profs, Career Fair, YUNAN Alumni Night
- Paint Night, Movie Night, Game Night, Sweater Design Contest
- Nursing Formal

- Involvement

- Class/Cohort Representatives
- RNAO Representative
- CNSA Delegates
- Events Committee



Applications and elections for Cohort Representatives begin in September 2020

NSAY Outreach Initiatives

As a community of future nurses, together, we can contribute towards improving the determinants of health for those in our local and international community.

Your drop in the bucket will help to fill it!



Local Outreach Initiative



Romero House

About: In Toronto, Romero House provides housing, social and emotional support, food, clothing, and personal care items to individuals and families who have claimed refugee status.

NSAY's Involvement:

- To conduct on-campus campaigns to collect the following items: lotions, shampoos, toothpaste, toothbrushes, winter socks, & tablecloths.
- To participate in Romero House's Christmas Hamper Program.

Other Outreach Considerations

- **Local Initiative: 'Reach Out'**
 - **An interaction session between York University Nursing Students and aspiring nursing students, in secondary school.**
- **International Initiative: Collaboration with the York University Nursing International Trip (YUNIT) Organization**
 - **Support YUNIT in attaining supplies for overseas nursing initiative.**





-- Q&A --





NSTAMP

Nursing Student Tutoring, Ambassadorship & Mentorship Programs

Presented by: Nursing Student Tutoring, Ambassadorship & Mentorship Programs

What is NSTAMP?

- ❑ Student-led association that collaborates with SoN and CCSC to assist incoming and current Second-Entry, Collaborative and IEN students

- ❑ Four committees:
 - Peer Mentoring
 - Peer Tutoring
 - Lab Facilitation
 - Student Ambassadors

Peer Mentoring

- ❑ In collaboration with Calumet and Stong Colleges, Peer Mentors provide support to new nursing students through “intentional matching”
- ❑ They connect nursing students with resources, share their experiences, and help them navigate through their student experience and transition into York University

Peer Tutoring

- ❑ Peer Tutors are trained upper year nursing students who have excelled in the selected courses
- ❑ In collaboration with Calumet & Stong Colleges, they will be providing support to nursing students who need academic help with specific courses that we offer during the semester

NSC Lab Facilitation

- ❑ In Collaboration with the Nursing Simulation Center (NSC) and the guidance of Dr. Nicholson, Lab Facilitators guide nursing students in perfecting their nursing skills through lab sessions

Student Ambassadors

- ❑ Assist nursing students by planning and organizing engaging events that will benefit them in the present and the future



NSTAMP'S PAST EVENTS



Battle of the Brains W20



Alumni Event W20



INTRODUCING



NSTAMP

2020/2021

President

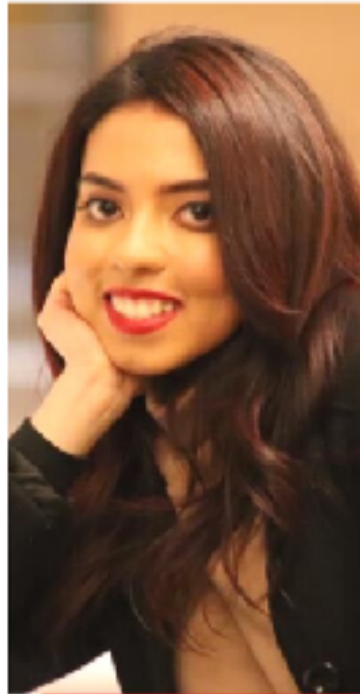
“

Limitation is nothing more than a mentality that too many good people practice daily until they believe it's reality

ROBIN SHARMA

ZAINAB VERSI

President



this is me

PROGRAM: BSCN

COHORT: COLLABORATIVE, SENECA & YORK

YEAR: FOURTH

NURSING INTERESTS: EMERGENCY, CRITICAL CARE & TRAUMA NURSING

HOBBIES: ADRENALINE FUELLED ACTIVITIES AND ANY ACTIVITIES THAT INVOLVE SPORTS & FITNESS

FUN FACT: I WAS BORN AND RAISED IN TANZANIA



Vice-President

“

On your life's
journey you
are never
denied but
only
redirected

UNKNOWN



MARY BAHANI

Vice President

this is me

PROGRAM: BSCN

COHORT: IEN

YEAR: FOURTH

NURSING INTERESTS: PEDIATRIC AND
MATERNAL CARE

HOBBIES: READING, DANCING, BAKING
& HIKING

FUN FACT: I LOVE PIGGIES!



Peer Mentor Coordinator

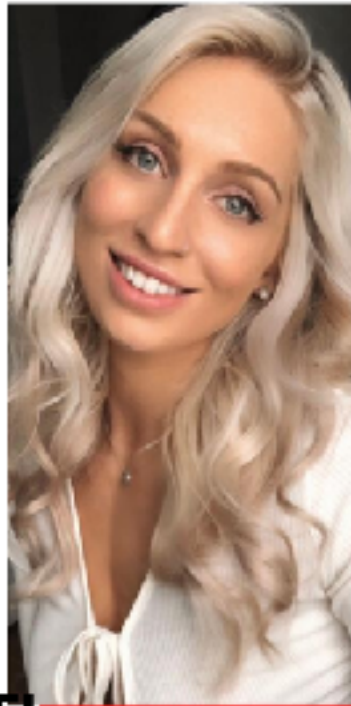
“

Life is
only as
good as
your
mindset

UNKNOWN

GRACE WEICHEL

Peer Mentor Coordinator



this is me

PROGRAM: BSCN

COHORT: SECOND ENTRY

YEAR: FIRST

**NURSING INTERESTS: COMMUNITY &
WOMENS HEALTH**

**HOBBIES: I LOVE TO COOK,
WORKOUT, & NETFLIX & CHILL**

**FUN FACT: I LIVED IN AUSTRALIA
FOR 3 YEARS**



Peer Tutor Coordinator

“

What counts is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead

NELSON MANDELA

SHARIF OPOKU

Peer Tutor Coordinator



this is me

PROGRAM: BSCN

COHORT: COLLABORATIVE, SENECA & YORK

YEAR: FOURTH

NURSING INTERESTS: CARDIOLOGY, ONCOLOGY, NEUROLOGY, & SURGICAL NURSING

HOBBIES: READING, WORKING OUT, PLAYING SOCCER

FUN FACT: I WAS BORN GHANA AND I LEARNED HOW TO SWIM IN GRADE 10!



NSC Lab Director

“

Be strong and
of a good
courage; be
not afraid,
neither be thou
dismayed: for
the Lord thy
God is with
thee
whithersoever
thou goest

JOSHUA 1:9

BUSOLA FRIDAY

NSC Lab Director



this is me

PROGRAM: BSCN

COHORT: COLLABORATIVE, SENECA &
YORK

YEAR: FOURTH

NURSING INTERESTS: CRITICAL CARE,
ONCOLOGY AND SURGICAL NURSING

HOBBIES: COOKING, SINGING,
WATCHING NETFLIX & YOUTUBE,
LISTENING TO MUSIC & PODCASTS

FUN FACT: I ENJOY EATING PEANUTS



Finance Director

“

Do not lose hope nor be sad, just be patient, with gracious patience, for good comes to those that remain steadfast.



1/2

ISHAQ AHMED

Finance Director

this is me

PROGRAM: BSCN

COHORT: SECOND ENTRY

YEAR: FIRST

NURSING INTERESTS: CRNA, ICU

NURSING, YOUTH MENTAL HEALTH

HOBBIES: WORKING OUT/ SPORTS,

STARTUP INVESTING, ROAD TRIPS

FUN FACT: I WORK HARD SO MY CAT
CAN LIVE A BLISSFUL, LAVISH LIFE!



Co-Ambassador Coordinator

“

Hakuna
Matata

JIMMY CLIFF

SELINI JAYAWICKREMA

Ambassador Coordinator



this is me

PROGRAM: BSCN

COHORT: COLLABORATIVE, SENECA &
YORK

YEAR: THIRD

NURSING INTERESTS: EMERGENCY &
MENTAL HEALTH

HOBBIES: BADMINTON, SOCCER, &
BAKING

FUN FACT: I WAS BORN IN SRI LANKA



Co-Ambassador Coordinator

“

No one
said it
would be
easy, they
only said it
would be
worth it

MAE WEST

CORINA LEE

Ambassador Coordinator



this is me

PROGRAM: MA IN PHILOSOPHY

COHORT: N/A

YEAR: 1ST YEAR MASTERS STUDENT

NURSING INTERESTS: PSYCHIATRY,
BIOETHICS, ADDICTIONS, ETHICS OF
CARE, ANATOMY AND PHYSIOLOGY

HOBBIES: LEARNING, GARDENING,
MEANINGFUL CONVERSATIONS, PLAYING
PIANO

FUN FACT: OBSESSED WITH CATS AND
BREAKFAST FOODS



Social Media Co-Director

“

The future belongs to those who believe in the beauty of their dreams.

ELEANOR ROOSEVELT



CHIARA ARENA

Social Media Director

this is me

PROGRAM: COLLABORATIVE

COHORT: COLLABORATIVE, SENECA & YORK

YEAR: FOURTH

NURSING INTERESTS: PEDIATRICS & ACUTE CARE

HOBBY: I LOVE TO BAKE MULTI TIER CAKES

FUN FACT: I'VE SWAM WITH DOLPHINS



Social Media Co-Director

“

I'd rather regret the things I have done, rather than the things that I haven't.

LUCILLE BALLE



OLIVIA CARVALHAIS

Social Media Director

this is me

PROGRAM: BSCN

COHORT: COLLABORATIVE, SENECA & YORK

YEAR: FOURTH

NURSING INTERESTS: PEDIATRIC AND LABOR AND DELIVERY

HOBBIES: SCRAPBOOKING, WORKING OUT AND BAKING

FUN FACT: I HAVE A TWIN SISTER



NETAMP DOCKETS

Battle of the Brains

JOIN US AND YOUR FELLOW NURSING STUDENTS TO PUT YOUR NURSING KNOWLEDGE AND SKILLS TO THE TEST!

DATE & TIME:
THURSDAY AUGUST 15 @ 6PM
200M Hrs
PROVIDE ONE SIGNED UP
RESPOND BY AUGUST 12TH!
<https://tinyurl.com/1st-virtual-2021>



NETAMP Docks & Dockets

OUR FIRST BATTLE OF THE BRAINS



Stay tuned for our next BoB coming soon!!




ATTENTION NURSING STUDENTS NETAMP PRESENTS

LAB FACILITATION DATES & TIMES

ALL SESSIONS RUN FROM 1000 - 1100

Friday June 26th	Health Assessment Review
Friday July 10th	Wound Care & Asepsis
Friday July 31st	Suctioning, NG, J & G tubes



2020/2021 Events

NETAMP & NSAY & 2NA present to you

THE EXECUTIVE MIXER






read,
educate, &
share



Click the link below or in our bio to watch




WE STAND TOGETHER

Upcoming Events!!

- Meet & Greet with Nursing Professors and Students
- Anti-Racism Weekly Posts & Workshop Series
- Health & Fitness Series
- Battle of the Brains – Virtual Version
- Nursing Alumni Event Series

Stay Connected with NSTAMP!!

Follow us on:

- Instagram: **@nstampyorku** (We're doing a GIVE-A-WAY!!)
- Facebook: <http://fb.me/YU-NSTAMP>
- TikTok: **@nstampyorku**
- Email: nstamp.yorku@gmail.com
- Website: <https://nstamp.club.yorku.ca/>
- Join NSTAMP on YU Connect: <https://yorku.campuslabs.ca/engage/>

(Sign in - Search NSTAMP - Click Join)

How much do you know about the Colleges?

Let's test your knowledge!

Visit www.menti.com and test your knowledge!



- ## Learning Skills Services

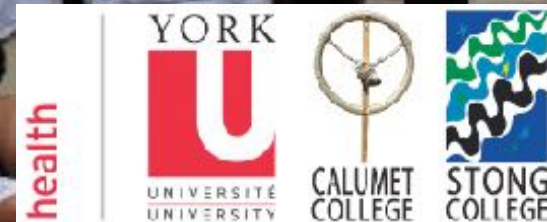
Body Break: Desk Yoga



<https://www.youtube.com/watch?v=tAUf7aajBWE>

Succeeding in NURS COLLAB:

Welcome from the Undergraduate Program Director



Closing Remarks



Sign up for the Welcome Ceremony!

York Orientation Day (YOD) Welcome Ceremony is on Tuesday, **September 8th 2020**, and we will meet you there through Zoom!

The YOD Welcome Ceremony is a great way for students to be welcomed to the wider York community, beyond their Faculty and College.

To register, log on to the **YU START** platform (yustart.yorku.ca) and click on the red button “**Sign up for Orientation.**”

Your Feedback Please!

Visit:

<https://tinyurl.com/HHAO20>

Follow Stong College on Social Media!

Facebook - <https://www.facebook.com/yorkustongcollege/>

Instagram - @stong.york