SUMMER ORIENTATION 2020

WELCOME
About Your Emcee(s)

A LITTLE BIT
ABOUT
me...
# 2020 Summer Orientation Schedule
## Faculty of Health

<table>
<thead>
<tr>
<th>Time</th>
<th>Overview</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00pm – 1:10pm</td>
<td>Welcome and Land Acknowledgement</td>
</tr>
<tr>
<td>1:10pm – 2:00pm</td>
<td>Meet your College Heads, Club Representatives and Peer Leaders</td>
</tr>
<tr>
<td>2:00pm – 2:20pm</td>
<td>Meet your Undergraduate Program Director</td>
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<tr>
<td>2:20pm – 3:10pm</td>
<td>Body Break and Icebreaker Activities</td>
</tr>
<tr>
<td>3:10pm – 3:25pm</td>
<td>Tips from Upper Year Students</td>
</tr>
<tr>
<td>3:25pm – 3:35pm</td>
<td>Closing Remarks and Feedback Survey</td>
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Land Acknowledgement
Land Acknowledgement

“York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosuanee Confederacy, the Wendat, and the Metis. It is now home to many Indigenous Peoples. We acknowledge the current treaty holders and the Mississaugas of the New Credit First Nation. This territory is subject of the Dish With One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes Region”
Enter 3 separate words that come to mind when you think of online learning.
Connecting With Your College
Your College Head

Jennine Rawana
Head of Calumet College

[Website Link] calumet.yorku.ca/
What is a College?

“Your College is your home in a big university”

✓ A place to meet others, volunteer, study, access resources and programs
✓ A place to help you be successful at York
Calumet College

Purpose

To help make a big university feel small, a place where students study, hang out, get involved and participate in a smaller, more intimate setting. To also provide volunteering and job opportunities.

Mission

A college community committed to an engaged student experience through collaborative high-quality academic support, leadership programming and recognition of achievement.

Vision

Inspiring, learning, leadership and citizenship
Your College Programs

CALUMET COLLEGE

Global Health

Psychology

Health Studies
Student Success & Calumet College
### How Can Calumet College Help Me Succeed at York?

<table>
<thead>
<tr>
<th>College Main Office</th>
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<tbody>
<tr>
<td>- Student Success Programs</td>
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<tr>
<td>- Community/personal development events</td>
</tr>
</tbody>
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<thead>
<tr>
<th>College Councils</th>
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<tbody>
<tr>
<td>- Student Voice</td>
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<tr>
<td>- O-Week</td>
</tr>
<tr>
<td>- Social events</td>
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<tr>
<td>- Athletics</td>
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<tr>
<td>- Swag</td>
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<table>
<thead>
<tr>
<th>CC Clubs</th>
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<tbody>
<tr>
<td>- College Affiliated Clubs (UPSA, SAHMPI, GHSA)</td>
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<tr>
<th>Student Space</th>
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</thead>
<tbody>
<tr>
<td>- Study (SC 111)</td>
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<tr>
<td>- Social (eg CC 100)</td>
</tr>
<tr>
<td>- Wellness Lounge</td>
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</tbody>
</table>
Calumet College
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

Orientation and Transition

Academic Support Programs

College Strategic Plan, Vision, Mission, Values

Leadership Exploration and Development

Community Building and Development
Calumet College
Student Success Programs

• Orientation
  • Welcome Events
  • Peer Mentoring

• Health & Wellness
• L.E.A.D. Workshops
• Work and Volunteer Opportunities
• Career Exploration
• Awards & Recognition
• Agents of Change

• Course Reps
  • Peer Assisted Study Sessions (P.A.S.S.)
  • Peer Tutoring

• Indigenous Circle
• Alumni & Fellows
• Community Partners
Jennine’s Tips for Success!

- Practice Self Care
- Get Involved
- Connect
- Find Your Talents
- MyMail & Add Signature
- Get Outside your Comfort Zone
- Develop Citizenship
- Access Resources
<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
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<tbody>
<tr>
<td>Peer Mentoring</td>
<td>• Faculty of Health students are paired with an upper-year Peer Mentor, who helps them transition and integrate to York University.</td>
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</tbody>
</table>
| Course Representative                        | • Provide class announcements.  
• Organize non-facilitated study groups.                                                      |
| Peer-Assisted Study Sessions (PASS)          | • Targets historically difficult courses.  
• Trained PASS Leaders facilitate study groups.                                                |
| Peer Tutoring                                | • Free 1-on-1 tutoring with trained upper-level students, who have excelled in the course.                                               |

To learn more, please visit [calumet.yorku.ca](http://calumet.yorku.ca)
Calumet College Council
Induction Ceremony
Calumet College Induction Ceremony

“I pledge to strive to achieve the 5 goals we emphasize at Calumet College:

• I pledge to be engaged in my own learning experience to foster my academic and personal success,

• I pledge to explore and use the resources at Calumet College and on campus,

• I pledge to be engaged in the Calumet College community,

• I pledge to be kind to myself and my fellow Cougars,

• I pledge to actively contribute to strengthening our communities by engaging in mentoring relationships”
Congratulations!
Welcome to Calumet College!
Undergraduate Psychology Student Association
Who we are

Student-run organization

Provide academic, social, and personal support

Foster an active and engaged community
Services UPSA provides

Peer Mentoring
Support positive and effective university transition

Peer Tutoring
One-on-one tutoring to supplement students’ academia

Community Relations
Create a sense of community through social events and workshops
Peer Mentoring

- The Peer Mentoring (PM) Program at Calumet and Stong Colleges is a program that provides free one-on-one mentoring to undergraduate students in the Faculty of Health.
- For PSYC students, the PM Program helps Psychology undergraduate students successfully transition and navigate their way in York University.
- In order to continue our support of students during these difficult times, UPSA will offer Peer Mentoring services through online platforms (More details later).
- Check our social media for details on how to access our services!
Peer Mentoring

● Peer Mentors are recruited and well trained from amongst upper-level students who have proven to be knowledgeable, experienced, and motivated to assist students in their own university journey as a psychology major.

● Incoming first-year Psychology students are matched with a peer mentor. These mentors are in the same program as the incoming student, and are available to answer questions, give advice, and help incoming students adapt to university life.
Peer Mentoring

The Peer Mentoring Program Objectives are:

• Help improve academic performance of students utilizing the Peer Mentoring Program and refer/encourage further use of other campus resources

• Foster and strengthen the bond between younger and older students alike and develop alternative learning strategies

• Facilitate personal development of Peer Mentors and Mentees through cross-mentoring and guide Mentees toward a path of success as defined by their own personal standards
Peer Tutoring

- The Peer Tutoring (PT) Program at Calumet and Stong Colleges is a program that provides **free one-on-one academic service** to undergraduate students in the Faculty of Health.

- Peer Tutors are recruited and well trained from **amongst upper-level students** who have successfully passed and attained a minimum of **grade A in the courses** they support and a **minimum cumulative GPA of B+**.

- Due to the current situation, UPSA will continue its Peer Tutoring services through online formats.

- Check our social media for details on how to access our services!
Peer Tutoring

The Peer Tutoring Program’s objectives are:

• Improve students’ academic performance in core required and/or historically challenging courses

• Enhance students’ study skills

• Develop leadership capacity by training Peer Tutors on leadership skills
## Courses offered

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>PSYC 1010</td>
<td>Introduction to Psychology</td>
</tr>
<tr>
<td>PSYC 2020</td>
<td>Statistical Methods I and II</td>
</tr>
<tr>
<td>PSYC 2021</td>
<td>Statistical Methods I</td>
</tr>
<tr>
<td>PSYC 2022</td>
<td>Statistical Methods II</td>
</tr>
<tr>
<td>PSYC 2030</td>
<td>Research Methods</td>
</tr>
<tr>
<td>PSYC 2010</td>
<td>Writing in Psychology</td>
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<tr>
<td>PSYC 2120</td>
<td>Social Psychology</td>
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<tr>
<td>PSYC 2130</td>
<td>Personality</td>
</tr>
<tr>
<td>PSYC 2230</td>
<td>Motivation</td>
</tr>
<tr>
<td>PSYC 2260</td>
<td>Cognition</td>
</tr>
<tr>
<td>PSYC 3140</td>
<td>Abnormal Psychology</td>
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</tbody>
</table>

*This list continues to grow each and every year, depending on the diversity of our tutors and their knowledge of different courses.*
Community Relations

- The Community Relations (CoRe) department provides career and academic oriented workshops/events.
- Provide social events to help students connect with each other and build meaningful relationships within the YorkU community.
- Keep students connected and up-to-date through social media.
Community Relations (CoRe)

The CoRe’s objectives are:

- Create opportunities for students to be active and engaged members
- Build a sense of community within the psychology department
- Foster a culture of growth, development, and inclusion
Past UPSA events

- Get Psych-ed! Social
- Meet The Profs
- Learning Lounge
- Vision 2020
- Painting with the peers

Given the current situation, UPSA will be offering many of its events through online formats - Follow us on instagram, facebook and check our website for more details on how to stay engaged, get involved, and GET PSYCH’ED!
Volunteering with UPSA

- We recruit volunteers at the beginning of each semester
- Volunteers assist our organization in multiple ways (event, tabling, posterising, etc)
- Volunteers who commit to a **number of hours** per semester are entitled to awards, recognition, and reference letters
- Make sure to follow us on all social media platforms to stay updated on our recruitment cycles!
Contact us through ups@yorku.ca or upsarecruitment@gmail.com

@upsayorku

facebook.com/UPSAYork

Check out our website for all information regarding UPSA’s mentoring and tutoring services, upcoming events, and MORE!

Follow us on INSTA for updates on our services, and DM us if you have any questions!

Our Instagram also features weekly tips (i.e., selfcare, study tips, movie recommendations) and activities that you can participate in! Follow to find out more.
Our Location

- **Peer Mentors**: Second Student Centre (Exact room TBA)
- **Peer Tutors**: Drop-In Sessions at Second Student Centre (Exact room TBA)

For our updated drop-in schedule please visit [http://upsa.club.yorku.ca/](http://upsa.club.yorku.ca/)
How much do you know about the Colleges?

Let’s test your knowledge!
Visit www.menti.com and test your knowledge!
ACADEMIC HONESTY
SENATE POLICY ON ACADEMIC HONESTY

"Academic honesty requires that persons do not falsely claim credit for the ideas, writing or other intellectual property of others, either by presenting such works as their own or through impersonation. Similarly, academic honesty requires that persons do not cheat (attempt to gain an improper advantage in an academic evaluation), nor attempt or actually alter, suppress, falsify or fabricate any research data or results, official academic record, application or document."
IT'S NOT JUST PLAGIARISM!

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.
ACADEMIC HONESTY RESOURCES

• Senate Policies:
  http://secretariat-policies.info.yorku.ca/

• Academic Integrity Module:
  https://spark.library.yorku.ca/academic-integrity-what-is-academic-integrity/

• Faculty of Health Academic Honesty PPT:
STUDENT RIGHTS AND RESPONSIBILITIES
The following is an excerpt from the Student Code of Conduct, specifically sections 4a and 4b:

“The following behaviours are prohibited. This list is not exhaustive but provides examples of breaches of the standard of conduct. This Code deliberately does not place violations in a hierarchy. The University views all complaints made under the provisions of this Code as serious."
4a. Breaking federal, provincial or municipal law, such as: breaking into University premises; vandalism; trespassing; unauthorized use of keys to space on campus; unauthorized possession or use of firearms, explosives, or incendiary devices; possession or consumption of, or dealing in, illegal drugs; smoking of legal substances outside designated areas; cruelty to animals; theft of University or private property including intellectual property; unauthorized copying of documents; possession of stolen property.

4b. Threats of harm, or actual harm, to a person’s physical or mental wellbeing, such as: assault; verbal and non-verbal aggression; physical abuse; verbal abuse; intimidation; sexual assault; harassment; stalking; hazing.
STUDENT RIGHTS AND RESPONSIBILITIES: RESOURCES

• Student Conduct and Responsibilities:

• Code of Student Rights and Responsibilities (CSRR):

• Student Rights and Responsibilities:
  http://oscr.students.yorku.ca/student-conduct
Succeeding in PSYC:
Welcome from the Undergraduate Program Director
TAKE A BODY BREAK!

- Insert a short break every hour or half hour of studying
- Helps maintain productivity
- Offers you a chance to stretch
- Allows you to focus and concentrate
- Creates a sense of progress

Learning Skills Services
ICE BREAKERS
Tips from Upper Year PSYC Students
Closing Remarks

That’s all Folks!
Your Feedback Please!

Visit:
tinyurl.com/SOD20
Follow Calumet College on Social Media!

Facebook -
https://www.facebook.com/calumet.york/

Instagram - @calumet.york