About Your MCs

A LITTLE BIT
ABOUT
me...
Online Learning Supports

Calumet & Stong Colleges Services
• Peer Tutoring
• Peer Mentoring
• P.A.S.S (Peer-Assisted Study Sessions)
• Visit: https://calumet.yorku.ca/supporting-students-online/

Learning Skills Services
• Study tips, strategies & more!
• Visit: https://www.yorku.ca/sclsd/remote-learning/
Addressing Discrimination

The success of our students depends on our collective willingness and ability to listen, to be kind, to look after ourselves and each other, to work together, and to lead with **Respect, Equity, Diversity and Inclusion**. We do not condone or tolerate racism, prejudice or discrimination at Calumet & Stong Colleges. We are committed to supporting our Peer Leaders and Student Organizations and our York and CCSC community to stop anti-Black racism and systemic discrimination of all kinds. We will also collaborate with others to strengthen our student success programming to help our Colleges and students foster a just and fair world. For more information and to connect with us, visit: [https://calumet.yorku.ca/supporting-students-online/#squelch-taas-toggle-shortcode-content-1](https://calumet.yorku.ca/supporting-students-online/#squelch-taas-toggle-shortcode-content-1) or email [scchelp@yorku.ca](mailto:scchelp@yorku.ca).
ACADEMIC HONESTY
SENATE POLICY ON ACADEMIC HONESTY

"Academic honesty requires that persons do not falsely claim credit for the ideas, writing or other intellectual property of others, either by presenting such works as their own or through impersonation. Similarly, academic honesty requires that persons do not cheat (attempt to gain an improper advantage in an academic evaluation), nor attempt or actually alter, suppress, falsify or fabricate any research data or results, official academic record, application or document."
IT'S NOT JUST PLAGIARISM!

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

Refer to your E-Class website for course materials and announcements. Avoid using websites not approved by York, WhatsApp groups or social media sites to get course information, as these sources may violate York’s academic integrity guidelines, and all users could be penalized.
ACADEMIC HONESTY RESOURCES

• Senate Policies:
  http://secretariat-policies.info.yorku.ca/

• Academic Integrity Module:
  https://spark.library.yorku.ca/academic-integrity-what-is-academic-integrity/

• Faculty of Health Academic Honesty PPT:
STUDENT RIGHTS AND RESPONSIBILITIES
The following is an excerpt from the Student Code of Conduct, specifically sections 4a and 4b:

“The following behaviours are prohibited. This list is not exhaustive but provides examples of breaches of the standard of conduct. This Code deliberately does not place violations in a hierarchy. The University views all complaints made under the provisions of this Code as serious.”
4a. Breaking federal, provincial or municipal law, such as: breaking into University premises; vandalism; trespassing; unauthorized use of keys to space on campus; unauthorized possession or use of firearms, explosives, or incendiary devices; possession or consumption of, or dealing in, illegal drugs; smoking of legal substances outside designated areas; cruelty to animals; theft of University or private property including intellectual property; unauthorized copying of documents; possession of stolen property.

4b. Threats of harm, or actual harm, to a person’s physical or mental wellbeing, such as: assault; verbal and non-verbal aggression; physical abuse; verbal abuse; intimidation; sexual assault; harassment; stalking; hazing.
STUDENT RIGHTS AND RESPONSIBILITIES: RESOURCES

• Student Conduct and Responsibilities:
  https://calendars.students.yorku.ca/2020-2021/student-conduct-and-responsibilities

• Code of Student Rights and Responsibilities (CSRR):

• Student Rights and Responsibilities:
  http://oscr.students.yorku.ca/student-conduct
MAIN ROOM
BIO BREAK
Connecting With Your College
Your College Head

Jennine Rawana
Head of Calumet College
[calumet.yorku.ca](calumet.yorku.ca/)

Supporting students in:
- Global Health
- Health Studies
- Psychology
What is a College?

“Your College is your home in a big university”

✓ A place to meet others, volunteer, study, access resources and programs
✓ A place to help you be successful at York

Inspiring, learning, leadership and citizenship
Student Success & Calumet College
How Can Calumet Help Me Succeed at York?

College Main Office
- Student Success Programs
- Community/personal development events

College Councils
- Student Voice
- O-Week
- Social events
- Athletics
- Swag

CC Clubs
- College Affiliated Clubs (UPSA, SAHMPI, GHSA, BSIP)

Student Space
- Study (SC 111)
- Social (CC 100)
- Wellness Lounge
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

Orientation & Transition

Academic Support Programs

Leadership & Professional Development

Community Building & Development

CC&SC’s Strategic Plan, Vision, Mission and Values
Calumet & Stong Colleges
Student Success Programs

Orientation & Transition
- Orientation
- Student Welcome Events
- Mentoring

Academic Support Programs
- Course Representatives
- Peer Assisted Study Sessions (P.A.S.S.)
- Peer Tutoring

Leadership & Professional Development
- Health & Wellness
- Leadership Coaching
- Work and Volunteer Opportunities
- Career Exploration
- Awards & Recognition
- Agents of Change

Community Building & Development
- Student, Staff & Faculty Advisory
- Student Engagement and Partnership
- Indigenous Circle
- Alumni & Fellow Engagement
- Research and Program Development
- College Celebrations
- Colleges @2020 events
- On-Campus Partnerships
- Off-Campus Community Engagement
Jennine’s Tips for Success!

- Practice Self Care
- Get Involved
- Relationships Matter
- Find Your Strengths
- Access Resources
- Get Outside your Comfort Zone
- MyMail & Add Signature
- Develop Citizenship
Calumet College - Student Success Programs

https://www.youtube.com/watch?v=hk7-UsSIHgQ

To learn more, please visit: https://cccss.info.yorku.ca/online-student-support/
WHO ARE WE?

- Student-run organization
- Provide academic, social, and personal support
- Foster an active and engaged community

All of our services are run by volunteers, and are 100% FREE.

OUR SERVICES

Peer Mentoring
- Support positive and effective university transition

Peer Tutoring
- One-on-one tutoring to supplement students’ academia

Community Relations
- Create a sense of community through social events and workshops

Marketing
- Offer creative, engaging and informative content on social media platforms (TikTok, Insta, FB) to connect psych students with the resources for their success
The Peer Mentoring (PM) Program at Calumet and Stong Colleges is a program that provides free one-on-one and group mentoring to undergraduate students in the Faculty of Health.

For PSYC students, the PM Program helps Psychology undergraduate students successfully transition and navigate their way in York University.

Peer Mentors are recruited and well trained from amongst upper-level students who have proven to be knowledgeable, experienced, and motivated to assist students in their own university journey as a psychology major.

Incoming first-year Psychology students are matched with a peer mentor. These mentors are in the same program as the incoming student, and are available to answer questions, give advice, and help incoming students adapt to university life.

In order to continue our support of students during these difficult times, UPSA will offer Peer Mentoring services through online platforms (Both email and Zoom calls).

Check out our website and social media for details on how to access our services!
Why Should I Use Peer Mentoring?

- To learn about your degree and the different paths available to you. This is especially paramount for PSYC students considering the versatility of the degree.
- To ease your university transition and improve your academic performance by learning about the appropriate services and resources relevant to your unique circumstances.
- To create and foster a community with your peers and upper-year students through group activity.
The Peer Tutoring (PT) Program at Calumet and Strong Colleges is a program that provides free one-on-one academic service to undergraduate students in the Faculty of Health.

Peer Tutors also construct student-made mock exams and other additional services for historically challenging courses.

Peer Tutors are recruited and well trained from amongst upper-level students who have successfully passed and attained a minimum of grade A in the courses they support and a minimum cumulative GPA of B+.

In order to continue our support of students during these difficult times, UPSA will offer Peer Tutoring services through online platforms (Drop-in hours on Zoom).

Check out our website and social media for details on how to access our services!
Why should I use Peer Tutoring?

- University is fundamentally different in its expectations from students, demanding more in less time.
- Our tutors can teach you learning strategies to increase your efficiency.
- Many concepts in psychology are complex, and not easy to understand. Our tutors can help.
- Our services are **Entirely Free**.
COURSES OFFERED

**PSYC 1010** Introduction to Psychology  
**PSYC 2010** Writing in Psychology  
**PSYC 2020** Statistical Methods I and II  
**PSYC 2021** Statistical Methods I  
**PSYC 2022** Statistical Methods II  
**PSYC 2030** Research Methods  
**PSYC 2110** Developmental Psychology  
**PSYC 2120** Social Psychology  
**PSYC 2130** Personality  
**PSYC 2230** Motivation  
**PSYC 2260** Cognition  
**PSYC 3140** Abnormal Psychology  
**PSYC 3265** Memory

*This list continues to grow each and every year, depending on the diversity of our tutors and their knowledge of different courses.*
COMMUNITY RELATIONS

The Community Relations (CoRe) department provides career and academic oriented workshops/events.

Provide social events to help students connect with each other and build meaningful relationships within the YorkU community.

Keep students connected.

CoRe’s objectives are:

- Create opportunities for students to be active and engaged members.
- Build a sense of community within the psychology department.
- Foster a culture of growth, development, collaboration, and inclusion.
UPCOMING EVENTS

UPSA'S GAME NIGHT
Date: January 20th, 2021

MEET THE PROFS II
Date: February 4th, 2021

GUIDE TO GRADUATE SCHOOL
Date: February 23rd, 2021

PATHWAYS OF PSYCHOLOGY
Date: March 11th, 2021

For more details on these events, please make sure to follow our social media pages!
Introducing UPSA’s newest department, the MARKETING team! They work hard to ensure students get up-to-date, informative and engaging social media content by:

- Updating our pages with tutoring and mentoring news
- Creating info videos such as TikToks and Youtube videos
- Monitoring and expanding UPSA’s online presence
- Interacting with students online
- Creating fun and informative podcasts
GET INVOLVED WITH US!

● We recruit volunteers at the beginning of each semester

● Volunteers assist our organization in multiple ways (event planning, poster decoration, organizational tasks)

● Volunteers who commit to a number of hours per semester are entitled to awards, recognition, and reference letters

● Make sure to follow us on all social media platforms to stay updated on our recruitment cycles!

Sign up to our listserv for all updates on UPSA including new volunteer opportunities:

https://docs.google.com/forms/d/e/1FAIpQLScZ9wAg54pT4GmLoJajBPc04kxE35zcpzSEVrrMJucLvsuFhA/viewform
What’s UP(SA)?

- Our podcast aims to engage with students and provide helpful information online!

- Our podcast will be available on Spotify, Apple Podcast, Google Podcasts, and many other platforms!

- If you want to know WHAT’S UP-SA..., check out our trailer and tune in to our monthly episodes starting September 14th, 2020.
CONTACT US

UPSA Website & Emails

http://upsa.club.yorku.ca/

- General Inquiries: upsa@my.yorku.ca
- Mentoring Dept: upsamentorship@gmail.com
- Tutoring Dept: upsatautors@gmail.com
- Community Relations Dept: upsavolunteer@gmail.com
- Marketing Dept: upsayt@gmail.com

@UPSAYORKU

facebook.com/UPSAYork

UPSA YorkU
Calumet College Council
For more info, visit:
https://www.calumetcollegecouncil.ca/
Induction Ceremony
Calumet College Induction Ceremony

“I pledge to strive to achieve the 5 goals we emphasize at Calumet College:

• I pledge to be engaged in my own learning experience to foster my academic and personal success,

• I pledge to explore and use the resources at Calumet College and on campus,

• I pledge to be engaged in the Calumet College community,

• I pledge to be kind to myself and my fellow Cougars,

• I pledge to actively contribute to strengthening our communities by engaging in mentoring relationships”
Congratulations!
Welcome to Calumet College!
How much do you know about the Colleges?

Let’s test your knowledge!
Visit www.menti.com and test your knowledge!

Enter Code: 16 15 43 5
Succeeding in PSYC:
Welcome from the Undergraduate Program Director
Dr. Karen Fergus, UPD, Psychology
Dr. Karen Fergus, UPD, Psychology

https://www.youtube.com/watch?v=FiguixmGWzw&t=3s
Consent Talks

Consent Talks is a series of vignettes about sex and consent, focusing on the university experience during the global COVID-19 pandemic. Some of the themes include virtual hookups, sexual violence, online harassment, and the impact of social media and physical distancing rules. Content Warning: Sexual Violence.

Visit https://www.yorku.ca/orientation/ to sign up

Session 1: Friday, January 8, 2021, 12 - 1pm ET
Session 2: Friday, January 8, 2021, 5 - 6pm ET
Closing Remarks

That’s all Folks!
Your Feedback Please!

Visit:

https://tinyurl.com/HHWAO20
Follow Calumet College on Social Media!

Facebook - https://www.facebook.com/calumet.york/

Instagram - @calumet.york