Find a partner and discuss the following:

Why did you choose your program?
What drew you specifically to York University?

What did you do this summer? Share any fun or interesting highlights!
Find a partner and discuss the following:

What are your academic and personal goals for this year?

What is your earliest memory?
Find a partner and discuss the following:

What is your biggest worry about entering university? How do you plan on overcoming this fear?

Who is somebody you admire and why?
Find a partner and discuss the following:

What are some study tips that have worked for you in the past?

Tell your partner about an embarrassing experience!
Find a partner and discuss the following:

What is one of your biggest accomplishments?

If you could pick up one new skill in an instant, what would you choose?
In a group of 4, discuss the following:

What are you most excited about entering university?

What is one thing that you want to do this year, that you’ve never done before?
In a group of 4, discuss the following:

What university classes are you looking forward to do this year, that you’ve never done before???

Do you have any phobias?
In a group of 4, discuss the following:

What courses or subjects are you anxious about?

If you could live in any country, where would you live?
In a group of 4, discuss the following:

What student club or teams are you thinking of joining this year?

If you had one extra hour of free time a day, how would you use it?
In a group of 4, discuss the following:

What’s your dream job?

What is something unexpected that has changed about you in the last few years?
In a group of 8, discuss the following:

When you were a **kid**, what did you want to be when you grew up? Did that change?

Favourite movie or TV show? Why?

(no spoilers!)
In a group of 8, discuss the following:

Are you living on or off campus? Have you explored York?

Favourite place you have travelled, and why?
In a group of 8, discuss the following:

What do you personally do to help yourself get over stressful periods?

Where have you worked in the past? What did you enjoy the most?
In a group of 8, discuss the following:

What is something you are confused about as you start your school year?

Share any misadventures you have experienced at school or with friends.
In a group of 8, discuss the following:

What do you want to accomplish, when you finish here at York?

What are you looking forward to most about today?
Unique, but Not too Unique
Connecting Stories
“York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosuanee Confederacy, the Wendat, and the Metis. It is now home to many Indigenous Peoples. We acknowledge the current treaty holders and the Mississaugas of the New Credit First Nation. This territory is subject of the Dish With One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes Region”
# York Orientation Day 2018 Schedule

## Global Health

<table>
<thead>
<tr>
<th>Time</th>
<th>Overview</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:25pm – 3:05pm</td>
<td>Scavenger Hunt</td>
</tr>
<tr>
<td>3:05pm - 5:00pm</td>
<td>Academic &amp; College Programming</td>
</tr>
<tr>
<td></td>
<td>● Welcome from your Emcees</td>
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<td></td>
<td>● Welcome &amp; Tips for Success from the Program Coordinator</td>
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<tr>
<td></td>
<td>● Small Group Work: Jigsaw Assignments</td>
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<tr>
<td></td>
<td>● Small Group Presentations</td>
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<tr>
<td></td>
<td>● Welcome to Calumet!</td>
</tr>
<tr>
<td></td>
<td>● Scavenger Hunt Trivia &amp; Planning</td>
</tr>
<tr>
<td>5:00pm - 6:00pm</td>
<td>Faculty of Health Dinner</td>
</tr>
<tr>
<td>6:00pm - 6:30pm</td>
<td>Parade to Lion’s Stadium</td>
</tr>
<tr>
<td>6:30pm - 8:00pm</td>
<td>Welcome Ceremony</td>
</tr>
</tbody>
</table>
A LITTLE ABOUT ME AND YOUR PEER MENTORS
Your Calumet College Council
Calumet College Council (CCC)
“I pledge to strive to achieve the 5 goals we emphasize at Calumet College:

• I pledge to be engaged in my own learning experience to foster my academic and personal success,
• I pledge to explore and use the resources at Calumet College and on campus,
• I pledge to be engaged in the Calumet College community,
• I pledge to be kind to myself and my fellow Cougars,
• I pledge to actively contribute to strengthening our communities by engaging in mentoring relationships”
Congratulations!
You Are Now A Calumet Cougar!
Form Small Scavenger Hunt Groups
IHST SCAVENGER HUNT!
Snacks
SUCCEEDING IN GLOBAL HEALTH
Welcome from the IHST Program Coordinator

A+
Global Health BA & BSc (Fall 2017)
Welcome & Introductions

Beryl Pilkington, RN, PhD
• Program Coordinator

Diane England
• Program Assistant
globhlth@yorku.ca

globalhealth.yorku.ca
Message from Dr. James Orbinski

- Director, Dahdaleh Institute for Global Health Research
Overview

➢ Program Options:
  ➢ Honours, Specialized Honours
➢ Required Courses
➢ Tips for academic success
Program Options

1. Honours BA/BSc Global Health
   • 120 credits
   • 48 credits in ‘core’ courses

2. Specialized Honours BA/BSc Global Health
   • 120 credits
   • 60 credits in ‘core’ courses
     • Includes 4<sup>th</sup> year practicum and research capstone
   • 21 credits (min.) in a chosen stream
   • Information session coming up
Global Health Core Courses (48 credits)

- Human Anatomy and Physiology for Health
- Foundations of Global Health Studies
- Global Health Policy: Power and Politics
- Global Health Research Methods & Measurement
- Determinants of Health: Local to Global
- Epidemiological Approaches to Global Health
- Chronic Diseases & Care
- Communicable Diseases & Care
- Promoting Global Health
- Healthcare Planning for Communities
- Health Care Ethics
- Program Planning and Evaluation
- Global Health Governance and Leadership
- Health and Human Rights
Courses to take in Year 1

• **IHST 1010 3.0** - Foundations of Global Health Studies

• **IHST 1001 3.00** - Human Anatomy & Physiology for Health I

• **IHST 1002 3.00** - Human Anatomy & Physiology for Health II

• **IHST 1020 6.0** - Agents of Change in a Global World
Specialized Honours BA/BSc Program

• When do I need to decide?
  • Winter term
  • Information session in January

• Minimum of **21 credits** in a chosen stream:
  • Global e-Health
  • Global Health Policy, Management and Systems
  • Global Health Promotion & Disease Prevention
  • Global Health and the Environment
Tips for Academic Success

• Keep up with work load
  • Organization
  • Time & effort
• Go to sessions offered (library, etc.)
• Academic Integrity (see Course Outlines)
• Always use your student #!
  • Emails to program office, assignments, etc.
Where to Get Help

1. Course Outline (Syllabus)
   • Read policies at the end

2. Moodle course platform:
   • SPARK (Student Papers & Academic Research Kit)

3. Learning Skills Services (LSS): Scott Library

4. Program Office:
   • GH courses or other program concerns

5. OSAS (Office of Student & Academic Services)
Global Health Program Office - HNES 019

globhlth@yorku.ca
416.736.5028
Small Group Work: Jigsaw Assignments
Jigsaw Topics

1. IHST Program Information
2. Scott Library Services
3. Calumet Student Success Services
4. Bennett Center Services
5. Student Accessibility Services
6. Extracurriculars/Getting Involved at YorkU
Scavenger Hunt Trivia

Get your phone, tablet or laptop out now!
Welcome to Calumet!
CALUMET COLLEGE

York Orientation Day

Jennine Rawana, Head of Calumet College
Associate Professor, Psychology
As a student, you might asked…

What is a COLLEGE?

How can my College help me to SUCCEED at York?
What is a College?

“Calumet College is your home in a big university”

✓ A place to meet others, volunteer, study, access resources and programs
✓ A place to help you be successful at York
Faculty of Health Colleges

CALUMET COLLEGE
- Global Health
- Health Studies
- Psychology

STONG COLLEGE
- School of Nursing
- School of Kinesiology and Health Science
How Can Calumet and Stong Colleges Help Me Succeed at York?

**CCSC Main Office**
- Student Success Programs
- Community/personal development events

**CCSC Councils**
- Student Voice
- O-Week
- Social events
- Athletics
- Swag

**CCSC Clubs**
- College Affiliated Clubs (GHSA, KAHSSO, NSAY, SAHMPI, UPSA, etc.)

**Student Space**
- Study (SC 111)
- Social (eg CC 100)
- Wellness Lounge
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

- Orientation and Transition
- Academic Support Programs
- Colleges’ Strategic Plan, Vision, Mission, Values
- Leadership Exploration and Development
- Community Building and Development
Calumet & Stong Colleges
Student Success Programs

- Orientation
  - Welcome Events
  - Peer Mentoring

- Health & Wellness

- L.E.A.D. Workshops

- Work and Volunteer Opportunities

- Career Exploration

- Awards & Recognition

- Agents of Change

- Course Reps (we’re recruiting!)

- Peer Assisted Study Sessions (P.A.S.S.)

- Peer Tutoring

- Indigenous Circle

- Alumni & Fellows

- Community Partners

Orientation and Transition

Academic Support Programs

Colleges’ Strategic Plan, Vision, Mission, Values

Leadership Exploration and Development

Community Building and Development
York Libraries

Learning Commons @ Scott Library

Research Desk (2nd floor)
- Learn to find, evaluate and use scholarly books, journal articles and e-resources

Writing Desk
- Learn to write analytically & structure written work

Learning Skills Desk
- Improving reading and note-taking skills, building critical thinking skills

http://www.library.yorku.ca/cms/learning-commons/assist/
Personal Counseling Services

Student Counselling and Development (SCD)
• Room N 110, Bennett Centre Counselors available to respond to students
• Individual and group counseling
• Good2talk.org 1 866 925 5454

Workshops:
• Stress management
• Mental health tune-up
• Reducing anxiety

http://pcs.info.yorku.ca/
Student Accessibility Services

Disability Services

- You can register with them to obtain educational support
  - Alternative exams
  - Library accessibility services
  - Bursaries

- Have a Disability Services App
- Have a designated gym in Tait

http://ds.info.yorku.ca
Faculty of Health/OSA

Need academic advising?

Office of Student & Academic Services (OSAS)

• 235 Calumet College

• Academic Advising for all Faculty of Health students

• Appointment-based advising

• Academic Petitions, selecting courses, degree requirements
Jennine’s Tips for Success!

- Practice Self Care
- Connect
- Get Involved
- Find Your Talents
- Get Outside your Comfort Zone
- Develop Citizenship
- Access Resources
- MyMail & Add Signature

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Questions & Contact

• Email: scchelp@yorku.ca
• In person: Calumet College, Rm 301; Stong College, Rm 314
• Phone: 416-736-5132
• Social Media: Facebook, Twitter, Instagram; Calumet and Stong Student Council and Colleges
Thank you to our Peer Leaders and Volunteers!

calumet.yorku.ca
Closing Remarks

calumet.yorku.ca
https://tinyurl.com/2018newstudents

Your Feedback Please!
Dinner on the Ross Podium!
Welcome Ceremony