Find a partner and discuss the following:

Why did you choose your program?
What drew you specifically to York University?

What did you do this winter break? Share any fun or interesting highlights!
Find a partner and discuss the following:

What are your academic and personal goals for this year?

What is your earliest memory?
Find a partner and discuss the following:

What is your biggest worry about entering university? How do you plan on overcoming this fear?

Who is somebody you admire and why?
Find a partner and discuss the following:

What are some study tips that have worked for you in the past?

Tell your partner about an embarrassing experience!
Find a partner and discuss the following:

What is one of your biggest accomplishments?

If you could pick up one new skill in an instant, what would you choose?
In a group of 4, discuss the following:

What are you most excited about entering university?

What is one thing that you want to do this year, that you’ve never done before?
In a group of 4, discuss the following:

What university classes are you looking forward to do this year, that you’ve never done before???

Do you have any phobias?
In a group of 4, discuss the following:

What courses or subjects are you anxious about?

If you could live in any country, where would you live?
In a group of 4, discuss the following:

What student club or teams are you thinking of joining this year?

If you had one extra hour of free time a day, how would you use it?
In a group of 4, discuss the following:

What’s your dream job?

What is something unexpected that has changed about you in the last few years?
In a group of 8, discuss the following:

When you were a **kid**, what did you want to be when you grew up? Did that change?

Favourite movie or TV show? Why?

(no spoilers!)
In a group of 8, discuss the following:

Are you living on or off campus? Have you explored York?

Favourite place you have travelled, and why?
In a group of 8, discuss the following:

What do you personally do to help yourself get over stressful periods?

Where have you worked in the past? What did you enjoy the most?
In a group of 8, discuss the following:

What is something you are confused about as you start your school year?

Share any misadventures you have experienced at school or with friends.
In a group of 8, discuss the following:

What do you want to accomplish, when you finish here at York?

What are you looking forward to most about today?
WINTER ORIENTATION 2019

WELCOME
“York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosuanee Confederacy, the Wendat, and the Metis. It is now home to many Indigenous Peoples. We acknowledge the current treaty holders and the Mississaugas of the New Credit First Nation. This territory is subject of the Dish With One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes Region”
## 2019 Winter Orientation Schedule
### Faculty of Health

<table>
<thead>
<tr>
<th>Time</th>
<th>Overview</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30am - 10:00am</td>
<td>Registration and Welcome Activities</td>
</tr>
</tbody>
</table>
| 10:00am - 10:30am    | Welcome and Introductions  
  - Introduction to the Colleges and College Councils by the Heads of Colleges and Council Presidents |
| 10:30am - 10:40am    | Travel time to program specific breakout rooms                                                     |
| 10:40am - 11:30am    | Program Breakout Groups  
  - Meet with staff, faculty, and students from program of study, hear tips for success, and have an opportunity to ask questions |
| 11:30am - 11:45am    | Travel time to Campus Fair                                                                        |
| 11:45am - 2:30pm     | Campus Fair  
  - Campus Tours/ Find your class rooms                                                           |
Menti Meter
Pull out your phones, visit www.menti.com
Connecting With Your College

Mazen Hamadeh
Head of Stong College
stong.yorku.ca/

Jennine Rawana
Head of Calumet College
calumet.yorku.ca/
Calumet & Stong College Student Success Programs Video
What is a College?

“Your College is your home in a big university”

- A place to meet others, volunteer, study, access resources and programs
- A place to help you be successful at York
Faculty of Health Colleges

CALUMET COLLEGE
- Global Health
- Psychology
- Health Studies

STONG COLLEGE
- School of Nursing
- School of Kinesiology and Health Science
How Can Calumet and Stong Colleges Help Me Succeed at York?

- **CCSC Main Office**
  - Student Success Programs
  - Community/personal development events

- **CCSC Councils**
  - Student Voice
  - O-Week
  - Social events
  - Athletics
  - Swag

- **CCSC Clubs**
  - College Affiliated Clubs (GHSA, KAHSSO, NSAY, SAHMP1, UPSA, etc.)

- **Student Space**
  - Study (SC 111)
  - Social (eg CC 100)
  - Wellness Lounge
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

Orientation and Transition

Academic Support Programs

Colleges’ Strategic Plan, Vision, Mission, Values

Leadership Exploration and Development

Community Building and Development
Calumet & Stong Colleges Student Success Programs

- Orientation
  - Welcome Events
  - Peer Mentoring

- Health & Wellness
- L.E.A.D. Workshops
- Work and Volunteer Opportunities
- Career Exploration
- Awards & Recognition
- Agents of Change

- Course Reps (we’re recruiting!)
- Peer Assisted Study Sessions (P.A.S.S.)
- Peer Tutoring

- Colleges’ Strategic Plan, Vision, Mission, Values
- Leadership Exploration and Development
- Community Building and Development

- Orientation and Transition
- Academic Support Programs
Jennine’s Tips for Success!

- Practice Self Care
- Get Involved
- Connect
- Find Your Talents
- Access Resources
- Get Outside your Comfort Zone
- MyMail & Add Signature
- Develop Citizenship
Mazen’s Tips for Success

- Get Involved
- Study Groups
- Practice Self Care
- Be Optimistic & Realistic
- Connect
- Access Resources
- Develop Citizenship
Connecting With Your College
Calumet College Induction Ceremony

“I pledge to strive to achieve the 5 goals we emphasize at Calumet College:

• I pledge to be engaged in my own learning experience to foster my academic and personal success,

• I pledge to explore and use the resources at Calumet College and on campus,

• I pledge to be engaged in the Calumet College community,

• I pledge to be kind to myself and my fellow Cougars,

• I pledge to actively contribute to strengthening our communities by engaging in mentoring relationships”
Stong College Induction Ceremony

“I pledge to strive to achieve the 5 goals we emphasize at Stong College:

• I pledge to be engaged in my own learning experience to foster my academic and personal success,

• I pledge to explore and use the resources at Stong College and on campus,

• I pledge to be engaged in the Stong College community,

• I pledge to be kind to myself and my fellow Spartans,

• I pledge to actively contribute to strengthening our communities by engaging in mentoring relationships”
Congratulations!
Welcome to the Calumet & Stong Colleges!
Agenda

- What is Calumet College Council? & What do we do?
- Meet your Calumet College Council 2018-2019
- Student Space in Calumet?
- Social Events
- Intramurals
- Contact Us
Hello! My name is Rocky and you might be wondering what is Calumet College Council and what do they do?
Calumet College Council

AJ Ramanathan
President
Executives

Collin Zinn
Executive Vice President

Frances Gontoulas
Vice President of Finance

Amanda Sampson
Vice President of Programming
Executives

Vikram Singh
Co - Vice President of Athletics

Daniella Johnson
Vice President of Communications

Daanish Mohammed
Co - Vice President of Athletics
Representatives

Ariana Louise Ang
Commuter Representative

Vivienne Okon
Senior & Alumni Representative

Safwath Farooqi
Academic Representative
Committees
Programming

Seena Mozaffari
Antonella Ross
Committees
Communications

Gabriel Boyer
Calumet College Council

Vivian Vuong
Secretary

Alex Tran
Speaker
Calumet College Council

Alejandra Tobar
YFS Director

Najma Osman
Webmaster

Bridget Asamoah
Chief Returning Office
Orientation Chairs

Renae Facey
Co - Orientation Chair

Daniella Johnson
Co - Orientation Chair
Intramurals
Contact Us

Feel free to email me at:

president.calumetcc@gmail.com

Follow us on Instagram: @calumetcollege

Join our frosh Facebook page:

www.facebook.com/groups/calumetfrosh2018/

Check out our website:

www.calumetcollegecouncil.com/
That's all Folks!
How much do you know about the Colleges?
Let’s play KAHOOT!
Closing Remarks

calumet.yorku.ca
stong.yorku.ca
## Program Specific Breakout Groups

<table>
<thead>
<tr>
<th>Program</th>
<th>Room Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global Health</td>
<td>Stong College 201</td>
</tr>
<tr>
<td>Health Policy and Management</td>
<td>Stong College 203</td>
</tr>
<tr>
<td>Psychology</td>
<td>Stong College Dining Hall</td>
</tr>
<tr>
<td>Nursing - Internationally Educated Nurses (IEN)</td>
<td>Stong College Master’s Dining Room</td>
</tr>
</tbody>
</table>