STUDENT LIFE

Where can I keep up-to-date on what’s happening at Founders?

- Founders College website: https://www.yorku.ca/colleges/founders/
- Instagram: @FoundersCollege
- Twitter: @FoundersYorkU
- Facebook: facebook.com/FoundersCollegeAtYorkU

Where can I find Founders College Student Council?

- 121B Founders College (first floor)

Where can I hang out between classes?

- The Lounge - 004 Founders College (basement/courtyard level)

Where can I find the College Head and Administrative Staff?

- 216 Founders College (second floor)
- 416 736 5148 | founders@yorku.ca

Where is my professor’s office?

Find your professor’s office and contact information by using York Atlas:
https://atlas.cafe.uit.yorku.ca/atlas/servlet/atlas

Where can I find and purchase textbooks?

- York University Bookstore
  https://www.bookstore.yorku.ca/
  416-736-5701 | askyub@yorku.ca

Where can I find a quiet place to study?

- Arthur Haberman Room (023 Founders College)
- Junior Common Room (024E Founders College)

I’m hungry, where can I eat?

- York Lanes:
  https://www.yorklanesmall.com/
- First Student Centre:
  http://yusc.ca/food-court/
- York Dining Directory:
  https://www.yorku.ca/foodservices/dining-directory/

Where can I workout on campus?

From sports to gyms to fitness classes - did we also mention the pool? - the Tait McKenzie Centre is the place to visit:
https://yorkulions.ca/index.aspx
416-736-5185 | taitmck@yorku.ca
SUPPORT SERVICES

I could really use a student mentor to help me navigate life at York.
If you already have a Founders PAL (Peer Academic Leader) make an online appointment with them using the Founders 101 eClass page (https://eclass.yorku.ca/) or visit them in person at Central P.A.R.C. (102 Founders College).
If you don’t have a PAL but would like to be partnered with one, please visit: https://www.yorku.ca/colleges/founders/support/peer-academic-leaders/
Email: fcmentor@yorku.ca

Where can I find counselling and other support for my mental and physical well-being?

Student Counselling, Health & Well-being is here to help.
https://counselling.students.yorku.ca/
416-736-5297

Good2Talk is a free, confidential helpline for Ontario post-secondary students, providing professional counselling and information, and referrals for mental health, addictions and well-being. It operates 24 hours every day of the year.
Phone: 1-866-925-5454
Text: GOOD2TALKON to 686868

Keep.meSAFE provides international students and students residing outside of Ontario with access to free, real-time and appointment-based support from anywhere in the world in any language.
www.keepmesafe.org
Call toll-free:
1-844-451-9700 (Canada & USA)
1-416-380-6578 (international)

Where can I go if I need academic accommodation and support due to a disability?

Student Accessibility Services provides students with academic accommodation and support:
https://accessibility.students.yorku.ca/
416-736-5755 | sasinfo@yorku.ca

Where can I find help with courses if English isn’t my first language?

Visit the ESL Open Learning Centre
https://www.yorku.ca/laps/eslolc/
416-736-5134 | eslolc@yorku.ca

Where can I find information and resources for mature / part-time students?

Atkinson Centre for Mature & Part-Time Students
https://acmaps.info.yorku.ca/
416-736-5770 | acmaps@yorku.ca
SAFETY

I have a late class and don’t relish the thought of walking alone to residence, or car, or waiting for the bus.

Call goSAFE at 416-736-5454
https://www.yorku.ca/safety/gosafe/

What should I do in an emergency?
Call 911

How can I contact York Security?
URGENT - 416-736-5333 or ext. 33333
GENERAL - 416-650-8000 or ext. 58000
safety@yorku.ca
https://www.yorku.ca/safety/
Safety App: http://safety.yorku.ca/mobileapp/

TRANSPORTATION

How do I get to and from campus without a car?
Public Transportation options, Shuttle Services and more:
https://www.yorku.ca/transportation/

How do I get a parking permit?
http://parking.info.yorku.ca/

ACADEMIC INFO

When do classes start? And what are the important dates I should know?
http://www.registrar.yorku.ca/enrol/dates/

Where can I look up course information?
https://w2prod.sis.yorku.ca/Apps/WebObjects/cdm

Is there a hub to view my grades, course calendar and student finances?
Find all that and more at my.yorku.ca

Where can I go for academic advising?
Faculty of Liberal Arts & Professional Studies (LA&PS) Academic Advising
New Students: 416-736-5011
Current Students: 416-736-5222
lapsadv@yorku.ca & laps@yorku.ca
yorku.ca/laps/support/academic-advising

Office of Student and Academic Services
Faculty of Environmental & Urban Change
416-736-5252 | euadvise@yorku.ca
euc.yorku.ca/students/resources-and-services

Where is the library, what are their hours and how can they help me?
Find answers to those questions and more at:
https://www.library.yorku.ca/web/