



New Beat

FROSH EDITION

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New College

DECADE OF THE EAGLE

GET YOUR TICKET TO NEW COLLEGE'S ORIENTATION WEEK! TICKETS ON SALE NOW AT YUSTART.YORKU.CA. WITH THIS TICKET, ENJOY 9 DAYS OF ACTIVITIES, EVENTS, AND THE OPPORTUNITY TO CONNECT WITH OTHER STUDENTS.

ORIENTATION WEEK IS FROM
AUGUST 31, 2019 - SEPTEMBER 8, 2019.

MEET YOUR SOCIAL ORIENTATION CHAIR



Hello Eagles!

My name is Nathasha Pattiyage and I am your Social Orientation Chair for 2019-20! Firstly, I am so grateful to be hired into this position to contribute to the amazing community that is New College and secondly, I am so excited for everyone to be a part of this great series of events I've put my heart and soul into planning for our incoming Eagles. One of my motto's in life is to "work hard, play hard" and keeping this in mind I've planned a frosh week where our froshies can maximize their academic success while building a genuine sense of community within New College and with the broader York community. All the events in frosh week will give our froshies the opportunity to build connections that can potentially last a lifetime, and the knowledge to navigate University more effectively and efficiently.

As we embark on a decade of New College Council, I am so happy to share that we will be bringing back New College traditional events such as New College Fest (a carnival), our annual trip to Wasaga beach and ending the week off with a major celebration in our formal. I've had such a blast planning this week and I hope you will have more fun enjoying it! Cheers to another decade of this College and I am so excited to meet each and everyone of you!



WHAT FROSH MEANS TO ME

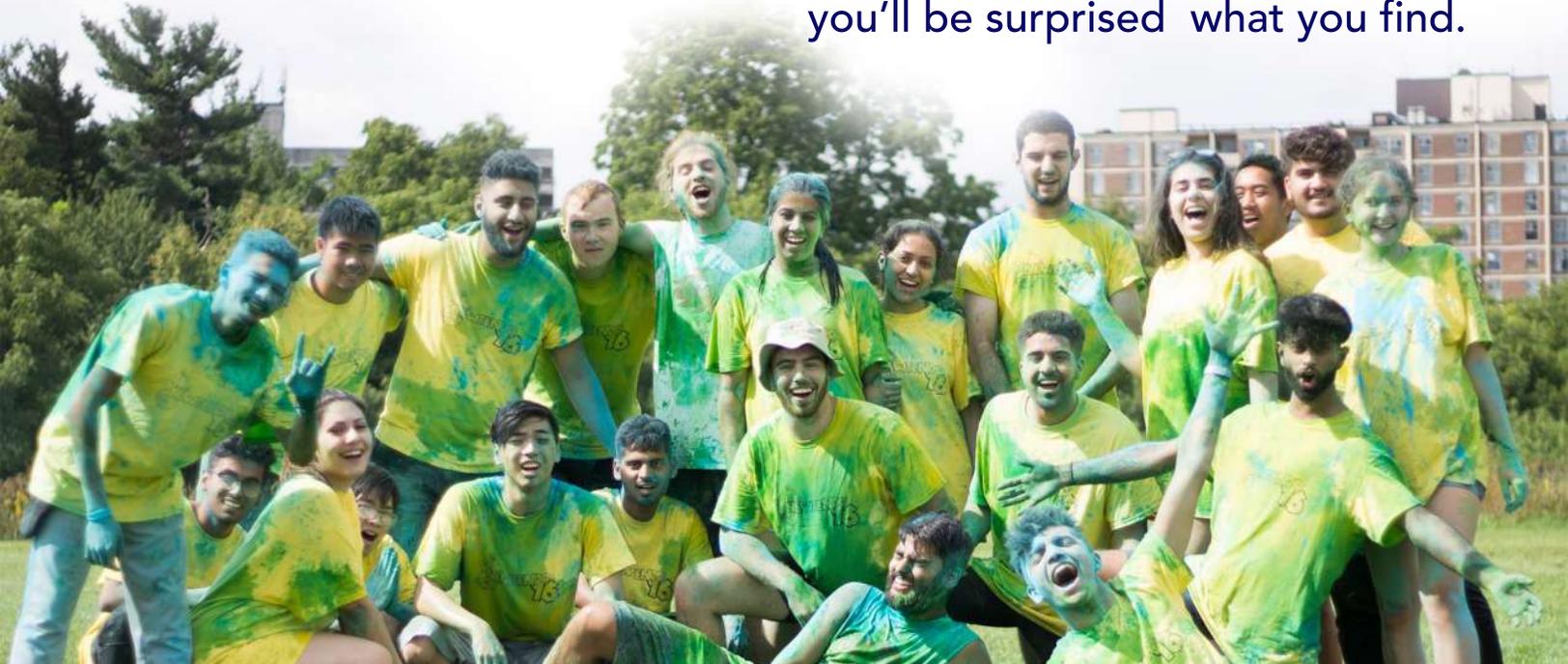
By Vanessa Crisolago

After following Google Maps around campus for 40 minutes, there I was standing beside the shallow pond in the middle of campus thinking, "This is the pond, why isn't anyone here?". Little did I know that The Pond is actually road, and I was standing in goose poop. These were my thoughts on my first day of social orientation week, as I wandered around hopelessly looking for someone to voluntarily direct me toward a group of drunk "ravers". I couldn't have been more wrong about what I'd find though.

Coming back a second day, finally asking for help, and hearing the question "Do YOU know where New College is?" on repeat, I found a group of people that weren't so scary after all. They were excited to be there and although I wouldn't admit yet, so was I. Social orientation is more than just parties, it represents an opportunity to start fresh.

It gave me the opportunity and access to meet people and establish friendships I still have to this day; it gave me a place where I belong and am welcome for exactly who I am. When I first came to New College I couldn't understand why people hung around for so long when they could've graduated, or why they invested so much time working for free, but three years later here I am planning the events for this year's incoming students. There is something about York's atmosphere that is so inviting and infectious, once you become involved it's hard to pull away.

As students, we come to York for different reasons: to get an education, personal goals, the promise of a high-paying job, to better our lives or maybe just to appease our parents but, one thing that connects us is that we're here. So, I encourage all my fellow students to get involved at York, you'll be surprised what you find.



GETTING INVOLVED AT YORK EASY AS ONE, TWO, THREE!

by Sidra Saeed

Getting involved at York can be one of the most worthwhile experiences of being a York student. It not only helps with developing your social skills, but it also helps you build your professional credentials. Extra-curricular activities can most definitely enhance your scholarship application, and they can even be used on your resume. After graduating, you might not have the time to do the things you wanted to do. So, you must take advantage of the resources and opportunities available to you now. Here are a few ways to get involved at York:

1. VOLUNTEERING

Volunteering at events like Fall Campus Day, being a Peer Mentor, or better yet, writing for New Beat! Volunteering shows potential employers that you are compassionate and can handle responsibilities outside of your academics. It's also great to volunteer if you have little or no work experience because it helps build your resume.

2. JOIN A CLUB OR AN ORGANISATION

Joining a club or organization is made easy at York. All you have to do is log into YU Connect and start searching for your desired club or organization. Joining a club gives you a sense of belonging, but more importantly, it helps you network and make friends.

This is essential for first year students and it will make your transition into York much easier.

3. INTRAMURALS

Intramurals are for those who love sports, but do not necessarily want to be competitive. There are a bunch of sports to choose from. Participating in intramurals is not only fun, but it helps you make friends too. You can build your confidence and stay fit at the same time! There are two ways to participate in intramurals. First, you may represent your college. You must contact your college's athletics representative to be placed on a team. An alternative way to participate in intramurals is through drop-ins. For more information on intramurals visit www.yorkulions.ca.

4. ATTEND A WORKSHOP

Attending a workshop is key to success at York. There are a ton of workshops out there to choose from, and best of all, it's free! Take advantage of these workshops because they will surely benefit you in the future. Learning Skills Services (LSS) offers a program called Passport to Success which rewards you with a certificate when you complete 8 LSS workshops. This certificate greatly enhances both your co-curricular record and resume. Aside from LSS, the Career Centre, Writing Centre, and the Scott Library also offer beneficial workshops.