

New Beat

MARCH ISSUE 2018

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Intramural Sports Changed my University Experience

WRITER: MATTHEW BORGES (1ST YEAR, BCOM ACCOUNTING, ATHLETIC REP NCC)



I did not know what to expect coming into my first year at York University. Being a student athlete in high school with my high level of play in baseball, I knew I needed to continue my love for sports in University. Within my first week, the York University Lions Baseball club was suspended by the school for the year, I was devastated! During Frosh week in September, I

found out about the intramural program that York University offers their students. I started signing up for a handful of teams and really enjoyed myself; not just from a love for the sports I was playing, but also to network with other involved students who share my passion.

I was motivated to apply as the Athletic Representative for New College Council and I got the position! I deal with a handful of responsibilities within New College's athletic program. Such responsibilities include: recruiting athletes to play on teams, being a captain of several intramural teams, being a member of New College Council and bringing my leadership and work ethic to this year's athletic program. Oh, and washing the New College jerseys because someone has to do the dirty work. Being a member of Council has made me become more aware of

events within the college and the hard efforts and time spent that is put in to ensure that all constituents have a great time.

I also have received a few acknowledgements and awards as of recently that I have achieved from the New College athletic program including New College January male athlete of the month, SIRC January male participant of the month and a nomination for SIRC male rookie of the year.

To sum up my experience as an athletic rep, I would say it is a position in which whatever efforts you put into the job, you get back tenfold. It is a lot of work, but the experiences that I've had have taught me to be a good influence and motivator to people not only on the field, but in the classroom as well.

3 Simple Rules to...

GET THE MOST OUT OF YOUR UNDERGRAD

WRITER: VANESSA MAERERE (1ST YEAR, BCOM MARKETING, SOCIAL REP NCC)

When I was initially approached to write an article for this newsletter, I was stuck. How could I, a first-year who barely knew anything about York advise other students? My everyday routine for the few months at York involved going to class and then heading back to my residence. I would complain about not making any new friends, even though I knew the exact reasons as to why that was not happening. It was because I became the one thing I fear the most, boring.

In high school, both staff and my fellow peers knew me best for being the vibrant and energetic girl who participated in every extracurricular activity the school had to offer. Which is why I had to put an end to the perpetual cycle I was going through during my first months in university, and decided to join intramural teams, and then eventually the New College council. I encountered a wide range of personalities through those experiences, met a bunch of new people, but most importantly, grew as an individual.

As my first year is coming to an end, let me take this time to share with you three simple suggestions on how you can make the most out of your stay at York.

Firstly, don't let your respective abilities hinder you from joining an intramural team. A sport you thought you couldn't play, could quickly become your favourite.

Second, as cliché as this might sound, be the best version of yourself. Let your personality shine and let nobody but those ready to bask in your warmth surround you. They almost always end up being your lifelong friends.

Third, make some time to socialize with others. Start small and go for one of the events held in New College or even come and meet new people in the lounge.

Let's make 2018, and the next four years to come, the best years this college has ever experienced. Yes, we can, and yes, we will. Soar to new height eagles!



Happy Birthday, Twitter

WRITER: SARA YASSAWI (5TH YEAR, BCOM MANAGEMENT, NEW BEAT EDITOR, NCC)

That's right folks, Twitter turns 11 this month. Celebrating the birth of this game changing social platform would not be complete without the tweet that started it all from Founder Jack Dorsey. Twitter has over 330 million monthly active users, and 1.3 billion accounts! Among them are New College's very own Eagles. Can you match the Eagle to the tweet(s)?

Ah, the OG 5 followers who've seen it all

 [Redacted] · 6 Jun 2013
Good night world, By world i mean my 5 followers ;) lol 🤪 zzz

When it's been a year and you still don't know what to tweet

 [Redacted] · 11 Feb 2014
i need to step up my tweet game somehow

When you realize Snapchat updates always sucked

 [Redacted] Sep 2015
this snapchat update is not ok lmaoo

When you chose to go to York University unsure of what was in store for you

 [Redacted] · 1 Jun 2013
the time has come...accepted my offer to York #yorklions

That moment when you loved York and everything that came with it

 [Redacted] Sep 2015
what a great frosh week 🍷 love my new college baes 🍷

When tuition increases, and you question why you did this to yourself

 [Redacted] · 4 Oct 2016
School is just bullying my bank account rn

When it's midterm season and you slowly start to give up on school

 [Redacted] · 1 Oct 2017
when a 15% assignment is due Monday and your professor tells you not to wait for Sunday to start it so you wait for Sunday to start it

When you realize there are bigger problems in life

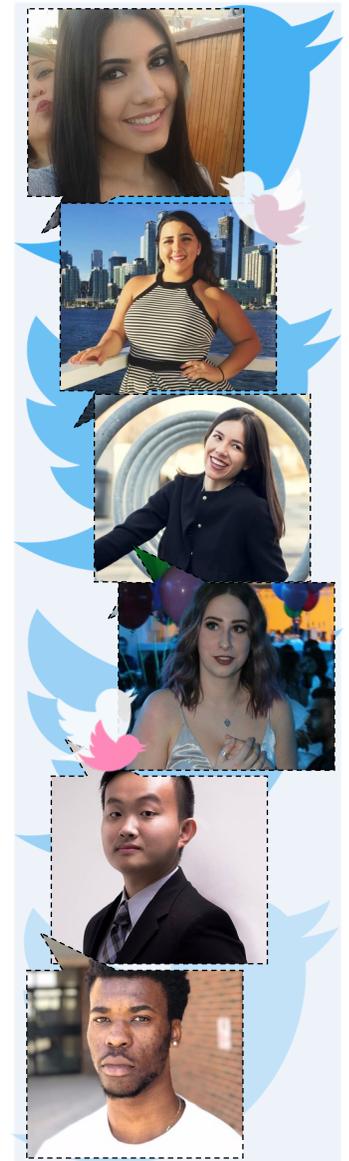
 [Redacted] · 13 Dec 2016
THE REAL ISSUE IS FEMALE POCKETS. WHERE THEY AT? i have to carry my phone, wallet and keys because they don't fit inside my pockets.



just setting up my twttr

3:50 PM - Mar 21, 2006

👍 80.5K 💬 109K people are talking about this



Legal Considerations for Startups

Learn how to protect your business idea and entrepreneurial practice with EDA's workshop on 'Legal Considerations for Startups'.

The Entrepreneurship Development Association (EDA) will be hosting a workshop on legal aspects of starting and running a business, including resources to assist with licenses and registration of early-startups, filing patents, managing risk and the importance of having an intellectual property strategy, among other aspects.

When: March 21, 2018 from 5:30 pm - 8:00 pm

Where: 125 Bergeron Centre for Engineering Excellence

This event will feature presentations from:

1) Andre Garber, Startup Lawyer and Director of Dentons Startup Program who will educate students on a spectrum of legal affairs, from business structures to filing patents and estimating costs for legal services, with the objective of helping students launch startups into the marketplace

2) A representative from IP Osgoode Innovation Clinic who will explain about how the clinic can assist students to commercialize their business ideas, their experience of offering legal advice to business practitioners from various industries and the importance of having an intellectual property strategy

With this workshop, students looking to start or expand their business will be empowered with legal knowledge and industry connections to appropriately identify business opportunities for growth and innovation.



“Jaskarn, how did you get so Involved?”

THE CLICHÉ TRUTH

WRITER: JASKARN DUHRA (1ST YEAR, BCOM MANAGEMENT, FIRST YEAR REP NCC)

Earlier this year I started my student career at York University and I didn't have a single friend in the York community. Now, I have more than I can keep track of and I managed to go to New College Formal with who could quite possibly be the most well-known person at York. Yup, you guessed it. That's me.

People always ask me, “Jaskarn, how did you get so involved?” As cliché as it sounds, I do not do it for the title or recognition; I do it for the love I have for New College. Without New College and the people in it, I would have never gotten these opportunities. The love and passion I have for New College is just my way of giving back. I want to delve into my journey this past year and share it with you all. I hope this may inspire some to take that leap of faith, challenge yourself, and get involved in the York community.

FROSH: Going in, I had the same nerves as every other froshie. The first day was the absolute worst, other than those I knew from high school, I was alone. By the time it was the end of the first day, all of my high school friends had skipped out on frosh due to disinterest. This is when I started feeling thoughts of leaving frosh, I felt like I didn't belong.

It wasn't until I met our amazing frosh leaders, captains and O-Chairs that I feel cared for. Every single one of them helped me build my confidence throughout the week and I found myself participating as a result. Know that if it wasn't for them I would have left frosh and the New College community as a whole. ***So, thank you for the impact you all left on me because it was them who helped me have one of the most amazing weeks in my life.*** This opened doors for new opportunities.

FIRST YEAR REPRESENTATIVE: During frosh, many frosh leaders or captains suggested that I run for first year representative. I was disinterested to be honest, mostly because I was never involved much throughout my schooling. I only gave it a shot because YOU believed in me. I was elected as first year representative by YOU. I cannot thank New College enough for the opportunity I was given to be able to represent all of the first years and I did not take this for granted. Being a first year representative, it opened doors to another surprising election.

YORK FEDERATION OF STUDENTS: Spoiler alert; I didn't see this one coming either. I was approached by McLaughlin College's President, Sajeth Paskaran, in hopes of being elected as your New College Director. We went into this knowing we had a very small chance of being elected, but we did it to show York University students where their tuition is going and what the current flaws are in YFS. The whole process was in fact more than five weeks. I, alongside our slate “MOMENTUM”, contributed a lot of our time into the election. I was very disappointed in not being elected but I wasn't going to let this put me down. This was an experience I was grateful for. I met such unbelievable people along the road and not many can say they were a part of the YFS elections, let alone in their first year. All in all, this YFS election experience was worth it.

Now looking back, I see myself as the person I have become. Today I am a proud Lion and an even prouder Eagle. At the end of the day, I was just a kid from Mississauga and now I'm a part of another amazing family.



Year End Reflection

WRITER: VIKUL MALHOTRA (4TH YEAR, BCOM ACCOUNTING, VP OPERATIONS APAA)

It has been a busy and a thrilling year for the APAA Council and its members! In addition to hosting the annual AIM Conference and a series of Professional Development Workshops throughout the year, APAA worked together with other New College clubs to organize the Business and Leadership Networking Event on January 24th. York University students who attended learned about various topics such as choosing a career path, building relationships through networking, and job-hunting strategies!

Just last month, APAA assisted the York CPA Campus team at their Meyers Norris Penny (MNP) Open Forum Night. MNP is a leading national accounting, tax and business consulting firm in Canada, with clients in the public, private and not-for-profit sectors. APAA members along with other business majors were invited to learn about the life working in an accounting firm. One of the panelists included MNP's Senior Partner, Keith Kwan, in Private Enterprise, who shared valuable tips to upcoming grads who want to pursue their CPA and work in the field.

This year, APAA has really kick-started its Volunteer Leadership Committee designed to motivate students to become well-rounded as well as leaders in our community by being active change agents. Earlier on in the year, the committee had gathered together with jackets and shovels to assist York U's Sustainability club with their fall tree planting event. During the busy holiday season, APAA's Volunteer Leadership Committee offered help at the Santa Comes to Bay Street event, where volunteers assisted with the packing and wrapping of gifts and supplies for families in need!



EDITOR: Sara Yassawi

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March EVENTS

- March 1st **NCC Games Day**
HRSA HRP A Info Session
- March 2nd **NCC Year End Formal**
- March 6th **NC Cloud Computing Workshop**
- March 7th **HRSA Resume Workshop**
- March 9th **Rage Volleyball**
- March 13th **Squash Grand Championships**
- March 14th **M&W Volleyball Finals**
- March 15th **NC Negotiating Your First Salary**
M&W Basketball Finals
Jorkyball Finals
- March 16th **Basketball Tournament**
- March 15th **Cricket League Finals**
- March 19th **Innertube Waterpolo Finals**
Badminton Championships
- March 20th **NC Importance of Tax Returns**
NOW x NMSA SOAR
Coed Futsal Finals
- March 21st **EDA Legal Considerations**
HRSA End of Year Celebration
- March 22nd **NC Intro to Entrepreneurship & Summer Company Initiatives**
- TBA **HRSA HRIS Workshop & Certification**

CONTACT: ncnews@yorku.ca