

#### BUILD YOUR OWN BOWL (500 – 870 Cals)

#### VEGETARIAN \$10.99 PROTEIN \$11.99

- 1.CHOOSE YOUR BASE
- 2. CHOOSE YOUR VEGETABLES
- 3. CHOOSE YOUR PROTEIN
- 4. SAUCE IT UP!

MAKEITACOMBO

5. TOPPINGS



FXTRA

WITH THE TITE OF THE OF			
1. Pop	2. Vitamin Water	Protein	\$2.99
Add \$2.99	Add \$3.49	Vegetables	\$1.99

## GRILL® HOUSE

grill station



2 Eggs, 2 Bacons, Hashbrowns, Toast

\$8.99

660cal

Avocado Toast with Egg on Multigrain

\$7.99





280cal

58.99

460cal

Black Bean Burger

\$8.49





320cal

Bagel

**Butter or Cream Cheese** 

340cal

370cal

\$3.39

\$3.79

Egg & Cheese Breakfast Sandwich

\$5.99

290cal

Grilled Cheese Sandwich

\$5.49

440cal

6 Grilled Chicken Burger

\$9.99



375cal

#### MAKE IT A COMBO

Chips & Bottled Pop

ADD ON

Egg Bacon \$4.49

\$0.99 90cal \$1.99 70cal

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (age 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



# SWEET SPECIALS





With Syrup
With Fruit

### **Pancakes**

\$6.49

\$8.49

### Waffles

With Syrup
With Fruit



\$6.49

\$8.49







# Pizza Bar

MADE WITHOUT GLUTEN

CHEESE • \$9.49

tomato sauce, mozzarella

PEPPERONI · 10.49

tomato sauce, mozzarella, pepperoni

HAWAIIAN • \$10.99

tomato sauce, mozzarella, ham, pineapple

**VEGGIE** • \$10.59

tomato sauce, mozzarella, veggies

# PEPPERONI AND MUSHROOM • \$10.99

tomato sauce, mozzarella, pepperoni, mushroom