FIELD GUIDE

Survive in
the wild
world of
money and
finance

SAMPLE SHOEBOX BUDGET

| Earning Categories | Actual |  | Budget |
| :---: | :---: | :---: | :---: |
| Paycheque (3/05) | 1,200.00 |  | 1,200.00 |
| Birthday money from Nanna | 20.00 |  | 0 |
| Paycheque (3/19) | 1,200.00 |  | 1,200.00 |
| Bill repaid the money I lent him | 25.00 |  | 0 |
| TOTAL | \$2,445.00 |  | \$2,400.00 |
| Expense Categories | Actual | Reduce My Spending By | Budget |
| Cable/Internet | 45.00 | Not sure | 45.00 |
| Car (other) | 0 | n/a | 0 |
| Cell phone | 46.17 | Text and calls within my limit (save \$12) | 34.17 |
| Clothing | 89.63 | No new clothes this month! (save \$89.63) | 0 |
| Coffee shop | 31.89 | One less coffee per week (save \$6.50) | 25.39 |
| Gas (car) | 48.25 | Take the bus 1 x per week (save $1 / 7$ th or \$7) | 41.25 |
| Heat/electricity | 44.57 | Try to conserve (save \$5?) | 39.57 |
| Household | 27.44 | Not sure | 27.44 |
| Junk food/restaurants | 162.00 | Eat at home Fridays (save \$32) | 130.00 |
| Rent | 450.00 | n/a | 450.00 |
| School supplies | 0 | Will need a few things next month (add \$10) | 10.00 |
| Videos | 41.80 | Get rentals from library (Save \$41.80) | 0 |
| Real food | 277.36 | Buy less junk food (Save \$40) | 237.36 |
| Flexible |  | 5\% of \$2,400 | 120.00 |
| TOTAL | \$1,264.11 |  | \$1,160.18 |

## LIVING YロUNG \&FREE

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SHOEBOX BUDGET WORKSHEET

| Earning Categories | Actual |  | Budget |
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| TOTAL |  |  |  |


| Expense Categories | Actual | Reduce My Spending By | Budget |
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| Flexible |  |  |  |
| TOTAL |  |  |  |

