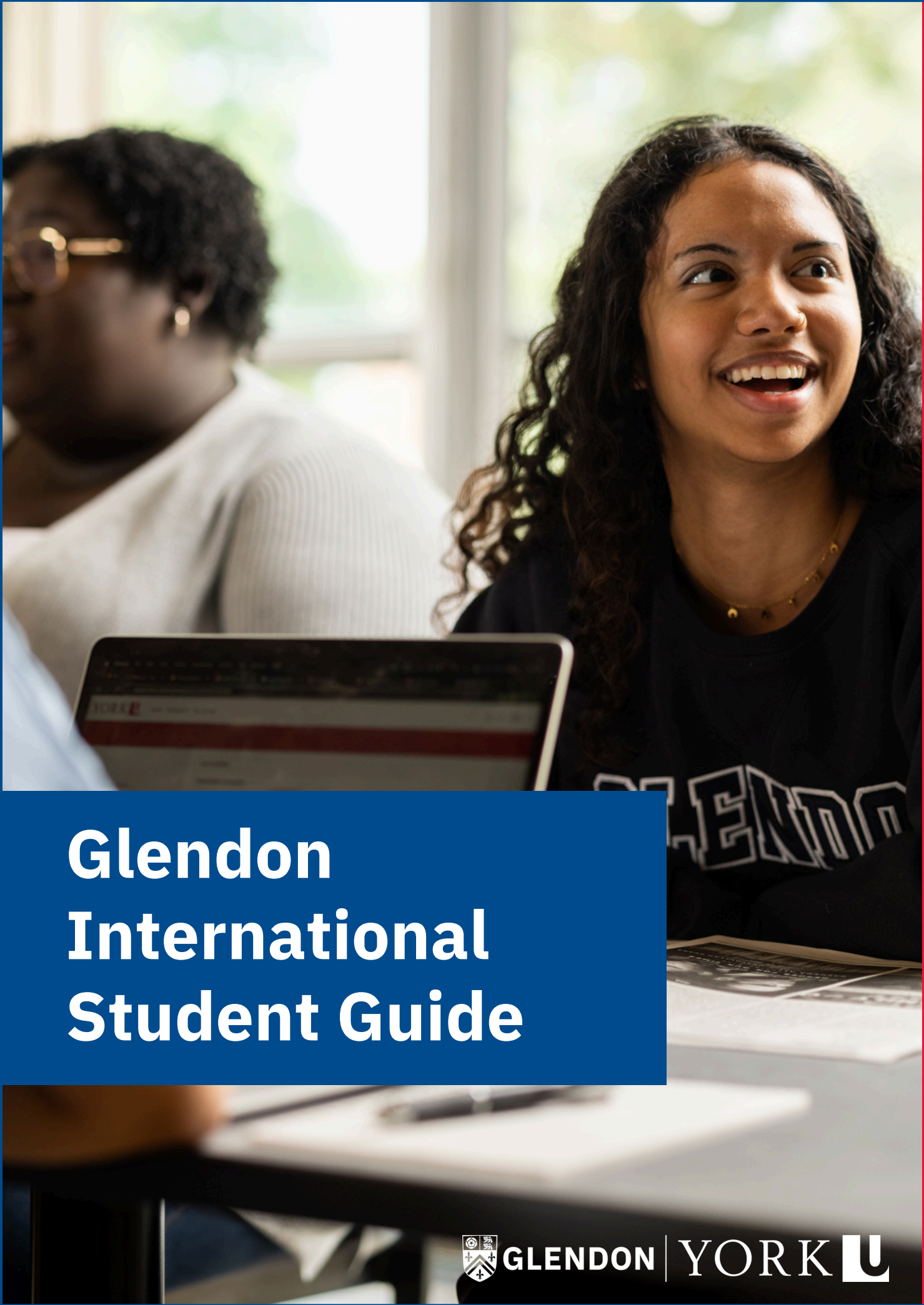




Glendon International Student Guide



GLENDON | YORK U

Welcome to Glendon!

Welcome to Glendon College at York University! Congratulations on your admission and for choosing to pursue your studies at our stunning campus.

As you embark on this exciting journey, we understand that moving to a new country and starting university can be both thrilling and overwhelming. This guide is designed to help you take the first steps in your transition to Glendon College and Toronto.

At Glendon, you will benefit from the expertise of professors specialized in bilingual education and enjoy optimal conditions for a successful learning experience. This includes lectures tailored to your level and needs, welcoming spaces, ongoing linguistic support, and a dedicated team of professionals who are committed to guiding you throughout your journey.

We encourage you to develop your English and French language skills and perhaps even learn a third language!

Wishing you every success in your studies and beyond!

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Arriving in Canada

1. Documents to carry with you at the airport

To enter Canada, you must:

- ☐ Have a valid passport
- ☐ Have a valid Temporary Resident Visa (TRV), a valid electronic travel authorization (eTA), a valid green card (or equivalent official proof of U.S. status) or another valid travel document
- ☐ Have the port of entry letter of introduction the visa office sent you when they approved your study permit unless you do not need one.
 - This letter has your permit reference number, which we use to issue your study permit.
- ☐ York University Letter of Acceptance (via MyFile)
- ☐ Proof of enrolment (if you have begun your program remotely)
- ☐ Proof of funds to support your stay in Canada, such as a current bank statement. If you paid your tuition, you can download a statement via your student account.
 - Clear and legible printouts of financial support documents submitted with your study permit application
 - If any funds have been transferred or withdrawn, provide the latest statements
 - If you have prepaid your tuition, you can download and print your student account statement online
- ☐ Have valid immigration medical exam results (if you needed one)
 - Clear and legible printouts of financial support documents submitted with your study permit application
 - If any funds have been transferred or withdrawn, provide the latest statements
 - If you have prepaid your tuition, you can download and print your student account statement online
 - This applies even if your letter of introduction is still valid.
- ☐ Address where you will be staying and important phone numbers
- ☐ Travel and health insurance to cover your trip to Canada and the period until your program starts (optional)
- ☐ Some cash in Canadian Dollars



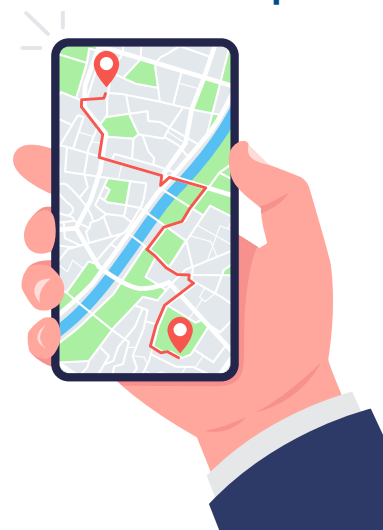
- ☐ Check [travel restrictions](#).
- ☐ Have letters of reference or any other documents the visa office told you to bring
- ☐ Prove that you'll leave Canada at the end of your stay. Here's [an example of a letter](#) that might help you prepare.

The information is current as of August 2024. Source : [IRCC Webiste](#)

2. Getting to Glendon from Pearson International Airport

By Taxi

Find a taxi when you arrive at the airport. More information available on the [airport website](#). Provide your taxi driver with Glendon's address (2275 Bayview Avenue, at the corner of Bayview and Lawrence) as well as the name of your residence (Hilliard or Wood). The fare will cost approximately \$60 CAD for a maximum of four people.



Ride Share App (Uber & Lyft)

1. Download the “[Uber](#)” or “[Lyft](#)” app from the App Store or Google Play Store.
2. Create an account
3. Indicate your location (which terminal you are) and select your Uber/Lyft (please note: this option requires a credit card to be added directly onto the app, or the use of Apple pay)

By Bus (\$3.50 CAD)

Take the 52 Lawrence West to Eglinton Station via Avenue Rd (**Terminal 3 - Arrivals Level Columns C8-C12**) and get off at Avenue Rd at Lawrence Ave West South Side. Walk for two minutes, then take the 162 or 124. Get off at the stop named 306 Lawrence Avenue East Glendon Campus York University and Toronto French School.



Settling In

1. Your YU-Card (student card)

Your YU-card is your official York University photo ID card. It also serves as your library card and ID card for exams, and grants you access to the Glendon-Keele Shuttle Service. The YU-card is free. However, lost cards be will subject to a \$20 replacement charge.

- Step 1: Apply for your YU-card - Submit a [YU-card Application](#).
- Step 2: Get your photo approved - Once submitted, wait for email approvals.
- Step 3: Get your YU-card - Add your mobile YU-card to your digital wallet.

For more information about YU cards. Please contact the YU card office at by email at yucard@yorku.ca and by phone at 416-736-5674.

2. Public Transit TTC (Toronto Transit Commission)

There is a bus stop at the main entrance to the campus, the cost of a single one-way fare is \$3.50 (2024 rates), the cost of a monthly [post-secondary student pass](#) is \$128.15 (2024 rates).

- The bus stop is serviced by these bus routes: 124 and 11. If you wish to go downtown, take the 124 bus to Lawrence Station.
- The number 11 bus will either take you north to Bayview Station and the Bayview Village Shopping Centre, or south to Davisville Station.

Students must carry their TTC Post-Secondary Photo ID when using their monthly Post-Secondary Monthly Pass and present it upon request by TTC staff. The TTC Post-Secondary Photo ID can be obtained at the TTC Photo ID Office at [Bathurst Station](#) or through on-campus school visits.

You must bring the following when getting a photo ID:

- Proof of full-time enrollment
- One piece of government issued photo ID, or school ID Digital screenshots or electronic versions of documents are accepted. Quality should be clear and sufficient to read all details. Student name, post-secondary school name, and dates of study should be visible on the document. Old documents from previous semesters will not be accepted.



The cost of the Photo ID card is \$5.25 at Bathurst Station.

A Toronto subway map can be found [here](#).

For more information on public transit, please visit <https://www.ttc.ca/>.

3. Bank account

You will want to consider your method of money transfer into Canadian funds prior to your departure. A small amount of cash is probably the best option for small, immediate expenditures upon your arrival.

Canada has five major banks, each with locations close to Glendon. You may want to check if your home bank has an affiliation with any of these banks:

- Royal Bank (RBC)
- Bank of Montreal (BMO)
- Canadian Imperial Bank of Commerce (CIBC)
- Toronto Dominion Bank (TD)
- Bank of Nova Scotia (Scotiabank)



You will likely want to open a bank account at one of these banks when you arrive in Toronto. You might want to consider obtaining an international credit card such as VISA or Master Card prior to your departure as they are widely accepted in Canada.

4. Cell Phone Plan

It is recommended that you investigate each one to best fit your cellphone needs. Most of them have a student special as well so make sure you ask about it. Here are a few cellphone providers available in Toronto.

- [Public Mobile](#)
- [Telus](#)
- [Freedom](#)
- [Fido](#)
- [Koodo](#)
- [Rogers](#)



5. Groceries & essentials

Here are some nearby supermarkets:

1. [CityMarket](#) at Lawrence Station
2. [Metro](#) (most cost effective) at Lawrence Station
3. [Loblaws](#) at York Mills
4. [No Frills](#) at Lawrence Station
5. [Food Basics](#) at Sheppard-Yonge Station
6. [Walmart](#) at Eglinton Avenue East, Scarborough

Other useful stores for essentials:

1. [Dollarama at Lawrence Station](#)
2. [Shoppers Drug Mart](#)
3. [Ikea](#)

6. Working during your studies

As an international student, you can work 24 hours a week starting September. You may qualify to work off campus without a work permit. If you qualify, your study permit will allow you to:

- work up to 24 hours per week during regular academic sessions and
- work full-time during scheduled breaks, such as the winter and summer holidays or spring break.

To qualify, you must:

- have a valid study permit,
- be a full-time student,
- be enrolled at a designated learning institution at the post-secondary level
- be studying in an academic, vocational or professional training program that leads to a degree, diploma or certificate that is at least six months in duration.

You must stop working on the day you no longer meet the above eligibility requirements (e.g., if you are no longer a full-time student during an academic session.) You can work an unlimited number of hours if you're on a break scheduled by your university, such as winter and summer holidays, or a reading week. You must be a full-time student both before and after the break to work full-time during the break. For example, you can't work before you start your very first school semester*.

7. Social Insurance Number

As an international student in Canada, you have a temporary residency status. Whether you are a Canadian citizen, a permanent or temporary resident, you need a Social Insurance Number (SIN) from [ServiceCanada](#) to work in Canada or to receive benefits and services from government programs.

You may be able to get your SIN number with York International at the beginning of the Fall term through their SIN clinic with [ServiceCanada](#).

What to bring for SIN Clinic:

To apply for a Social Insurance Number (SIN), to request a confirmation of your SIN or to amend your SIN record, you must provide a valid [primary and secondary document](#) that proves your identity and legal status in Canada. Please bring valid identity documents as follow:

- Primary document (study permit* or work permit) AND
- Passport or Photo ID issued by Canadian government (e.g. Ontario driver's license)

*study permit must indicate the permit holder “may accept employment” or “may work” in Canada.

- Proof of address issued by government, company, institution, landlord, employer- in the form of document or letter signed by issuer.

Electronic copies such as a picture from your phone will not be accepted.

*For more information please click [here](#).

8. Winter clothing

Winter temperatures can drop to -20°C , typically during January and February. Be prepared to dress warmly. Indoor temperatures are maintained at a comfortable level (approximately 20°C).

Month	Sunshine (h/d)	Average T min ($^{\circ}\text{C}$)	Average T max ($^{\circ}\text{C}$)	Record T min ($^{\circ}\text{C}$)	Record T max ($^{\circ}\text{C}$)	Precipitation (mm)	Wet days
January	2	-8	0	-32	13	68	16
February	4	-8	0	-32	14	60	12
March	4	-4	4	-27	26	65	13
April	6	2	11	-15	33	63	12
May	7	8	18	-4	33	73	13
June	9	13	24	-2	37	68	11
July	9	16	27	4	40	73	10
August	8	15	26	4	40	68	9
September	7	12	22	-2	35	73	12
October	5	5	14	-9	30	60	11
November	3	0	7	-21	20	70	13
December	2	-5	2	-30	17	65	13





Toronto offers a variety of options for international students to buy winter clothing on a budget. Here are some affordable places to shop for winter gear:

Thrift Stores

- Value Village: Offers a wide range of second-hand clothing, including winter wear. You can find good deals on coats, jackets, and other essentials.
- Salvation Army Thrift Store: Another great place for budget-friendly winter clothing.
- Goodwill: Offers second-hand clothing at reasonable prices.

Discounted Stores

- Winners: Known for its brand-name clothing at discounted prices. They often have winter coats and accessories on sale.
- Marshalls: Like Winners, with a good selection of winter wear at reduced prices.

Department Stores

- Canadian Tire: Offers budget-friendly winter clothing and gear, including outerwear.

Fashion Retailers

- H&M: Offers trendy winter clothing at affordable prices. Look for sales and discounts.
- Zara: They often have stylish winter wear on a budget, especially if you catch a sale.
- Uniqlo: Known for its good quality and reasonably-priced winter basics.

Online Shopping

- Amazon Canada: Good for finding deals on winter clothing, especially if you're comfortable with online shopping and waiting for delivery.
- Facebook Marketplace: You can find local sellers offering new or gently used winter clothing at lower prices.

If you're looking for higher-end winter clothing options in Toronto, here are some upscale retailers and brands where you can find quality winter wear: Holt Renfrew, Harry Rosen, Saks Fifth Avenue, Nordstrom, Rudsak, Mackage and Canada Goose.

Tips for Shopping on a Budget



Sales and Discounts: Always look out for sales, especially during seasonal changes.



Quality vs. Cost: Balance affordability with durability. Sometimes spending a bit more on a high-quality coat can be more cost-effective in the long run.



Layering: Invest in good base layers and accessories like thermal socks, which can keep you warm without needing a heavy coat.



Exploring Toronto

Toronto is Canada's largest city and the capital of the province of Ontario. It is one of North America's most popular destinations.

Why not take the opportunity to visit a few attractions during your stay?



- The Art Gallery of Ontario (AGO)
- Casa Loma Castle
- Eaton Centre
- The Toronto Zoo
- St. Lawrence Market
- Kensington Market
- The Royal Conservatory of Music
- Spadina House
- MacKenzie House
- Fort York National Historic Site
- The Toronto Music Garden
- The Toronto Botanical Garden.

- The CN Tower
- Dundas Square
- Nathan Phillips Square
- Ripley's Aquarium
- The Ontario Science Centre
- Le théâtre français de Toronto
- The Aga Khan Museum
- The Royal Ontario Museum (ROM)
- The Bata Shoe Museum
- The Textile Museum of Canada
- The Museum of Television

You can save money by purchasing a [CityPass](#), which gives you access to five attractions: the CN Tower, Casa Loma, the ROM, Ripley's Aquarium, and the Toronto Zoo or Ontario Science Centre.

You can buy the pass at: <https://www.citypass.com/toronto>.

Useful tips for success

1. Consult [Student Affairs Office](#) and Join Zone International to get involved in student life and make new friends

There are many ways to participate in student life. Here are a few tips to get you started:

- Join or create a club.
- Take part in events hosted by the GCSU, your student union.
- Take part in workshops, social and cultural activities organized by Zone International which is a community of international and exchange students where diversity is celebrated and creates meaningful connections with others.

2. Consult [Academic](#) and [Financial](#) Services

Once you have arrived at Glendon, feel free to contact Academic Services with any questions related to your student records, including your registration, student card, proof of enrolment, grades, degree requirements, or course selection.

If you have questions related to your financial profile, including tuition payments, scholarships, financial aid, or tax forms, please do not hesitate to contact Student Financial Services.

3. Consult [York International Office](#) regarding any immigration questions

York International at York University is the office dedicated to supporting international students and fostering global engagement within the university community. It offers a range of services and resources to help international students adjust to life at York University and in Canada.

4. Visit [Counselling Services, Health & Well-being Services](#) at Glendon

If you are experiencing personal problems, live with a physical or mental disability, or require career counselling, Glendon Counselling Services offers a variety of resources. Experienced counsellors are available to assist students throughout their time at Glendon.

All information you share with your counsellor will remain strictly confidential and will not be disclosed to any third party without your duly signed authorization. Counselling sessions may be booked by contacting Counselling Services in person or over the phone.

5. Use the [Leslie Frost Library](#)

Leslie Frost Library houses a remarkable collection of more than 300,000 documents in French, English, and Spanish, including a vast assortment of electronic resources.

6. Take advantage of the [Salon Francophone](#) and get help from [the Career and Development Centre](#)

If you would like to learn French or improve your French-language skills, the Salon Francophone is a positive environment open to all, where students can practice their conversation skills with language monitors and take part in weekly Francophone activities.

The Career Development Centre, located in York Hall A224, helps students and recent graduates navigate skills development and career exploration by way of one-on-one appointments, workshops, and recruitment opportunities.



Contact list

Join our [WhatsApp](#) group and meet other international students!

For urgent matters please contact **Yuko Sorano** at 647- 261-9856.

Exchange Program

York Hall, C135

Email: exchange@glendon.yorku.ca

Students Affairs

York Hall, B108

Tel : 416-487-6716

Email :

studentaffairs@glendon.yorku.ca

Academic Services

York Hall, C102

Tel : 416-487-6715

Email :

acadservices@glendon.yorku.ca

Financial Services

York Hall, C102

Tel : 416-487-6701

Email : finance@glendon.yorku.ca

Career Development Centre

York Hall, A224

Email : cdc@glendon.yorku.ca

Accessibility, Well-Being & Counselling Centre

York Hall, B108

Tel: 416-487-6716

Email :

counselling@glendon.yorku.ca

York International

200 York Lanes (Campus Keele)

Tel : 416-736-5177

Email : iadvisor@yorku.ca

Housing Services

GreenHouse

Tel : 416-487-6844

Email :

residence@glendon.yorku.ca

Leslie Frost Library

2275 Bayview Avenue

Tel: 416-487-6726

Email: frostref@yorku.ca