



**FACULTY OF HEALTH
SCHOOL OF KINESIOLOGY AND HEALTH
SCIENCE**

Course: HH/KINE 4560 3.00 – Physical Activity and Children: Pedagogy
Term: Winter 2023
Section: A
Type: LECT 01
Course Website: eClass

Course Instructor Information

Name: Dr. Lauren Tristani
Office Hours: Please email me to schedule an appointment via Zoom
Email: ltrist@yorku.ca

Class Activities

This course will involve both lecture and a practical physical activity component. Lectures will occur twice per week for one hour and will involve formal lectures, discussions, and active learning. Students will also engage in physical activity sessions and will need to wear appropriate clothing and footwear. Attendance is expected in both the lecture and practical sessions.

Technical Requirements:

Several platforms may be used in this course (e.g., eClass, Canvas, Zoom, etc.) through which students will interact with the course materials, the course director/TA, as well as with one another.

Students should note the following:

- Zoom is hosted on servers in the U.S. This includes recordings done through Zoom.
- If you have privacy concerns about your data, provide only your first name or a nickname when you join a session.
- You may keep your camera off during zoom discussions if you wish.
- The system is configured in a way that all participants are automatically notified when a session is being recorded. In other words, a session cannot be recorded without you knowing about it.
- Technology requirement and FAQs for Moodle can be found here – <http://www.yorku.ca/moodle/students/faq/index.html>

NOTE: A way to determine Internet connection and speed: there are online tests, such as Speedtest, <https://www.speedtest.net/> that can be run.

eClass:

Throughout the semester, I will be using eClass to provide you with the course lectures as well as information about the course/assignments/tests etc. It is ***your responsibility to consult eClass*** on a regular basis to ensure that you receive all relevant course documentation and information. Make sure the email address you have linked with eClass is the email address you use regularly so that you can receive regular updates. “I did not know because it was not in online” or “because I did not check eClass” are not excuses that will be accepted under any circumstances for the course.

Course Description

This course focuses on physical activity pedagogy. Students will be introduced to fundamental movement principles, as well as be exposed to a range of theoretical frameworks to facilitate a critical understanding of how to create and promote successful physical activity participation for children. Methods and strategies for planning physical activity programs in a variety of settings (community, sport, schools) will be examined throughout the course.

Material presented in class—from lectures, films, and demonstrations—may be included on the quizzes, as will material from selected readings and resources.

Intended Student Learning Outcomes

- Demonstrate a working knowledge of, and be able to apply, key terms/concepts related to physical activity.
- Understand the use and application of common models, frameworks, and approaches to physical activity pedagogy.
- Communicate physical activity using different models and strategies to foster participation.
- Demonstrate the planning and use of assessment within physical activity settings.
- Critically appraise physical activity initiatives and strategies aimed to support children.
- Develop and demonstrate deep critical thinking and effective writing communication skills on topics relating to physical activity, and health.
- Advocate responsibly and professionally for physical activity of children.

Participation:

This course is optimized by student participation. In addition to regular lectures we will engage in specific activities to maximize our learning through student engagement.

Course Organization

Course objectives will be achieved through a combination of: lectures and course material, active small and large group classroom discussions, experiential learning exercises, and purposeful assignments and quizzes. You are expected to engage in *all* of these modes of learning to achieve the desired course objectives and outcomes described below.

NOTE: Students are **NOT** granted permission to record the synchronous sessions – this is particularly important in respecting the privacy of your peers or other participants.

Course Readings

There is no required textbook for this class; however, readings will be assigned throughout the term. Bibliographic citations and sources to these readings will be found in the PowerPoint of the corresponding lecture. You are expected to familiarize yourself with any suggested readings. Doing so will allow you to: a) develop a deep and critical understanding of the course material, b) facilitate lecture discussions and activities, and c) provide the foundation of knowledge for your written assignments.

Course Communications

Office Hours: By appointment only. Please email me to make an appointment.

Email: ltrist@yorku.ca

1. Please use eClass discussion boards to seek information from other students.
2. I will try to respond to emails within two business days (excluding weekends or 48 hours prior to assignment/test due date).

A brief email is the most effective mode of communication (i.e., one or two questions that can be answered in one or two sentences each). More complex discussion must take place in-person. **Emails must consist of a *subject heading* that includes ‘KINE 4560’ ... The text of the email must include your FULL name.**

Evaluation Overview

<i>Assessment</i>	<i>Value</i>
Quizzes (5 @ 3% each)	15%
Reflections (*must complete two @ 5% each)	10%
Physical Activity Newsletter	15%
Lesson Plan	15%
Culminating Assignment, Reflection, and Self/Peer Evaluation	35%
Participation	10%

Note: Information pertaining to course assignments and evaluations will be posted to eClass and discussed in class.

Grading, Assignment Submission, Late Penalties, and Missed Tests

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York. For a full description of York's grading system please see <https://gradstudies.yorku.ca/current-students/regulations/courses-grading/>

Testing Format:

Test format will include close-ended (T/F, MC, fill-in-the-blank) and open-ended (short answer) questions. The tests will largely assess your knowledge and understanding of the information shared during posted lectures, class discussions and through readings. The online test format will use timed and sequential questioning meaning that you will have a set amount of time to answer each question and you will not be able to go back to a previous question once you have answered the question or the time has passed. Although this approach may seem to be unnecessarily challenging, it is unfortunately necessary to protect academic integrity. When planning and evaluating the exams, I will take into consideration the added challenge of the timed and sequential testing.

Assignment Submission:

Assignments for the course will be submitted through eClass. Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified. Computer problems will not be accepted as an excuse for late assignments. Plan ahead when preparing to submit your assignments.

Challenging Grades/Marking:

Challenges to a mark on any element of the course must be received *within five business days* of the time the component grade is posted. The challenge must be submitted as a one-page written request, to the Course Director, detailing specifically what (which question/component) should be changed and why. The request needs to be accompanied by the appropriate petition form available from the Registrar's Office. **Note that re-marking may result in the mark going up, down or staying the same.**

Challenges to a re-marked assignment or test, or to the final grade must be submitted in writing **AT THE END OF THE COURSE** (once final grades have been posted) using a formal request for a grade reappraisal from the KINE Undergraduate Office. This request must be submitted to the KINE Undergraduate office within three weeks of the release of the final grades.

Missed Tests: Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., a completed Attending Physician's Statement form) may request accommodation from the Course Instructor.

Academic Policies

Academic Integrity

Statement for undergraduate courses

Academic misconduct is a serious offence. The principle of academic integrity, particularly of doing one's own work, documenting properly (including use of quotation marks, appropriate paraphrasing and referencing/citation), collaborating appropriately, and avoiding misrepresentation, is a core principle in university study. Students should consult Section VII, "Academic Misconduct", in the "Academic Regulations and University Policies" entry in the Undergraduate Calendar, available at <https://secretariat-policies.info.yorku.ca/policies/academic-honesty-senate-policy-on/> to view a fuller description of prohibited actions, and the procedures and penalties.

Statement regarding Turnitin.com

This course may use web-based services (Turnitin.com, phrase-matching software) to reveal authenticity and ownership of submitted work. For courses using such software, students will be expected to submit their work either directly to Turnitin.com or via an online learning platform (e.g., Moodle) using plagiarism detection so that it can be checked for academic dishonesty. If you object to uploading your assignments to Turnitin.com for any reason, please notify the instructor to discuss alternative submissions.

Intellectual Property Notice

All slides, presentations, handouts, tests, exams, and other course materials created by the instructor in this course are the intellectual property of the instructor. A student who publicly posts or sells an instructor's work, without the instructor's express consent, may be charged with misconduct under York's Academic Integrity Policy and/or Code of Conduct, and may also face adverse legal consequences for infringement of intellectual property rights.

Online Proctoring

Some courses may use online proctoring software for tests and exams. This software may require students to turn on their video camera, present identification, monitor and record their computer activities, and/or lock/restrict their browser or other applications/software during tests or exams. This software may be required to be installed before the test/exam begins.

Conduct Expectations

It is essential that students be mindful of their interactions online as the University Code of Conduct remains in effect in virtual learning environments. The University Code of Conduct applies to any interactions that adversely affect, disrupt, or interfere with reasonable participation in University activities. Student disruptions or behaviours that interfere with University functions on online platforms (e.g., use of Moodle, Zoom), will be taken very seriously and will be investigated. Outcomes may include restriction or removal of the involved students' access to these platforms.

Special Accommodation

The University is committed to fostering an inclusive and supportive environment for all students and will adhere to the Human Rights principles that ensure respect for dignity,

individualized accommodation, inclusion and full participation. The University provides a wide range of resources to assist students, as follows:

- a) If you require academic accommodation because of a disability or an ongoing health or mental health condition, please contact Student Accessibility Services @ <http://accessibility.students.yorku.ca>
- b) If you require academic accommodation because of an incapacitating medical condition, you must, as soon as practicable, inform your instructor(s) of your inability to complete your academic work. You must also submit a York University Student Medical Certificate (found at <https://registrar.yorku.ca/pdf/attending-physicians-statement.pdf>). The University may, at its discretion, request more detailed documentation in certain cases.
- c) If you are experiencing mental health concerns, please visit <https://mhw.info.yorku.ca>. *Good2Talk* is a service specifically for post-secondary students, available 24/7, 365 days a year, and provides anonymous assistance: <http://www.good2talk.ca/> or call **1-866-925-5454**.
- d) If you require academic accommodation on religious grounds, you should make a formal, written request to your instructor(s) for alternative dates and/or means of satisfying requirements. Such requests should be made during the first two weeks of any given academic term, or as soon as possible after a need for accommodation is known to exist.
- e) If you have been affected by sexual violence, Sexual Assault Survivors' Support Line & Leadership (SASSL) offers support, information, reasonable accommodations, and resources through the Sexual Violence Support & Education Coordinator. For information on sexual violence, contact the SASSL at <https://sassl.info.yorku.ca> or call **416-650-8056**.
- f) If you feel you have experienced discrimination or harassment on any of the above grounds, including racial, gender, or other forms of discrimination, contact the Human Rights and Equity Office at <https://rights.info.yorku.ca>.

York University Policies

Students are also encouraged to familiarize themselves with, and adhere to, the policies, procedures, and regulations that govern academic and professional life (including this course) at York University. Please read them carefully.

School of Kinesiology and Health Science Policies

- *Student Handbook*: <http://kine.info.yorku.ca/kinesiology-and-health-science-handbook>
- *KINE Undergraduate Calendar*: <https://calendars.students.yorku.ca/2020-2021/programs/HH/kinesiology-and-health-science>

Academic Integrity and Misconduct

There is zero tolerance for any form of cheating, plagiarism, and misconduct in this course. As such, students should be familiar with, and follow, York University's rules and regulations relating to these important academic and professional matters. Being unaware of University policies is not accepted as a legitimate excuse, or legal appeal, for academic misconduct.

Students should refer to the following resources:

- *Undergraduate Academic Calendar*: <https://calendars.students.yorku.ca/2020-2021/programs/HH/kinesiology-and-health-science>
- *Senate Policy on Academic Honesty*: <https://www.yorku.ca/secretariat/policies/policies/academic-honesty-senate-policy-on/>
- *Academic Integrity Website*: <https://www.yorku.ca/unit/vpacad/academic-integrity/>

Student Conduct Standards

- *Student Conduct and Responsibilities*
<https://www.yorku.ca/secretariat/policies/policies/code-of-student-rights-and-responsibilities-presidential-regulation/>
- *Code of Student Rights and Responsibilities (Presidential Regulation)*:
<http://secretariat-policies.info.yorku.ca/policies/code-of-student-rights-and-responsibilities-presidential-regulation>
- *Office of Student Community Relations (OSCR)*:
<http://oscr.students.yorku.ca/student-conduct>
- *Senate Policy on Disruptive and/or Harassing Behaviour in Academic Situations*:
<http://secretariat-policies.info.yorku.ca/policies/disruptive-andor-harassing-behaviour-in-academic-situations-senate-policy>
- *Racism (Policy and Procedures)*: <http://secretariat-policies.info.yorku.ca/policies/racism-policy-and-procedures>

Copyright and Fair Dealing Guidelines

<http://secretariat-policies.info.yorku.ca/policies/copyright-and-fair-dealing-guidelines>

Conduct of Examinations (Policy and Guidelines)

Including Religious Observance Accommodations:

<https://www.yorku.ca/secretariat/policies/policies/academic-accommodation-for-students-religious-observances-policy-guidelines-and-procedures/>

Course Schedule*

<i>Week</i>	<i>Dates</i>	<i>Evaluation Due Dates</i>	<i>Topic(s)</i>
1	Jan. 10/12		Course Introduction & Overview
			*No tutorial
2	Jan. 17/19		Physical Activity and Childhood Development
			Ice Breaker Games
3	Jan. 24/26	Quiz 1	Physical Literacy and Fundamental Movement Skills
			Fundamental Movement Skills
4	Jan. 31/Feb. 2		Ontario HPE Curriculum (Overview)
			Cooperative Games
5	Feb. 7/9	Quiz 2	Movement Domains
			Exploring movement
6	Feb. 14/16	Reflection 1	Lesson planning and Differentiated Instruction
		Physical Activity Newsletter	Invasion Games
7	Feb. 21/23	<i>No Lectures: Winter Reading Week (Feb. 18-24, 2023)</i>	
8	Feb. 28/Mar. 2	Quiz 3	Lesson planning and Differentiated Instruction
			Net Wall Games
9	Mar. 7/9	Lesson Plan	Creating Safe Physical Activity Environments
			Target Games
10	Mar. 14/16	Quiz 4	Physical Activity for Students with Disabilities
			Invasion Games
11	Mar. 21/23	Reflection 2	Physical Activity Assessment
			Student Lead Tutorial
12	Mar. 28/30	Quiz 5	Physical Activity for Life
			Student Lead Tutorial
13	Apr. 4/6	Culminating Assignment, Reflection, and Self/Peer Evaluation	Closing Remarks
			Student Lead Tutorial

* Subject to change by the Course Instructor, with notice provided in class and/or on eClass

Note: Please review important dates as published by the Office of the Registrar.

Acknowledgement of Indigenous Peoples and Traditional Territories:

York University recognizes that many Indigenous nations have longstanding relationships with the territories upon which our campuses are located that precede the establishment of York University. We acknowledge our presence on the traditional territories of the Mississaugas of Credit First Nation, the Huron-Wendat, the Haudenosaunee Confederacy and the Métis Nation of Ontario. While we engage in remote learning during this winter 2021 term, I encourage you to educate yourself about the traditional territories of the land upon which you are learning.

Calumet and Stong Colleges' Student Success Programming

[Calumet](#) and [Stong](#) Colleges aim to support the success of Faculty of Health students through a variety of **free programs** throughout their university career:

- [Orientation](#) helps new students transition into university, discover campus resources, and establish social and academic networks.
- [Peer Mentoring](#) connects well-trained upper-year students with first year and transfer students to help them transition into university.
- [Course Representative Program](#) supports the academic success and resourcefulness of students in core program courses through in-class announcements.
- [Peer-Assisted Study Sessions \(PASS\)](#) involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are historically challenging.
- [Peer Tutoring](#) offers one-on-one academic support by well-trained Peer Tutors.
- Please connect with your Course Director about any specific academic resources for this class.
- Calumet and Stong Colleges also support students' [Health & Wellness](#), [leadership and professional skills development](#), [student/community engagement and wellbeing](#), [Career Exploration](#), [Indigenous Circle](#), [awards and recognition](#), and [provide opportunities to students to work or volunteer](#).
- For additional resources/information about Calumet and Stong Colleges' Student Success Programs, please consult our websites ([Calumet College](#); [Stong College](#)), email scchelp@yorku.ca, and/or follow us on Instagram ([Calumet College](#); [Stong College](#)), Facebook ([Calumet College](#); [Stong College](#)) and [LinkedIn](#).
- Are you receiving our weekly email (Subject: "Calumet and Stong Colleges - Upcoming events")? If not, please check your Inbox and Junk folders, and if it's not there then please contact ccscadm@yorku.ca, and request to be added to the listserv. Also, make sure to add your 'preferred email' to your [Passport York personal profile](#) to make sure you receive important news and information.