



SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE

FACULTY OF HEALTH

FALL 2021

FOOTBALL
PKIN 0308

INSTRUCTOR: Tom Gretes
341 Bethune College
647-297-9675: email- gretes@yorku.ca

COURSE DURATION: September 10- November 3, 2021

TIMES: Section A: 10:30-12:00 Wednesday/Friday

LOCATION: South Utility Field (Rain Days Tait Athletic Center)

COURSE DESCRIPTION:

An Introduction to a basic understanding of the game of Football. Emphasis will be placed on learning the basic skills of Football. A general understanding of the rules of the game, skill development and a general understanding of Football strategy and tactics. Position development (QB, WR, RB, DB and the kicking game, field goal and punting) will be learned through drills, practice and touch football games.

COURSE OBJECTIVES:

- 1: To develop an understanding of the game of Football.
- 2: To increase ones knowledge and development of basic Football skills.
- 3: To develop an understanding of basic offensive and defensive systems.

EVALUATION:

Participation.....	25%
Skill Development.....	25%
Test-Multiple Choice	25%
Attendance.....	25%
<i>Total.....</i>	<i>100%</i>

COURSE REQUIREMENTS: Students are responsible for theoretical information covered in class.

ATTENDANCE: Miss 1 – Loose 10 Marks]
Miss 2 – Loose 15 Marks] Without a valid excuse
Miss 3 - Fail Class



GRADING SYSTEM:

A,B,C,F – Pass/Fail Option

DRESS REQUIREMENTS:

Running shoes, cleats, proper gym attire, shorts, t-shirts, sweats