

YORK UNIVERSITY
FACULTY OF HEALTH
SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE

Course : HH PKIN 0312 0.0 HOCKEY I

Prerequisite/Co-requisite: None

Course Instructor: Dan Poliziani–danpoli@yorku.ca

Section Day Time Location

Tuesday 10:30am – 12:30 pm Canlan Arena

Expanded Course Description:

Hockey 1 is an introductory activity course focusing on the basic concepts, instructional strategies and teaching methodologies of skill development for today's fast paced chaotic game. Emphasis will be placed on skill development within the context of small games and situational training. Upon successful completion of the course, the student should be able to create playful environments for the development of game skills, shape games and drills to more effectively target skill acquisition and begin to understand the process of decision training.

Organization of the Course:

Most classes will begin with an overview of a concept and/or coaching methodology. This will be followed by active participation in executing the games and/or situational drilling introduced and the 'reflective tinkering' that accompanies targeting specific game playing skill acquisition.

Course Evaluation:

The final grade for the course will be based on the following items and weighted as indicated:

1. Written assignments/tests 30%

- based on material covered in class

2. Attendance and Participation 30%

Students must attend prepared with proper equipment (skates, helmet with face protection, hockey stick, elbow pads and shin guards)

- (2% deducted for every class missed, documented note required to maintain mark in the event of an absence)

3. Effort and Attitude 40%

-curiosity and a growth mindset are optimal

- degree of overall improvement in skills and playing ability is considered as well as overall attitude during classes

4. Ungraded Option – students may opt for a pass/fail grade evaluation. This must be declared within the first two weeks of class – see page 19 of KINE student handbook.