

**YORK UNIVERSITY
FACULTY OF HEALTH
DEPARTMENT OF PSYCHOLOGY**

Course: HH/SC PSYC 3490 3.0 A – *Adult Development and Aging* **Term:** Fall 2015
Course Webpage: moodle.yorku.ca
Time and Location: Lectures Wednesday 8:30 – 11:30 **Location:** CLH E

Course Instructor: Heather Jenkin **Office:** 254 BS
Tel: (416) 736 2100 x 22542 **Email:** hjenkin@yorku.ca
Office hours: Wednesday 11:30-12:30 or by appointment

Email etiquette: Always put **PSYC3490A** in **Subject header**, include your full name and student number in the body of the message. If emails are sent during my office hours I will endeavour to reply within the office hour, otherwise Monday through Friday I will endeavour to reply with in 24 hours. Please note any email sent on the weekend may be answered on Monday.

Teaching Assistants:

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Secretary: Ms. Barbara Thurston bthurst@yorku.ca **283 BS**

Prerequisite: PSYC 1010 6.00 or AK/PSYC 2410 6.0 with a minimum grade of C when used as a prerequisite.

Course Credit Exclusion: GL/PSYC 3310 3.00.

Text: Whitbourne, S. K., Whitbourne, S. B. and Konnert, C. (2015) *Adult Development and Aging: Biopsychosocial perspectives* (Canadian Edition) Wiley: Toronto ON Canada

Organization of the Course - *The course involves formal lectures by the instructor on topics outlined below in the reading schedule. The required readings are central to the course.*

Course Learning Objectives

(1) *Brief statement of the purpose: This course will survey developmental psychology from emerging adulthood, through midlife and old age. Content will include theoretical and methodological issues, research findings and practical implications taken from a life-span perspective. The purpose of the course is to survey the major theoretical approaches of the area, and to explore the aging process throughout the later lifespan.*

(2) *Brief list of specific learning objectives of the course: The course deals with biological, cognitive, social and personality changes during adulthood.*

(3) *Course logistics*

Lectures will begin at 8:30.

Lecture information will be on Moodle. Make sure that you sign up for a Moodle account as soon as possible. <http://moodle.yorku.ca>

Term test information: the 120-minute in-class term test will begin at 8:30.

Evaluation: *The final grade for the course will be based on the following items weighted as indicated:*

<i>Discussion questions</i>	<i>4 reflection papers worth 5% each submitted through turnitin and in hardcopy Due: Sept 30th, Oct 14th, Nov 11th, Nov 25th</i>
<i>Midterm</i>	<i>8:30 Oct 21st worth 35% or 45%*(Chapter 1-7)</i>
<i>Final</i>	<i>In the exam period (Dec 9-23) worth 35% or 45%*(Chapters 8-14)</i>

Midterm and Final will have both multiple choice and short answer questions and are non-cumulative
*Midterm test and final will be weighted 45% for which ever you do better on.

To pass the course, you must receive a total course grade of 50% or better.

Academic Honesty: Information on cheating and Plagiarism is available

- At the Senate Policy on Academic Honesty website
<http://www.yorku.ca/secretariat/policies/document.php?document=69>
- In the Psychology Supplemental Calendar
- There is an academic integrity tutorial and quiz on the York University website – it reviews the Senate Policy on Academic Honesty and provides examples of problems with academic honesty. You can get to this site by clicking on the following link:
http://www.yorku.ca/spark/academic_integrity/index.html

I strongly advocate that you take this tutorial. I take all breaches of academic honesty very seriously and strongly support the Senate policy on such matters. Don't jeopardize your academic career by engaging in academic dishonesty.

EVALUATION COMPONENTS:

Exams

There is a Midterm exam and a Final exam in this course. The dates on which exams occur in this course are clearly posted both here and on Moodle. The exams are 2 hours in duration. Midterm and final are weighted as 35% and 45% of your course grade, which ever test you do better on will be weighted as 45%.

When you come to the exam, you must present **acceptable photo identification** – acceptable identification includes a York University identification card, a government issued card, such as a Health Card or Driver's Licence or a passport. **Please note** that there **are** assigned readings covered on each examination which will not be the topic of a lecture – students are responsible for this textbook material on their own, though I will gladly answer questions on the material in class.

Missing an Exam

First and foremost contact me if you cannot write on the scheduled day as soon as it is apparent that you will be missing the evaluation.

If you have a **very serious and fully documented** reason for being excused from an exam (e.g., death in the immediate family, formally documented visit to an emergency room or a condition that SERIOUSLY affects your ability to take the exam), you may take a make-up exam in lieu of the exam missed. You must contact me **at least one day in advance** of the exam and provide documentation in order to be permitted to take a make-up exam. In the case of an emergency, contact me as soon as possible. If you cannot reach me, a message can be left on my voice-mail, which records the date and time of your call. In order to write a deferred examination, you **MUST** follow the steps outlined below.

If you miss an exam for other reasons or cannot provide documentation, you will receive a grade of zero. If you miss the examination on the deferred midterm examination date for **whatever** reason, then you will write an exam on the date of the final that covers the whole course (i.e., worth 80% of your course grade). If you miss the deferred final examination for whatever reason, a grade of zero will be recorded for you and you must then petition your home faculty to be permitted to write the final examination. Deferred midterm examinations take place on a single scheduled date that will be determined during the semester. Deferred final examinations take place on a date set in conjunction with the Department of Psychology. More information about deferred examinations will be made available on the course Moodle site.

If you are requesting a deferred examination under the **Religious Accommodation Guidelines**, please read the following. The italicized material below is taken verbatim from

<https://w2prod.sis.yorku.ca/Apps/WebObjects/cdm.woa/wa/regobs>

Religious Accommodation Guidelines: Final Examinations

Students who, because of religious commitment cannot write a formally scheduled examination (December and April examination periods) on the date scheduled, should contact the course instructor no later than three weeks prior to the start of the examination period to arrange an alternative examination date. An [Examination Accommodation form](#) is available for this purpose in Student Client Services, Bennett Centre for Student Services.

When arrangements between the student and instructor cannot be made, or if the student does not feel comfortable about approaching the instructor to request a religious accommodation, then the student should contact the associate dean of the Faculty in which the course is offered. Students are required to contact the associate dean not less than 14 days prior to the start of the examination and, if requested to do so, present evidence concerning the religious obligations involved.

The associate dean may consider a number of options to provide an accommodation. The choice will depend on the student's particular circumstance.

For example the accommodations may include:

- (a) Treating the request as a conflict, and accommodating it within the examination period, or*
- (b) Providing a deferred examination as soon as possible.*

Religious Accommodation Guidelines: Other than Final Examinations

Students, who because of religious commitment cannot meet academic obligations, other than formally scheduled examinations (December and April examination period), on certain holy days are responsible for giving their instructor reasonable notice (not less than 14 days), of each conflict.

Solutions may include:

- (a) Rescheduling the evaluation, or*
- (b) Preparing an alternative evaluation for that particular student, or*
- (c) Recalculating the total evaluation in the course to eliminate the component that has been missed.*

When the instructor and student are unable to agree on suitable accommodation, the matter will be referred to the associate dean who may request that the student present evidence concerning the religious obligations involved. The associate dean will convey the decision to the instructor and student.

You may contact the Dean's Office at the Faculty of Health at 416-736-5124.

If you are requesting a deferred examination for medical reasons, please read the following.

- ▶ For a missed mid-term examination, you MUST include:
 1. a statement by an attending physician which includes the following information: (http://www.registrar.yorku.ca/pdf/attend_physician_statement.pdf).
 - i. full name, mailing address, telephone number of the physician.
 - ii. state the nature of the illness and its duration (i.e., specific dates covered), and
 - iii. an indication of whether the illness and/or medication prescribed would have SERIOUSLY affected the student's ability to study and perform over the period in question.

Please always use the **Attending Physician's Statement form** available on Moodle - NOTE: the physician's office may be contacted to verify that the forms were completed by the physician.

and

2. a completed Deferred Midterm Request Checklist Form (available on the course Moodle site).

I must sign the Request Form - **you must obtain my signature in person during my office hours or at class**. DO NOT LEAVE FORMS FOR ME TO SIGN. Once I have signed your form, you will be informed of the date and time of this examination.

► For a missed final examination, you MUST include:

1. a statement by an attending physician which includes the following information: (taken verbatim from http://www.registrar.yorku.ca/pdf/attend_physician_statement.pdf).
 - i. full name, mailing address, telephone number of the physician.
 - ii. state the nature of the illness and its duration (i.e., specific dates covered), and
 - iii. an indication of whether the illness and/or medication prescribed would have SERIOUSLY affected the student's ability to study and perform over the period in question.

Please always use the **Attending Physician's Statement form** available on Moodle - NOTE: the physician's office may be contacted to verify that the forms were completed by the physician.

and

2. a completed Deferred Standing Agreement Form (available from the Registrar's Office at http://www.registrar.yorku.ca/pdf/deferred_standing_agreement.pdf).

I must sign the Registrar's Office Deferred Standing Agreement Form - **you must obtain my signature in person during my office hours**. The Deferred Standing Agreement Form is sent to the Registrar's Office but no grade is submitted for you. Once your deferred examination is graded, I submit a grade to the Registrar's Office for you.

There may be non-medical circumstances in which you will be permitted to write a deferred exam. Tests/exams missed due to non-medical circumstances must be supported by appropriate documentation, i.e., death certificates, obituary notice, automobile accident reports, airline/bus ticket/receipt for emergency travel (with date of booking on ticket), etc.. Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure, and return dates. This documentation must accompany the completed Deferred Exam Request Checklist Form (available on the course Moodle site) and, if the exam is a final exam, the Deferred Standing Agreement form.

Examination dates are in this course syllabus. You *know* that you will have your mid-term exam starts at 8:30 am on **October 21st**, 2015 and the final exam will take place during the Fall exam period (December 9 – 23, 2015), so if you have conflicting personal events scheduled, drop the course now. **Do not plan travel during the exam period**.

Be aware that the following are examples of reasons given by students in the past for requesting a deferred examination that are NOT considered to be legitimate (this is NOT an exhaustive list!).

weddings	mild colds
feeling stressed	holidays/vacations
family reunions	shift work
coaching sports teams	not feeling prepared
having one other examination within 24 hours of this one (see Registrar's Office regulations on examinations)	not having the course syllabus and not knowing when the exam was scheduled
studying so hard I made myself dizzy	not being able to find the examination room
having to work	losing my notes/textbook

For more information on deferred standing, see <http://www.registrar.yorku.ca/exams/deferred/>

Written Assignments

Four reflection papers make up 20% of your course grade. This written component is designed in to make sure that you time manage effectively as they are distributed through out the course. Due: Sept 30th, Oct 14th, Nov 11th, Nov 25th

Questions will be available on moodle. Submission will be restricted to two pages double spaced. Answers should incorporate material from the textbook PLUS personal reflective thinking.

Question answers are to be submitted online through our moodle website to turnitin and in hardcopy. Both types of submission are required to receive a grade.

- (1) You must upload your file to turnitin - there will be a portal thorough our Moodle website so no password will be required.
- (2) You must submit a hardcopy to me personally in class before 9:00 on the due date. The following penalties apply for late assignment submission - 25% of the grade for the first 24 hours or any part thereof. For each 24 hours (or part thereof) after this, a further 10% of the grade will be deducted.

NOTE: Any of these question answers may be submitted **BEFORE the due date.**

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments will bear a numeric grade. (For a full description of York grading system see the York University Undergraduate Calendar <http://www.registrar.yorku.ca/calendars/2011-2012/academic/grades/index.htm>)

Important dates

September 24th	Last date to add a course without permission of instructor
October 8th	Last date to add a course with permission of instructor
November 9th	Last date to drop courses without receiving a grade

Date	Topic	Chapters
Sep 16th	Themes and Issues in Adult Development & Aging Models of Development	1, 2
Sep 23rd	Research Methods	3
Sep 30th	Physical Changes	4
Oct 7th	Health and Prevention; Information Processing, Attention	5, 6 (to pg 140)
Oct 14th	Attention & Memory; Higher order cognitive functions	6 (from pg 140), 7
Oct 21st	Midterm Chapters 1 - 7	
Oct 28th	Personality	8
Nov 4th	Relationships	9
Nov 11th	Work, Retirement and Leisure	10
Nov 18th	Mental Health issues and Treatment; Long Term Care	11,12
Nov 25th	Death & Dying	13
Dec 2nd	Successful Aging	14
Dec 9-23	Final scheduled in the Fall exam period Chapters 8 -14	