

SUPPLEMENTARY COURSE OUTLINE --PSYCHOLOGY 40506.0 B

Personality Theory and Behavioral Disorders - Winter Term, 2016

Course Director – Professor Michael Luther

Room 277 BSB, 736-5125

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Fridays 11:30am-2:30 pm

Course Evaluations:		TERM %
Seminar presentations	-	25%
Class Participation and Discussions	-	25 % (Bonus pts. too)
Written Assignments (Paper)	-	50% <u>(Due Last Class)</u>

Required Text: Luther, M. G. et al. (2013) **Meeting the Human Challenge**. Concord: Captus Press.

Presentations (25% of term):

The student will present on features of a personality variable (traits/characteristics) that he or she has chosen for the written assignment. The student will discuss issues regarding the history, implications for treatment, accommodations in society, and problematic diagnosis of the personality chosen. Please use a multimedia approach wherever possible.

Participation (25% of term): Attendance is crucial; punctuality is necessary too.

Paper #2 (50% of term) is 15 to 20 pages. **Four psychological models must be used.** Relate to relevant first term's paradigms and controversies. The paper is due on **Last Class**. The paper must include various 'pros' and 'cons' regarding this aspect of personality, and a thesis with inclusions drawn from analysis. The paper should be done in **APA** style. Use of 'popular' internet website information should be strictly limited. The "text" chapters should be utilized where suitable (Therapies, TOM, Naturalistic, Autonomic, Psychopaths, etc. articles). Use proper headings and subheadings: **INTRO., HIST., COMPARISONS, THERAPY**, etc. See marking **RUBRIC!**

Seminar Presentations/CLASSES:

- 1) Term Orientation, Sign- up/ Personality Tests (Dr. Luther)
- 2) Tests and checklists of Personality
- 3) Authoritarianism/Leftist, Sadomasochism (Nazis), Altruism, etc.
- 4) Sexual Sadism /Masochism, Paraphilias, etc.
- 5) Hysteria/Histrionic personality, DID/MPD, Hypochondriasis
- 6) False memory syndrome *versus* Recovered memory syndrome, PTSD.
- 7) Borderline, Stockholm Syndrome, Zombies, Collaborators/Kapos
- 8) Psychopathic (APD), Sociopathic, Terrorist/"Jihadists".
- 9) Neuroses: Panic, Depression, Anxiety
- 10) Bipolar (or Hypomania), Cyclothymic, Child Manic Depression, etc.
- 11) Type A, Alpha-male, Narcissistic, Schizoid, Schizotypal, etc.
- 12) DSM 'The Rejects':. Criminal, Nympho, Casanova Complex , etc,

Term Paper #1 (See last page/rubric) (25%)

Model Comparisons:

The paper is 15-20 typed pages (APA style) on the Personality topic that is presented in class. The paper includes ‘pros’ and ‘cons’ regarding the etiological models. You must defend a thesis (about your chosen model) or reject it. **Internet info is strictly limited.** Link your “Theory of Mind” and “Naturalistic Biocentric Psychology” (Luther) chapters to your Conclusions. The list of **Headings** and **subheadings** (below) are crucial! Submit your readings with the paper. . This is **not** a journalistic-style essay, **nor** a polemic; be objective and **not** narrative in style. Due last class in December, 2015. (See **Rubric** at back of outline).

PLAN:

- | | | |
|----|------------------------------------------------------------------------------------------------------------|------------|
| A. | <u>Introduction</u> to topic & thesis statement | 1 page |
| B. | <u>History</u> of Theorist(s) | 1 page |
| C. | <u>Main Ideas</u> of your chosen main model | 2 pages |
| D. | <u>Comparisons of MODELS</u> (i.e., 3 other models needed),
(i.e., similarities & differences).* | 8-10 pages |
| E. | <u>Theory of Mind</u> (Luther & Wagner) Link with YOUR model. | 1 page |
| F. | <u>Biocentric/Naturalistic Psychology</u> (Reist & Luther)
Link with your model. | 1 page |
| G. | <u>Conclusions</u> Pros and Cons of your model and others. | 2 pages |
| H. | <u>References</u> APA style; reference every claim/fact. | 1- 3 pages |

N.B: AVOID USING POP. INTERNET SITE MATERIAL! Use real books and articles.

* These are **not** just summaries of each model

TERM #1

PSYCHOLOGY 4050 6.0 B

PERSONALITY THEORY AND BEHAVIORAL DISORDERS

Fridays 11:30 AM - 2:30 P.M.

I. ORIENTATION

II.

Friday , September 11 - “Evolutionary Roots” Lecture.

1. **Luther, M. & Wagner, G.** (2013) ‘Theory of Mind’ (in Luther text)
2. **Reist, D. & Luther, M** (2013) ‘Naturalistic Biocentric Psych.’ (in Luther text)
3. **Allen, J.C.** (2013) ‘Evolution’. (in Luther text)

Friday, September 18 - The Psychodynamic Model of Personality

Lecture.

1. **Luther, M. & Gerber, J** ‘Uncertain Future of an Illusion’ (in Luther text).
2. **Funder D.** ‘Freud’ and ‘Jung’ chapters. (in their text).

Friday, September 25 – Biocentric Psychology- POSSIBLE TRIP TO HOCKLEY VALLEY

1. **Reist, D. & Luther, M. (2013).** ‘Naturalistic Biocentric Psychology’, (in Luther text).

N.B.: Alternatively, there will be a ‘real’ study of Pioneer Village **in-situ**. Students will make a real 3-hr. visit to the site and take movies and photos of the premises. They will relate their experiences on the trip to the Naturalistic Biocentric chapter in the next class.

Friday, October 2 - ‘Naturalistic Biocentric’ Model (in Luther text)

Relate trip(s) to this key chapter in the Luther textbook. The Pioneer Village students will do a presentation of their analysis in the class.

Friday, October 9 - Early Trait Models

Funder, D. Adler, Mischel, Eysenck, (‘Trait’ chapters)

Friday, October 16 Learning Theory Models (Skinner, Pavlov)

1. **Casalupe, D.** ‘IBI’ chapter (in Luther text)
2. **Funder, D.** ‘Learning Theory Models’ Chapter
3. **Rajan, A. & Luther, M.** ‘Dangerous Sex Addiction’ (in Luther text)

Friday, October 23- Current Trait Theory (“Big Five” & “Five Factor”)

1. **Funder, D.** ‘Costa and McCrae’
2. **Endler, N.** ‘Holiday of Darkness’ (in Library or on loan in class)

Friday, October 30 –Co-curricular ‘Day Off’ (NO CLASS)

Thursday, November 6 **The Social Cognitive Models of Personality**

1. **Funder ,D.** ‘Bandura’s model’
2. **Allen, J.C.** ‘Norman Endler’ (in Luther text)

Friday, November 13 **Cognitive Models (Ellis, Beck, Burns, etc.)**

1. **Luther & Gerber** ‘Uncertain Future of an Illusion’ (in Luther text)
2. **Garnier & Sorge:** Beyond Trepanation: Cognitive Behavioural Therapy’ (in Luther text)

Friday, November 20 **DEPRESSION, ANXIETY, AND COPING**

1. **Skye Stephan’s** ‘PTSD’ chapter (in Luther text)
2. **Endler’s** ‘Holiday of Darkness’ (1990 book on loan)

Friday, November 27 **Therapies**

1. **Garnier & Sorge** Beyond Trepanation: Cognitive Behavioural Therapy’ (in Luther text)
2. **Luther, M. and Lazowski, B.** ‘Brief Family Therapy’ (in Luther text)
3. **Azer, P. and Andres, M.** ‘Transactional Analysis’ (in Luther text)
4. **Casaluce, D.** ‘IBI’ (in Luther text)

Friday, December 4 **Biological Causes of Illness**

1. **Allen, J.C.** ‘Psychopathy’ (in Luther text)
2. **Luther, J. E.** ‘Meta –Analysis of Autonomic Reactivity’ (in Luther text)
3. **Raskauskis, E.** ‘My Life : Aspergers’ (in Luther text)

THE ESSAY FOR THE FIRST TERM IS DUE ON FRIDAY, DECEMBER 4.

ADDITIONAL REFERENCES WILL BE ADDED DURING THE COURSE THROUGHOUT THE YEAR. IN PRESENTING AND IN DOING THEIR PAPERS, STUDENTS ARE ENCOURAGED TO USE PRIMARY READING SOURCES FOR THE VARIOUS PERSONALITY MODELS (E.G., SKINNER, FREUD, JUNG, ADLER, GOLDBERG, ETC.) AND AVOID RATHER USELESS 'POP. PSYCH.' INTERNET INFO. OR MAGAZINE ARTICLES.

PSYCHOLOGY 4050.06 B
PERSONALITY THEORY AND BEHAVIORAL DISORDERS

FIRST TERM - FALL 2015

SEMINAR PRESENTATIONS

1. September 11 - Orientation – Dr. Luther
“Evolutionary Roots”
Naturalistic Psychology
2. September 18 - Freud’s Psychodynamic Model – Dr. Luther
- Jung’s Dynamic Model – Dr. Luther
3. September 25 - **TRIP TO HOCKLEY VALLEY**
4. October 2 - Biocentric/Naturalistic Psychology-Students
5. October 9 Early Trait Models - Students
(Eysenck, Adler, and Mischel)
6. October 16 - The Situationism Model of Personality – Students
(Skinner, Zimbardo’s Prison, Abu Ghraib Prison,
Bettelheim’s Concentration Camp)
7. October 23 - “Big 5” and “Five Factor Model” – Students
October 30 - Co-Curricular Day-off
8. November 6 - The Social Cognitive Models of Personality - Students
(Endler, Bandura, Magnussen)
9. November 13 - Cognitive Psych.: Emotions & Cognitive Therapy –
Students
(A. Beck, A. Ellis, D. Burns, etc.)
10. November 20 - Depression, Anxiety, PTSD - Students
11. November 27 - Psychotherapies (CBT, etc.)
12. December 4 - Genetic/Biological Causes of Disorder-Students

FIRST TERM ESSAY DUE ON FRIDAY, DECEMBER 4, 2015

NAME: _____

‘CRITICAL’ PAPER MARKING SCHEME

POOR/FAIR/GOOD/V.GOOD/EXCELLENT/BRILLIANT

**BASIC
COVERAGE** _____

APA STYLE _____

CITATIONS _____

QUOTES _____

GRAMMAR/SPELLING _____

HISTORY _____

THREE MODELS _____

ORGANIZATION _____

THEORY OF MIND _____

NATURALISTIC Ψ _____

**FOCUS/
CLARITY** _____

CONCLUSIONS _____

**THESIS/
ARGUMENTS** _____

REFERENCES _____

POOR/FAIR/GOOD/V.GOOD/EXCELLENT/BRILLIANT

OVERALL MARK _____