

**YORK UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
FACULTY OF HEALTH
ABNORMAL PSYCHOLOGY
PSYC 3140 3.0 M
WINTER, 2013**

Course Director: Dr. Michael Luther mluther@yorku.ca BSB 277
Course Hours: Mondays 2:30 p.m. to 5:20 pm
Lecture: 2:30 pm to 4:00 pm
Seminars 4:00 pm to 5:20 pm
Attendance will be taken daily at all Seminars

Secretary: alevstik@yorku.ca Agnes Levstik, 281 BSB.

Office Hours: (see him before or after class at the Lecture Hall)

Telephone: (416) 736-5125
Prerequisite: Psych 1010 6.0

PLEASE CONTACT YOUR T.A. VIA EMAIL IF YOU ARE ILL AND ARE GOING TO BE AWAY. ALSO, PLEASE LET US KNOW AT FIRST CLASS WHETHER YOU ARE A SPECIAL NEEDS STUDENT WHO WILL NEED ACCOMMODATIONS FOR EXAMS, ETC.

COURSE INTENT:

An attempt is made to evaluate critically the models and research findings that relate to categories of various important kinds of psychological pathology (as outlined in the DSM-IV Handbook). The course looks at historical and contemporary attempts to account for causes and treatments of these disorders. We will examine neurotic, psychotic, and personality disorders, as well as developmental and neurological problems. Also, gender identity problems, anxiety conditions, eating disorders and learned (phobias, substance abuse, cultural deprivation, etc.) patterns of abnormal behaviour will be studied. Medical/biological, psychological, and social/cultural perspectives will be addressed here; multi-faceted causes will be considered for each disorder. The complexity of human beings will be discussed at length in this course. Both scientific and more humanistic approaches will help explore abnormal thinking, behavior, and experience.

The main purpose of the course is to present an array of psychological/biological disorders and to gain an understanding of what can go wrong in the human being and how interventions can improve the lot of these people; anecdotally, even the so-called "benefits" of certain disorders will be touched upon. Up-to-date findings will be brought to bare wherever possible, since our notions of the causation of pathology often change radically, in light of new scientific findings from state-of-the-art methods of research.

Lectures and readings will help provide background and theory related to these topics. Weekly seminars will focus on the more practical application of the course material to the real world. For instance, students will present on the "observables" of a disorder, main features, and modes of treatment and support. Case studies will be utilized whenever possible by the lecturer, and theory

will be delved into. The main textbook (Davison et al. 2010) will be used for the **Midterm** exam, and for preparation of handouts, and for the group presentations. Luther et al. (2013) will be used for the **Final Exam** (open-book).

REQUIRED READINGS:

1. Davison et al. (2010) Binder-Ready Canadian Edition Abnormal Psychology:Toronto, ON: Wiley Co.
2. Luther, M.G., Allen, J.C., Gerber, J. & Luther, J. E. (2013). Meeting the Human Challenge: Transformation, Healing, and Recognizing the Zombies Amongst Us. Concord, ON: Captus Press.

COURSE REQUIREMENTS:

***PLEASE NOTE! FRIDAY, March 8, 2013– LAST DAY TO DROP A WINTER TERM COURSE WITHOUT RECEIVING A GRADE**

- (A) **Mid-term Exam:** A multiple-choice exam on the text (Davison chapters)
– 25% **Class # 7 Feb. 25, 2013.**
- (B) **Final Exam:** A multiple-choice exam on (Luther et al. chapters and **all** of the lectures)
– 25%
- (C) 1. **Presentation & Small Hand-Out:** From at least 5 sources (books, articles, etc.). References and studies are listed here too. A group-prepared handout (for all students): under 3 pages (single-spaced) typed on your topic (i.e., on the one presented in class). **Due:** Day of presentation.
2. **Seminar Presentation: - 25%**
A 'group' presentation on **one** disorder (to be selected from the list) and one **PROVEN TREATMENT** (the best). The presentation should be done by the group (of 3 or more) and should be 45-minutes in length. Large print Power Point is encouraged. **Only 2 or 3 speakers will present** each day (pick best speakers!) Videotape, audiotape, role playing etc. may be used here. Group discussion is very important too. **No one will read their presentations** (or rush through). **Role play the treatments!** The presenters will prepare a hand-out, posters, and/or **large print** doc. camera to illustrate concepts more effectively. Again, only one effective mode of therapy will be **ACTED OUT** or described **clearly** in detail. Be concise and informative (**NO LAUNDRY LISTS!**)
- (D) **ATTENDANCE**
Students must come to seminars and engage in active and congenial participation. Attendance at lectures is **crucial** to do well on Exams!
- (E) **PARTICIPATION –25%**
You will be evaluated on your contribution to the group presentation, as well; submit a detailed breakdown of 'who did what'. Poor or rude behavior will earn an F.

Do not plan vacations near exams times!

N.B.LAPTOPS ARE FOR LECTURE NOTES ONLY – NOT FOR SURFING THE WEB (FACEBOOK) etc. Abuse will result in a FAILURE GRADE here !!

N.B. Reading Week is February 11 to 15, 2013.

<u>Marking/Weightings</u>	(a) Mid-term Exam	25%
	(b) Oral Presentation & Hand-out	25%
	(c) Attendance	
	(d) Participation	25%
	(e) Final Exam	25%

There will be no “make-up” assignment, unless the request is accompanied by an “Attending Physician’s Statement” (available from the Registrar’s Office). If you are ill, the teaching assistant must be contacted within 48 hours of the test. Therefore, if you do become ill at any point in the term, it is wise to obtain a statement to that effect from your physician. The “make-up” test may consist of essay questions *or 15- page APA style paper*, and will only be administered following the Final exam; you will need a DEF form!

N.B. The two 40-minute group Presentation Seminars may be held after the break. SEMINAR TOPICS (To Be Given To Students) *

GROUP PRESENTATIONS:

- Week #4 **Neurosis** (Obsessive Compulsive, Depression, or Anxiety, etc.).
- Week #5 **Psychosis** (Schizophrenia, Manic Depressive Disorder, Paranoia, or Autism, etc.).
- Week #6 **Personality Disorders** (Anti-social) Psychopathic, Multiple (D.I.D.) Personality, Histrionic, Dependent, or Borderline, etc.).
- Week #7 **Gender Identity and Sexual Issues** (Transvestism/ Transsexuality, , or Sex Addiction)
- Week #8 **Eating Disorders** (Anorexia Nervosa, Bulimia, or obesity, etc.).
- Week #9 **Learned Problems** (Phobias, or P.T.S.D.,
- Week #10 **Terror : Gangs (or Terrorists)** “the psychology of fear”
- Week #11 **Brain-Related (organic) Disorders** (Alzheimer's, or Parkinsons.
- Week #12 **Viral Disorders** CJV ("Mad Cow"), or VD/Syphilis, etc.

* **N.B.** The students will choose one topic only and one therapy mode.

- Week # 1 **INTRODUCTION**
(Normal and Abnormal) Evolutionary Roots – animal models
Film: Nova: "Embryology: The Fetus" and "Monkey's TOM"
Theory of Mind and Primates
- Week #2 - Developmental Problems – "What Can Go Wrong"
- Dyslexia Film: "Two Brains" (Nova)
- Learning Disability * **Read** : 6/7 Year Follow-up on ELBW preemies
- Hyperactivity Film: "20/20" (on AD/HD)
- Autism/P.D.D. ***Read**: "IBI" and *May read My Life ...Aspergers"
- Fetal Alcohol Syndrome, FAE, **Films**: "Crack Babies" & "Bipolar Child"
- Genetic Disorders
- Week #3 Family-related problems (bonding etc.) - attachment problems (APD)
- family child rearing patterns
-Authoritarianism
***Read**: "Essential Components" **Films**: "Attachment Therapy"
"Romanian Orphans"
- Week #4 Neuroses - Ego Defenses Overworked (Freud & Jung)
- Obsessive Compulsive Disorder
- Depressive Disorders
- Reactions (anxiety)
- Hysteria
Films: "Freud vs. Hitler", "Singer".
- Week #5 Psychoses
- Schizophrenia
- Paranoia
- Manic Depression (Film: Nova: "Violent Mind", A&E: "Brian Wilson")
- Autism : * **Read** Assess. Theory of Mind" and * **Read** "IBI "
- Week #6 Personality Disorder
- **Films**: "Satanism in Lethbridge", "Psychopaths" & "Dr. Ross".
- Psychopathic/Anti-social personality
- Criminal/Explosive
- Histrionic PD ***Read**: Psycho-History "**Mass Hysteria**" (only)
- DID :Multiple Personality Disorder ***Read** "Psychopathy"
- Week #7 Gender Identity and Sexual Problems
- Testosterone theory
- Transvestism
- Transexism
Films: Nova: "Two Brains" & 20/20: "Sex Differences"

***Read:** “Dangerous Sex”

- Week #8 Eating Disorders
- Anorexia & Obesity- **Films:** "The Famine Within", "The Cove" & "Dying to be Thin"
- Week #9 Learned Problems
- Classically-conditioned phobias
- Operantly-conditioned behavioural problems
- Stress / PTSD ***Read :** Stephen's " PTSD"
- **Films:** "Shake Hands with the Devil", "Romeo Dallaire" & "9/11"
- Week #10 Terror – terrorists/gangs
- Violence, Child Abuse, Aggression
- Substance Abuse
- Social problems (gangs, etc.)
- **Films:** "Gangs of New York City", "Insurgency" & "Toronto 18"
- Week #11 Brain Related Disorders - Epilepsy
- Tourette's Syndrome
- Stroke/Aneurisms
- Parkinson's
- Oliver Sack's findings
- ***Read :** "NLD"
- **Film:** "Tourettes", "Alzheimers", "Michael J. Fox", & "Joy Division"
- Week #12 Viral Disorders of the Brain
- ALS
- Parkinsons - subtype
- CFS/ME
- Encephalitis Lethargica
- **Films:** "Spanish Flu Epidemic" & "Awakenings", "Mad Cow"

***Read:** Psycho-History "Circumcision" (only)

FINAL EXAM (exam period)

GOOD LUCK!

Final Course grades may be adjusted to conform to Program or Faculty Profiles.

Group Marking Criteria

FOR STUDENT PRESENTATIONS

PRESENTERS' NAMES.....

TOPIC.....

DATE.....

Rate the presentation using the following 5 point scale in which 1 represents the lower limit and 5 the upper limit. Space is provided for a specific comments, notes, or questions.

Participation	1	2	3	4	5
Application to Topic	1	2	3	4	5
Clarity of Presentation	1	2	3	4	5
Pace/Time	1	2	3	4	5
Use of aids (props, AV)	1	2	3	4	5
Efforts & Preparation	1	2	3	4	5
Interest Engendered	1	2	3	4	5

Pros _____

Cons _____
