Faculty of Health
Department of Psychology
PSYC 1010 6.0 Section I: INTRODUCTION TO PSYCHOLOGY
Monday & Wednesday /8:30 – 11:30 / Online via Zoom
Fall/2021

Please note that this is a course that depends on remote teaching and learning. There will be no in-class interactions or activities on campus. The course will be delivered using BOTH synchronous and asynchronous methods. Lectures will be pre-recorded videos. Asynchronous activities will be through the online support of the textbook using LaunchPad. Some synchronous activities (orientation, tests, discussions, activities and Q&A sessions) will be delivered by Zoom during class time on Wednesday morning and there is an expectation of participation. Tests will run on Monday mornings.

Instructor and T.A. Information

Instructor: Dr Heather Jenkin
Office Hours: In class on Wednesdays and by Zoom appointments at other times by arrangement
Email: hjenkin@yorku.ca

<table>
<thead>
<tr>
<th>Student Last Name starts</th>
<th>A through K</th>
<th>L through Z</th>
</tr>
</thead>
<tbody>
<tr>
<td>T.A.</td>
<td>Remy Cohan</td>
<td>Maria Orlando</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:rcohan@yorku.ca">rcohan@yorku.ca</a></td>
<td><a href="mailto:morlando@yorku.ca">morlando@yorku.ca</a></td>
</tr>
<tr>
<td>Office Hours</td>
<td>TBD</td>
<td>TBD</td>
</tr>
</tbody>
</table>

Students will be assigned to a specific Teaching Assistant alphabetically by the student’s last name (see above table). This is an administrative decision and is designed simply to facilitate organization in the course. With a large course enrollment, it’s important that each student have someone who is familiar with them and their grades etc. The teaching assistant to whom you are assigned will be the person you should visit in their virtual office hours to consult about course material and to inquire about your grades. Your TA’s office hours will take place primarily during the course hours, still TBD.

Your TA is your first contact if you are having trouble with the lectures or the text visit the TA’s. The TA’s also will be happy to talk with you about improving your study habits and about graduate school in psychology and careers in psychology.

Email (n)etiquette When you email Dr. Jenkin or your TA include your Student ID and full name in the body of your email with the Course number on the subject line (if not, a reply is not guaranteed). Dr. Jenkin will not answer emails regarding issues/questions covered in the course syllabus – read the syllabus before emailing.
Course Prerequisite(s): None

Course Credit Exclusions
Please refer to York Courses Website for a listing of any course credit exclusions.

Course website: eClass
All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials such as Lecture Videos, LaunchPad (textbook support) and any additional web resources.

Course Description

Technical requirements for taking the course:
Several platforms will be used in this course (e.g., eClass, LaunchPad, Zoom, etc.) through which students will interact with the course materials, the course director / TA, as well as with one another. Please review this syllabus to determine how the class meets (in whole or in part), and how office hours and presentations will be conducted.

Students shall note the following:

- Zoom is hosted on servers in the U.S. This includes recordings done through Zoom.
- If you have privacy concerns about your data, provide only your first name or a nickname when you join a session.
- The system is configured in a way that all participants are automatically notified when a session is being recorded. In other words, a session cannot be recorded without you knowing about it.

I expect students to participate in this course, (1) through Zoom video conferencing and therefore (2) students may also appear on video (e.g., for tutorial/seminar discussion, etc.). In addition to stable, higher-speed Internet connection, students will need a computer with webcam and microphone, and/or a smart device with these features.

Instructions on how to register to borrow a laptop can be found here: https://computing.yorku.ca/offcampus under the heading “If you don’t have a computer at home.”

A way to determine Internet connection and speed: there are online tests, such as Speedtest, that can be run. Useful links describing computing information, resources and help for students:
Student Guide to Moodle
Zoom@YorkU Best Practices
Zoom@YorkU User Reference Guide
Computing for Students Website
Student Guide to eLearning at York University
**Organization of the course:** This online course will be taught remotely in both a synchronous and asynchronous manner. The class time is scheduled on Mondays and Wednesdays between 8:30 and 11:30 (Toronto time: Eastern Time Zone). Zoom sessions, Tests and Office hours will take place during these times as scheduled. **Make sure to reserve this time for course activities.** Term tests will run on Mondays. On Wednesdays at 8:30 we will open a zoom meeting and run mini lectures/discussions/workshops and/or Q&A sessions with myself and/or the Teaching Assistants. The length of these zoom interactions is still to be determined but probably not more than 45 minutes – or 1 hour with breaks. Office hours with myself and the Teaching Assistants outside of the Wednesday Zoom Session must be arranged by email. When arranging such an Office hour visit please give 3 day/time slots when you are available to meet on Zoom.

There will be course lecture material pre-recorded and uploaded to eClass (see Course Schedule on last page of this syllabus). **Important: Not all of the information presented in your textbook text will be covered in the recorded lectures.** You are responsible for reading the text (apart from those omissions indicated in the Course Schedule). Lectures are designed to highlight some aspects of the weekly topic and to motivate you to learn. Moreover, some of the lectures will contain information that is not in the textbook and questions pertaining to such information may appear on tests. Any video or other material linked in the course slides or on eClass is also subject to examination on the tests.

**Class Format and Attendance Policy**

When we have scheduled Zoom sessions I expect attendance. These will be scheduled in class time on Wednesdays and will usually be 45 minutes or less. During this time we will run polling to see where students’ knowledge is and respond with further discussion/examples and activities to support the online lectures. These will be a social and hopefully fun time for us all. We hope to build the sense of community we will be missing due to this remote teaching experience.

There will also be offline opportunities to interact with course content through Launchpad – a software package that is accessed with the textbook (see Required Textbook). **This is a double speed course.** It feels as though you are taking two courses at once. There is a lot of work and most will be on a quick turnaround so **be aware of due dates.** For example, once a Module Quiz opens on Monday at noon it is due the following Friday at noon. There are Learning curves activities due by 12 noon Sunday before the associated Term Test on a Monday. **No late quiz or activity will be accepted.**
Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

Specific Learning Objectives

The purpose of this course is to introduce students to the broad field of psychology. In addition, it is hoped that students will develop appropriate study habits and critical thinking skills. Time management and attention to detail will be important skills to bring to this fast-paced course. Participation in the Undergraduate Research Participant Pool (URPP) will expose students to ongoing psychological studies at York University.

Required Text


Loose leaf, eBook or hardcover acceptable but should be 13th Edition in Modules and come with Launchpad.

Course Requirements and Assessment:

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Date of Evaluation</th>
<th>Weighting</th>
</tr>
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<tbody>
<tr>
<td>Online activities</td>
<td>Weekly throughout term - check specific due dates on</td>
<td>10%</td>
</tr>
<tr>
<td></td>
<td>Launchpad calendar (due 12 noon)</td>
<td></td>
</tr>
<tr>
<td>Assignment</td>
<td>Monday October 18, 2021</td>
<td>5%</td>
</tr>
<tr>
<td></td>
<td>(due 12 noon)</td>
<td></td>
</tr>
<tr>
<td>Practice Test</td>
<td>Monday September 20, 2021 (starts 8:30 am )</td>
<td>1%</td>
</tr>
<tr>
<td>Test 1</td>
<td>Monday September 27, 2021 (starts 8:30 am )</td>
<td>20%</td>
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<tr>
<td>Test 2</td>
<td>Monday October 25, 2021 (starts 8:30 am )</td>
<td>20%</td>
</tr>
<tr>
<td>Test 3</td>
<td>Monday November 15, 2021 (starts 8:30 am )</td>
<td>20%</td>
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<tr>
<td>Test 4</td>
<td>Monday December 6, 2021 (starts 8:30 am )</td>
<td>20%</td>
</tr>
<tr>
<td>Optional evaluation</td>
<td>Fall exam period TBD</td>
<td>Replaces 1 zero/low test score</td>
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<tr>
<td>URPP</td>
<td>December 6, 2021</td>
<td>4%</td>
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<tr>
<td>Total</td>
<td></td>
<td>100%</td>
</tr>
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</table>
Description of Assignments

1. **Online Activities:**
   a) *Launchpad Learning Curves* – there will be several of these, the first is a demonstration one and not evaluated BUT you must complete it so that you can practice accessing the course information through Launchpad. During the term you will work through the *50 Learning curves*. We expect you to complete at least 36 for full credit, therefore you can miss a few if needs be. These are due in four groups - the Sunday before the associated Term Test at 12 noon.

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Content of Term Test</th>
<th>Modules</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept 26 12:00</td>
<td>1</td>
<td>1-12</td>
</tr>
<tr>
<td>Oct 24 12:00</td>
<td>2</td>
<td>13-25</td>
</tr>
<tr>
<td>Nov 14 12:00</td>
<td>3</td>
<td>26-27, 31-33, 35-37, 38-43</td>
</tr>
<tr>
<td>Dec 5 12:00</td>
<td>4</td>
<td>44-55</td>
</tr>
</tbody>
</table>

The 36 Launchpad learning curves are worth a maximum of 3% of your grade. Each is worth 0.0833%

b) *Online Launchpad Module Quizzes* - We will count your best 36 Quizzes. Multiple Module Quizzes open at 12 noon on Monday the week when the course content is discussed and close at 12 noon on the Friday of that week. You have one attempt for each Quiz. The 36 Module Quizzes are worth a maximum of 7% of your grade. Each is worth 0.1944%

2. **Assignment** - this will be detailed further on eClass. It is worth 5% of your grade. It will be submitted through a Turnitin link and due at 12 noon Monday, October 18, 2021.

3. **Practice Test** - this will give you experience in doing a multiple choice test through eClass. It is worth 1% of your grade. It will be on September 20, 2021 starting at 8:30 am. There will be 15 questions and you will have 15 minutes to complete it through eClass. Questions will be presented in a sequential format. You must answer the questions in order. You cannot go back and forward between questions. If you do not answer a question then you cannot go back later to answer. There will be questions based on this syllabus and both the synchronous and asynchronous material associated with Septmber 8, 2021.

4. **Term Tests** – four will be held in during our class time on Mondays, starting at 8:30 am. (see course schedule or table of assessment on the previous page for dates). The 4 tests are worth 80% of your grade. Tests are non-cumulative and have multiple choice questions. Make sure to note the dates and plan to be able to complete ALL tests at the assigned time. There are **NO MAKEUPS** for missed tests (see what you must do if you miss a Term Test on the next page). If you miss a test you will score zero for that test. The optional **cumulative** final can be used to replace
one such zero score, or your lowest score if you complete all four tests in the term. You must email hjenkin@yorku.ca by 12 noon December 7, 2021 if you want to write the optional final.

5. Undergraduate Research Participation Pool - Students in this course have an opportunity to earn up to 4% of their final grade by participating in online/lab research as part of the URPP. For information on this, see http://www.psych.yorku.ca/urpp/)

If you do not want to participate in research, you may opt to submit a 3-page paper summarizing a psychology research article that will be assigned to you. This option is referred to as the Paper Stream. Students who wish to choose this option must email the URPP office before October 18th, further instructions will be obtained once the request is submitted. Acceptable papers will earn up to 4% toward their final grade. The Paper Stream deadline is December 11th, 2021. Appeals period is December 15th – December 17th, 2021.

IMPORTANT - To continue taking upper year Psychology courses you MUST pass this course with a grade of 60% or better. I only asses 96% of your course grade as 4% comes from URPP. Be aware that if you DO NOT complete URPP and score 60% on ALL other components you will end the course with 57.6%

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – Grading Scheme for 2021-22

Missed Tests/Midterm Exams/Late Assignment

Students who miss a test or final exam MUST do the following:

(1) Contact their T.A. by email within 48 hours of the original test or exam. If you cannot contact your T.A. during this 48-hour period, subsequent documentation accounting for the delay must be provided.

(2) Complete the following online form within 48 hours which will be received and reviewed in the Psychology undergraduate office. At this time, due to COVID-19 an Attending Physician’s Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided.
HH PSYC: Missed Tests/Exams Form. Failure to complete the form **within 48 hours** of the original deadline will result in a grade of zero for the missed quiz or late assignment (no such undocumented missed test can be replaced by the optional cumulative final).

In addition, to the online form, a student’s documented reason for a missed test must be submitted. Tests/exams missed due to **non-medical circumstances** must be supported by appropriate documentation, i.e., death certificates, obituary notice, automobile accident reports, police reports, airline/bus ticket/receipt for emergency travel (with date of booking on ticket), etc. Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure, and return dates. **Having to work at the time of a test is not considered a valid excuse for missing the test.**

**IMPORTANT NOTE:** Only extremely unusual circumstances would warrant a second chance **if you miss two** term tests. It would be in your best interests to drop or withdraw from the course if you have long term health issues. Permission from the **course instructor** is required before any accommodation can be determined. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

**Add/Drop Deadlines**

For a list of all important dates please refer to: [Fall/Winter 2021-22 Important Dates](#)

<table>
<thead>
<tr>
<th></th>
<th>Fall (Term F)</th>
<th>Year (Term Y)</th>
<th>Winter (Term W)</th>
</tr>
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<tbody>
<tr>
<td>Last date to add a course <strong>without permission</strong> of instructor (also see Financial Deadlines)</td>
<td>Sept. 21</td>
<td>Sept. 21</td>
<td>Jan. 23</td>
</tr>
<tr>
<td>Last date to add a course <strong>with permission</strong> of instructor (also see Financial Deadlines)</td>
<td>Oct. 5</td>
<td>Oct. 26</td>
<td>Feb. 7</td>
</tr>
<tr>
<td>Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)</td>
<td>Nov. 12</td>
<td>Feb. 11</td>
<td>18-Mar</td>
</tr>
<tr>
<td>Course Withdrawal Period (withdraw from a course and receive a grade of “W” on transcript – see note below)</td>
<td>Nov. 13 - Dec. 7</td>
<td>Feb. 12 - April 10</td>
<td>March 19 - April 10</td>
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</table>

**Add and Drop Deadline Information**

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#).
You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system. After that date, you must contact the professor/department offering the course to arrange permission. For PSYC 1010 Section I due to the fast paced nature of this course no permission will be given after September 22.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

**Academic Accommodation for Students with Disabilities**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course. [https://accessibility.students.yorku.ca/](https://accessibility.students.yorku.ca/)

**Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities**

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](https://accessibility.students.yorku.ca/)

**Academic Accommodation for Religious Observance**

York University is committed to respecting the religious beliefs and practices of all members of the community and making accommodations for observances of special significance. If any test date poses a problem for you with regard to your Religious Observance please inform Dr. Jenkin at least two weeks before the test. Alternative test dates will be arranged. You should complete a Religious Accommodation Form available at:
Further information is available at the Senate Guidelines for Religious Observance

Information on Plagiarism Detection

Always write your own work on any work submitted for grade. Academic Integrity is treated very seriously in the Department

To promote academic integrity in this course, students will be normally required to submit any written work to Turnitin (via the course eClass website) for a review of textual similarity and the detection of possible plagiarism. In so doing, students will allow their material to be included as source documents in the Turnitin.com reference database, where they will be used only for the purpose of detecting plagiarism. The terms that apply to the University’s use of the Turnitin service are described on the Turnitin.com website. Also our Teaching Assistants are excellent observers as they mark answers in detecting lifts from the text eBook and other sources.

Electronic Device Policy

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination unless the tests/exams are open-book.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with Information about the Senate Policy on Academic Honesty.

It is recommended that you review Academic Integrity by completing the Academic Integrity Tutorial and Academic Honesty Quiz

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.
Course Materials Copyright Information

These course materials are designed for use as part of the PSYC1010 I course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

In the past, such course materials have been posted to external, public websites. **Do not do this with materials I provide for this course PSYC1010I without my explicit permission.** Generally, in the absence of another agreement, instructors at York University own the intellectual property to the teaching materials they create. Students wishing to reuse instructor-created content must either request permission from the instructor or limit their use to one of the “user rights” set out in the Copyright Act.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Audio-visual recordings

Photographs, video and audio recordings are “records” as defined in the *Freedom of Information and Protection of Privacy Act* (FIPPA). The information contained in them is considered “personal information” when they contain “recorded information about an identifiable individual. Our course Zoom interactions are recorded:

1) my pre-recorded lectures and recorded Zoom interactions should be used for educational purposes only and as a means for enhancing accessibility;

2) students do not have permission to duplicate, copy and/or distribute any of the recordings outside of the class (these acts can violate not only copyright laws but also [FIPPA](#) and intellectual property rights); and

3) all recordings will be destroyed after the end of classes.
# Course Schedule

<table>
<thead>
<tr>
<th>DATE</th>
<th>REQUIRED READINGS</th>
<th>Online activities Due by 12 noon on specified date</th>
</tr>
</thead>
</table>
| Sept 8        | Welcome and **Zoom Orientation**  
Student Preface; Module 1; Appendices A, B and C                                  | Welcome to Launchpad                                                                 |
| Sept 12 and 15| Thinking critically with Science; Biology of Mind  
Readings – Modules 2-6                                                              | Module Quizzes 1-6 Friday Sept 17                   |
| Sept 20 and 22| Consciousness; Nature, Nurture and Diversity  
Readings – Modules 7-12                                                              | Module Quizzes 7-12 Friday Sept 24                 |
| **Monday Sept 27** | **Test 1 (20%) based on all preceding content**                                   | **Learning Curves 1-12 Sunday Sept 26**            |
| Sept 29       | Development  
Readings – Modules 13-16                                                        | Module Quizzes 13-16 Friday Oct 1                   |
| Oct 4 and 6   | Sensation and Perception  
Readings – Modules 17-19                                                            | Module Quizzes 17-19 Friday Oct 8                    |
| **Oct 11 and 13 No class (Reading Week)** |                                                                      |
| Oct 18 and 20 | Learning; Memory  
| **Monday Oct 25** | **Test 2 (20%) based on all content since Test 1**                                   | **Learning Curves 13-25 Sunday Oct 24**            |
| October 27    | Thinking and Language  
Readings - Module 26-27                                                             | Module Quizzes 26, 27 Friday Oct 29                 |
| Nov 1 and 3   | Motivations; Emotions  
Readings - Modules 31, 32 and 34; Modules 35–37  
**Note: omit Modules 28 - 30 and 33**                                              | Module Quizzes 31, 32, 34-37 Friday Nov 5          |
| Nov 8 and 10  | Stress and Health; Social Psychology  
Readings - Modules 38-43                                                           | Module Quizzes 38-43 Friday Nov 12                  |
| **November 12 Last day to drop without receiving a grade.** |                                                                        |
| **November 12- Dec 7 Course Withdrawal Period** |                                                                        |
| **Monday Nov 15** | **Test 3 (20%) based on all content since Test 2**                                   | **Learning Curves 26-27, 31-33, 35-37, 38-43 Sunday Nov 14** |
| Nov 17        | Personality  
Readings – Modules 44-46                                                        | Module Quizzes 44-46 Friday Nov 19                  |
| Nov 22 and 24 | Psychological Disorders  
Readings – Modules 47-52                                                               | Module Quizzes 47-52 Friday Nov 26                  |
| Nov 29 and Dec 1 | Therapy  
Readings – Modules 53-55                                                          | Module Quizzes 53-55 Friday Dec 3                    |
| **Monday Dec 6** | **Test 4 (20%) based on all content since Test 3**                                   | **Learning Curves 44-55 Sunday Dec 5**              |
| **Fall Exam Period** |                                                                                   | **Optional Final Exam TBD (Date set by RO)**     |
| **Dec 9-23**  |                                                                              | **Replaces ONE zero/low test score based on all course content**          |
|               |                                                                              | **Please notify by email before 12 noon Dec 7, 2020 hjenkin@yorku.ca**        |