

Faculty of Health
Department of Psychology
PSYC 3140 3.0 B: ABNORMAL PSYCHOLOGY
Fridays/8:30am to 11:30am/ Online via Zoom
Remote Classes: September 10 to December 3, 2021
Fall term 2021

Course Delivery and Technical Course Requirements

This course will be **remotely delivered**. This type of course delivery means there will be *no in-person interactions or any activities on York campus*. I will be teaching this course **synchronously** – which means that I will be holding “live” lectures via Zoom, where the expectation is that we (all students and I) will meet during our scheduled lecture times outlined by the Registrar’s Office’s website. So, for PSYC3140B that means remote, live lectures will be held on Friday mornings from 8:30am to 11:30am, starting Friday, September 10th, 2021. I do not record lectures; however, I post lecture slides on the course website. There is no participation mark for this course.

In order to fully participate in PSYC3140B you will need to have access to:

1. Stable, higher-speed internet connection
2. Computer (and or smart device) with webcam & microphone

Please note: during lectures, students will be muted, and depending on the lecture, every 20 minutes or so, I will answer questions you may have, which you can ask or type in the chat. The teaching assistant may also answer questions in the chat.

Please note: You can use online tests, such as SpeedTest, to determine the strength/speed of your internet connection.

Also, here are some useful resources, providing different York University computing information that may come in handy:

[Student Guide to eClass](#)
[Zoom@YorkU Best Practices](#)
[Zoom@YorkU User Reference Guide](#)
[Computing for Students Website](#)
[Student Guide to eLearning at York University](#)

Instructor and T.A. Information

Instructor: Jennifer Lewin, Ph.D., C.Psych
Office Hours: by appointment (Fridays)
Email: jlewin@yorku.ca

T.A.	Amanda Piccirilli	Flora Roudbarani
Email	amanda97@my.yorku.ca	froudbar@yorku.ca
Office Hours	By appointment	By appointment

Course Prerequisite(s): Course prerequisites are strictly enforced

- HH/PSYC 1010 6.00 (Introduction to Psychology), with a minimum grade of C.
- Completed at least 54 earned credits

Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [eClass](#)

You will need a Passport York account to access the course website. Go to “[eclass.yorku.ca](#)” and type in your username and password information (Passport York account information) in the top right hand side of the page. After entering this information, your list of courses that use eClass will appear, click on “**HH/PSYC3140 B - Abnormal Psychology (Fall 2021-2022)**”. You will then be logged into the psyc3140B course website.

Course Description

This course provides an overview of the etiology, symptomology, and treatment of the major clinical disorders. Students will be asked to consider the historically and socially constructed nature of mental illness. The examination of neurotic, psychotic, and personality disorders, as well as some developmental problems will also be covered. Additionally, identity problems, anxiety conditions, and learned (phobias, substance abuse, cultural deprivation, etc.) patterns of abnormal behaviour will be studied. Overall, this course is designed to provide you with an introduction to adult psychopathology and to develop your ability to think critically about issues pertaining to mental health.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Demonstrate in-depth knowledge of abnormal psychology.
2. Articulate trends in abnormal psychology.
3. Express knowledge of abnormal psychology in written form
4. Describe and explain limits to generalizability of research findings in abnormal psychology.
5. Demonstrate ability to relate information in abnormal psychology to own and others’ life experiences.

Specific Learning Objectives

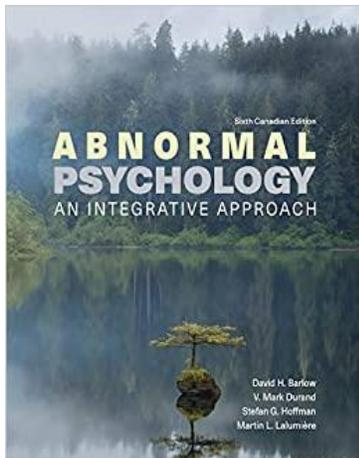
- 1) Defining and understanding the relatively fluid concept of abnormality and how both historical underpinnings and ongoing research continues to impact on this concept
- 2) Demonstrate knowledge of the history and current status of major paradigms in abnormal psychology, including the concepts and methods of each paradigm, as applied to the assessment, diagnosis, and treatment of abnormality
- 3) Will be given an opportunity to apply diagnostic criteria and examine how the disorder(s) developed, in addition to learning about current treatment methods

Required Text

Barlow, D.H., Durand, V.M., Hofmann, S.G., & Lalumiere, M.L. (2021). *Abnormal Psychology: An Integrative Approach, 6th Canadian Edition*. New York: Nelson pub.

ISBN-13: 978-0-17-687321-9

ISBN-10: 0-17-687321-X



Course Requirements and Assessment:

ASSESSMENT	Date of Evaluation (if known)	WEIGHTING
Test 1	Friday, October 1, 2021	30%
Test 2	Friday, November 5, 2021	30%
Test 3	During final exam period	40%
TOTAL		100%

Final marks are final and will not be adjusted in order to “boost” students into the next letter grade.

Description of Tests

Test 1, test 2, and test 3 will all follow the same format. All tests for this course will consist of 100 multiple choice questions and one applied, written question worth 10 to 15 marks. Multiple choice questions will be based on textbook readings, class lecture slides, videos shown during lectures, as well as any demonstrations/discussions that take place during lecture. Test 1 will be based on all lecture material and textbook readings assigned from Lectures 1 (September 10) to Lecture 3 (September 24). Test 2 will be based on all lecture material and textbook readings assigned from Lectures 4 (October 8) to Lecture 6 (October 29). Test 3 will be based on all lecture material and textbook readings assigned from Lectures 7 (November 12) to Lecture 10 (December 3) and Test 3 will take place during the exam period (see Course Schedule at the end of this outline for assigned readings/topics on a weekly basis). All tests will be posted on eClass. Further information regarding tests will be discussed during Lecture 1 and updates will be provided under “Course Announcements” on eClass.

Please note: For all tests, approximately 75 to 80 multiple choice questions will be generated directly from textbook material, with the other 20 to 25 questions generated directly from lecture and video material shown during class. The applied, written question will be based on information discussed in the textbook and also addressed in lecture. You will be provided with a scenario or case study and will need to apply your knowledge of course concepts/material to answer the written portion of the test.

Structural Format of Tests

All tests will be structured in the same format. The first question to answer on the test will be the written, applied question. Then the multiple choice portion of the test will follow. For all tests you will need **to answer questions in the order the questions are presented and you will not be able to return to previous test questions**. So for example, if you skip a question, you will not be able to return to it to answer it later. You will have 2 hours and 10 minutes to complete each test.

Class Format and Attendance Policy

It is not mandatory to attend class and attendance is not taken. It is strongly encouraged that you attend class in order to engage with the course material, ask questions you may have, and also hear what other students have to say. Additionally, a small portion of test questions will come directly from the lecture.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme for 2021-22](#)

Missed Tests/Exams

Please email the course director (Jennifer Lewin, jlewin@yorku.ca), letting me know you missed the test. Please do this within 48 hours of missing a test. Also, for any missed tests, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed test or late assignment.

Attending Physician Statements (APS) will not be requested during the summer session due to COVID-19.

The makeup tests will be one week after the original test date, so makeups will be held on:

Makeup for Test 1: Friday, October 8th, 2021, start time: 6pm

Makeup for Test 2: Friday, November 12, 2021, start time: 6pm

Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2021-22 Important Dates](#)

	Fall (Term F)
Last date to add a course without permission of instructor (also see Financial Deadlines)	Sept. 21
Last date to add a course with permission of instructor (also see Financial Deadlines)	Oct. 5
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 12
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 13 - Dec. 7

***Note:** *You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as "W". The withdrawal will not affect your grade point average or count towards the credits required for your degree.*

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#).

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Information on Plagiarism Detection

The university has subscribed to the Turnitin service which helps professors identify internet plagiarism and helps students maintain academic integrity. The work submitted by you in this course will be submitted through Turnitin via eClass.

Electronic Device Policy

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities

may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

<https://accessibility.students.yorku.ca/>

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

Course Materials Copyright Information

These course materials are designed for use as part of the PSYC3140B course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Course Schedule

LECTURE	DATE	ASSIGNED TEXTBOOK READINGS
Lecture 1	September 10, 2021	Chapter 1: Abnormal Behaviour in Historical Context
Lecture 2	September 17, 2021	Chapter 2: An Integrative Approach to Psychopathology
Lecture 3	September 24, 2021	Chapter 3: Clinical Assessment & Diagnosis
TEST 1	October 1 2021	Chapters 1, 2, and 3 (Videos viewed in class are testable as well!!!)
Lecture 4	October 8, 2021	Chapter 5: Anxiety <i>Part of Chapter 6: Obsessive-Compulsive & Related Disorders (pg. 173 to end of chapter)</i>
READING WEEK	Oct. 11 to 15, 2021	No class or assigned readings!
Lecture 5	October 22, 2021	Chapter 7: Trauma and Dissociation
Lecture 6	October 29, 2021	Chapter 8: Mood
TEST 2	November 5, 2021	Chapters 5, 7, 8 and <i>part of Chapter 6</i> as well as lecture material (lectures 3 to 6) (Videos viewed in class are testable as well!!!)
Lecture 7	November 12, 2021	<i>Part of Chapter 6: Somatic Symptom Disorder and Related Disorders (start of chapter until pg. 173)</i> Chapter 9: Eating
Lecture 8	November 19, 2021	Chapter 12: Substance Use & Impulsive Control <i>Part of Chapter 11: Gender Dysphoria (pg. 334 to end of chapter)</i>
Lecture 9	November 26, 2021	Chapter 13: Personality
Lecture 10	December 3, 2021	Chapter 14: Psychosis

TEST 3	During exam schedule (December 9 to December 23, 2021)	Chapters 9, 12, 13, 14 and <i>part of Chapter 6</i> , <i>part of Chapter 11</i> as well as all lecture material since Test 1 (Lectures 7 to 10) (Videos viewed in class are testable as well!!!)
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