

**PSYC 3140 (O) – Abnormal Psychology**  
**Faculty of Health**  
**Department of Psychology**  
**York University, Winter 2022**  
**Wednesdays/830am/In Person/Online via Zoom (if campus restrictions)**

**COURSE OBJECTIVES/DESCRIPTION**

This survey course is designed to provide an introduction to psychopathology and the study of abnormal behaviour. Clinical psychologists are concerned with maladaptive behaviour of all sorts, severity and duration. This course will review the major forms of mental and emotional disorders and the scientist-practitioners who have made important contributions and discoveries in the field. Lectures will be supplemented by assigned text readings, videos, discussions and individual case study materials.

**Prerequisites:** HH/PSYC 1010 6.00 (Introduction to Psychology), minimum grade of C Completed at least 54 earned credits  
**Course prerequisites are strictly enforced**  
**Please refer to York Courses Website for a listing of any course credit exclusions.**

**COURSE WEBSITE:**

All course materials will be available on the course EClass site. The site will be your central access point for course information: [Accessing eClass and your courses - Learning Technology Services \(yorku.ca\)](#)

When there are campus restrictions, lectures (and if necessary, mid-term tests) will be conducted (and administered) via Zoom. There will be a ‘recurring’ Zoom link that will be provided on the eClass website for you to attend those synchronous weekly lectures.

**COURSE INFORMATION**

Instructor:	Dr. Joel Goldberg	jgoldber@yorku.ca
Instructor Office Hours:	By appointment	(note: no final ‘g’)
Teaching Assistant:	Anthony Battaglia	battaga@yorku.ca
Teaching Assistant Office Hours:	By appointment	

Lectures: Wednesdays 8:30 am – 11:30 am in-person Vari Hall C (VH – Lecture Hall C) (unless there are University imposed campus restrictions due to COVID-19 pandemic safety, then lectures will be conducted synchronously via Zoom)

**REQUIRED TEXTBOOK**

Flett, G.L., Kocovski, N.L. & Blankstein, K.R. (2017). *Abnormal Psychology: Canadian Edition* (6th ed.). Toronto: John Wiley & Sons Canada, Ltd.

ISBNs for the textbook are as follows (choose one):  
e-text: 978-1-119-33533-7  
print: 978-1-119-70530-7

## LEARNING OUTCOMES

Upon completion of this course, students should be able to:

1. Demonstrate a breadth of knowledge of psychopathology and clinical psychology assessment
2. Articulate patterns and historical trends in abnormal psychology understandings.
3. Express knowledge of abnormal psychology in written form
4. Describe and critically appraise the contributions of scientist-practitioners and the limits of the clinical and research findings in the field
5. Demonstrate ability to generalize scientific information in abnormal psychology to one's own life and to the life experiences of others.

## CLASS FORMAT AND EVALUATION

The course will consist of lectures and textbook readings. The final mark will be based on 10 non-cumulative quizzes, two non-cumulative tests and a non-cumulative final exam as well as 3 written assignments.

**Quizzes** will be based on textbook material only.

For **tests** and the final exam, you will be responsible for material covered in lectures as well as assigned text readings. There will be some overlap between the material presented in the text and in the lectures. However, there will also be specific material that will only be presented in the lectures. Therefore, in order to ensure your success in the course, you are encouraged to do the assigned text readings, attend weekly lectures, ask questions, and participate in class discussions.

### Evaluation:

### Weighting towards final grade:

Top 10 of 12 Quizzes	15 %
Written assignments (3 assignments)	10%
Test 1: ( <b>Feb 2</b> ):	25%
Test 2: ( <b>Mar 2</b> ):	25%
Final Exam: ( <b>during Apr exam period</b> )	25 %
Clicker – participation	Bonus 2%

The above course requirements and weights are final and will not be adjusted. Requests for special consideration should be directed to the course instructor, not to the teaching assistant. Exceptions **may** be made for missed tests in extenuating circumstances, provided the student presents **legitimate** reasons for failing to complete stated course requirements. Final marks are final and will not be adjusted in order to “boost” students’ marks into the next letter grade.

### Weekly Quizzes:

Students are required to complete weekly quizzes on-line. Questions will be based on assigned textbook chapters only, and not on lecture material. Quizzes will be available online for 6 days (typically from Wednesday evening after lectures to Tuesday evenings prior to lectures) and will consist of 5 questions to be completed in 5 minutes.

Although students may refer to their textbook to answer questions, students are encouraged to review textbook material beforehand so as to be able to answer questions correctly in the time allotted.

Students who fail to complete a quiz will be given a mark of 0%. Students are given 6 days to complete each quiz, and so if a quiz is missed due to illness, browser or computer problems, or other extenuating circumstances, there will be no opportunity to complete the quiz at a later time. However, only the top 10 of 12 quizzes count towards the total quiz mark of 15%. Therefore, students may miss or skip up to two quizzes and not be penalized, as their lowest two quiz marks will not count towards their final grade. Students who complete all 12 quizzes, will have their lowest two marks dropped from their final grade.

**Students are responsible for completing the Practice quiz by January 15<sup>th</sup> at 11:59 PM.** Although this quiz will not count towards your grade, it is essential that students familiarize themselves with the format of the eClass quizzing tool and ensure that any problems relating to connectivity, browser set up, etc., are resolved before Quiz 1.

*Instructions for completing Quizzes*

1. Login to your eClass account at <https://eclass.yorku.ca/>
2. Select the assigned quiz.
3. **Click “save without submitting” after each question.**
4. **Click “submit all and finish” when finished the quiz.**

*Important tips when completing eClass quizzes*

- The timer may run overtop the questions, so open a big enough window in order to clearly view the questions.
- Leaving the quiz does not stop the timer!
- Make sure that your browser is set to the recommended browser settings. For more information on browser settings, see: <https://lthelp.yorku.ca/accessing-eclass/recommended-browser-settings>
- Please be sure to allow enough time to complete each quiz. If you leave a quiz that has already started, you will not be able to log in at a later time to complete it.

**Tests and Final Exam:**

The format of the two tests and the final exam will be multiple-choice. You are required to write all tests and the exam on the scheduled dates. Special tests will be granted only on religious, medical, or compassionate grounds **with supporting documentation submitted to the undergrad office before or within 48 hours of the test date using this form:** [HH PSYC: Missed Tests/Exams Form](#)

Approximately one-third of the test questions will be based on material that was covered in both lectures and text readings. Approximately one-third of the test questions will be based on material that was only covered in the lectures and approximately one-third of the test questions will be based on material that was only covered in the text readings. Generally, the more something was discussed in class, or the more prominent it was in the readings, the more likely it is to appear on the tests.

## **Written Assignments:**

There will be three written assignments designed to enhance your knowledge, your critical thinking and your self-reflection. The Written Assignments (WA) are worth a total of 10% of your final grade (WA#1 – 2%; WA#2 – 6%; WA#3 – 2%). Students will be expected to submit the completed assignments by the deadlines noted below. These activities will provide students with an opportunity to evaluate their learning, formulate thoughts and present their ideas to the instructors. Evaluation of the written assignments will be based on the quality of written work submitted, using a rubric that will be made available to students.

Dates: WA #1 (Clinical Assessment): Due February 1; WA #2 (Celebrity case formulation): Due March 1; WA #3 (Psychological Intervention): Due April 6

## **Class participation:**

As part of our classroom learning, we will be reviewing case studies and engaging in other experiential education. Specifically, to enhance student participation in the learning process, we will be using iClicker which will allow us to ‘poll the class.’ All students can earn up to 2% ‘bonus’ marks, based on ‘clicker’ in-class participation. For more information about using your clicker in class, check the iclicker REEF website: <https://student.computing.yorku.ca/technology-used-in-courses/polling-student/>  
The iClicker Join Code for our 31400 course is: F7W76 <https://join.iclicker.com/F7W76>

## **IMPORTANT INFORMATION FOR STUDENTS**

### **Missed Tests/Midterm Exams/Late Assignments:**

For any missed tests, midterm exam or late assignments, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office: [HH PSYC: Missed Tests/Exams Form](#). At this time, due to COVID-19 an Attending Physician’s Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed tests, midterm exam or late assignments.

## **POLICY REGARDING ILLNESS**

Students may request to reschedule a test or to extend a deadline only if they have legitimate medical, religious, or compassionate reasons. However, it is the student’s responsibility to:

- inform the instructor of their situation prior to, or on, the test date.
- arrange a timely makeup
- provide documentation (see below) to support a medical, compassionate or religious claim.

For any missed test or late written assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office: [HH PSYC: Missed Tests/Exams Form](#) At this time, due to COVID-19 an Attending Physician’s Statement (APS) is not required, however, a

reason for missing an evaluated component in the course must be provided. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment.

**Tentative Makeup Test Dates:**

1. Makeup for Test 1: Monday, February 7, time to be announced later.
2. Makeup for Test 2: Monday, March 7, time to be announced later

**Academic Accommodation for Students with Disabilities**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The [York University Accessibility Hub](#) is your online stop for accessibility on campus. The [Accessibility Hub](#) provides tools, assistance and resources. **Please let us know as early as possible if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.**

**Accommodations Policy Statement:** York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses. Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder. For Further Information please refer to: [York university academic accommodation for students with disabilities policy](#).

**Electronic Device Policy**

This course will be delivered in person; electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes and for quizzes and assignments. However, electronic devices are not permitted for mid-term tests and exam. It is noted that weekly quizzes are open-book (course textbook is permitted for quizzes only).

**Attendance Policy – Weekly In-person lectures**

Attendance is strongly encouraged but not mandatory. Lectures are designed to provide clarification of particular topics and/or to supply you with additional material including clinical examples to extend your understanding of certain topics. They are not designed to cover all the material presented in the textbook. If you do not attend a lecture(s), regardless of the reason, you are responsible for all information that has been presented during the class. The course director will provide many but not all power-point slides. No class lecture notes will be provided to students who have missed classes regardless of the reason for missing class.

**POLICY REGARDING PLAGIARISM & ACADEMIC DISHONESTY**

Students are responsible for understanding the nature of, and avoiding the occurrence of, plagiarism and other academic offenses. York University takes academic integrity very

seriously; please familiarize yourself with the Academic Integrity Policy: [SPARK | YorkU](#). It is recommended that you review Academic Integrity by completing [The Academic Integrity Tutorial \(yorku.ca\)](#) and [The Academic Integrity Quiz \(yorku.ca\)](#). Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it was submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. If you are in doubt about whether what you are doing is inappropriate, consult your instructor or TA. A claim that “you didn’t know it was wrong” will not be accepted as an excuse.

### **Test Banks**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

### **Course Materials Copyright Information**

These course materials are designed for use as part of the Psyc 31400 course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

### **LETTER GRADE DESCRIPTIONS**

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments, quizzes and tests will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar - [Grading Scheme for 2021-22](#)

## LECTURE SCHEDULE

<b>Date</b>	<b>Topic</b>	<b>Chapter</b>	<b>Quiz</b>
Jan 12	Overview Abnormality, Paradigms	1, 2	Practice Quiz Due Jan 14, 11:59 PM
Jan 19	Diagnosis-Classification	3	Quiz 1: Ch. <b>1, 2</b> Due Jan 18, 11:59 PM
Jan 26	Clinical Assessment Written assignment (Due Feb 1, 1159PM)	3	Quiz 2: Ch. <b>3</b> Due Jan 25, 11:59 PM
Feb 2	<b>Test</b> Stress-Burnout	9	Quiz 3: Ch. <b>9</b> Due Feb 1, 11:59 PM
Feb 9	Somatic Disorders/Obsessive Compulsive/ Anxiety Disorders	5,6,7	Quiz 4: Ch. <b>5</b> Due Feb 8, 11:59 PM
Feb 16	Mood Disorders/Eating Disorders Written assignment (Due Mar 1, 1159PM)	8, 10	Quiz 5: Ch. <b>6</b> Due Feb 15, 11:59 PM
Feb 23	<b>Reading Week – no class</b>		Quiz 6: Ch. <b>8</b> Due Mar 1, 11:59 PM
Mar 2	<b>Test</b> Schizophrenia	11	Quiz 7: Ch. <b>10</b> Due Mar 8, 11:59 PM
Mar 9	Schizophrenia (cont)	11	Quiz 8: Ch. <b>11</b> Due Mar 15, 11:59 PM
Mar 16	Personality Disorders/Substance Use	13, 12	Quiz 9: Ch. <b>13</b> Due Mar 22, 11:59 PM
Mar 18	<b>Last date to drop the course without receiving a grade</b>		
Mar 23	Child Psychopathology	15	Quiz 10: Ch. <b>12</b> Due Mar 29, 11:59 PM
Mar 30	Paradigms Revisited and Interventions Written Assignment (Due Apr 5, 1159PM)	2, 17	Quiz 11: Ch. <b>15</b> Due April 5, 11:59 PM
Apr 6	Psychopathology Research and Review	4	Quiz 12: Ch. <b>17</b> Due Apr 11, 11:59 PM
Apr 12-29	Final exam period (There will be a final examination in this course)		