

**Faculty of Health
Department of Psychology
PSYC 3140 3.0 Section B: PSYCHOLOGICAL HEALTH, DISTRESS & IMPAIRMENT
Fridays/8:30am to 11:30am/In-person, Vari Hall-C (VH-C)
Fall/2023**

The entire course will be delivered in-person with no accommodations (i.e., lectures are not recorded) made for students who cannot attend lectures. Lecture slides will be posted on the course website before each class. There will also be three in-class group assignments where you will need to be present on those particular dates to be able to participate and submit this group assignment.

Instructor and T.A. Information

Instructor: Jennifer Lewin, Ph.D., C.Psych
Office Hours: By appointment, rm. 251 BSB
Email: jlewin@yorku.ca

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| T.A. | Naama Kronstein | Marina Charalampopoulou |
| Email | nbnkr@my.yorku.ca | mcharal@yorku.ca |
| Office Hours | By appointment | By appointment |

How to reach your instructor or teaching assistant:

The preferred method contacting the teaching assistant or the instructor is via email. For missed tests, please email the course director. Additionally, email the course director regarding requests to use the alternate exam centre or any administrative issues (e.g., not enrolled in course, difficulty logging onto course website, etc.).

Course Prerequisite(s): Course prerequisites are strictly enforced

- Passed (i.e., 50% or higher) HH/PSYC 1010 6.00 (Introduction to Psychology)
- Completed at least 54 earned credits

Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [eClass](#)

You will need a Passport York account to access the course website. Go to “[eclass.yorku.ca](#)” and type in your username and password information (Passport York account information) in the top right hand side of the page. After entering this information, your list of courses that use eClass will appear, click on “**HH/PSYC3140 B – Psychological Health, Distress & Impairment (Fall 2023)**”. You will then be logged into the psyc3140B course website. Lecture slides and other important course information (e.g., course syllabus) will be posted on the course website. Additionally, you can find course announcements as well.

Course Description

This course provides an overview of the etiology, symptomology, and treatment of the major clinical disorders. Students will be asked to consider the historically and socially constructed nature of mental illness. The examination of neurotic, psychotic, and personality disorders, as well as some developmental problems will also be covered. Additionally, identity problems, anxiety conditions, and learned (phobias, substance abuse, cultural deprivation, etc.) patterns of abnormal behaviour will be studied. Overall, this course is designed to provide you with an introduction to adult psychopathology and to develop your ability to think critically about issues pertaining to mental health.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Demonstrate in-depth knowledge of abnormal psychology.
2. Articulate trends in abnormal psychology.
3. Express knowledge of abnormal psychology in written form
4. Describe and explain limits to generalizability of research findings in abnormal psychology.
5. Demonstrate ability to relate information in abnormal psychology to own and others' life experiences.

Specific Learning Objectives

- 1) Defining and understanding the relatively fluid concept of abnormality and how both historical underpinnings and ongoing research continues to impact on this concept
- 2) Demonstrate knowledge of the history and current status of major paradigms in abnormal psychology, including the concepts and methods of each paradigm, as applied to the assessment, diagnosis, and treatment of abnormality
- 3) Will be given an opportunity to apply diagnostic criteria and examine how the disorder(s) developed, in addition to learning about current treatment methods

Required Text

Lalumiere, M.L., Barlow, D.H, & Hofmann, S.G. (2024). Psychopathology: An Integrative Approach to Understanding, Assessing, and Treating Psychological Disorders , 7th Canadian Edition, Cengage.

ISBN-13: 978-1-77474-032-3



Course Requirements and Assessment:

| Assessment | Date of Evaluation (if known) | Weighting |
|------------------------------|---------------------------------|-------------|
| Test 1 | October 6, 2023 | 28% |
| Test 2 | November 10, 2023 | 28% |
| Test 3 | During fall exams (Dec 7 to 20) | 38% |
| In-class group assignment #1 | September 22, 2023 | 2% |
| In-class group assignment #2 | October 27, 2023 | 2% |
| In-class group assignment #3 | November 24, 2023 | 2% |
| Total | | 100% |

Final marks are final and will not be adjusted in order to “boost” students into the next letter grade.

Description of Test Format

Worth: Test 1 & 2 = 28% each of final grade, Test 3 = 38% of final grade

The majority of the course evaluation for this class will consist of three non-cumulative tests. Tests will be based on textbook readings, lecture material, and video material. Tests will consist of multiple-choice questions and short answer questions. They will be comprised of approximately 90 to 100 multiple choice questions, which will be based on assigned textbook readings (i.e., 60 to 75 MC questions) and lecture material (i.e., 18 to 25 MC questions) and 1 short answer question based on readings and lecture material. Students will be given 2 hours and 30 minutes to complete tests. Test 1 will be based on all lecture material and textbook readings assigned from Lectures 1 (Sept 8) to Lecture 3 (Sept 22). Test 1 will take place in class on Friday, October 6, 2023, start time: 8:30am. The course schedule at the end of the syllabus has the test dates in them and accompanying chapters/lectures you are responsible for each test. Further information regarding Test 1 will be discussed during Lecture 1 and updates will be provided under “Course Announcements” on eClass.

Students are required to write tests on the scheduled dates. Special test dates will be granted only on religious, medical, or compassionate grounds (e.g., death in the family) **with appropriate documentation provided**. Please see the “Religious Observance Policy” and/or “Policy for Missed Tests and Examinations” sections for more information regarding protocol

and documentation requirements. The tests will not be returned to students. Tests can be viewed by booking an appointment with your assigned teaching assistant (TA). Cheating will not be tolerated; please see the note on the avoidance of academic offences near the end of this syllabus.

In-Class Group Assignments

Worth: 2% each, total of 6% of final grade

There will be three in-class group assignments. Groups will consist of 3 to 5 students. Each in-class assignment (ICA) is worth 2%, for a total of 6% of your final grade. I will post a case study under “Important Course Information” on eClass a few days before the in-class assignment takes place. Make sure you read over the case study before the ICA. Students will be expected to hand in one piece of written work per each group and it will be submitted at the end of the class. These activities will provide students with an opportunity to evaluate their learning, formulate thoughts and present their ideas. In-class assignments will be based on attendance and quality of group written work submitted. The in-class group assignments will take place during the last 45 to 60 minutes of the class.

Dates of in-class group assignments: ICA #1: September 22, 2023

ICA #2: October 27, 2023

ICA #3: November 24, 2023

Class Format and Attendance Policy

You are encouraged to attend classes however it is not mandatory. It is your opportunity to engage with course material, ask questions, and get to know your classmates. I do not take attendance as this is a large class (150 to 200 people). Please note: **You will need to be present in class to complete the three in-class group assignments**, so make sure you attend on those days and that you are prepared (i.e., read over case study provided on course website). If not, you will receive a grade of zero on the in-class assignment.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme for 2023-24](#)

Missed Tests/Midterm Exams/Late Assignment

For any missed quiz or late assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office. At this time, due

to COVID-19 an Attending Physician’s Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided.

HH PSYC: Missed Tests/Exams Form. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment.

<https://psychology.apps01.yorku.ca/machform/view.php?id=16179>

Acceptable/reasonable reasons for missing the test that will result in permission to write the makeup test include but are not limited to: death in the family, injured in an accident, get in accident on the way to the test, are required to be in court, are sick/ill.

Please also email me, the course director (Jennifer Lewin) within 48 hours of missing the original test date.

Add/Drop Deadlines

For a list of all important dates please refer to: **Fall/Winter 2023-24 Important Dates**

<https://registrar.yorku.ca/enrol/dates/2023-2024/fall-winter>

| | Fall (Term F) |
|---|------------------|
| Last date to add a course without permission of instructor (also see Financial Deadlines) | Sept. 20 |
| Last date to add a course with permission of instructor (also see Financial Deadlines) | Sept. 28 |
| Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines) | Nov. 8 |
| Course Withdrawal Period (withdraw from a course and receive a grade of “W” on transcript – see note below) | Nov. 9 Dec. 5 |

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#).

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Information on Plagiarism Detection

Tests will be written in-person and in-class group assignments will be completed and submitted by the end of the class.

Electronic Device Policy

This course will be delivered in-person. Electronic devices are permitted during class time for course-related purposes ONLY.

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic device during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you anticipate requiring academic accommodation so

that we can discuss how to consider your accommodation needs within the context of this course.

<https://accessibility.students.yorku.ca/>

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

Course Materials Copyright Information

These course materials are designed for use as part of the PSYC3140 Section B course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

TENTATIVE Course Schedule Fall 2023

| LECTURE | DATE | ASSIGNED TEXTBOOK READINGS |
|----------------|--------------------|---|
| Lecture 1 | September 8, 2023 | Chapter 1: Psychopathology in Historical Context |
| Lecture 2 | September 15, 2023 | Chapter 2: An Integrative Approach to Psychopathology |
| Lecture 3 | September 22, 2023 | Chapter 3: Clinical Assessment & Diagnosis Part of Chapter 4 (Research Methods): start of chapter (pg.99 to 102, stop reading when you get to heading: "STUDYING INDIVIDUAL CASES") In-class group assignment #1 |
| Lecture 4 | September 29, 2023 | Chapter 5: Anxiety |

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| | | <i>Part of Chapter 6: Preoccupation & Obsession; Obsessive Compulsive and Related Disorders (pg. 173 to end of chapter)</i> |
| TEST 1 | October 6 2023 | Chapters 1, 2, and 3 & part of chapter 4, and Lectures 1, 2, and 3 (Videos viewed in class are testable as well!!!) |
| READING WEEK | October 13, 2023 | No readings!!! |
| Lecture 5 | October 20, 2023 | Chapter 8: Mood |
| Lecture 6 | October 27, 2023 | Chapter 7: Trauma and Dissociation In-class group assignment #2 |
| Lecture 7 | November 3, 2023 | <i>Part of Chapter 6: Somatic Symptom Disorder and Related Disorders (start of chapter until pg. 173)</i> <i>Part of Chapter 11: Gender Dysphoria (pg. 334 to end of chapter)</i> |
| TEST 2 | November 10, 2023 | Chapters 5, 7, 8 and <i>part of Chapter 6 OCD & related disorders</i>, as well as lecture material (lectures 4, 5, & 6) (Videos viewed in class are testable as well!!!) |
| Lecture 8 | November 17, 2023 | Chapter 12: Substance Use & Impulsive Control |
| Lecture 9 | November 24, 2023 | Chapter 13: Personality In-class group assignment #3 |
| Lecture 10 | December 1, 2023 | Chapter 14: Psychosis |
| TEST 3 | During Fall exam schedule | Chapters 12, 13, 14 and <i>part of Chapter 6 Somatic Disorders, part of Chapter 11 Gender Dysphoria</i> as well as Lectures 7, 8, 9 and 10 (Videos viewed in class are testable as well!!!) |

Fall exam period: December 7 to 20, 2023