

Faculty of Health
Department of Psychology

PSYC 1010 6.0 Section B: INTRODUCTION TO PSYCHOLOGY

Tuesday & Thursday/ACE 102 11:30-1 p.m./ In-Person

2023-2024

This course consists of lectures that you can attend in-person and that are also recorded and available remotely. Midterms and the final exam are written in-person.

Instructor and T.A. Information

Instructor: Dr. Myriam Mongrain, Ph.D., C.Psych.

Email: mongrain@yorku.ca

TAs	TA email	TA Office Hours
Jeremy Forsythe	Jeremy08@yorku.ca	By appointment
Alan Kian	akian@yorku.ca	By appointment
Sabrina Malouka	malouka@yorku.ca	By appointment
Heala Maudoodi	maudoodi@yorku.ca	By appointment
Marlee Salisbury	msalisb@yorku.ca	By appointment

Course Prerequisite(s): None

Course website <https://eclass.yorku.ca/course/view.php?id=99131>. This is your central access point for all course materials.

- Course outline /Lecture recordings /Lecture slides /TA information
- Discussion forums

Course Description: We discuss findings in psychology and the methods that psychologists use to unravel the mysteries of human behaviour. Topics include the biological bases of behaviour, learning, memory, perception, intelligence, motivation and emotion, development across the lifespan, personality, health and social psychology, psychological disorders and psychotherapy.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

Specific Learning Objectives

Students will be able to understand and explain human behaviour from biological, evolutionary, learning, developmental and sociocultural perspectives.

Required Text

McCann, Weiten, & Matheson (2022). *Psychology: Themes and Variations, 6th Canadian Edition*.

Course Requirements and Assessment:

Assessment	Date of Evaluation (if known)	Weighting
Midterm #1	October 17 and 19	20%
Midterm #2	November 28 and 30	20%
Midterm #3	February 27 and 29	25%
Final	TBD (April 10-25)	31%
Research Participation URPP	2% each semester	4%
Total		100%

Research Participation

4% of your grade comes from your participation in the URPP (Undergraduate Research Participant Program). Contact – urpp@yorku.ca

- For more details check their website.
<https://www.yorku.ca/health/psychology/research/undergraduate-research-participant-pool/>

**Midterm Policy

Each midterm includes two test administrations. The tests are comprised of multiple choice and short answer questions. You have the opportunity to write two versions of the test on Tuesday, and on Thursday. We take the best grade out of the two. If you miss one day, we will use the grade from the other day.

Missed Tests/Midterm Exams

For any missed quiz or late assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed exam.

You are expected to come to class (ACE 102) for the midterms. In the unusual circumstance of a serious illness, accident, or hospitalization, a make-up exam will be made available at the end of term. Note that you can only write 1 make-up during the full year. Other missed exams will result in a grade of 0.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Tests will bear a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.).

Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2023-24 Important Dates](#)

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. See [Refund Tables](#).

"Last date to enrol without permission of course instructor" is September 20th, 2023. You can enroll with permission from the course instructor up to September 28th, 2023.

You may [withdraw from a course](#) using the registration and enrolment system up until February 8th, 2024. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Course Materials Copyright Information

These course materials are designed for use as part of the HH/PSYC 1010 6.0 B & G course at York University and are the property of the instructor unless otherwise stated.

Copying this material for distribution (e.g. uploading material) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

Electronic Device Policy

This course will be delivered in-person, and use of cell phones is discouraged. Electronic devices (e.g. laptops) are permitted during class time for course-related purposes.

FALL TERM 2023

LECTURE TOPICS AND READINGS

<u>Date</u>	<u>Topic</u>	<u>Chapter in Textbook</u>
September 7	Introduction	Ch. 1
September 12 & 14	Domain of Psychology Research Methods	Ch. 1 & 2
September 19 & 21	Biological Basis of Behaviour	Ch. 3
September 26 & 28	Perception	Ch. 4
October 3 & 5	Dreams	Ch. 5
October 10 & 12	Reading Week	No class
October 17 & 19	Midterm #1 (20%)	Chapters 1,2,3,4 Text and lecture material
October 24 & 26	Drugs and Hypnosis	Ch. 5
Oct. 31 & Nov. 2	Learning	Ch. 6
November 7 & 9	Memory	Ch. 7
November 14 & 16	Thinking	Ch. 8
November 21 & 23	Intelligence	Ch. 9
November 28 & 30	Midterm # 2 (20%)	Chapters 5, 6, 7, 8, 9 Text and lecture material since last midterm
December 5 (no class)		

Lectures resume Jan. 9th, 2024.

WINTER TERM 2024: LECTURE TOPICS AND READINGS

<u>Date</u>	<u>Topic</u>	<u>Chapter in Textbook</u>
January 9 & 11	Motivation	Ch. 10
January 16 & 18	Emotion	Ch. 10
January 23 & 25	Child Development	Ch. 11
January 30 & February 1	Adolescence and Adulthood	Ch. 11
February 6 & 8	Personality	Ch. 12
February 13 & 15	Stress & Health	Ch. 14
February 20 & 22	Reading Week	No Classes
February 27 & 29	Midterm 3 (25%)	Chapters 10, 11, 12, 14 Text and lecture material since last midterm
March 5 & 7	Social Influences on Behaviour	Ch. 13
March 12 & 14	Social Interaction	Ch. 13
March 19 & 21	Psychological Disorders Part 1	Ch. 15
March 26 & 28	Psychological Disorders Part 2	Ch. 15
April 2 & 4	Treatment of Psychological Disorders	Ch. 16
TBD Final Exam Period (April 10-25)	Final Exam (31%)	Chapters 13, 15, 16 <i>Note:</i> 10% of final exam is cumulative and includes lecture content from January 9 to February 15, 2024.