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Faculty of Health
Department of Psychology
PSYC 1010 6.0 Section E
INTRODUCTION TO PSYCHOLOGY
Fall/Winter 2024
(Winter Term)

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Course Prerequisite(s): None
Course Credit Exclusions: Please refer to [York Courses Website](#)

Course Directors: Dr. Kathleen Fortune
Dr. Gerry Goldberg, C. Psych. The *winter* term **(email: gegold@yorku.ca)**

Course Format
The lectures are prerecorded and available on the eClass course site and so are asynchronous. Live in class component is in person and synchronous as are all tests. The lectures include media presentations. Lectures will discuss and expand on text readings and will, at times, discuss material not in the text. Although not all text material will be discussed directly in lecture you are responsible for all text and the pre-recorded lecture material. You are responsible for this material and media presentations. When studying for tests, do not study just from the text or the lecture notes. Questions derived from media presentations may appear on tests. It is recommended that you do not try to cram. View each pre-recorded lecture in segments with rest breaks as they are 3-hrs long.

TIME: Official class time is Thursday 2:30-5:30. There are pre-recorded lecture available on eClass. Lecture time periods will have in person lectures but less formal presentations of these recorded lectures. These in-class presentations will be more focused on student interaction/question and answer period. It is expected that students will review all pre-recorded lectures and the related chapter before attending lectures. As this is not an online course, and the tests will be in person. Test 3 will be administered in class during official class time on February 29. Test 4 will be administered during the April exam period.

Office hours: For teaching assistant TA office hours, private in person or zoom meetings need be scheduled by email. Dr. Goldberg will be available to discuss personal matters, issues related to accommodation/accessibility, and missed exams. He will not answer emails regarding issues/questions covered in the course syllabus. For questions **concerning lecture or text material, study habits, etc.**, you should contact your TA.

We look forward to meeting you and receiving your emails. When emailing include your Student ID and full name in the body of your email with the course number on the subject line (if not, a reply is not guaranteed). See end of this document for guidance on email etiquette.

Program Learning Outcomes
Upon completion of this course, students should be able to:
1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

Course website:
The eClass course site has important information about the course (including a copy of this course outline with updates), pre-recorded lectures and most slides in PowerPoint format. Grades will be posted on this site. New information concerning the course, such as make-up exam information will be posted.

It is your responsibility to check the eClass site for this course frequently for updates.
Go to: http://eClass.yorku.ca/index.htm to learn how to access and use eClass.

Required Text: (same as Fall semester)
This text is available through the York University Bookstore.

Required: McCann, D., Weiten, W., & Matheson, D. (2022). Psychology: Themes and Variations (*6th* Canadian Edition). Toronto, Canada: Thomson-Nelson.

Recommended: Mindtap (Mindtap is bundled with the texts available through the York University Bookstore. Mindtap contains practice tests and study materials that many students find useful in preparing for course tests and exams.

NOTE: Make sure to get the right edition of the textbook - the 6th Canadian Edition with a publication date of 2022. This is the only textbook that will be referred to in this course. You can obtain a copy of the textbook through the York University Bookstore website. Mindtap **is not used for purposes of evaluation** but is a tool that students can use to study and practice test taking.

Tests/Evaluation Winter Term:

Student evaluation in the winter term is based on 2 multiple choice tests each worth 24% of your final grade. Participation in URPP (Undergraduate Research Participant Program) constitutes 2% for a total of 50%.

- Tests are **non-cumulative,** and both cover roughly four chapters + lecture material. Questions will be drawn from the text, lectures, and media presentations.
- Both exams will consist of approximately 60 multiple choice questions and several short essay questions. administered in person.

Winter Term	Multiple Choice	
Test 3	February 29	(24%) Chapters 10-13, lectures 13-18 including media
Test 4	TBA: Exam period: April 10-25	(24%) Chapters 9,14-16, lectures 20-24 media

URPP or Research Participation: *2%* of your grade in the winter comes from your participation in the URPP (Undergraduate Research Participant Program) research opportunities. To earn the 2% research mark you must participate in 4 hours of research in the winter term (for 2%). You cannot obtain the full 2% credit unless you do 4 hours of research. If you feel strongly about NOT participating, you will be provided with an alternative written assignment by URPP (not by your professor). All of this is done under the direction of the URPP coordinator, not your instructors or the TAs. Details regarding participation in the URPP should be forthcoming from the administrator of URPP. Any information will be posted on eclass. You can contact URPP at urpp@yorku.ca. If you have any concerns regarding urpp points or participation, email them, **not your instructor or TA**.

Winter 2024

	DATE	TENTATIVE SCHEDULE OF TOPICS	TEXT READING
13	Jan 11	Motivation and Emotion	Ch.10
14	Jan 18	Motivation and Emotion	Ch.10
15	Jan 25	Human Development	Ch 11
16	Feb 1	Personality	Ch. 12
17	Feb 8	Social Psychology	Ch. 13
18	Feb 15	Social Psychology	Ch. 13

	Feb 22	Reading Week (no classes)	
19	Feb 29	**Test 3: Chapters 10-13, lectures 13 -18 including media**	
20	Mar 7	Stress & Health	Ch. 14
21	Mar 14	Stress & Health	Ch. 14
22	Mar 21	Psychological Disorders	Ch. 15
23	Mar 28	Treatment of Psychological Disorders	Ch. 16
24	Apr 4	Intelligence, Testing and Ind/Organizational Psych	Ch. 9
	Exam Period	**Test 4: Chapters 9, 14 –16, lectures 20 -24 including media**	

Teaching Assistants: Updated contact information and office hours for the Teaching Assistants will be posted on the eClass website. Students will be assigned to a specific Teaching Assistant alphabetically by the student's last name. Check the website about two weeks into the course to find out your assigned TA. It is important that each student have someone who is familiar with him or her and their grades etc. If you have trouble meeting during your TA office hours, contact them about this.

Each TA will be available weekly for consultation regarding text readings, exams, grades, study habits, etc. They will be happy to talk with you about any troubles you are having with the lectures or the text materials, improving your study habits and about graduate school in psychology and careers in psychology. **Use emails to set up a private zoom meeting.**
which the TA is available.
Access to tests/exams:
You are encouraged to review your tests with your TA. This may only be done in person. You may not remove these tests from your TAs office. You may not copy or reproduce any part of these tests.

START YOUR OWN STUDY TEAM:
Students learn most from communicating with each other. When students get together to help each other understand material they relate to and remember the material. I encourage you to form your own study teams. The course website or eClass site is set up so that students may communicate among themselves using the class discussion forum link. You can invite others to join at a specified time and place to form teams. For example, you might select one of the following as a meeting time: immediately after class, one hour before class, Monday to Friday during the day, evening, or weekend, etc. You could meet online or at some meeting location. Access to the university is limited due to Covid-19 but you might meet in a coffee shop or patio, etc. **Make sure it is a safe location.** Get started right away. Take a leadership role and send out an email invite to your fellow students.

Missed Tests/Late Assignments:
Missing exam is considered a very serious matter. If you miss a test, you will be given **only one opportunity to make up this test**. **This will be after the April exam period**. If you miss a makeup test, there will be no other opportunity to make up the grade for the test. If you miss the test(s) prior to the drop date, **you have waived the right to have a specific percentage of graded feedback available prior to the drop date.**

For any missed quiz students MUST complete the online form below which will be received and reviewed in the Psychology undergraduate office HH PSYC: Missed Tests/Exams Form. **Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment**.

Due to COVID-19 an Attending Physician's Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided. In addition, to the online form, a student's documented reason for a missed test must be submitted. Tests/exams missed due to **non-medical circumstances** must be supported by appropriate documentation, i.e., death certificates, automobile accident reports, airline/bus ticket/receipt for emergency travel (with date of booking on ticket), etc. Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure, and return dates. **Having to work at the time of a test is not considered a valid excuse for missing the test.**

IMPORTANT NOTE: Only extremely unusual circumstances would warrant a second chance **if you miss two** term tests. It would be in your best interests to drop or withdraw from the course if you have long term health issues. Permission from the **course instructor** is required before any accommodation can be determined. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

Continuing Study in Psychology

Students must obtain a **minimum grade of C (4.0) this course** in order to be permitted to pursue a degree in Psychology or to take any further course work in psychology even if they do not plan to major in Psychology. This regulation applies to students wishing to take Psychology courses in most faculties.

Add/Drop Deadlines

For a list of all important dates please refer to: Fall/Winter 2023-24 Important Dates

	Fall (F)	**Year (Y)**	**Winter (W)**
Last date to add a course without permission of instructor (also see Financial Deadlines)	Sept 20.	Sept 20	Jan. 22
Last date to add a course with permission of instructor (also see Financial Deadlines)	Sept 28	Sept 28	Jan 31
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 8	Feb. 8	March 11
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 9-Dec. 5	Feb. 9 – April 8	March 12-April 8

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the Refund Tables.

You are strongly advised to pay close attention to the "Last date to enroll without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Academic Integrity for Students

In this course, we strive to maintain academic integrity to the highest extent possible. Please familiarize yourself with the meaning of academic integrity by completing SPARK's [Academic Integrity module](#) at the beginning of the course. Breaches of academic integrity range from cheating (i.e., the improper crediting of another's work, the representation of another's ideas as your own, etc.) to aiding and abetting (helping someone else to cheat). All breaches in this course will be reported to the appropriate university authorities, and can be punishable

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty.](#)
It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

Information on Plagiarism Detection (**Turnitin**)

Plagiarism is a serious matter and will be of concern when it comes to the take home open book assignments in the course. Please be aware that your assignments will need be submitted by you to a portal on eClass which will involve a program called **Turnitin.**

Should you be assigned written work, you will be required to submit your written work to Turnitin (via the course eClass). Turnitin reviews textual similarity and helps in the detection of possible plagiarism (see below). By using this software, you are allowing your submitted material to be included as source documents in the Turnitin.com reference database, where they will be used only for the purpose of detecting plagiarism. Terms applying to the University's use of the Turnitin service are described on **Turnitin.com**. Violations of academic honesty revealed by Turnitin will be subject to investigation and potential penalties levied by the Department of Psychology at York University.

Electronic Device Policy

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorized source during an examination unless the tests/exams are open book.

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with *Student Accessibility Services (SAS)* to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. **Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.**
https://accessibility.students.yorku.ca/

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities:

Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: York University Academic Accommodation for Students with Disabilities Policy.

Religious Observance Accommodation:
If any test dates pose a problem for you with regard to your Religious Observance please inform Dr. Goldberg at least three weeks before the test. Alternative tests dates will be arranged. You should complete a Religious Accommodation Form available at: https://secure.students.yorku.ca/pdf/religious-accommodation-agreement-final-examinations.pdf

Calumet and Stong Colleges' Student Success Programming:
Calumet and Stong Colleges aim to support the success of Faculty of Health students through a variety of **free** programs throughout their university career:

- Orientation helps new students transition into university, discover campus resources, and establish social and academic networks.
- Peer Mentoring connects well-trained upper-year students with first year and transfer students to help them transition into university.
- Course Representative Program aims to build the leadership skills of its Course Reps while contributing to the academic success and resourcefulness of students in core program classes.
- Peer-Assisted Study Session (P.A.S.S.) involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are known to be historically challenging.
- Peer Tutoring offers one-on-one academic support by trained Peer Tutors.
- Calumet and Stong Colleges also support students' Health & Wellness, leadership and professional skills development, student/community engagement and wellbeing, career exploration, Indigenous Circle, awards and recognition, and provide opportunities to students to work or volunteer.
- Please connect with your Course Director about any specific academic resources for this class.
- For additional resources/information about our student success programs, please consult our websites (Calumet College; Stong College), email scchelp@yorku.ca, and/or follow us on Instagram (Calumet College; Stong College), Facebook (Calumet College; Stong College) and LinkedIn
- Are you receiving our weekly email (Calumet and Stong Colleges - Upcoming evens)? If not, please check your Inbox and Junk folders. If you do not find our weekly emails, then please add your 'preferred email' to your Passport York personal profile. If you need support, please contact ccscadmn@yorku.ca, and request to be added to the listerv.

Email Etiquette

1. Emails sent to the professor or teaching assistant MUST indicate the course number and section in the subject line of the email. Our course and section are **PSYC1010, SEC E**.
2. Include your full name and student number in the body of the email. If your preferred name differs from the name on the course roster, please let your professor and TA know that early in the term.
3. Before sending an email, make sure you've done a thorough job of trying to find the answer to your question in the materials posted on the course outline or eClass. Emails asking questions that are clearly addressed in the posted course materials will not receive responses.

4. A proper email to your course director or TA begins by addressing them by their name and/or title. Your email message should be proofread for spelling, grammatical, and punctuation errors, and should be written in a polite tone.
5. Send your emails well in advance of when a response is required. You should expect to receive a response with 3 days of sending an email. If you have not received a response within that time period, you can follow-up politely.

Materials Copyright Information   (PSYC 1010 6.0 Section E)

These course materials are designed for use as part of the 1010 E course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law. Copying this material for distribution (e.g., uploading material to a commercial third-party website) may lead to a violation of Copyright law. Intellectual Property Rights Statement.

Should this course be required to go online:
The following information regarding taking online tests is found on the sites below.
https://lthelp.yorku.ca/quizzing/best-practices-for-a-successful-online-quiz?from_search=48802591
https://lthelp.yorku.ca/getting-started-with-eClass/recommended-browser-settings

Best practices for students taking an online quiz:

Extra considerations you may need to consider when taking an online quiz.

Internet connection is your lifeline to the course, the quiz and your success. *If you're on wireless and you have the ability to physically connect to your internet connection: Do this first.*

We recommend that you use a wired connection over a wireless (WiFi) at all times. If your internet is unstable, that's one thing. If the WiFi is unstable, it could be something as simple as you being in an area where there are multiple WiFi hotspots that are using the same channels. This will cause issues. It is better to be wired into the router and away from the invisible war for channel supremacy between yours and your neighbours routers.

Is your browser up to date? Check that you are using the most up to date version of your Browser. See our recommended browser setting article for more information.

Pay attention to your every move. When you're clicking around in the quiz, make sure that you see the effect that your click has. If you click too close to a previous answer, you may inadvertently change it. Be careful and review your answers before you move on.

Ultimately it is you who is responsible for the change that happens. Make sure you double-check your answers before you continue.

Time is a funny thing… Don't leave it to the last few seconds (or even minutes) to submit your quiz. If you are taking a timed quiz you will see a timer so you can keep track of how much time you have left, but make sure you allow yourself time to submit.

Have the power… so to speak. Make sure that your computer is plugged in to a constant power supply. Obviously for those of you who are at a desktop computer, you're already doing this.

For those of you on a laptop computer, make sure your power supply is plugged in to the wall and connected to your laptop. There is no guarantee that your battery is going to last you to the end of the quiz.

However unlikely, mid-quiz is not the time you want to find out that the battery on your laptop can no longer keep a charge, even though it said it still had 50% left. Even if your quiz had an automatic save, or if you just clicked the save button, the next few minutes you're going to spend trying to get back into your course may be what you needed to finish on time.

One last thing. All of this is really important, so make sure that you can do your best to guarantee that your technical capability to get in, execute, and submit the quiz is as good as you can make it.

Don't forget to take a deep breath. You've got this.

Technical Requirements in case of resurgence of COVID:

It might be that this course may depend on remote teaching and learning. Let us hope not! If so there will be numerous technical requirements for this course. These include a computer equipped with a webcam and microphone and high-speed internet access for personalized Zoom meetings. Several platforms will be used to support this course (eClass, Zoom, Turnitin).

The following are some useful links for you regarding computing information, resources and help:
Student Guide to EClass
Zoom@YorkU Best Practices
Zoom@YorkU User Reference Guide
Computing for Students Website
Student Guide to eLearning at York University

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Recommended browser settings

Browser versions

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eClass is compatible with most modern web browsers, for the best experience we recommend you keep your browser up to date.

Note: Legacy browsers with known compatibility issues:

- Internet Explorer 10 and below
- Safari 7 and below

Browser settings
For eClass to function correctly, it is recommended that the following requirements be met:
- Pop-ups are enabled
- Cookies are enabled
- Javascript is enabled
- Java is installed, up-to-date and enabled
- **Firefox help**: http://support.mozilla.org
- **Chrome help**: http://www.google.com/support/chrome/
- **Internet Explorer help**: http://support.microsoft.com/en-us/products/internet-explorer
- **Microsoft Edge help**: https://support.microsoft.com/en-gb/products/microsoft-edge
- **Safari help**: go to **Safari > Preferences**. The settings are located on the *Security* and *Privacy* tabs.