

**Faculty of Health
Department of Psychology
PSYC 2230 3.0 SECTION N: MOTIVATION
Day: Tuesdays 8:30-11:30am
WINTER Session /Year 2024**



This course will be delivered both synchronously and asynchronously. Lecture materials, group discussions and quizzes will be available on eClass (unless otherwise indicated by the instructor).

Instructor and T.A. Information

Instructor: Dr. Cheryl Chow, MSc, PhD
Office Hours: By appointment only (meetings will be on zoom)
Email: chtchow@yorku.ca

TA: Samantha Motola, MA Candidate
Office Hours: TBD
Email: smotola@yorku.ca

Course Prerequisite(s): Course prerequisites are strictly enforced.

- HH/PSYC 1010 6.00 (Introduction to Psychology)

Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [eClass](#)

All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials [i.e., announcements, class cancellation, reading materials, materials for asynchronously learning and quizzes etc.].

Course Description

This course introduces the student to theory, concepts and methods in the field of motivation psychology. A variety of topics will be covered including emotion and biological/physiological basis of motivation.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Demonstrate broad knowledge of determinants of motivation.
2. Describe and evaluate current theory and research in motivation.
3. Understand and interpret principles of motivation in everyday life.
4. Define causes of human motivation from different perspectives.

Recommended textbook(s):

Petrie, H.L. & Govern, J.M. (2012). Motivation: Theory, Research & Applications, 6th Edition, Toronto: Nelson. ISBN: 0534569907. E-Book through the publisher.

Motivation: Biological, Psychological, and Environmental, 6th Edition, Routledge. ISBN: 9781000453454. E-Book through the publisher.

Course Requirements and Assessment:

Assessment	Date of Evaluation (if known)	Weighting
Quiz 1	Feb 6 th , 2024	10%
Midterm	Feb 13 th , 2024	35%
Quiz 2	March 26 th , 2024	10%
Final Exam	Exam period in April 2024	45%
Total		100%

Quizzes 1 & 2: These quizzes will take place during our designated class time. It will be comprised of multiple choice questions.

Midterm Test: This test will take place during our designated class time. It will be comprised of multiple choice and short answer questions.

Final Exam: Will be held during the final exam period and will be the same format as the midterm.

Class Format and Attendance Policy

Attendance to class is strongly encouraged.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme for 2023-24](#)

For any missed quiz/test, students MUST do the following:

Students MUST complete the [HH PSYC: Missed Tests/Exams Form](#) which will be received and reviewed in the Psychology undergraduate office. At this time, due to COVID-19, an Attending Physician's Statement (APS) is required, however, a reason for missing an evaluated component in the course must be provided. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or test.

If you are unable to write a quiz or midterm test for medical reasons or personal crisis, an email must be sent to the course director and teaching assistant within 48 hours of the quiz or midterm test. One make-up midterm test will be made available to you.

Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2023-24 Important Dates](#)

	Winter (Term W)
Last date to add a course without permission of instructor (also see Financial Deadlines)	Jan. 22
Last date to add a course with permission of instructor (also see Financial Deadlines)	Jan. 31
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Mar. 11
Course Withdrawal Period (withdraw from a course and receive a grade of “W” on transcript – see note below)	March 12 - April 8

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#).

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Electronic Device Policy

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination unless the tests/exams are open-book. There is **no open book exam** in this course. The exams are **closed book**. No devices used during exam.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review information posted to the [SPARK Academic Integrity modules](#). These modules explain principles of academic honesty, provide examples and list preventative measures.

Information on Plagiarism Detection

See [Information about the Senate Policy on Academic Honesty](#).

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. ***Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.***

<https://accessibility.students.yorku.ca/>

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities

Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

Course Materials Copyright Information

These course materials are designed for use as part of the PSYC 2230 course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

COURSE SCHEDULE

Winter 2024 Semester

Week/Date	Topic(s)
Week 1/ Jan 9 th	<ul style="list-style-type: none"> • Course overview • Introduction to Motivation
Week 2/ Jan 16 th	<ul style="list-style-type: none"> • Genetic/Biological Contributions to Motivated Behaviour
Week 3/ Jan 23 rd	<ul style="list-style-type: none"> • Physiological Mechanisms of Regulation
Week 4/ Jan 30 th	<ul style="list-style-type: none"> • Physiological Mechanisms of Arousal
Week 5/ Feb 6 th	<ul style="list-style-type: none"> • Quiz 1 • Review session
Week 6/ Feb 13 th	<ul style="list-style-type: none"> • MIDTERM TEST • Test Format: Multiple Choice & Short Answer questions. Students are responsible for material assigned & includes material not covered in class lecture.
Week 7/ Feb 20 th	**Reading Week – No Class**
Week 8/ Feb 27 th	<ul style="list-style-type: none"> • Hedonism and Sensory Stimulation
Week 9/ Mar 5 th	<ul style="list-style-type: none"> • Behavioural Approaches to Motivation
Week 10/ Mar 12 th	<ul style="list-style-type: none"> • Cognitive Approaches to Motivation
Week 11/ Mar 19 th	<ul style="list-style-type: none"> • Emotion and Motivation
Week 12/ Mar 26 th	<ul style="list-style-type: none"> • Emotion and Motivation II
Week 13/ Apr 2 nd	<ul style="list-style-type: none"> • Quiz 2 • Review session • Last day/Course wrap-up
	<ul style="list-style-type: none"> • FINAL EXAM - 45% - During Exam Period in April/2024

This schedule is a tentative guideline and is subject to change by the instructor.