

**Faculty of Health
Department of Psychology
PSYC 1010 6.0 Section N: INTRODUCTION TO PSYCHOLOGY
Tuesday and Thursday/8:30-11:30/ ONCA via Zoom
Winter/2024**

This is an ONCA designated course which means the course is offered online **but all assessments (including the optional final exam) which will occur in-person, on campus.** The course will be delivered using BOTH synchronous and asynchronous methods. Asynchronous lecture material will be pre-recorded videos. Other asynchronous learning activities will be through the online support of the textbook using Achieve. Some synchronous activities (orientation, discussions, activities, Q&A sessions, and Office Hours with Teaching Assistants) will be delivered by Zoom during class time on either Tuesday or Thursday morning and there is an expectation of participation, but they are recorded in case you cannot attend. **In-person tests will run on four SUNDAY afternoons (see dates below) on Keele campus (location TBD).**

Instructor and T.A. Information

Instructor: Dr. Heather Jenkin
Office Hours: By appointment
Email: hjenkin@yorku.ca

Student last name	A -			- Z
T.A.	Tasfia Ashan	Kaitlyn Butterfield	Alexandra Markwell	Tamara Tavares
Email		kmarieb@yorku.ca		ttavare@yorku.ca
Office Hours	In the Thursday Zoom session or by appointment			

Students will be assigned to a specific Teaching Assistant (TA) alphabetically by the student's last name (see above table). This is an administrative decision and is designed simply to facilitate organization in the course. With a large course enrollment, it's important that each student have someone who is familiar with them and their grades etc. The TA to whom you are assigned will be the person you should visit in their virtual office hours to consult about course material and to inquire about your grades. Your TA's office hours will take place primarily during the course hours, still TBD.

Your TA is your first contact if you are having trouble with the lecture, or the text visit the TA's. The TA's also will be happy to talk with you about improving your study habits and about graduate school in psychology and careers in psychology.

Email (n)etiquette When you email Dr. Jenkin or your TA include your Student ID and full name in the body of your email with the Course number on the subject line (if not, a reply is not guaranteed). Dr. Jenkin will not answer emails regarding issues/questions covered in the course syllabus – read the syllabus before emailing.

Course Prerequisite(s): None

Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [eClass](#)

All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials such as Day 1 Digital link, Lecture Videos, Achieve (textbook support) and any additional web resources.

Course Description

This course is your introduction to the diverse field of psychology. Topics will range from the study of the biological basis of behaviour, how we think and learn, changes we experience as we move through our life, psychological disorders, and associated therapies. All will be presented through various theories and numerous research studies.

Not all of you are starting a career in psychology, but this course will provide you with an appreciation of the intricacies of human behaviour and the complexities that psychologists face in following the scientific method in their research. You may not discover why you behave in a certain way in a specific situation, but you may come to understand that “it depends” on many factors both intrinsic and extrinsic.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories, and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

Specific Learning Objectives

The purpose of this course is to introduce students to the broad field of psychology. In addition, it is hoped that students will develop appropriate study habits and critical thinking skills. Time management and attention to detail will be important skills to bring to this fast-paced course. Participation in the Undergraduate Research Participant Pool (URPP) will expose students to ongoing psychological studies at York University.

Required Text

- Myers, D.G. and DeWall, C. N. (2021) Psychology, 13th Edition in Modules with 12 month Achieve.

Loose leaf, eBook or hardcover acceptable but should be 13th Edition in Modules and come with Achieve.

Course Requirements and Assessment:

Assessment	Date of Evaluation (if known)	Weighting
Online Achieve activities	Check specific dates on Achieve calendar	10%
Test 1	SUNDAY January 21st	15%
Test 2	SUNDAY February 11th	26%
Test 3	SUNDAY March 10th	26%
Test 4	SUNDAY April 7th	19%
URPP	April 12th	4%
Optional Final	Winter exam period	
Total		100%

Class Format and Attendance Policy

This is an ONCA designated course which means the course is offered online **except** assessments (including the final exam) which will occur in-person, on campus. In-person tests will run on four SUNDAY afternoons on Keele campus (location TBA). Attendance at tests is expected.

The course will be delivered using BOTH synchronous and asynchronous methods. Some synchronous activities (orientation, discussions, activities, Q&A sessions, and Office Hours with Teaching Assistants) will be delivered by Zoom during class time on Tuesday/Thursday mornings as scheduled on eClass. There is the opportunity for participation, but attendance is not taken.

Description of Assignments

1. Online Activities: There are 49 Modules covered in this course. Each module has Learning Curve activities and a Quiz.
 - A. **Achieve Learning Curves** – the first is a demonstration one (**Welcome to Achieve due Thursday Jan 18th at 12 noon**) and not evaluated BUT you must complete it so that you can practice accessing the course information through Achieve. During the term you will work through the *many Learning curves*. We expect you to complete at least 30 for full credit, therefore you can miss a few if needs be. These are due in four groups - the Saturday (by 12 noon) before the associated Sunday Term Test.

Saturday Jan 20 noon	Content of Term Test 1	Modules 1-9
Saturday Feb 10 noon	Content of Term Test 2	Modules 10-22,
Saturday Mar 9 noon	Content of Term Test 3	Modules 23-27, 31-32, 34-36, 38-41
Saturday April 6 noon	Content of Term Test 4	Modules 43-55

The 30 Launchpad learning curves are worth a maximum of 5% of your grade.
Each is worth 0.166%

- B. **Online Achieve Module Quizzes** - We will count your best 30 Quizzes. These will also be set up in four groups. Multiple Module Quizzes open at 12 noon on Monday and close at 12 noon on the Saturday before the associated Sunday Term Test.

Jan 8 - Saturday Jan 20	Content of Term Test 1	Modules 1-9
Jan 22 - Saturday Feb 10	Content of Term Test 2	Modules 10-22
Feb 12 - Saturday Mar 9	Content of Term Test 3	Modules 23-27, 31-32, 34-36, 38-41
Mar 12 - Saturday April 6	Content of Term Test 4	Modules 43-55

While the Quiz is open you have one attempt to complete each Quiz. For each Quiz there are 20 questions, and you have 15 minutes to complete them. The best 30 Module Quizzes are worth a maximum of 5% of your grade. Each is worth 0.166%. This is a good opportunity to test your knowledge after a period of study, especially if you set it up as a timed “test” situation.

2. **Term Tests** – Four two-hour term tests will be held **in-person on Keele campus** (location TBA) during **SUNDAY** afternoons, starting at 12 noon. (January 21, February 11, March 10, and April 7). These 4 tests in total are worth 86% of your grade. Tests are non-cumulative and are multiple-choice with some short answers. If you miss a term test you will be given a score of zero. Make sure to note the dates and plan to be able to complete ALL tests at the assigned time.
3. **(Optional) Final** There will be an in person cumulative final that will be scheduled on Keele campus during the Winter exam period.
 - a. Please note that if you write ALL the Sunday term tests and are happy with your grade based on those, you do not have to write the final.
 - b. However, if you are dissatisfied with a low term test mark you may choose to write the optional final, and if your term test grade is less than the grade you receive on the final, it will be replaced with the final exam grade.
 - c. If you miss a term test the zero score you receive can be replaced by your score of the final (which would not be optional at that point).
 - d. Note that the final exam will cover the entire course content.

As example, if you choose to not write any of the term tests, you will have an 86% final (not a wise option).

4. **Undergraduate Research Participation Pool** - Students in this course have an opportunity to earn up to 4% of their final grade by participating in online/lab research as part of the URPP. URPP for the Winter term starts on January 8th and ends on April 12th, 2024. For information on this, see <http://www.psych.yorku.ca/urpp/>) and check out the link on eClass to the Student Handbook.

If you **do not** want to participate in research, you may opt to submit a 3-page paper summarizing a psychology research article that will be assigned to you. This option is referred to as the Paper Stream. Students who wish to choose this option must email the URPP office before February 12th, further instructions will be obtained once the request is submitted. Acceptable papers will earn up to 4% toward their final grade. The Paper Stream deadline is April 8th, 2024. Appeals period is April 16th – April 19th, 2024.

Missed Tests/Midterm Exams

- For any missed test students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office. At this time, due to COVID-19 an Attending Physician’s Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided.
- [HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment.
 - As described above the (not) optional final grade will be used to replace the zero score of any missed term test. This is the only way to replace a zero score from a missed test.
- You should be aware that if you miss a term test as scheduled, you may not receive the requisite 15% feedback on your course work before the course drop deadline to determine whether you need to drop the course. Therefore, it is in your best interests to write tests as scheduled by the course instructor. Students who miss the test must acknowledge that they may not receive sufficient feedback before the drop date. Students should be aware of Drop and Withdraw options (see below).

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme for 2023-24](#)

Add/Drop Deadlines

For a list of all important dates please refer to: [Undergraduate Fall/Winter 2023-2024 Important Dates](#)

	Fall (Term F)	Year (Term Y)	Winter (Term W)
Last date to add a course without permission of instructor (also see Financial Deadlines)	Sept. 21	Sept. 21	Jan. 23
Last date to add a course with permission of instructor (also see Financial Deadlines)	Oct. 5	Oct. 26	Feb. 7

Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 12	Feb. 11	18-Mar
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 13 - Dec. 7	Feb. 12 - April 10	March 19 - April 10

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#).

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

<https://accessibility.students.yorku.ca/>

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

Academic Accommodation for Religious Observance

York University is committed to respecting the religious beliefs and practices of all members of the community and making accommodations for observances of special significance. If any test date poses a problem for you with regard to your Religious Observance, please inform Dr. Jenkin at least two weeks before the test. Alternative tests dates will be arranged. You should complete a Religious Accommodation Form available at:

<https://secure.students.yorku.ca/pdf/religious-accommodation-agreement-final-examinations.pdf>

Further information is available at the [Senate Guidelines for Religious Observance](#)

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

Information on Plagiarism Detection

Always write your own work on any work submitted for grade. Academic Integrity is treated very seriously in the Department. Tests will be in-person, individual and closed book. We will have invigilators who will observe you. Do not bring notes, textbooks, electronic supports into the test room. It is a breach of academic honesty to look at another student's answer or to provide an answer to another student. Don't look, don't show.

Our Teaching Assistants are excellent observers as they mark answers in detecting lifts from the text eBook and other sources.

Electronic Device Policy

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination unless the tests/exams are open book (which ours is NOT).

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an

improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

Course Materials Copyright Information

These course materials are designed for use as part of the PSYC1010 N course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Audio-visual recordings

Photographs, video, and audio recordings are “**records**” as defined in the *Freedom of Information and Protection of Privacy Act* (FIPPA). The information contained in them is considered “personal information” when they contain “recorded information about an identifiable individual. Our course Zoom interactions are recorded:

- 1) my pre-recorded lectures and recorded Zoom interactions should be used for educational purposes only and as a means for enhancing accessibility
- 2) students do not have permission to duplicate, copy and/or distribute any of the recordings outside of the class (these acts can violate not only copyright laws but also [FIPPA](#) and intellectual property rights) and
- 3) all recordings will be destroyed after the end of classes.

Calumet and Stong Colleges’ Student Success Programming:

[Calumet](#) and [Stong](#) Colleges aim to support the success of Faculty of Health students through a variety of **free programs** throughout their university career:

- [Orientation](#) helps new students transition into university, discover campus resources, and establish social and academic networks.
- [Peer Mentoring](#) connects well-trained upper-year students with first year and transfer students to help them transition into university.
- [Course Representative Program](#) aims to build the leadership skills of its Course Reps while contributing to the academic success and resourcefulness of students in core program classes.
- [Peer-Assisted Study Session \(P.A.S.S.\)](#) involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are known to be historically challenging.
- [Peer Tutoring](#) offers one-on-one academic support by trained Peer Tutors.
- Calumet and Stong Colleges also support students’ [Health & Wellness](#), [leadership and professional skills development](#), [student/community engagement and wellbeing](#), [career](#)

[exploration](#), [Indigenous Circle](#), [awards and recognition](#), and [provide opportunities to students to work or volunteer](#).

- Please connect with your Course Director about any specific academic resources for this class.
- For additional resources/information about our student success programs, please consult our websites ([Calumet College](#); [Stong College](#)), email scchelp@yorku.ca, and/or follow us on Instagram ([Calumet College](#); [Stong College](#)), Facebook ([Calumet College](#); [Stong College](#)) and [LinkedIn](#)
- Are you receiving our weekly email (Calumet and Stong Colleges - Upcoming evens)? If not, please check your Inbox and Junk folders. If you do not find our weekly emails, then please add your 'preferred email' to your Passport York personal profile. If you need support, please contact ccscadm@yorku.ca, and request to be added to the listerv.

Course Schedule

DATE	Topics	Readings
Jan 8 through Jan 21	Welcome and Zoom Orientation Student Preface; Story of Psychology	Appendices A, B, and C
	Thinking critically with Science; Biology of Mind	Modules 1-9
	Consciousness; Nature, Nurture and Diversity	
Welcome to Achieve due Jan 18th at 12 noon		
Saturday Jan 20	Module Quizzes & Learning Curves 1-9 due 12 noon	
Sunday Jan 21	Test 1 (15%) based on all preceding content	
Jan 22 through Feb 11	Development	Modules 10-22
	Sensation and Perception	
	Learning; Memory	
Saturday Feb 10	Module Quizzes & Learning Curves 10-22 due 12 noon	
Sunday Feb 11	Test 2 (26%) based on all content since Test 1	
<i>Feb 20 and 22 No class (Reading Week)</i>		
Feb 12 through March 10	Thinking and Language	Modules 23-27, 31-32, 34-36, 38-41
	Motivations; Emotions	
	Stress and Health; Social Psychology	
<i>March 11 Last day to drop without receiving a grade.</i>		
<i>March 12- April 8 Course Withdrawal Period</i>		
Saturday Mar 9	Module Quizzes & Learning Curves 23-27, 31-32, 34-36, 38-41 due 12 noon	
Sunday Mar 10	Test 3 (26%) based on all content since Test 2	
Mar 11 through April 7	Personality	Modules 43-55
	Psychological Disorders	
	Therapy	
Saturday April 6	Module Quizzes & Learning Curves 43-55 due 12 noon	
Sunday April 7	Test 4 (19%) based on all content since Test 3	