My practicum at Toronto Grace Health Centre

GUIDING, PLANNING AND MONITORING CARE FOR RESIDENTS IN LONG-TERM CARE SETTINGS THROUGH A NEW RESIDENT ASSESSMENT INSTRUMENT

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Host Organisations

- The first site I worked at was the Toronto Grace Health Centre (Toronto Grace), a 119-bed healthcare facility specializing in complex continuing care, post-acute rehabilitative care and palliative care located in the downtown area.
- The second site I worked at was the Toronto Harbour Light Ministries (Harbour Light), a 36-bed site providing a rehabilitation care and palliative care complex continuing care, post-acute care etc.

Overview of my projects and work

TGH has utilized a system called the Resident Assessment Instrument-Minimum Data Set (RAI-MDS) 2.0, which is designed to collect the minimum amount of data to guide care planning and monitoring for long-term care residents. Care quality indicators are computed using the collected data, and TGH’s QIPs (Quality Improvement Plans) are dependent on these data sets. However, CIHI has declared that they will stop supporting the MDS by 2023, and thus, a new RAI is being tested and used to gather data.

I collected data for the new RAI called RAI-PACs (Post-Acute Care) at Harbour Light and the Toronto Grace.

I conducted assessments of residents by interacting directly with them to assess their Cognitive ability, Speech and Vision, ADLs, IADLs, continence etc. and help input the data into the Qualtrix software.

My role in the organisation

- Assisted Bon with analyzing data.
- I sent data to Bon, the primary researcher.
- I conducted assessments of residents by interacting directly with them to assess their Cognitive ability, Speech and Vision, ADLs, IADLs, continence etc. and help input the data into the Qualtrix software.
- Extracted data from Goldacre, MARs sheets and patient collateral documents.
- Conducted RAI assessments by consulting with OTs, PTs, RDs, and RNs.
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- Interviewed residents of the 4th & 5th floor of the Grace.
- Help train incoming nurses on how to use the RAI-PACs software.
- Helped improve the RAI-PAC processes at the Toronto Grace.
- Helped decrease the workload of nurses taking care of residents by taking over the RAI data collection process.
- Data collected from the RAI-PACs might be used to determine the critical quality indicators for the Grace in the near future.

My impact

- Best HLST course I have taken in my undergraduate journey!
- It served as an opportunity to finally implement all the skills and knowledge I have picked up over my undergraduate journey.
- I learned a lot about myself not only in a professional sense, but also in a personal sense.
- It gave me the chance to prove to everyone that I have what it takes to succeed and speak my mind when I can see improvement.
- The mentorship I received from Jake and the people I met and became friends with will be one of the most rewarding university experiences you will have!
- The people you will meet, the opportunities you will get, and the things you will learn will be unparalleled.

My personal reflection

- The people I met and became friends with will be one of the most rewarding university experiences you will have!
- The mentorship I received from Jake and the people I met and became friends with will be one of the most rewarding university experiences you will have!

My message to future students

- Please do not give up on an opportunity to take this course; it will be one of the most rewarding university experiences you will have!
- The people you will meet, the opportunities you will get, and the things you will learn will be unparalleled.