

**Earlel Thiyagaratnam**

Bachelor of Health Studies (BHS) Specialized Honours in Health Policy  
School of Health Policy and Management

## SE Health

SE Health is a not-for-profit health care service provider.

- SE Health has invested in social impact work related to the future of ageing
  - COURAGE:** Action for Better Ageing
  - Housing initiatives
    - Building with Mission
  - SE Global



SE Health - Corporate Head Office

Figure 1.  
SE Health Head Office Location

## Role Within SE Health

### Support Role

Engage in social impact work with the stakeholder and partnership specialist.



Figure 2.  
Organizational Role at SE Health

## Activities



Figure 3.  
Older People Socialising

### Literature Review

What are the strategies and global initiatives present to combat ageism?



Figure 4.  
Nature Photography

### Environmental Scanning

Identify the types of organizations involved in combating ageism.



Figure 5.  
Older People Socialising

### Stakeholder Engagement

- Discuss initiatives for better ageing
- Create an online stakeholder input survey

## Impact of Projects

- Identify solutions in combating ageism
- Discern challenges in reframing ageing
- Raise awareness on ageism
- Create a cohesive voice
- Design an efficient system for caregivers
- Create a more equitable society

## Reflection

My practicum at SE Health was valuable in that I was exposed to innovations in the healthcare sector.

- Resource management skills
- Foundational skills

## Tips and Advice

- Create a work plan
  - Refer back to the list when new tasks are assigned
- Work on effective communication skills
  - Communicate clearly and concisely
  - Sensitivity in communication