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  - COURAGE: Action for Better Ageing
  - Housing initiatives
    - Building with Mission
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The Future of Ageing:
My Virtual Practicum at SE Health

Earlel Thiyagaratnam
Bachelor of Health Studies (BHS) Specialized Honours in Health Policy
School of Health Policy and Management

Literature Review
What are the strategies and global initiatives present to combat ageism?

Environmental Scanning
Identify the types of organizations involved in combating ageism.

Stakeholder Engagement
- Discuss initiatives for better ageing
- Create an online stakeholder input survey

Impact of Projects
- Identify solutions in combating ageism
- Discern challenges in reframing ageing
- Raise awareness on ageism
- Create a cohesive voice
- Design an efficient system for caregivers
- Create a more equitable society

Reflection
My practicum at SE Health was valuable in that I was exposed to innovations in the healthcare sector.

- Resource management skills
- Foundational skills

Tips and Advice
- Create a work plan
  - Refer back to the list when new tasks are assigned
- Work on effective communication skills
  - Communicate clearly and concisely
  - Sensitivity in communication