



MY PRACTICUM AT TORONTO GRACE HEALTH CENTRE



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THE ORGANIZATION

I did my placement at Toronto Grace Health Centre which is located in Downtown, Toronto. However, my main project was to go to the Scarborough SCC (Specialized Care Centre) location in order to collect patient data. This is a transitional care site where patients are in care awaiting discharge into the community.



MY ROLE

As a student, I completed training with my supervisor who is a data and research analyst for Toronto Grace. So, I have applied what I learned in order to collect and submit data into RAI to be used by the hospital.



OVERVIEW OF MY TASKS AND PROJECTS

RAI (Resident Assessment Instrument) Data Project:

- Collected patient data by looking through patient charts and transfer notes
- Patients at the SCC are mostly seniors and coming in from acute care
- I have also interacted with nurses and patients when I needed more information for inputting RAI data
- With a colleague, completed admission, quarterly and discharge assessments on 42 patients
- Analyzed and observed trends in demographics, pain, ADLs (Activities of Daily Living) and IADLs (Instrumental Activities of Daily Living)
- With colleague, presented my observed trends in data to CEO and my Professor.



MY IMPACT

- The submitted data will be used to analyze health trends, functional levels of patients, and average lengths of stay.
- The importance of the SCC and where those with ALCs (Alternate levels of Care) need to go when being sent out to the community (e.g. Long-term Care Home)
 - Patients' stay at the transitional care site either improves functional and pain levels or remains the same
- Data is processed and sent to CIHI

MY REFLECTION

- I have learned to better communicate when interacting with other workers.
- Improved on my soft skills such as presenting and teamwork skills.
- I also learned how to apply my knowledge in a workplace

ADVICE TO FUTURE STUDENTS

- Always take opportunities given to you, whether it be big or small as you will always learn something from it.
- Network!