

KINESIOLOGY & HEALTH SCIENCE

AT YORK UNIVERSITY (BA, BSc)

kine.info.yorku.ca

Canada's leading academic centre for the study of the connection between physical activity and human health.

- ✓ Consistently ranked among the top 25 programs in the world and among the top 5 in Canada (2016, 2017 and 2018 ShanghaiRanking's Global Ranking of Sport Science Schools & Departments)
- ✓ More course selections than any other Kinesiology program in Canada
- ✓ All core courses are taught by full-time professors who are experts in their field
- ✓ Prerequisites for medical school and other professional schools (e.g. physiotherapy, dentistry, chiropractic, pharmacy and more) during your four year degree at York
- ✓ York's program recognized by the College of Kinesiologists of Ontario for preparing students to write the Registered Kinesiologist (RKin) exam
- ✓ Certificates in Athletic Therapy*, and Fitness Assessment & Exercise Counselling
- ✓ Hands-on research experience in our labs and with community partners

* York is the only university in Ontario to offer the Athletic Therapy Certificate

AREAS OF STUDY



Biomechanics



Psychology of Exercise & Health



Socio-cultural Perspectives



Fitness & Health



Neuroscience



Physiology (Cellular, Systems & Exercise)

CAREERS

(JUST SOME OF THE **MANY** CAREER CHOICES)

Medicine*

Physiotherapist/Occupational Therapist*

Chiropractor*

Registered Kinesiologist

Athletic Therapist

Pharmacist*

Teaching and Research

Coaching and Fitness

Personal Trainer

Sport Management

Recreation/Wellness Coordinator

Direct pathway to medical and other professional schools

**With further post-secondary training*

HEALTH.YORKU.CA

health

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UNIVERSITY