



Calumet & Stong Colleges @2020 Annual Update

Faculty of Health Council

November 4, 2020

Land Acknowledgement

York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosaunee Confederacy, the Wendat, and the Métis. It is now home to many Indigenous Peoples. We acknowledge the current treaty holders and the Mississaugas of the Credit First Nation. This territory is subject of the Dish With One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes region

Calumet & Stong College Plan @2020

Vision: Inspiring learning, leadership and citizenship.

Mission: A college community committed to an engaged student experience through high-quality and collaborative academic support, leadership development and recognition of achievement.

Values: Student-centric, Collaborative, Mentorship, Engagement, Bold

Strategic Directions for the Colleges

- A. Enhancing academic/learning support programs and student success
- B. Developing responsible student leadership and citizenship
- C. Fostering a culture of social and intellectual growth
- D. Promoting wellness and mental health
- E. Building resources and sustainability

Read [Colleges 5-Year Plan \[PDF\]](#) for more information.

Calumet & Stong Colleges Plan 2015-2020

Launched
Strategic
Planning
Process

2015

- Orientation
- The HealthAid Network
- Career Panels
- Agents of Change

New Initiatives:

- Peer Tutoring (KAHSSO)
- Graduate Peer Mentoring
- Funding for PanAm/Indigenous events

Re-Visioning
Community
Consultation

2016

New Initiatives:

- York Orientation Day expands to include Nursing
- Orientation Express
- Student Welcome
- Peer Mentoring (KAHSSO)
- Writing Coaching
- Health & Wellness
- Career Exploration
- Student Club Affiliation

1st Annual
Colleges@2020

2017

New Initiatives:

- PMing expands to all HH units
- Course Reps (CRs)
- PTing expands to all HH units
- Zen Zone
- Leadership Training & Dev. (FPLT, APLT, etc..)
- Nursing Practicum
- Becoming YU
- Indigenous Circle
- CC&SC-HH Awards
- Program Eval. & Ethics Application

2nd Annual
Colleges@2020

2018

New Initiatives:

- CR expands to 2nd-y courses
- Matched PMing in all HH units
- PASS expands
- Summer CR, PTing & PASS
- HH student club goal-setting
- Hlth & Wellness enhances events
- Stong JCR renos begin
- Career Convos
- Community-building activities
- TIF Presentations

3rd Annual
Colleges@2020

2019

New Initiatives:

- Multipurpose SC JCR ready
- All SSPrograms Online
- Restructured PT, PM & CR Prog.
- Expanded: student-club embedded prog; Academic Prog; Health & Wellness; LEAD; Indigenous Circle
- CEW workshops
- AIF & Catalyst
- Student Engage. Consultation
- SC 50th Anniversary

4th Annual
Colleges@2020

2020

New Initiatives:

- Emerging Leadership Training
- Financial Literacy to High School Students
- Colleges @2025 Strategic Plan
- Student Engagement Study (Ethics)
- CC 50th Anniversary

Calumet & Stong Colleges

Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP



Calumet & Stong Colleges

Student Success Programs



Orientation & Transition

- Orientation
- Student Welcome Events
- Mentoring



Academic Support Programs

- Course Representatives
- Peer Assisted Study Sessions (P.A.S.S.)
- Peer Tutoring



Leadership & Professional Development

- Health & Wellness
- Leadership Coaching
- Work and Volunteer Opportunities
- Career Exploration
- Awards & Recognition
- Agents of Change



Community Building & Development

- Student, Staff & Faculty Advisory
- Student Engagement and Partnership
- Indigenous Circle
- Alumni & Fellow Engagement
- Research and Program Development
- College Celebrations
- Colleges @2020 events
- On-Campus Partnerships
- Off-Campus Community Enga

Calumet & Stong Colleges Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP



A man with grey hair and glasses, wearing a red shirt, is seen from the side, gesturing with his hands while speaking into a microphone. He is standing at a podium in front of a large, tiered lecture hall filled with students. Most of the students are wearing blue shirts. The hall has wooden paneling and an exit sign is visible in the background.

Orientation & Transition

Orientation & Transition

2019 – 2020 Overview

Pre-Arrival

- YU Start
- Parent & Family Orientation
- Each incoming HH student was paired with a Peer Mentor

Academic Orientation 2019

- 1796 new student participants
- 6 schedules; 5 programs
- Joint HH dinner at the Ross Podium
- Icebreakers, UPD presentation, Meet Your Prof, Tips from Upper Year Students, Welcome Ceremony

Winter & Summer Orientation 2020

- Winter Orientation (100 Participants – IHST, NURS, PSYC, SHPM)
- Summer Orientation (17 Participants – PSYC & SHPM)

Orientation & Transition

2019 – 2020 Overview

Strengths

- 155 students leaders, staff, & faculty collaborated to welcome new students
- In-depth, full day training for AO PLs and Volunteers to increase student presenter opportunities
- Experience customized to each academic program

Challenges

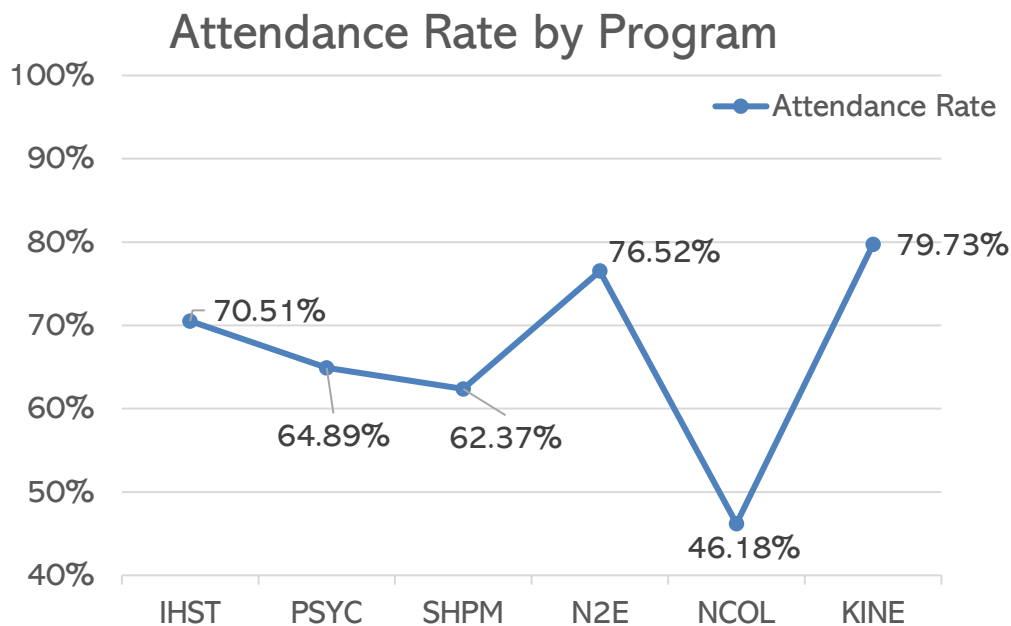
- Catering for 1796+ people
- Increased emphasis on presentation and engagement skills for PLs and volunteers
- Supporting the transition of new students who do not attend AO

Opportunities

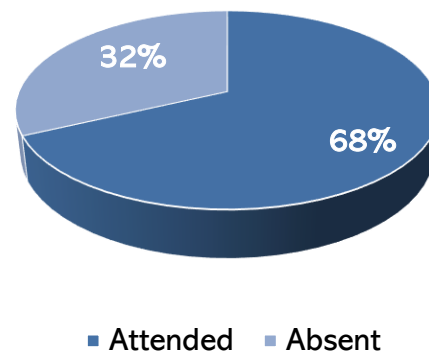
- Increase capacity of peer leaders as small group facilitators
- Enhance coordination and communication between university partners

Overall Attendance Rates AO F2019

- 1796 AO attendees vs. 2641 students in the Faculty of Health



Overall Attendance Rate



Orientation & Transition

2020 – 2021 Recommendations

- *Provide detailed training on session facilitation, public speaking, and student engagement for both volunteers and Peer Leaders to enhance student-to-student connections and prepare student leaders to present in a professional environment inside and outside of York University.*
 - Connect with Student Clubs and university partners (ex. SCLD) to determine best practices to improve engagement

≡ Student Success



Peer Mentoring

♥ 92

Network #Stong

Peer Mentoring: 2019 – 2020 Overview

Peer Mentoring Committee

- Chaired by Colleges' WorkStudy Peer Mentoring Program Coordinators
- 1-2 Peer Mentoring Coordinator(s) from each club

Peer Mentors

- 58 Peer Mentors (KAHSSO - 18, UPSA - 17, GHSA - 3, NSTAMP – 14, SAHMPI – 6)
- Attend FPLT & Peer Mentoring Program-specific Training

Peer Mentoring Services

- Drop-In (KAHSSO)
- Tabling + Appointment (UPSA)
- Appointment (SAHMPI, GHSA, NSTAMP)
- All first-year students matched to an upper-year Peer Mentor

Peer Mentoring: 2019 - 2020 Overview

Strengths

- Collaboration between student clubs, Colleges, & Departments
- Multiple leadership opportunities (mentor, coordinator, staff)
- Mentoring offered to all HH students
- Peer Mentors embedded in YOD

Challenges

- Annual turnover of HH student club executives, and at different time points
- Drop-in space set-up (Stong JCR)
- Service usage
- Maintaining engagement in the winter
- Scheduling
- Distinguishing between peer services (ex. peer tutoring, PASS)

Opportunities

- Explore group-based format
- Experiment with matching methods
- Engagement with PMs prior to YOD
- Expand services to offer variety of services and formats

Peer Mentoring

2020 – 2021 Recommendations

Work collaboratively with the HH unit-based student clubs to:

- Increase promotion & marketing of Peer Mentoring
- Introduce group-based mentoring to further build a sense of community
- Offer more than just 1:1 support by increasing variety of services (e.g. social events, workshops, etc).
- Engagement year-round

Calumet & Stong Colleges Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP





Course Representative Program

Course Representative Program: 2019 – 2020 Overview

Course Coverage

- Focus on 1st, 2nd, 3rd year HLST, IHST, KINE, PSYC & NURS courses
- 20 courses with CRs (30 sections)
- 7,325 FoH students exposed to CR Program 2019/20

Course Representatives

- 33 CRs
- Attend FPLT and CR Program-specific training
- Make weekly announcements
- Host Facebook groups
- Host study groups
- Attend Weekly meetings

Content Map

- Colleges' Academic Support Programs
- Academic Skills
- Health & Wellness
- Student Leadership
- Campus Resources & Events
- Policies & Procedures
- Career Prep

Course Representative Program: Strengths, Challenges & Opportunities

Strengths

- Chaired by Colleges' WorkStudy students
- Engaged student volunteers
- Developing leadership capacity in first year studentsPeer-to-peer support
- Multiple modes for students to connect (class, study group, Facebook)
- Supports the year long transition of new students beyond YOD
- Supports students throughout university life cycle with expansion into 3rd year courses
- Educating CRs, students and CDs about the many resources at Colleges & York

Challenges

- CD participation and adoption of our formats: CRs presenting in class, posting PPT slides on Moodle, etc.
- Differentiating between CRs and other students requesting to make announcements
- Ensuring that slide content is consistent, succinct, relevant, unique, and timely for each upcoming week of the student experience cycle
- Engaging students in the classroom

Opportunities

- One of the few leadership roles that incoming students can access
- Connecting CRs to future work and volunteer roles in the Colleges and at York
- Consistent messaging distributed to all HH students and faculty
- Relationship building between Colleges and Course Directors
- Different methods of Delivery (In-class and Online)

Course Representative Program 2020 – 2021 Recommendations

- Better course integration
- Expand the CR Program:
 - Reach more identified course sections (7,325 students exposed to CR Program 2019-20)
 - Expand CR Program to all core 2nd, 3rd and 4th year courses in all Faculty of Health units, complementing student experience and needs throughout their academic life cycle
 - Online Courses



Peer Tutoring

Peer Tutoring:

2019 – 2020 Overview (Year 3)

Peer Tutoring Committee

- Chaired by Colleges WorkStudy Peer Tutoring Program Coordinators
- 1-2 Peer Tutoring Coordinators from each club

Peer Tutors

- 45 Peer Tutors (GHSA- 5, KAHSSO-17, NSTAMP-7, SAHMPI- 5, UPSA-11)
- Attend FPLT & Peer Tutoring Program-specific Training
- Minimum A in the course

Peer Tutoring Services

- Course Based
- Free
- Drop-In/ Appointment/ Online
- Stong College JCR/Second Student Centre

Peer Tutoring:

2018 – 2019 Overview (Year 3)

Strengths

- Collaboration between student clubs, Colleges, & Departments
- Multiple leadership opportunities
- Peer tutoring offered for courses in all HH programs

Challenges

- Turnover of HH student club executives at different time points
- Drop-in space set-up (Stong JCR)
- Tutoring Service Usage
- Tracking Data (Sign-in, Tutoring interactions)
- Scheduling
- Distinguishing between academic services (ex. peer tutoring, private tutoring, PASS, etc.)

Opportunities

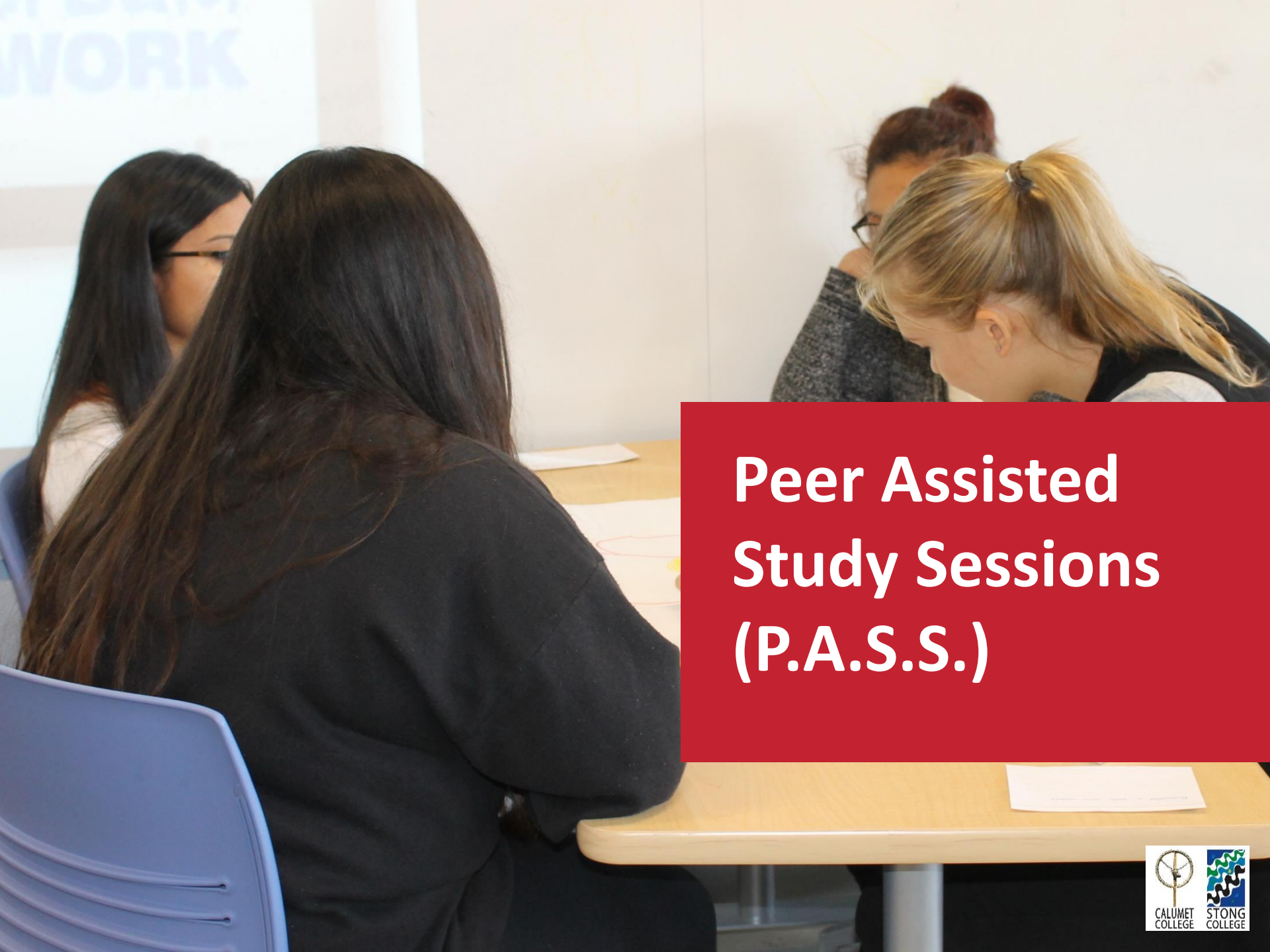
- Increase promotion of all academic services by distinguishing uniqueness of the different academic support services
- Learning Strategies implementation in tutoring sessions
- Different methods of delivery (In-person and Online)

Peer Tutoring

2020 – 2021 Recommendations

Work collaboratively with the unit-based student clubs to:

- Increase partnership and communications with Faculty
- Increase promotions for Peer Tutoring Services
- Introduce formalized tutoring session structure
- Dedicated Peer Tutoring Space
- Explore opportunities to incorporate online Peer Tutoring interactions

A photograph of three students sitting at a light-colored wooden table in a classroom or study hall. The student in the foreground has long dark hair and is wearing a black sweatshirt. To her left, another student with long dark hair and glasses is partially visible. To her right, a student with blonde hair in a ponytail is looking down at a paper on the table. In the background, a whiteboard with some faint yellow markings is visible, and a projection screen on the far left shows the word 'WORK' in large blue letters.

Peer Assisted Study Sessions (P.A.S.S.)

Peer Assisted Study Sessions (PASS)

2019 – 2020 Overview

The Supplemental Instruction(SI) Model

- Free, voluntary, & non-remedial
- Offered multiple times a week
- Collaborative and participatory study sessions
- Facilitated by peers that act as “model students”
- PASS Leaders are “near peers” who have taken the class prior to intensive training
- Supports historically difficult courses to increase retention, grades, and graduation rates
- Staff are certified as SI supervisors
- Over 3,500 institutions in more than 30 countries worldwide

Course Coverage

- **FALL**
 - KINE 1020: Intro to Health and Fitness
 - KINE 2011: Human Physiology I
 - PSYC 1010: Introduction to Psychology
 - PSYC 2020, 2021 & 2022: Statistical Methods I and II
- **WINTER**
 - KINE 1020: Intro to Health and Fitness
 - KINE 3012: Human Physiology II
 - KINE 3030: Biomechanics of Human Movement
 - PSYC 1010: Introduction to Psychology
 - PSYC 2020, 2021 & 2022: Statistical Methods I and II

PASS @ Calumet & Stong Colleges

- 1 PASS Program Coordinator
- 10 PASS Leaders in F/W
- 3 PASS Leaders in SU
- 1,625 students supported in F/W 2019-20
- 656 students supported in SU 2019
- PASS Leaders attend FPLT and PASS Program-specific training

Peer Assisted Study Sessions (PASS)

2019 – 2020 Overview

Strengths

- A certified, evidence based, international model – includes model for PASS Leader training
- Students learn how to integrate course content and study skills while working together and building connections
- PASS Leader role is competitive
- Interest in PASS from Course Directors
- Pilot of PASS in summer 2019 term was successful & offered again in SU 2020 (KINE 2031, PSYC 1010, PSYC 2021 & 2022)
- PASS training and PASS Sessions delivered online

Challenges

- Covering multiple course sections with 1 PASS Leader
- Expanding PASS to new courses with limited human & financial resources
- Attendance not consistent

Opportunities/Recommendations

- Increase understanding of the PASS model with departments and awareness of the program with students
- Ongoing facilitation training for PASS Leaders
- Exploring how PASS works in collaboration with other academic support programs to support HH students such as Peer Tutoring

Peer Assisted Study Sessions (PASS)

2020 – 2021 Recommendations

- Strengthen partnership with faculty members (increased integration)
- Explore dedicated *Student Success* forum on eClass
- Increase professional development opportunities for PASS Leaders (conferences, workshops, etc.)
- Communication and Branding
 - Support Departments and Course Directors in understanding how the model works
 - Increase awareness of the value of PASS to students in courses supported by PASS

Calumet & Stong Colleges Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP





Leadership Exploration and Development (LEAD)

EMERGING LEADERSHIP TRAINING

ELT

Designed for new students



FOUNDATIONAL PEER LEADERSHIP TRAINING

FPLT



Designed for Peer Leaders

ADVANCED PEER LEADERSHIP TRAINING

APLT

Designed for students engaged in and/or interested in leadership



LEAD ESSENTIALS



Designed for groups and student organizations

Emerging Leadership Training (ELT)

Dates (SU/F 2020) *Offered virtually	Participants
August 18, 2020	25
August 26, 2020	27
September 27 – rescheduled	0
October 14, 2020	22
November 8, 2020	TBA
TOTAL (August & October only)	74

Since August 2020 we have issued 74 ELT Certificates

Foundational Peer Leadership Training (FPLT)

Dates (SU/F/W 2019-2020) *Offered in-person	Participants
May 26, 2019	56
July 14, 2019	59
August 11, 2019	52
September 22, 2019	65
January 12, 2020	56
TOTAL (May to Sept)	288

Dates (SU/F/W 2020-2021) *Offered virtually	Participants
April 28, 29, 30, 2020	40
June 14, 15, 17, 2020	38
July 8, 10, 11, 2020	35
September 13, 18, 20, 2020	Day1 =73 Day 2 =62 Day 3 =69 All 3 days: 60 students *12 students completing FPLT in January 2020 (10 missed Day 2 and 2 missed Day 3)
January 8, 9, 10, 2020	TBA
TOTAL (April to Sept)	173

Advanced Peer Leadership Training (APLT)

Dates (SU/F/W 2019-2020) *Offered in-person	Participants
June 9, 2020	44
October 16, 2020	52
February 19, 2020	40
TOTAL: (June & February)	138

Dates (SU/F/W 2020-2021) *Offered virtually	Participants
July 22, 2020	78
October 16, 2020	38
February 2021	TBA
TOTAL: (July & October)	116

Since July 2017 we have issued 378 APLT Certificates

Leadership Exploration and Development 2019 – 2020 Overview

Strengths

- Invited to present at York University SPARK Leadership Summit– *6 Peer Leaders affiliated with CCSC developed & delivered content*
- Developed & delivered module for students participating in IHST placement
- Received AIF funding to develop *Emerging Peer Leadership Training (ELT)*
- Developed and implemented Emerging Leadership Training (ELT) – *74 students trained*
- All leadership modules now offered virtually & on eClass
- Received Catalyst Grant, in partnership with Emery Collegiate Institute, to develop Financial Literacy resources targeting high school students

Challenges

- Student accountability - ensuring registered students attend
- Zoom fatigue
- Limits of technology (features and social-emotional benefits of in person learning/group work)

Opportunities/ Recommendations

- Increase visibility of program (ELT, FPLT & APLT & LEAD Essentials)
- Explore grants to further expand LEAD program and build leadership capacity within York and in the local community
- Develop course proposals

Leadership Exploration and Development 2020 – 2021 Recommendations

- Develop course proposals
- Increase visibility of program by continuing to work with existing student organizations and new student groups
- Continue to seek internal/external sources of funding to further expand program



Health & Wellness

Health and Wellness 2019 – 2020 Overview

Health and Wellness Model

- Promoting overall wellness according to CCSC Wellness Tree Model.
- Making the Colleges a comfortable and supportive space (Providing physical space and sense of community)
- Partnership with School of Nursing (NURS 4525 Health and Healing: Community as Partner)
- Increasing awareness of CC&SC & their offerings
- Identifying and implementing action items that increase wellbeing within the Colleges
- Starting with the wellbeing of incoming students

Fall & Winter 2019/20 Priorities

- Wellness Lounge Launch – 52 attendees
- Dog Therapy – 75 attendees
- Social Media Interactions: (*Likes, DMs, Comments, etc.*): 154
- Tabling Outreach (*242 interactions*)
- Daily Lounge Events: 101 attendees
- Resources provided:
 - Food: 588 items
 - Hygiene products and other resources: 450 items.

SU 2020 Priorities

- Bell Let's Talk Week (*40 participants*)
- Social Media Interactions (*Likes, DMs, Comments, etc.*): 324+ interactions
- 'Wellness Break' Activities at Colleges Events (*205+ participants*): FPLT, APLT, ELT, Indigenous Event & other workshops.
- Weekly Meet & Greet – SU 20: (*567 attendees overall*)

Health and Wellness 2019 – 2020 Overview

Strengths

- Wellness Lounge Space and Free Health Resources
- Outreach:
 - * Meet & Greets
 - * Tabling Events
 - * Social Media (IG)
 - * 'Wellness Break' Activities at College Events
(FPLT/APLT/Indigenous events and other workshops)
- Multi-modal programming approach
- Nursing Student(s) led-projects, and events

Challenges

- Fast turnover of Nursing students every term (fall cohort and winter cohort)
- Varying experience, skill sets and interests
- Low student participation at daily Wellness Lounge events
- Branding and marketing of activities

Opportunities

- Expand inclusion of health and wellness in Colleges programming and health units
- Health and Wellness in the classroom
- Health and Wellness for our Peer Leaders
- Expand promotional reach
- Expand the free health and wellness resources available (snacks, coffee/tea, hygiene products, etc.)

Health and Wellness

2020 – 2021 Recommendations

Continue to expand inclusion of health and wellness in Colleges programming and Health programs

- Incorporate health and wellness programming across all programs and events held at the Colleges.
- Support **Peer Leaders** with Health and Wellness programming and additional training.

Health and Wellness in the Classroom

- Provide Health and Wellness programming in Faculty of Health classes.

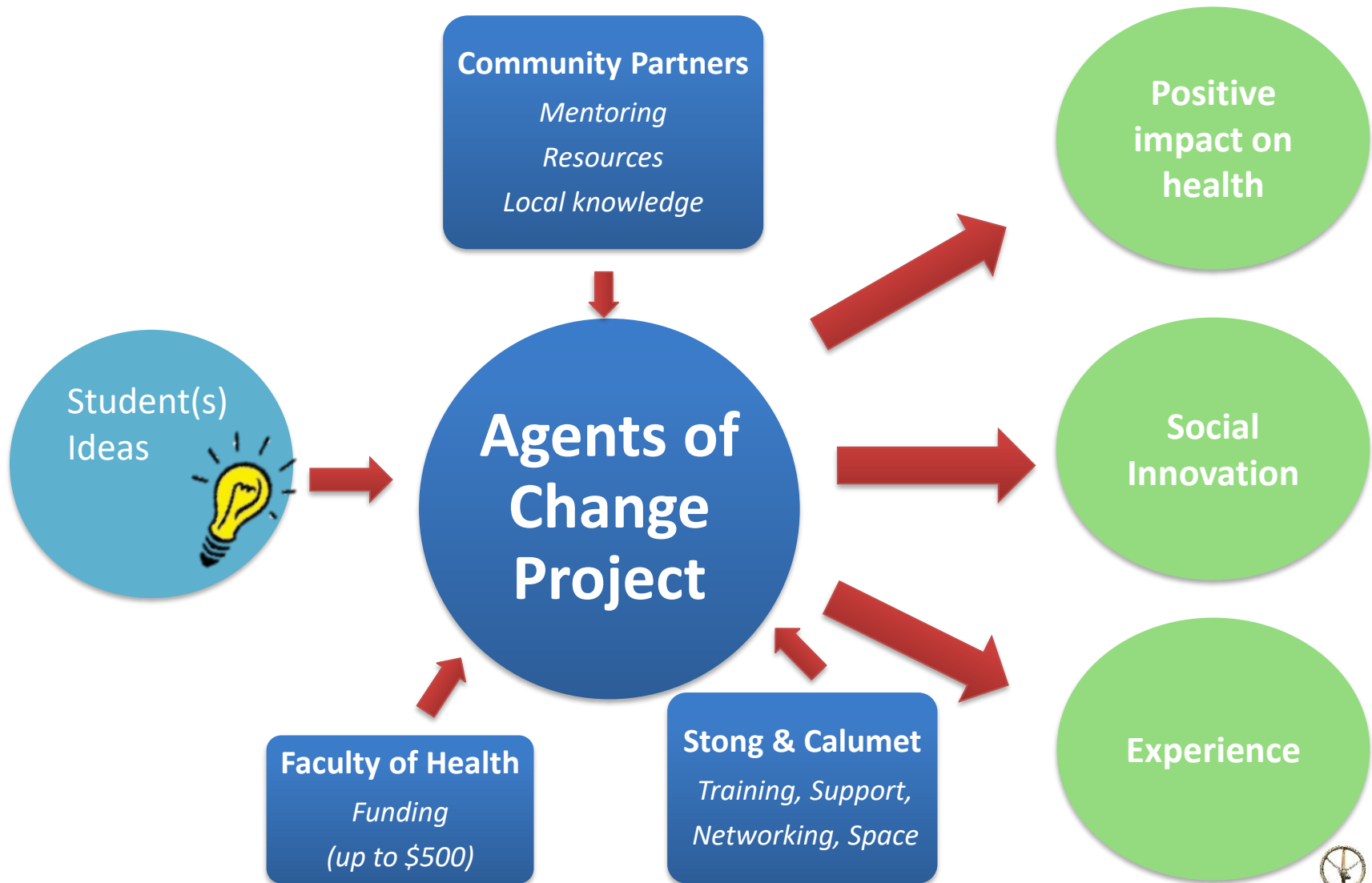
Increase visibility of program

- Explore different promotional avenues (i.e. Instagram, partnerships with CCSC Peer Leaders, wider community & yFile)



Agents of Change

Agents of Change Projects



Agents of Change

2019 – 2020 Overview

Strengths

- Competitive process and student-led projects
- Strengthens CC&SC & Health's outreach to the community
- Strong impact within the York Community
- Community Consultation (December 2019)

Challenges

- Limited human, space and financial resources
- Branding and marketing of program
- Ongoing training and development of projects
- Challenges to project support due to Covid-19.

Opportunities

- *Additional Administrative Support*
- Increase visibility of program
- Continue to expand partnerships and reach
- Formalize an alumni network
- Revise Funding model to better support projects

Agents of Change

2020 – 2021 Recommendations

Changes to Funding Model

- 3-Tier model (\$250/\$750/\$2000) to better support project needs.

Additional Administrative Support

- Additional full time staff member and work-study student dedicated to supporting the Agents of Change program.

Increase visibility of program through renewed marketing and promotions

- Emphasize Experiential Learning Opportunity
- Connect with existing CCSC Peer Leaders to develop future projects.

Continue to expand partnerships

- Strengthen relationship with Community, TD Engagement Centre and LaunchYU
- Formalize an alumni network

Calumet & Stong Colleges Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP





Career Exploration

Career Exploration

2019 – 2020 Overview

Strengths

- Career Matter Attendees since 2016:
 - *Over 500 students & 200 alumni*
- Careers Matter Alumni-Student Connection Events
 - *October 2019: 42 students & 17 alumni attended*
 - *February 2020: 36 students & 11 alumni attended*
 - *59% of survey respondents rated sessions 9-10 out of 10*
 - *32% of survey respondents rated sessions 7-8 out of 10*
- 19 Career Spotlight Sessions (virtual one-on-one interviews with alumni)
 - 115 students attended
 - 19 alumni
 - 62% of survey respondents rated sessions 9-10 out of 10
 - 34% of survey respondents rated sessions 7-8 out of 10

Challenges

- Support of the Career Centre to mount additional career-based events independent of CC&SC resources
- Periodic gaps due to alumni availability. Option to create a reserve of alumni to draw from for regular events
- Connection issues in a virtual setting
- Identifying ideal time to host sessions

Opportunities

- Increase alumni-to-peer connections
- Establish a work plan with units to avoid duplication or overlap of events
- Engaging more alumni who are interested in mentoring students
- Connect with departments for alumni suggestions and contacts

Career Exploration

2020 – 2021 Recommendations

- Continue online delivery of Career Spotlight post-pandemic to increase service accessibility
- Place Convocation surveys online (to increase our alumni support network)
- Explore strategies to increase the response rate for our Career Exploration events and Convocation surveys



Community Engagement & Wellbeing

Community Engagement & Wellbeing

2019 – 2020 Overview

Strengths

- Variety of in-person and virtual workshops focused on community engagement.
- 90% of survey respondents across **all** events rate events 9-10 out of 10:
- 11 Speed Painting Workshops (in-person & virtual) - 209 attendees
- 3 Improv & Spoken Word Workshops (in-person) – 19 attendees
- 4 Calligraphy Workshops (in-Person) – 43 attendees
- 3 Mask & Clay Making Workshops (in-person) – 41 attendees
- 7 Drawing/Sketching Workshops (virtual) - 45 attendees
- 5 Pilot Workshops (Virtual: Photography, Acting, Origami, Movement 2 Stillness, and Baking) – 38 attendees

Challenges

- Adapting in-person programs to an online format without diminishing service delivery or quality
- Identifying new workshop ideas that are appealing to students
- Students experiencing Zoom fatigue may not be interested in additional extracurricular online activities
- Convincing participants to have cameras on to engage with others
- Encouraging students to attend self-care oriented workshops while they are also balancing their personal and professional obligations

Opportunities

- Better utilize the Course Representative Program to draw attention to upcoming events
- Connecting not only with university partners within York, but also at other post-secondary institutions to develop programming
- Collaboration with unit-based student clubs to host events and provide ideas for creative methods for engagement and promoting student wellbeing

Community Engagement & Wellbeing 2020 – 2021 Recommendations

- Continue building communal networks to engage the York University community
- Explore strategies to better promote CC&SC events & programming to the community to increase participation
- Collaborate with unit-based student clubs to mount unique events

Context for 2020-2025 Revisioning





More Information on our programming:

scchelp@yorku.ca

Colleges@2025 Feedback survey

calumet.yorku.ca | stong.yorku.ca