Calumet & Stong Colleges @2025 Annual Update
Faculty of Health Council

Wednesday, December 1, 2021
Presenters: C. Goodfellow, M. Hamadeh, A. Mohammed, A. Stypka, B. Tepperman, A. Walker
Student Success Team at CCSC

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Calumet & Stong Colleges Strategic Plan
CCSC is committed to an engaged and meaningful student experience. The Colleges foster equity, diversity, and inclusion; wellbeing; collaborative academic support; leadership development; and recognition of achievement.
## Calumet College & Stong College Plan 2020-2025

<table>
<thead>
<tr>
<th>Vision</th>
<th>Inspiring learning, leadership and citizenship.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mission</td>
<td>A college community committed to an engaged and meaningful student experience. The Colleges foster equity, diversity and inclusion; wellbeing; collaborative academic support; leadership development; and recognition of achievement.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Values</th>
<th>Student-centric</th>
<th>Collaborative</th>
<th>Mentorship</th>
<th>Engagement</th>
<th>Bold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supporting the engagement of students in their own learning and growth</td>
<td>Activity involving all community partners</td>
<td>Enabling the learning process and personal development</td>
<td>Developing a sense of belonging and promoting growth</td>
<td>Challenging the status quo and being resourceful</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Strategic Directions</th>
<th>A. Enhancing Academic/Learning Support Programs &amp; Student Success</th>
<th>B. Developing Student Leadership</th>
<th>C. Fostering a culture of social and Intellectual growth</th>
<th>D. Promoting Equity, Diversity, Inclusion &amp; Citizenship</th>
<th>E. Promoting Health &amp; Wellness</th>
<th>F. Building Resources &amp; Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1. Guide, support, and engage students to have successful transitions</td>
<td>B1. Embed and customize leadership, mentoring and active learning opportunities across the student experience</td>
<td>C1. Promote networking among students, between student organizations, and between students and partners to create a climate of life-long learning</td>
<td>D1. Recognize barriers and promote solutions by advocating for and empowering historically underserved student groups, including but not limited to, Black, those with disabilities, first generation, Indigenous, immigrant, international, mature, and racialized</td>
<td>E1. Embed and customize Health and Wellness education, practices, and skills across the student experience</td>
<td>F1. Evolve functional responsibilities to support the Colleges' strategic directions and operational plans, and to align with the Faculty of Health's strategic plan and priorities</td>
<td></td>
</tr>
<tr>
<td>A2. Enhance our partnerships with alumni, fellows, graduate students, staff and faculty to mentor and guide undergraduate students</td>
<td>B2. Expand experiential learning opportunities</td>
<td>C2. Create and maintain new opportunities for student social and intellectual development</td>
<td>D2. Build student and community capacity for intercultural understanding, empathy, and mutual respect (TRC’s Call to Action)</td>
<td>E2. Develop and promote initiatives, training and partnerships focused on the CCSC framework of health and wellness with students, student organizations, staff, faculty, alumni, fellows, campus partners and the community</td>
<td>F2. Advocate for, invest in, and support program evaluation</td>
<td></td>
</tr>
<tr>
<td>A3. Increase capacity and expand mentorship opportunities for student-led initiatives</td>
<td>B3. Expand opportunities for student-led, community-focused social innovation initiatives</td>
<td>C3. Expand and sustain opportunities for engaging faculty, staff, alumni, fellows, and community partners</td>
<td>D3. Learn from and strengthen relationships with Indigenous communities to promote Indigenous knowledge and traditions</td>
<td>E3. Expand aspects of Health and Wellness into the classroom</td>
<td>F3. Prioritize investment in resources (physical, technological and human) to support the Colleges and student organizations to meet the Colleges' strategic plan</td>
<td></td>
</tr>
<tr>
<td>A4. Expand programs related to academic skill development</td>
<td>B4. Support, recognize and acknowledge students for their personal and leadership development and significant contributions to the community</td>
<td>C4. Expand and engage our online community</td>
<td>D4. Collaborate with campus and community partners to recognize and affirm the different facets and intersectionalities of diversity, including but not limited to, cultural, disability, educational, ethnic, family, gender, geographic location, sexuality, socio-economic status and spiritual</td>
<td></td>
<td>F4. Support and engage students, student organizations, staff and faculty in professional development that advances the strategic plan</td>
<td></td>
</tr>
<tr>
<td>A5. Collaborate with campus partners on early alert initiatives among students to foster academic success</td>
<td>B5. Strengthen existing collaborative networks and expand opportunities for career exploration</td>
<td>D5. Foster social responsibility and active citizenship through community outreach initiatives</td>
<td></td>
<td></td>
<td>F5. Explore alternative financial resources to support programming</td>
<td></td>
</tr>
<tr>
<td></td>
<td>B6. Foster collaborations, partnerships, and engagement to expand leadership opportunities.</td>
<td></td>
<td></td>
<td></td>
<td>F6. Effectively communicate the Colleges' role and identity through branding and marketing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>B7. Promote and facilitate cross-partnering among student organizations</td>
<td></td>
<td></td>
<td></td>
<td>F7. Develop and promote initiatives, training and partnerships focused on the UN Sustainable Development Goals with students, student organizations, staff, faculty, alumni, fellows, campus partners and the community.</td>
<td></td>
</tr>
</tbody>
</table>

2020-2025 Authors: Robert Bishop, AnnaLisa Crisostomo, Cynthia Goodfellow, Mazen J Hamadeh, Abdulkhader Mohammed, Jennine Rawana, Agata Slypke, and Bayley Tepperman

https://www.yorku.ca/colleges/calumet/about-calumet-college/
https://www.yorku.ca/colleges/stong/about-stong-college/
Calumet & Stong Colleges Plan 2015-2020

2015
- Orientation
- The HealthAid Network
- Career Panels
- Agents of Change

New Initiatives:
- Peer Tutoring (KAHSSO)
- Graduate Peer Mentoring
- Funding for PanAm/Indigenous events

2016
- Re-Visioning Community Consultation

New Initiatives:
- York Orientation Day expands to include Nursing
- Orientation Express
- Student Welcome
- Peer Mentoring (KAHSSO)
- Writing Coaching
- Health & Wellness
- Career Exploration
- Student Club Affiliation

2017
- 1st Annual Colleges@2020

New Initiatives:
- PMing expands to all HH units
- Course Reps (CRs)
- PTing expands to all HH units
- Zen Zone
- Leadership Training & Dev. (FPLT, APLT, etc.)
- Nursing Practicum
- Becoming YU
- Indigenous Circle
- CC&SC-HH Awards
- Program Eval. & Ethics Application

2018
- 2nd Annual Colleges@2020

New Initiatives:
- CR expands to 2nd-y courses
- Matched PMing in all HH units
- PASS expands
- Summer CR, PTing & PASS
- HH student club goal-setting
- Hlth & Wellness enhances events
- Stong JCR renos begin
- Career Convos
- Community-building activities
- TIF Presentations

2019
- 3rd Annual Colleges@2020

New Initiatives:
- Multipurpose SC JCR ready
- All SSPrograms Online
- Restructured PT, PM & CR Prog.
- Expanded: student-club embedded prog; Academic Prog; Health & Wellness; LEAD; Indigenous Circle
- CEW workshops
- AIF & Catalyst
- Student Engagement Study (Ethics)
- CC 50th Anniversary
- Group Peer Mentoring
- Expanded CR to all years courses

2020
- 4th Annual Colleges@2020

New Initiatives:
- Emerging Leadership Training
- Financial Literacy with High School
- Colleges@2025 Strategic Plan
- Student Engagement Study (Ethics)
- CC 50th Anniversary
- Expanded CR to all years courses
Calumet & Stong Colleges Plan 2020-2025

New Initiatives:
• Emerging Leadership Training
• Financial Literacy with ECI
• Colleges@2025 Strategic Plan
• Student Engagement Study
• CC 50th Anniversary
• Group Peer Mentoring
• Expanded PASS (HLST)
• Expanded CR to all-years courses
• New awards for W/S and alum
• Presented at TIF & SIT
• Piloted Exec YU
• Agents of Change = UN SDGs
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Student Success Program Overview
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

Orientation & Transition
Academic Support Programs
Leadership & Professional Development
Community Building & Development

CC&SC’s Strategic Plan, Vision, Mission and Values
Calumet & Stong Colleges
Student Success Programs

Orientation & Transition
- Orientation
- Student Welcome Events
- Mentoring

Academic Support Programs
- Course Representatives
- Peer Assisted Study Sessions (P.A.S.S.)
- Peer Tutoring

Leadership & Professional Development
- Health & Wellness
- Leadership Coaching
- Work and Volunteer Opportunities
- Career Exploration
- Awards & Recognition
- Agents of Change

Community Building & Development
- Student, Staff & Faculty Advisory
- Student Engagement and Partnership
- Indigenous Circle
- Alumni & Fellow Engagement
- Research and Program Development
- College Celebrations
- Colleges @2025 events
- On-Campus Partnerships
- Off-Campus Community Engagement
Program Development Across Student Lifecycle

**Recruitment**
- Y1
  - Academic Orientation and Transition
    - Academic Support
  - Health and Wellness
  - **LEAD with us**
    - Indigenous Circle; Community Engagement and Wellbeing (CEW)
  - Agents of Change
    - Career Exploration

**Graduation**

**EDI • AODA • Marketing, Media and Branding • Alumni and Fellow Engagement • Partnering with Student Clubs/Councils**
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Student Success Program Summaries
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

Orientation & Transition

CC&SC’s Strategic Plan, Vision, Mission and Values
# Orientation & Transition
## 2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Pre-Arrival</th>
<th>Academic Orientation 2020</th>
<th>Winter &amp; Summer Orientation 2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>• YU Start</td>
<td>• 1540 new student participants</td>
<td>• Winter Orientation (149 Participants – IHST, NURS-IEN, PSYC, SHPM; 31 – PLs, Staff, UPD)</td>
</tr>
<tr>
<td>• Parent &amp; Family Orientation</td>
<td>• 7 programs</td>
<td>• 4 Zoom sessions (in January)</td>
</tr>
<tr>
<td>• Each incoming HH student was paired with a Peer Mentor</td>
<td>• 21 Zoom sessions (15 in August and 6 at YOD)</td>
<td>• Summer Orientation (82 Participants – PSYC &amp; SHPM; 18 – PLs, Staff, UPD)</td>
</tr>
<tr>
<td></td>
<td>• Icebreakers, UPD presentation, Meet Your Prof, Tips from Upper Year Students</td>
<td>• 2 Zoom sessions (in May)</td>
</tr>
<tr>
<td></td>
<td>• Welcome Event Zoom session (64 participants)</td>
<td>• Icebreakers, UPD presentation, Meet Your Prof, Tips from Upper Year Students</td>
</tr>
</tbody>
</table>
## Orientation & Transition

### 2020 – 2021 Overview

<table>
<thead>
<tr>
<th><strong>Strengths</strong></th>
<th><strong>Challenges</strong></th>
<th><strong>Opportunities</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Student leaders, staff, &amp; faculty collaborated to welcome new students</td>
<td>• Zoom session; ensure that backup MC can take over if MC is having technical difficulties</td>
<td>• More time allocated for questions to presenters</td>
</tr>
<tr>
<td>• In-depth, full day training for AO PLs and Volunteers to increase student presenter opportunities</td>
<td>• Increased emphasis on energy level and presentation and engagement skills for PLs and volunteers</td>
<td>• Increase capacity of peer leaders as small group facilitators</td>
</tr>
<tr>
<td>• Experience customized to each academic program</td>
<td>• Supporting the transition of new students who do not attend AO</td>
<td>• Enhance coordination and communication between university partners</td>
</tr>
</tbody>
</table>
Overall Attendance Rates AO F2020

- 1540 AO attendees vs. 2355 students in the Faculty of Health
Orientation & Transition

2020 – 2021 Recommendations

• Have staff go around breakout rooms to motivate students to turn camera on and counteract low engagement

• MCs should use the script as a foundation and add their personalities as an extra i.e., don’t read off the slides; should review the facilitator notes before the session and be better prepared through more practice; should be mindful of their body language and time

• Have a standard virtual background + dress code for UYMs/MCs/Staff

• Students should be encouraged to keep their videos on
Peer Mentoring
# Peer Mentoring
## 2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Peer Mentoring Committee</th>
<th>Peer Mentors</th>
<th>Peer Mentoring Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Facilitated by Colleges’ WorkStudy Peer Mentoring Program Coordinators</td>
<td>• 64 Peer Mentors (KAHSSO - 19, UPSA - 20, GHSA - 4, NSTAMP – 15, SAHMPI – 6) • Attend FPLT &amp; Peer Mentoring Program-specific Training</td>
<td>• All first-year students matched to an upper-year Peer Mentor • 40% of students matched based on hobbies/interests • Group Activity Sessions offered via Zoom • 1:1 appointments still available • <strong>Aug 2020 (before YOD):</strong> 323 live interactions • <strong>Fall 2020:</strong> 427 live interactions • <strong>Winter 2021:</strong> 170 live interactions</td>
</tr>
<tr>
<td>• 1-2 Peer Mentoring Coordinator(s) from each student club</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# Peer Mentoring

## 2020 - 2021 Overview

<table>
<thead>
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<th>Strengths</th>
<th>Challenges</th>
<th>Opportunities</th>
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</thead>
</table>
| • Collaboration between student clubs, Colleges, & Departments  
• Multiple leadership opportunities (Peer Mentor, Coordinator, staff)  
• Mentoring offered to all HH students  
• Peer Mentors held Meet-and-Greet sessions before YOD, led to a high number of live interactions  
• Peer Mentors embedded in YOD  
• Fostered a sense of community in a virtual environment  
• Face to face interactions increased from 233 to 920 | • Matched mentoring groups were not statistically more engaged  
• Maintaining engagement throughout the academic year  
• Annual turnover of HH student club executives, and at different time points  
• Tracking Data (PM Logs) | • Explore group-based format, possibly in person  
• Experiment with matching methods  
• Expand services to offer variety of services and formats |
Peer Mentoring
2021 – 2022 Recommendations

Work collaboratively with the HH unit-based student clubs to:

• Increase promotion & marketing of Peer Mentoring
• Experiment with “request a mentor” matching
• Continue to offer group-based mentoring to further build a sense of community
• Offer more than just 1:1 support by increasing variety of services (e.g., social events, workshops, etc.).
• Continue seeking ongoing mentee feedback
• Engagement year-round
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

CC&SC’s Strategic Plan, Vision, Mission and Values

Academic Support Programs
### Course Representative Program

#### 2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Course Coverage</th>
<th>Course Representatives</th>
<th>Content Map</th>
</tr>
</thead>
</table>
| • Includes 1\(^{st}\), 2\(^{nd}\), 3rd, 4th, year HLST, IHST, KINE, NURS & PSYC courses | • 71 CRs  
• Attend FPLT and CR Program-specific training  
• Make weekly announcements  
• Host eClass Discussion Forum  
• Host non-facilitated study groups  
• Attend Weekly meetings | • Colleges’ Academic Support Programs  
• Academic Skills  
• Health & Wellness  
• Student Leadership  
• Campus Resources & Events  
• Policies & Procedures  
• Career Prep |
| • 38 courses with CRs (76 sections) in FW and SU terms | | |
| • 15,101 HH students exposed to CR Program 2020/21 | | |
### Course Representative Program 2020-2021 Overview

#### Strengths
- Facilitated by Colleges’ WorkStudy students
- Engaged student volunteers, expanded # of CRs
- Developing leadership capacity in first year students
- Multiple modes for students to connect (eClass, study groups)
- Supports the year long transition of new students beyond YOD
- Supports students throughout university life cycle with expansion into 3rd and 4th year courses
- Educating CRs, students and CDs about the many resources at Colleges & York

#### Challenges
- CD participation and adoption of our formats: CRs presenting live in class, posting PPT slides on eClass, etc.
- Due to a high number of classes being asynchronous, many CRs pre-recorded videos and posted them to eClass
- Ensuring that slide content is consistent, succinct, relevant, unique, and timely for each upcoming week of the student experience cycle
- CR Resignations

#### Opportunities
- One of the few leadership roles that incoming students can access
- Connecting CRs to future work and volunteer roles in the Colleges and at York
- Consistent messaging distributed to all HH students and faculty
- Relationship building between Colleges and Course Directors
- Different methods of Delivery (In-class and Online, synchronous and asynchronous)
Course Representative Program
2021 – 2022 Recommendations

• Better course integration

• Return to live, in-class presentations where possible

• Continued presence in online courses

• Enhance recruitment strategies to ensure core courses have CRs
Peer Tutoring
### Peer Tutoring
#### 2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Peer Tutoring Committee</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Facilitated by Colleges WorkStudy Peer Tutoring Program Coordinators</td>
</tr>
<tr>
<td>• 1-2 Peer Tutoring Coordinators from each club</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>Peer Tutors</th>
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</thead>
<tbody>
<tr>
<td>• 56 Peer Tutors (GHSA- 4, KAHSSO-21, NSTAMP-7, SAHMPI- 3, UPSA-21)</td>
</tr>
<tr>
<td>• Attend FPLT &amp; Peer Tutoring Program-specific Training</td>
</tr>
<tr>
<td>• Minimum A in the course</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Peer Tutoring Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Course-Based</td>
</tr>
<tr>
<td>• Free</td>
</tr>
<tr>
<td>• Drop-In/Online</td>
</tr>
<tr>
<td>• Virtual via Zoom</td>
</tr>
<tr>
<td>• <strong>Fall 2020:</strong> 260 live interactions</td>
</tr>
<tr>
<td>• <strong>Winter 2021:</strong> 246 live interactions</td>
</tr>
<tr>
<td>Strengths</td>
</tr>
<tr>
<td>-----------</td>
</tr>
<tr>
<td>• Collaboration between student clubs, Colleges, &amp; Departments</td>
</tr>
<tr>
<td>• Multiple leadership opportunities</td>
</tr>
<tr>
<td>• Peer Tutoring offered for courses in all HH programs</td>
</tr>
<tr>
<td>• More accessible given online format</td>
</tr>
<tr>
<td>• Increased from 325 to 506 interactions</td>
</tr>
</tbody>
</table>
Peer Tutoring
2021 – 2022 Recommendations

Work collaboratively with the unit-based student clubs to:

• Increase partnership and communications with Faculty
• Increase promotions for Peer Tutoring Services
• Dedicated Peer Tutoring Space for when in-person delivery return
• Explore opportunities to offer both in-person and online Peer Tutoring interactions
• Continue seeking ongoing tutee feedback
Peer Assisted Study Sessions (P.A.S.S.)
Peer Assisted Study Sessions (PASS)  
2020 – 2021 Overview

<table>
<thead>
<tr>
<th>The Supplemental Instruction(SI) Model</th>
<th>Course Coverage</th>
<th>PASS @ Calumet &amp; Strong Colleges</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Free, voluntary, &amp; non-remedial</td>
<td>• FALL</td>
<td>• 1 PASS Program Coordinator</td>
</tr>
<tr>
<td>• Offered multiple times a week</td>
<td>• KINE 1020: Intro to Health and Fitness</td>
<td>• 10 PASS Leaders in F/W</td>
</tr>
<tr>
<td>• Collaborative and participatory study sessions</td>
<td>• KINE 2011: Human Physiology I</td>
<td>• 3 PASS Leaders in SU</td>
</tr>
<tr>
<td>• Facilitated by peers that act as “model students”</td>
<td>• PSYC 1010: Introduction to Psychology, Sections B &amp; F</td>
<td>• 594 students supported in the Fall 2020 &amp; 1,021 students supported in Winter 2021</td>
</tr>
<tr>
<td>• PASS Leaders are “near peers” who have taken the class prior to intensive training</td>
<td>• PSYC 2020, 2021 &amp; 2022: Statistical Methods I and II</td>
<td>• 801 students supported in SU 2021</td>
</tr>
<tr>
<td>• Supports historically difficult courses to increase retention, grades, and graduation rates</td>
<td>• WINTER</td>
<td>• PASS Leaders attend FPLT and PASS Program-specific training</td>
</tr>
<tr>
<td>• Staff are certified as SI supervisors</td>
<td>• KINE 1020: Intro to Health and Fitness</td>
<td></td>
</tr>
<tr>
<td>• Over 3,500 institutions in more than 30 countries worldwide</td>
<td>• KINE 3012: Human Physiology II</td>
<td></td>
</tr>
</tbody>
</table>

Course Coverage:

- **FALL**
  - KINE 1020: Intro to Health and Fitness
  - KINE 2011: Human Physiology I
  - PSYC 1010: Introduction to Psychology, Sections B & F
  - PSYC 2020, 2021 & 2022: Statistical Methods I and II

- **WINTER**
  - KINE 1020: Intro to Health and Fitness
  - KINE 3012: Human Physiology II
  - KINE 3030: Biomechanics of Human Movement
  - PSYC 1010: Introduction to Psychology
  - PSYC 2020, 2021 & 2022: Statistical Methods I and II

PASS @ Calumet & Strong Colleges:

- 1 PASS Program Coordinator
- 10 PASS Leaders in F/W
- 3 PASS Leaders in SU
- 594 students supported in the Fall 2020 & 1,021 students supported in Winter 2021
- 801 students supported in SU 2021
- PASS Leaders attend FPLT and PASS Program-specific training
## Peer Assisted Study Sessions (PASS) 2020 – 2021 Overview

### Strengths
- A certified, evidence based, international model – includes model for PASS Leader training
- Students learn how to integrate course content and study skills while working together and building connections
- PASS Leader role is competitive
- Interest in PASS from Course Directors
- Pilot of PASS in summer 2019 term was successful & offered in SU 2020 and SU 2021. Continued growth in summer PASS sessions.
- PASS training and PASS Sessions delivered online (F 2021 introduced training via eClass)
- Presented at 2021 TiF Conference

### Challenges
- Covering multiple course sections with 1 PASS Leader
- Expanding PASS to new courses with limited human & financial resources
- Attendance not consistent

### Opportunities
- Increase understanding of the PASS model with departments and awareness of the program with students
- Ongoing training for PASS Leaders (mental health and wellbeing and academic support services)
- Exploring how PASS works in collaboration with other academic support programs to support HH students such as Peer Tutoring
Peer Assisted Study Sessions (PASS)  
2021 – 2022 Recommendations

• Strengthen partnership with faculty members (increased integration)

• Explore opportunities to offer both in-person and online PASS Sessions

• Increase professional development opportunities for PASS Leaders (conferences, workshops, etc.) - The 12th International Conference on Supplemental Instruction will be held in Toronto in June 2022

• Communication and Branding
  • Support academic units and service partners in understanding how the model works
  • Increase awareness of the value of PASS to students in courses supported by PASS
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

Leadership & Professional Development

CC&SC’s Strategic Plan, Vision, Mission and Values
Leadership Exploration and Development (LEAD)
Peer Leadership at Calumet and Stong Colleges

Student Organizations
Peer Leadership at Calumet and Stong Colleges

Student Success Council

Peer Tutors

Peer Mentors

Partnership with students & student clubs/councils

Knowledge Mobilization (Public & Academic Conference Presentations)

Health & Wellness Nursing Student Course Placement

Work/Study Programs

Academic Orientation Volunteers

Alumni & Fellows

Award Adjudication

Community Engagement & Wellbeing Volunteers

Community Outreach Grants

General Volunteers

Course Representatives
Peer Leadership at Calumet and Stong Colleges

Positivity! Pass it on.

Loving Minds

Nothin' But Change

The Youth Exercise Project

Helping Hands

Diabetes on Campus

ProjectCare

BookChest

The Brain Vitamins PodCast

Heartline

Agents of Change

BE THE SPARK.
LEAD Training

1. Emerging Leadership Training (ELT)
   Designed for new students and students interested in getting involved at Calumet and Stong Colleges (CCSC)
   230 Certificates

2. Foundational Peer Leadership Training (FPLT)
   Designed for peer leaders and is mandatory for all CCSC peer leaders
   1,236 Certificates

3. Advanced Peer Leadership Training (APLT)
   Designed for students engaged in leadership experiences
   513 Certificates

4. LEAD Essentials
   Designed for groups and student organizations
   No data currently

5. EXEC YU
   In development
   New offering for peer leaders in executive positions
   33 Executives participated in pilot
Leadership Exploration and Development
2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Strengths</th>
<th>Challenges</th>
<th>Opportunities/Recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td>• All leadership modules now offered virtually, on eClass and have</td>
<td>• Student accountability - ensuring registered students attend</td>
<td>• Increase visibility of program (ELT, FPLT &amp; APLT &amp; LEAD Essentials)</td>
</tr>
<tr>
<td>corresponding workbooks and pre-post assignments</td>
<td>• Limits of technology (features and social-emotional benefits of in person learning/group</td>
<td>• Explore grants to further expand LEAD program and build leadership capacity within York and</td>
</tr>
<tr>
<td>• Catalyst Grant, partnership with Emery Collegiate Institute, completed</td>
<td>work)</td>
<td>in the local community</td>
</tr>
<tr>
<td>and project site launched <a href="https://www.yorku.ca/colleges/ccsc/the-financial-wellness-project/">https://www.yorku.ca/colleges/ccsc/the-financial-wellness-project/</a></td>
<td></td>
<td>• Develop course proposal</td>
</tr>
<tr>
<td>• Exec YU pilot developed in collaboration with LEAD and CCSC student</td>
<td></td>
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</tr>
<tr>
<td>organizations</td>
<td></td>
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<tr>
<td>• Pilot of ELT in SU/F 2020 term was successful &amp; offered in W/SU 2021</td>
<td></td>
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<tr>
<td>• Timely and relevant training topics (based on student feedback)</td>
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</tbody>
</table>
Leadership Exploration and Development
2021 – 2022 Recommendations

• Increase visibility of program by continuing to work with existing student organizations and new student groups
• Explore opportunities to offer both in-person and online training sessions
• Continue to solicit feedback about module content and address course design and learning outcomes where appropriate
• Continue to seek internal/external sources of funding to further expand program
Health & Wellness
Wellness Lounge
Health and Wellness
2020 – 2021 Overview

**Health and Wellness Model**

- Promoting overall wellness according to CCSC Body, Mind Heart Wellness Tree Model
- Making the Colleges a comfortable and supportive space (Providing physical space and sense of community)
- Increasing awareness of CC&SC & their offerings
- Identifying and implementing action items that increase wellbeing within the Colleges
- Starting with the wellbeing of incoming students.

**Fall & Winter 2019/20 Highlights**

- CCSC Health and Wellness Community Consultation – 34 attendees
- F/W Biweekly Wellness Events:
  - 80+ attendees
- Wellness Activities at College Events:
  - 300+ participants: FPLT, APLT, ELT, Indigenous Event & other workshops.
  - ‘Wellness Break’ Slides – introduced in the classroom via CRs and PASS.
- Exposure to over 1000 students
- Daily Social Media Posts/Stories/Polls

**SU 2021 Highlights**

- Weekly Meet & Greets – SU 21: (370+ attendees)
- Supporting Health and Wellness Programming for 6 affiliated student clubs
- Daily Social Media Posts/Stories/Polls
- Social Media Interactions (Likes, DMs, Comments, etc.): 270+ interactions.
# Health and Wellness 2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Strengths</th>
<th>Challenges</th>
<th>Opportunities</th>
</tr>
</thead>
</table>
| • Peer-led events and initiatives  
• Wellness Lounge Social Media (IG)  
• Virtual Outreach:  
• Multi-modal programming approach | • Dealing with student Zoom fatigue:  
• Feedback given by students, Peer Leaders.  
• Event Participation Drop off:  
• Student participation at online events | • Expand inclusion of health and wellness in College’s programming and health units  
• Support Health and Wellness practices in the classroom  
• Expand Health and Wellness support for our Peer Leaders  
• Support Peer-led wellness initiatives. |
Health and Wellness
2021 – 2022 Recommendations

*Continue to expand inclusion of health and wellness in Colleges’ programming*

- Incorporate health and wellness programming across all programs and events held at the Colleges.
- Support Peer Leaders from associated student clubs with Health and Wellness programming and additional training.

*Health and Wellness in the Classroom*

- Provide Health and Wellness programming in Faculty of Health classes.

*Returning to Campus*

- Explore opportunities to support Health and Wellness programming both in-person and online.
Agents of Change

BE THE SPARK.
Agents of Change Projects

Agents of Change
BE THE SPARK.

Student(s) Ideas

Agents of Change Project

Community Partners
Mentoring
Resources
Local knowledge

Faculty of Health
Funding
(up to $500)

Stong & Calumet
Training, Support,
Networking, Space

Positive Impact on Health

Social Innovation

Experience
### Agents of Change
2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Strengths</th>
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<tbody>
<tr>
<td>• 5-Student-led community initiatives addressing various Social Determinants of Health</td>
</tr>
<tr>
<td>• Strengthens CC&amp;SC &amp; Health’s outreach to the community</td>
</tr>
<tr>
<td>• Strong impact within York University and wider community despite limitations of Covid-19</td>
</tr>
<tr>
<td>• Experiential opportunity for project leads creating impact at a grassroots level</td>
</tr>
<tr>
<td>• Partnerships with Global Health Agents of Change Course and <em>Global Mental Health: Eastern, Indigenous and Western Perspectives</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Challenges</th>
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<tbody>
<tr>
<td>• Limited human, space and financial resources</td>
</tr>
<tr>
<td>• Branding and marketing of program</td>
</tr>
<tr>
<td>• Ongoing training and development of projects</td>
</tr>
<tr>
<td>• Challenges to project support due to Covid-19.</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Opportunities</th>
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</thead>
<tbody>
<tr>
<td>• Additional Administrative Support</td>
</tr>
<tr>
<td>• Increase visibility of program</td>
</tr>
<tr>
<td>• Continue to expand partnerships and reach</td>
</tr>
<tr>
<td>• Formalize an alumni network</td>
</tr>
<tr>
<td>• Revise Funding model to better support projects</td>
</tr>
<tr>
<td>• Incorporating UN SDGs</td>
</tr>
</tbody>
</table>
Agents of Change Projects 2020/21

Empowering Women in Health

Discover You

Luminate

TorontoTooth

ZEAL
EWIH
Empowering Women In Health
An Agents of Change Project

REWRI
THE
EWRIT
NARRATIVE
EMPOWERING
WOMEN IN
HEALTH 2021
JOIN
MARCH 12 AT 11AM - LINK IN BIO

Agents of Change
BE THE SPARK.
GOALS

- Raise awareness about the gender disparities in the Canadian health industry
- Inspire women in health to aim for leadership and inspire all students to aim for equitable representation in health
- Connect current leaders with current students and provide training and leadership opportunities

MISSION

Rewriting Women's Leadership in Health
IMPACT

SOCIAL DETERMINANTS OF HEALTH

• Gender
• Education
• Health Services
• Social Safety Networks
• Race
• Disability
• Indigenous Ancestry

UN SUSTAINABLE GOALS

• Goal 3 (Good Health and Well-Being)
• Goal 5 (Gender Equality)
• Goal 10 (Reduce inequality in and among countries)
• Goal 16 (Peace, Justice, and Strong Institutions)
2020-2021 CAMPAIGNS

- Health Days and Leadership Spotlights
- Campaign: 16 Days of Activism Against Gender-Based Violence
- Brain Health and Wellness Challenge
- Black Women Leaders in Health Interviews
- Women's Historical Health Timeline
- International Women's Day Panel
Women's Narrative: Canadian Historical Health Timeline

@empoweringwomeninhealth
CURRENT INITIATIVES

- 4 Major Projects
- Women's Historical Health Timeline continuation
- Website Blog with News Updates, Op-Eds, Event Reviews, Trivia, Leadership Spotlights, Community Submissions, etc.
- Social Media campaigns (interactive quizzes, themed challenges, etc.)

Workshop Series
Professional Workshop Series for Women in Health

Ideathon Month
Mentorship, teamwork, critical thinking around topics surrounding gender inequality in health

EWIH's Annual Gala
Networking Summit for leaders in health

Coffee-Chats with Health Leaders
1-1 networking and mentorship in various health disciplines
YOUR SUPPORT MAKES THIS POSSIBLE

Website: empoweringwomeninhealth.org

Social Media: @empoweringwomeninhealth
Agents of Change
2021 – 2022 Recommendations

Further alignment with United Nations Sustainable Development Goals

Support initiatives in transitioning towards sustainability and non-for-profit status

Changes to Funding Model

• 3-Tier model ($250/$750/$2000) to better support project needs

Continue to seek internal/external sources of funding to further expand program
Agents of Change
2021 – 2022 Recommendations

Increase visibility of program through renewed marketing and promotions

- Emphasize Experiential Learning Opportunity
- Connect with existing CCSC Peer Leaders to develop future projects

Continue to expand partnerships

- Strengthen relationships with Community, TD Engagement Centre, LaunchYU and other campus partners.
- Formalize an alumni network.
Calumet & Stong Colleges
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

CC&SC’s Strategic Plan, Vision, Mission and Values

Community Building & Development
Career Exploration
## Career Exploration
### 2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Strengths</th>
<th>Challenges</th>
<th>Opportunities</th>
</tr>
</thead>
</table>
| • 35 Career Spotlight Sessions (virtual one-on-one interviews with alumni)  
  • 115 students attended  
  • 19 alumni  
  • 62% of survey respondents rated sessions 9-10 out of 10  
  • 34% of survey respondents rated sessions 7-8 out of 10 | • Support of the Career Centre to mount additional career-based events independent of CCSC resources  
  • Periodic gaps due to alumni availability. Option to create a reserve of alumni to draw from for regular events  
  • Connection issues in a virtual setting  
  • Identifying ideal time to host sessions | • Increase alumni-to-peer connections  
  • Establish a work plan with units to avoid duplication or overlap of events  
  • Engaging more alumni who are interested in mentoring students  
  • Connect with departments for alumni suggestions and contacts |
Career Exploration
2020 – 2021 Recommendations

• Continue online delivery of Career Spotlight post-pandemic to increase service accessibility

• Explore strategies to increase the response rate for our Career Exploration events

• Conduct the first virtual Career Matters event for Winter 2022
Community Engagement & Wellbeing
Community Engagement & Wellbeing
2020 – 2021 Overview

<table>
<thead>
<tr>
<th>Strengths</th>
<th>Challenges</th>
<th>Opportunities</th>
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</thead>
<tbody>
<tr>
<td>• Variety of virtual workshops focused on community engagement.</td>
<td>• Adapting in-person programs to an online format without diminishing service delivery or quality</td>
<td>• Better utilize the Course Representative Program to draw attention to upcoming events</td>
</tr>
<tr>
<td>• 90% of survey respondents across all events rate events 9-10 out of 10:</td>
<td>• Identifying new workshop ideas that are appealing to students</td>
<td>• Connecting not only with university partners within York, but also at other post-secondary institutions to develop programming</td>
</tr>
<tr>
<td>• 12 Speed Painting Workshops</td>
<td>• Students experiencing Zoom fatigue may not be interested in additional extracurricular online activities</td>
<td>• Collaboration with unit-based student clubs to host events and provide ideas for creative methods for engagement and promoting student wellbeing</td>
</tr>
<tr>
<td>• 1 Spoken Word Workshop</td>
<td>• Convincing participants to have cameras on to engage with others</td>
<td></td>
</tr>
<tr>
<td>• 16 Drawing/Sketching Workshops (virtual)</td>
<td>• Encouraging students to attend self-care oriented workshops while they are also balancing their personal and professional obligations</td>
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</tr>
<tr>
<td>• 13 Pilot Workshops (Virtual: Photography, Acting, Origami, Movement 2 Stillness, and Baking)</td>
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<tr>
<td>• Attendance (F – 78; W – 102; SU – 68)</td>
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Community Engagement & Wellbeing
2020 – 2021 Recommendations

• Continue building communal networks to engage the York University community

• Explore strategies to better promote CC&SC events & programming to the community to increase participation

• Collaborate with unit-based student clubs to mount unique events
Awards and Recognition
Awards & Recognition at Calumet and Stong

• Combined 2019 & 2020 CCSC Leadership Awards Reception
  • 2019 – 413 Awards & Certificates
  • 2020 – 486 Awards & Certificates

• Stong College Awarded $9,000 in Bursaries & Scholarships

• Two new LEAD With US Calumet & Stong Colleges’ Shining Stars and Gems Awards created:
  • Amethyst Purpose Award for Influential Leadership
  • Opal Student-Staff Leader Award for Exceptional Service
Closing Remarks
Stay Connected with Us

Connect with Calumet College

yorku.ca/colleges/calumet

@calumet.York

@calumet.york

Connect with Stong College

yorku.ca/colleges/stong

@yorkustongcollege

@stong.york

CCSC LinkedIn Account: https://www.linkedin.com/in/ccscyu/

CCSC LinkedIn Page: https://www.linkedin.com/company/ccsc-page/