



Calumet & Stong Colleges @2025 Annual Update

Faculty of Health Council

Wednesday, December 1, 2021

Presenters: C. Goodfellow, M. Hamadeh, A. Mohammed, A. Stypka, B. Tepperman, A. Walker

Presentation Outline



01

Welcome and
Introductions

02

Calumet and
Stong Colleges
Strategic Plan

03

Student Success
Program
Overview

04

Student Success
Program
Summaries

05

Awards
and Recognition

06

Closing Remarks

Student Success Team at CCSC



**Robert
Bishop**

Director, Student
& Academic
Services &
Strategic Initiative



**Cynthia
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Administrative
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Coordinator



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Student Success
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**April
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02

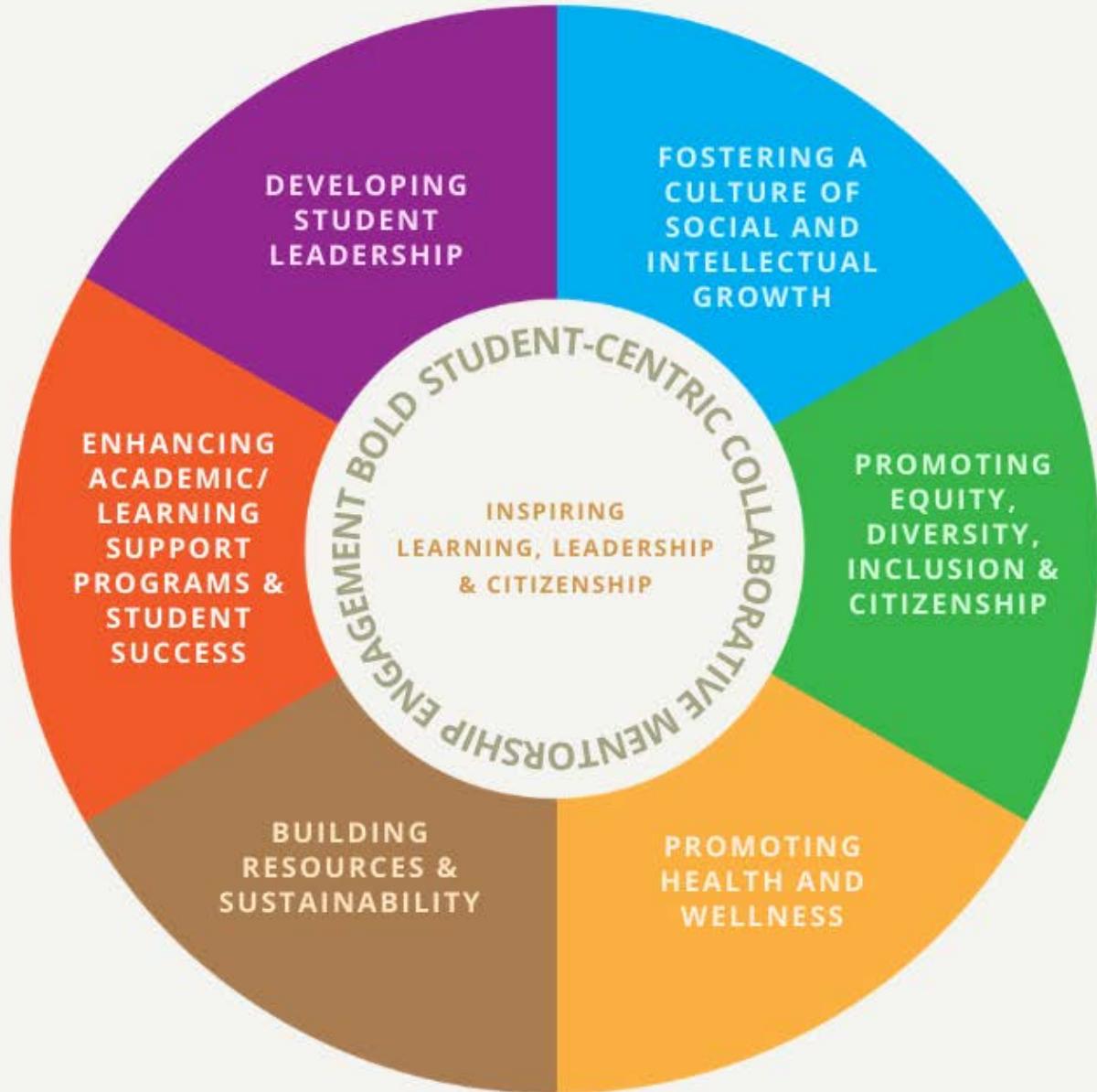
Calumet & Stong Colleges Strategic Plan



2020
— TO —
2025

CALUMET & STONG COLLEGES STRATEGIC PLAN

CCSC is committed to an engaged and meaningful student experience. The Colleges foster equity, diversity, and inclusion; wellbeing; collaborative academic support; leadership development; and recognition of achievement.



Calumet College & Stong College Plan 2020-2025

Vision	Inspiring learning, leadership and citizenship.				
Mission	A college community committed to an engaged and meaningful student experience. The Colleges foster equity, diversity and inclusion; wellbeing; collaborative academic support; leadership development; and recognition of achievement.				
Values	Student-centric Supporting the engagement of students in their own learning and growth	Collaborative Actively involving all community partners	Mentorship Enabling the learning process and personal development	Engagement Developing a sense of belonging and promoting growth	Bold Challenging the status quo and being resourceful
Strategic Directions					
A. Enhancing Academic/Learning Support Programs & Student Success	B. Developing Student Leadership	C. Fostering a culture of social and intellectual growth	D. Promoting Equity, Diversity, Inclusion & Citizenship	E. Promoting Health & Wellness	F. Building Resources & Sustainability
<p>A1. Guide, support, and engage students to have successful transitions</p> <p>A2. Enhance our partnerships with alumni, fellows, graduate students, staff and faculty to mentor and guide undergraduate students</p> <p>A3. Increase capacity and expand mentorship opportunities for student-led initiatives</p> <p>A4. Expand programs related to academic skill development</p> <p>A5. Collaborate with campus partners on early alert initiatives among students to foster academic success</p>	<p>B1. Embed and customize leadership, mentoring and active learning opportunities across the student experience</p> <p>B2. Expand experiential learning opportunities</p> <p>B3. Expand opportunities for student-led, community-focused social innovation initiatives</p> <p>B4. Support, recognize and acknowledge students for their personal and leadership development and significant contributions to the community</p> <p>B5. Strengthen existing collaborative networks and expand opportunities for career exploration</p> <p>B6. Foster collaborations, partnerships, and engagement to expand leadership opportunities</p> <p>B7. Promote and facilitate cross-partnering among student organizations</p>	<p>C1. Promote networking among students, between student organizations, and between students and partners to create a climate of life-long learning</p> <p>C2. Create and maintain new opportunities for student social and intellectual development</p> <p>C3. Expand and sustain opportunities for engaging faculty, staff, alumni, fellows, and community partners</p> <p>C4. Expand and engage our online community</p>	<p>D1. Recognize barriers and promote solutions by advocating for and empowering historically underserved student groups, including but not limited to, Black, those with disabilities, first generation, Indigenous, immigrant, international, mature, and racialized</p> <p>D2. Build student and community capacity for intercultural understanding, empathy, and mutual respect (TRC's Call to Action)</p> <p>D3. Learn from and strengthen relationships with Indigenous communities to promote Indigenous knowledge and traditions</p> <p>D4. Collaborate with campus and community partners to recognize and affirm the different facets and intersectionalities of diversity, including but not limited to, cultural, disability, educational, ethnic, family, gender, geographic location, sexuality, socio-economic status and spiritual</p> <p>D5. Foster social responsibility and active citizenship through community outreach initiatives</p>	<p>E1. Embed and customize Health and Wellness education, practices, and skills across the student experience</p> <p>E2. Develop and promote initiatives, training and partnerships focused on the CCSC framework of health and wellness with students, student organizations, staff, faculty, alumni, fellows, campus partners and the community</p> <p>E3. Expand aspects of Health and Wellness into the classroom</p>	<p>F1. Evolve functional responsibilities to support the Colleges' strategic directions and operational plans, and to align with the Faculty of Health's strategic plan and priorities</p> <p>F2. Advocate for, invest in, and support program evaluation</p> <p>F3. Prioritize investment in resources (physical, technological and human) to support the Colleges and student organizations to meet the Colleges' strategic plan</p> <p>F4. Support and engage students, student organizations, staff and faculty in professional development that advances the strategic plan</p> <p>F5. Explore alternative financial resources to support programming</p> <p>F6. Effectively communicate the Colleges' role and identity through branding and marketing</p> <p>F7. Develop and promote initiatives, training and partnerships focused on the UN Sustainable Development Goals with students, student organizations, staff, faculty, alumni, fellows, campus partners and the community.</p>

2020-2025 Authors: Robert Bishop, Annalissa Crisostomo, Cynthia Goodfellow, Mazen J Hamadeh, Abdulkhader Mohammed, Jennine Rawana, Agata Stykka, and Bayley Tepperman

<https://www.yorku.ca/colleges/calumet/about-calumet-college/>

<https://www.yorku.ca/colleges/stong/about-stong-college/>

Calumet & Stong Colleges Plan 2015-2020

Launched
Strategic
Planning
Process

Re-Visioning
Community
Consultation

2015

- Orientation
- The HealthAid Network
- Career Panels
- Agents of Change

New Initiatives:

- Peer Tutoring (KAHSSO)
- Graduate Peer Mentoring
- Funding for PanAm/Indigenous events
- Student Club Affiliation

2016

New Initiatives:

- York Orientation Day expands to include Nursing
- Orientation Express
- Student Welcome
- Peer Mentoring (KAHSSO)
- Writing Coaching
- Health & Wellness
- Career Exploration
- Program Eval. & Ethics Application

1st Annual
Colleges@2020

2017

New Initiatives:

- PMing expands to all HH units
- Course Reps (CRs)
- PTing expands to all HH units
- Zen Zone
- Leadership Training & Dev. (FPLT, APLT, etc..)
- Nursing Practicum
- Becoming YU
- Indigenous Circle
- CC&SC-HH Awards
- Program Eval. & Ethics Application

- Matched PMing in all HH units
- PASS expands
- Summer CR, PTing & PASS
- HH student club goal-setting
- Hlth & Wellness enhances events
- Stong JCR renos begin
- Career Convos
- Community-building activities
- TIF Presentations

2nd Annual
Colleges@2020

2018

New Initiatives:

- CR expands to 2nd-y courses
- All SSPrograms Online
- Restructured PT, PM & CR Prog.
- PASS expands
- Summer CR, PTing & PASS
- HH student club goal-setting
- Hlth & Wellness enhances events
- Stong JCR renos begin
- Career Convos
- Community-building activities
- TIF Presentations

3rd Annual
Colleges@2020

2019

New Initiatives:

- Multipurpose SC JCR ready
- Financial Literacy with High School
- Colleges@2025 Strategic Plan
- Student Engagement Study (Ethics)
- CC 50th Anniversary
- Group Peer Mentoring
- Expanded CR to all years courses
- SC 50th Anniversary

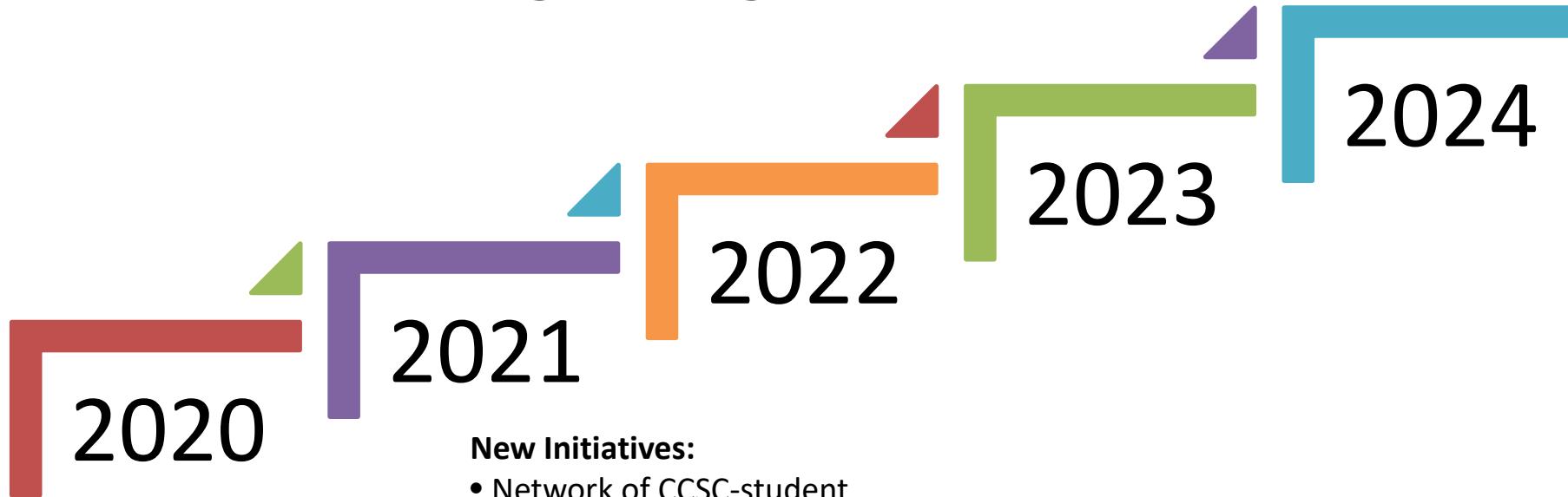
4th Annual
Colleges@2020

2020

New Initiatives:

- Emerging Leadership Training
- Financial Literacy with High School
- Colleges@2025 Strategic Plan
- Student Engagement Study (Ethics)
- CC 50th Anniversary
- Group Peer Mentoring
- Expanded CR to all years courses
- SC 50th Anniversary

Calumet & Stong Colleges Plan 2020-2025



New Initiatives:

- Emerging Leadership Training
- Financial Literacy with ECI
- Colleges@2025 Strategic Plan
- Student Engagement Study
- CC 50th Anniversary
- Group Peer Mentoring
- Expanded PASS (HLST)
- Expanded CR to all-years courses
- New awards for W/S and alum
- Presented at TIF & SIT
- Piloted Exec YU
- ¹Agents of Change = UN SDGs

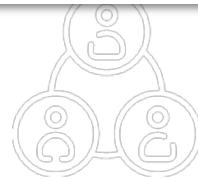
New Initiatives:

- Network of CCSC-student clubs/councils
- Piloting Train-the-Trainer H&W program
- H&W Exec on Student Clubs/Councils
- International Student Orientation
- Collaborate on Early Support & Intervention Network



03

Student Success Program Overview



Calumet & Stong Colleges

Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP



Calumet & Stong Colleges

Student Success Programs



Orientation & Transition

- Orientation
- Student Welcome Events
- Mentoring



Academic Support Programs

- Course Representatives
- Peer Assisted Study Sessions (P.A.S.S.)
- Peer Tutoring



Leadership & Professional Development

- Health & Wellness
- Leadership Coaching
- Work and Volunteer Opportunities
- Career Exploration
- Awards & Recognition
- Agents of Change



Community Building & Development

- Student, Staff & Faculty Advisory
- Student Engagement and Partnership
- Indigenous Circle
- Alumni & Fellow Engagement
- Research and Program Development
- College Celebrations
- Colleges @2025 events
- On-Campus Partnerships
- Off-Campus Community Engagement

Program Development Across Student Lifecycle

Recruitment

Y1

Y2

Y3

Y4+

Graduation

Academic Orientation and Transition

Academic Support

Health and Wellness

LEADwith us

Indigenous Circle; Community Engagement and Wellbeing (CEW)

Agents of Change

Career Exploration

EDI • AODA • Marketing, Media and Branding • Alumni and Fellow
Engagement • Partnering with Student Clubs/Councils



04

Student Success Program Summaries



Calumet & Stong Colleges

Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP



A photograph of a man with a beard and glasses, wearing a red jacket, speaking to a large audience in a lecture hall. He is gesturing with his hands as he speaks. The audience is seated in rows, mostly wearing blue shirts. A red rectangular overlay on the right side of the image contains the text "Orientation & Transition".

Orientation & Transition

Orientation & Transition 2020 – 2021 Overview

Pre-Arrival

- YU Start
- Parent & Family Orientation
- Each incoming HH student was paired with a Peer Mentor

Academic Orientation 2020

- 1540 new student participants
- 7 programs
- 21 Zoom sessions (15 in August and 6 at YOD)
- Icebreakers, UPD presentation, Meet Your Prof, Tips from Upper Year Students
- Welcome Event Zoom session (64 participants)

Winter & Summer Orientation 2021

- Winter Orientation (149 Participants – IHST, NURS-IEN, PSYC, SHPM; 31 – PLs, Staff, UPD)
- 4 Zoom sessions (in January)
- Summer Orientation (82 Participants – PSYC & SHPM; 18 – PLs, Staff, UPD)
- 2 Zoom sessions (in May)
- Icebreakers, UPD presentation, Meet Your Prof, Tips from Upper Year Students

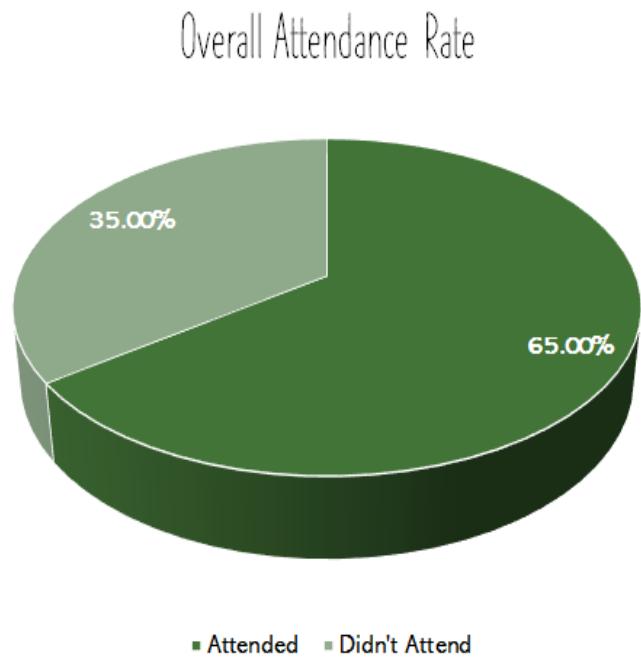
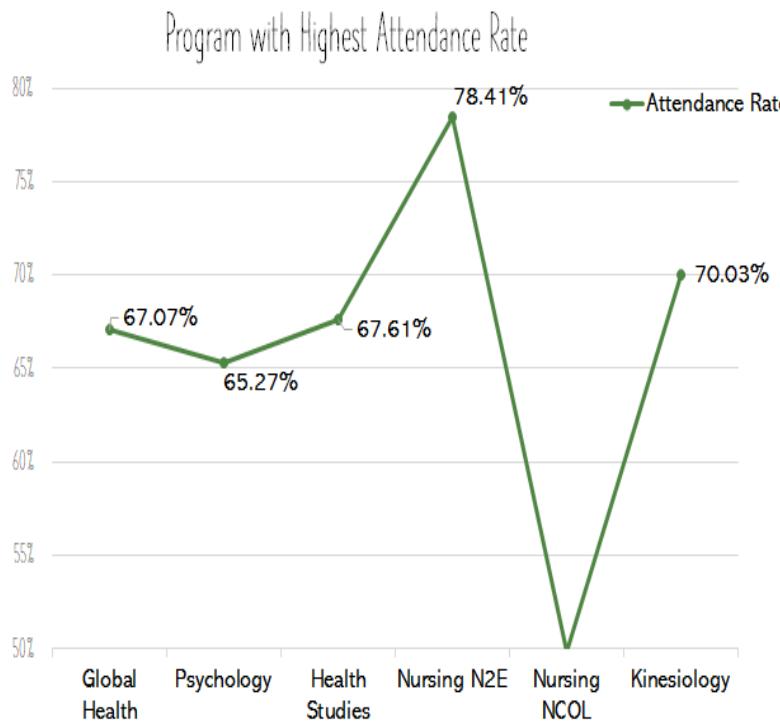
Orientation & Transition

2020 – 2021 Overview

Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• Student leaders, staff, & faculty collaborated to welcome new students• In-depth, full day training for AO PLs and Volunteers to increase student presenter opportunities• Experience customized to each academic program	<ul style="list-style-type: none">• Zoom session; ensure that backup MC can take over if MC is having technical difficulties• Increased emphasis on energy level and presentation and engagement skills for PLs and volunteers• Supporting the transition of new students who do not attend AO	<ul style="list-style-type: none">• More time allocated for questions to presenters• Increase capacity of peer leaders as small group facilitators• Enhance coordination and communication between university partners

Overall Attendance Rates AO F2020

- 1540 AO attendees vs. 2355 students in the Faculty of Health



Orientation & Transition

2020 – 2021 Recommendations

- Have staff go around breakout rooms to motivate students to turn camera on and counteract low engagement
- MCs should use the script as a foundation and add their personalities as an extra i.e., don't read off the slides; should review the facilitator notes before the session and be better prepared through more practice; should be mindful of their body language and time
- Have a standard virtual background + dress code for UYMs/MCs/Staff
- Students should be encouraged to keep their videos on

≡ Student Success



Peer Mentoring

92

Network #Strong

Peer Mentoring

2020 – 2021 Overview

Peer Mentoring Committee	Peer Mentors	Peer Mentoring Services
<ul style="list-style-type: none">• Facilitated by Colleges' WorkStudy Peer Mentoring Program Coordinators• 1-2 Peer Mentoring Coordinator(s) from each student club	<ul style="list-style-type: none">• 64 Peer Mentors (KAHSSO - 19, UPSA - 20, GHSA - 4, NSTAMP – 15, SAHMPI – 6)• Attend FPLT & Peer Mentoring Program-specific Training	<ul style="list-style-type: none">• All first-year students matched to an upper-year Peer Mentor• 40% of students matched based on hobbies/interests• Group Activity Sessions offered via Zoom• 1:1 appointments still available• Aug 2020 (before YOD): 323 live interactions• Fall 2020: 427 live interactions• Winter 2021: 170 live interactions

Peer Mentoring

2020 - 2021 Overview

Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• Collaboration between student clubs, Colleges, & Departments• Multiple leadership opportunities (Peer Mentor, Coordinator, staff)• Mentoring offered to all HH students• Peer Mentors held Meet-and-Greet sessions before YOD, led to a high number of live interactions• Peer Mentors embedded in YOD• Fostered a sense of community in a virtual environment• Face to face interactions increased from 233 to 920	<ul style="list-style-type: none">• Matched mentoring groups were not statistically more engaged• Maintaining engagement throughout the academic year• Annual turnover of HH student club executives, and at different time points• Tracking Data (PM Logs)	<ul style="list-style-type: none">• Explore group-based format, possibly in person• Experiment with matching methods• Expand services to offer variety of services and formats

Peer Mentoring

2021 – 2022 Recommendations

Work collaboratively with the HH unit-based student clubs to:

- Increase promotion & marketing of Peer Mentoring
- Experiment with “request a mentor” matching
- Continue to offer group-based mentoring to further build a sense of community
- Offer more than just 1:1 support by increasing variety of services (e.g., social events, workshops, etc.).
- Continue seeking ongoing mentee feedback
- Engagement year-round

Calumet & Stong Colleges

Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP





Course Representative Program

Course Representative Program

2020 – 2021 Overview

Course Coverage

- Includes 1st, 2nd, 3rd, 4th, year HLST, IHST, KINE, NURS & PSYC courses
- 38 courses with CRs (76 sections) in FW and SU terms
- 15,101 HH students exposed to CR Program 2020/21

Course Representatives

- 71 CRs
- Attend FPLT and CR Program-specific training
- Make weekly announcements
- Host eClass Discussion Forum
- Host non-facilitated study groups
- Attend Weekly meetings

Content Map

- Colleges' Academic Support Programs
- Academic Skills
- Health & Wellness
- Student Leadership
- Campus Resources & Events
- Policies & Procedures
- Career Prep

Course Representative Program

2020-2021 Overview

Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• Facilitated by Colleges' WorkStudy students• Engaged student volunteers, expanded # of CRs• Developing leadership capacity in first year students• Multiple modes for students to connect (eClass, study groups)• Supports the year long transition of new students beyond YOD• Supports students throughout university life cycle with expansion into 3rd and 4th year courses• Educating CRs, students and CDs about the many resources at Colleges & York	<ul style="list-style-type: none">• CD participation and adoption of our formats: CRs presenting live in class, posting PPT slides on eClass, etc.• Due to a high number of classes being asynchronous, many CRs pre-recorded videos and posted them to eClass• Ensuring that slide content is consistent, succinct, relevant, unique, and timely for each upcoming week of the student experience cycle• CR Resignations• Engaging students in the classroom and on the eClass Discussion Forum	<ul style="list-style-type: none">• One of the few leadership roles that incoming students can access• Connecting CRs to future work and volunteer roles in the Colleges and at York• Consistent messaging distributed to all HH students and faculty• Relationship building between Colleges and Course Directors• Different methods of Delivery (In-class and Online, synchronous and asynchronous)

Course Representative Program

2021 – 2022 Recommendations

- Better course integration
- Return to live, in-class presentations where possible
- Continued presence in online courses
- Enhance recruitment strategies to ensure core courses have CRs

A photograph of a group of students sitting around a table in a cafeteria, engaged in peer tutoring. A red rectangular overlay is positioned in the lower right corner of the image. The text "Peer Tutoring" is written in white, bold, sans-serif font within this red area.

Peer Tutoring

Peer Tutoring

2020 – 2021 Overview

Peer Tutoring Committee

- Facilitated by Colleges WorkStudy Peer Tutoring Program Coordinators
- 1-2 Peer Tutoring Coordinators from each club

Peer Tutors

- 56 Peer Tutors (GHSA- 4, KAHSSO-21, NSTAMP-7, SAHMPI- 3, UPSA-21)
- Attend FPLT & Peer Tutoring Program-specific Training
- Minimum A in the course

Peer Tutoring Services

- Course-Based
- Free
- Drop-In/Online
- Virtual via Zoom

• Fall 2020:
260 live interactions

• Winter 2021:
246 live interactions

Peer Tutoring

2020 - 2021 Overview

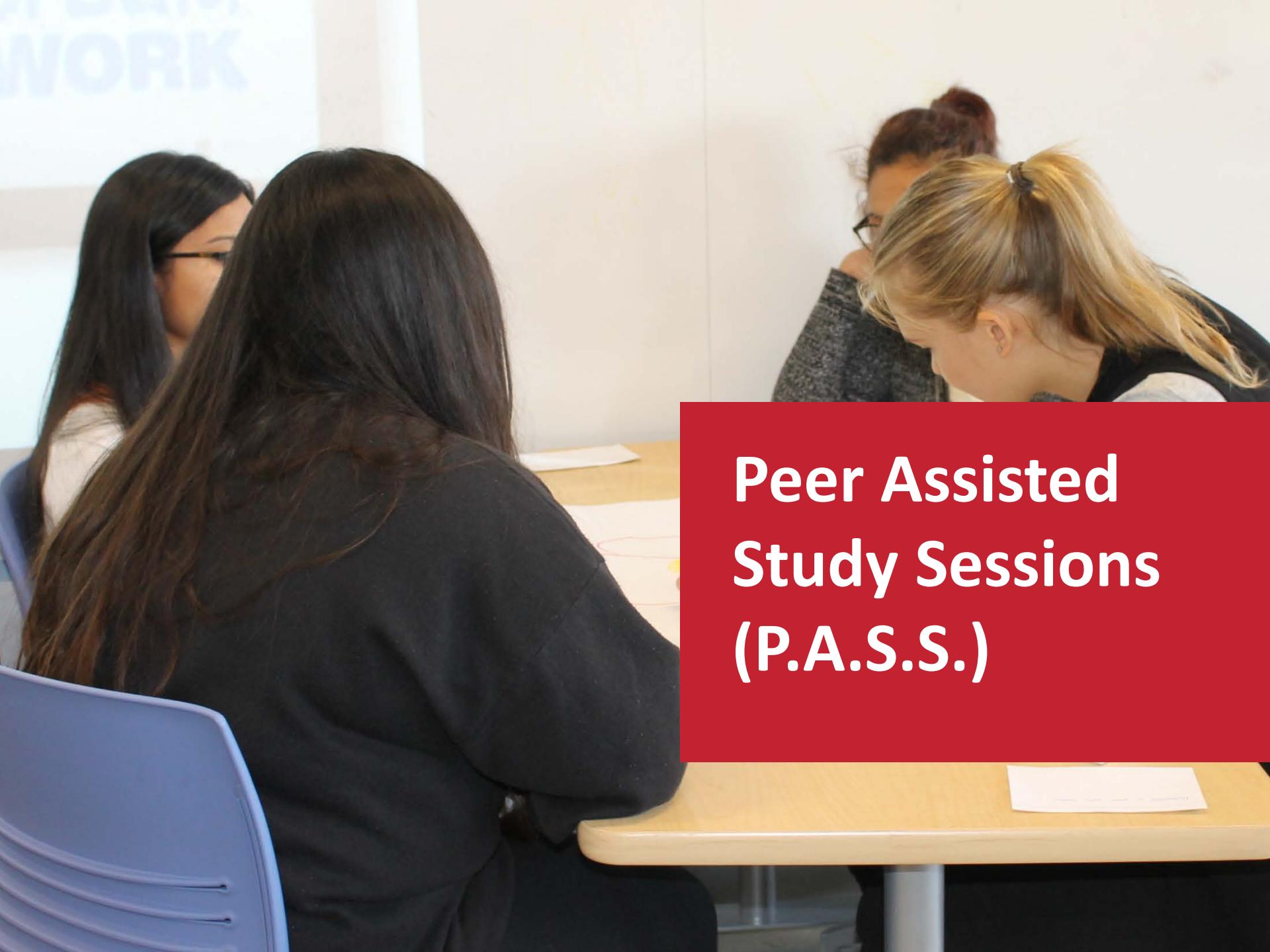
Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• Collaboration between student clubs, Colleges, & Departments• Multiple leadership opportunities• Peer Tutoring offered for courses in all HH programs• More accessible given online format• Increased from 325 to 506 interactions	<ul style="list-style-type: none">• Turnover of HH student club executives at different time points• Tutoring Service Usage• Tracking Data (PT logs)• Promotions- Zoom passwords only on eClass, not posted with schedule• Sustained engagement	<ul style="list-style-type: none">• Increase promotion of all academic services by distinguishing uniqueness of the different academic support services• Train students to accommodate multiple tutees at once in tutoring sessions• Different methods of delivery (In-person and Online)

Peer Tutoring

2021 – 2022 Recommendations

Work collaboratively with the unit-based student clubs to:

- Increase partnership and communications with Faculty
- Increase promotions for Peer Tutoring Services
- Dedicated Peer Tutoring Space for when in-person delivery return
- Explore opportunities to offer both in-person and online Peer Tutoring interactions
- Continue seeking ongoing tutee feedback

A photograph showing several students in a classroom setting, working together at a table. One student in the foreground has long dark hair and is wearing a black jacket. Another student to the right has blonde hair tied back in a ponytail and is wearing glasses and a dark top. They appear to be looking at a piece of paper together. The background shows other students and a whiteboard with the word 'WORK' partially visible.

Peer Assisted Study Sessions (P.A.S.S.)

Peer Assisted Study Sessions (PASS)

2020 – 2021 Overview

The Supplemental Instruction(SI) Model	Course Coverage	PASS @ Calumet & Stong Colleges
<ul style="list-style-type: none">• Free, voluntary, & non-remedial• Offered multiple times a week• Collaborative and participatory study sessions• Facilitated by peers that act as “model students”• PASS Leaders are “near peers” who have taken the class prior to intensive training• Supports historically difficult courses to increase retention, grades, and graduation rates• Staff are certified as SI supervisors• Over 3,500 institutions in more than 30 countries worldwide	<ul style="list-style-type: none">• FALL<ul style="list-style-type: none">• KINE 1020: Intro to Health and Fitness• KINE 2011: Human Physiology I• PSYC 1010: Introduction to Psychology, Sections B & F• PSYC 2020, 2021 & 2022: Statistical Methods I and II• WINTER<ul style="list-style-type: none">• KINE 1020: Intro to Health and Fitness• KINE 3012: Human Physiology II• KINE 3030: Biomechanics of Human Movement• PSYC 1010: Introduction to Psychology• PSYC 2020, 2021 & 2022: Statistical Methods I and II	<ul style="list-style-type: none">• 1 PASS Program Coordinator• 10 PASS Leaders in F/W• 3 PASS Leaders in SU• 594 students supported in the Fall 2020 & 1,021 students supported in WInter 2021• 801 students supported in SU 2021• PASS Leaders attend FPLT and PASS Program-specific training

Peer Assisted Study Sessions (PASS)

2020 – 2021 Overview

Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• A certified, evidence based, international model – includes model for PASS Leader training• Students learn how to integrate course content and study skills while working together and building connections• PASS Leader role is competitive• Interest in PASS from Course Directors• Pilot of PASS in summer 2019 term was successful & offered in SU 2020 and SU 2021. Continued growth in summer PASS sessions.• PASS training and PASS Sessions delivered online (F 2021 introduced training via eClass)• Presented at 2021 TiF Conference	<ul style="list-style-type: none">• Covering multiple course sections with 1 PASS Leader• Expanding PASS to new courses with limited human & financial resources• Attendance not consistent	<ul style="list-style-type: none">• Increase understanding of the PASS model with departments and awareness of the program with students• Ongoing training for PASS Leaders (mental health and wellbeing and academic support services)• Exploring how PASS works in collaboration with other academic support programs to support HH students such as Peer Tutoring

Peer Assisted Study Sessions (PASS)

2021 – 2022 Recommendations

- Strengthen partnership with faculty members (increased integration)
- Explore opportunities to offer both in-person and online PASS Sessions
- Increase professional development opportunities for PASS Leaders (conferences, workshops, etc.) - The 12th International Conference on Supplemental Instruction will be held in Toronto in June 2022
- Communication and Branding
 - Support academic units and service partners in understanding how the model works
 - Increase awareness of the value of PASS to students in courses supported by PASS

Calumet & Stong Colleges Student Success Programs

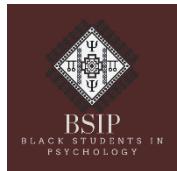
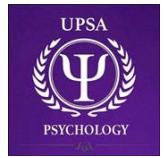
INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP





Leadership Exploration and Development (LEAD)

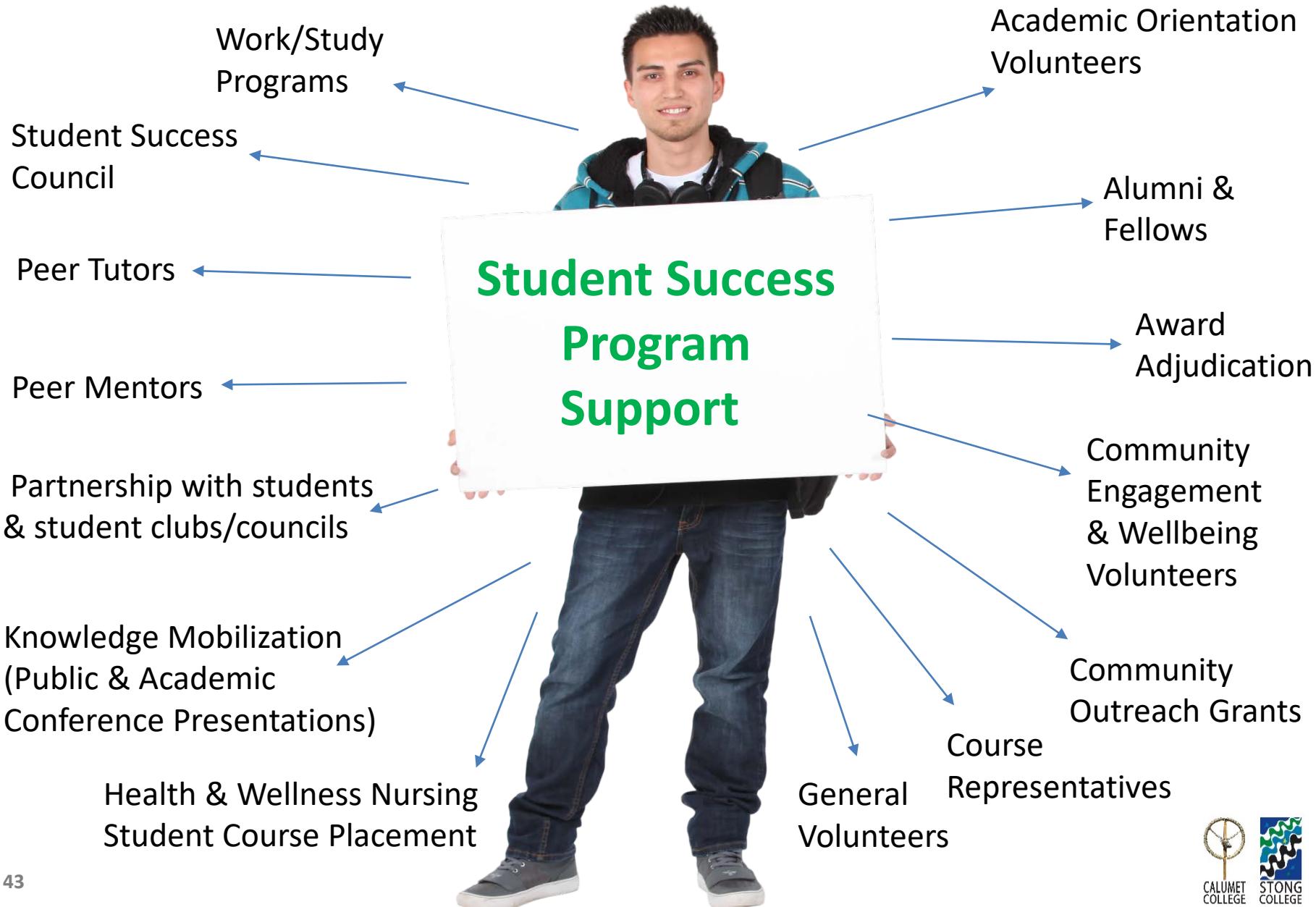
Peer Leadership at Calumet and Stong Colleges



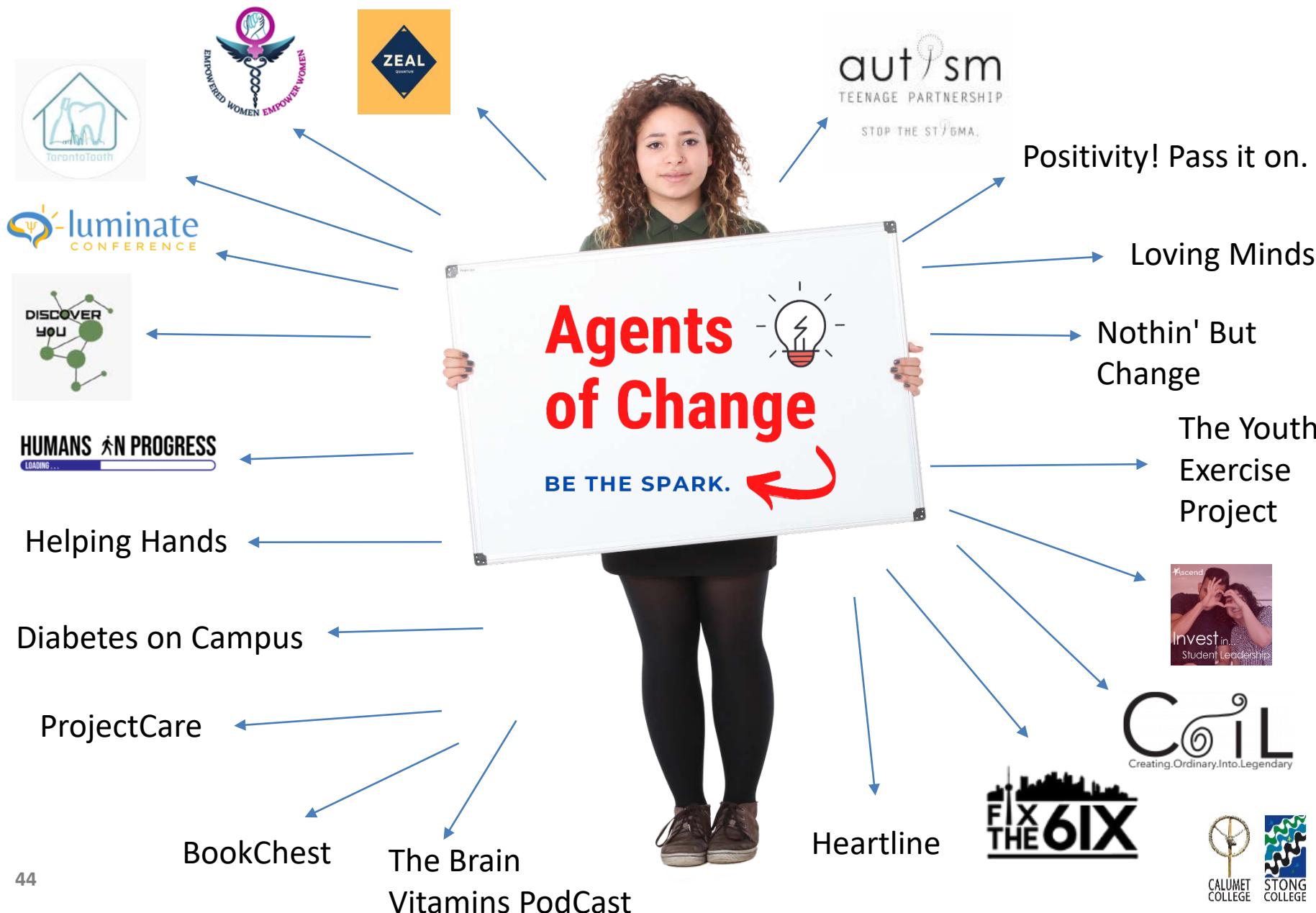
Student
Organizations



Peer Leadership at Calumet and Stong Colleges



Peer Leadership at Calumet and Stong Colleges



LEAD Training



1

Emerging Leadership Training (ELT)

Designed for new students and students interested in getting involved at Calumet and Stong Colleges (CCSC)

230 Certificates

2

Foundational Peer Leadership Training (FPLT)

Designed for peer leaders and is mandatory for all CCSC peer leaders

1,236 Certificates

3

Advanced Peer Leadership Training (APLT)

Designed for students engaged in leadership experiences

513 Certificates

4

LEAD Essentials

Designed for groups and student organizations

No data currently

5

EXEC YU

In development
New offering for peer leaders in executive positions

33 Executives participated in pilot

Leadership Exploration and Development

2020 – 2021 Overview

Strengths	Challenges	Opportunities/ Recommendations
<ul style="list-style-type: none">• All leadership modules now offered virtually, on eClass and have corresponding workbooks and pre-post assignments• Catalyst Grant, partnership with Emery Collegiate Institute, completed and project site launched https://www.yorku.ca/colleges/ccsc/the-financial-wellness-project/• Exec YU pilot developed in collaboration with LEAD and CCSC student organizations• Pilot of ELT in SU/F 2020 term was successful & offered in W/SU 2021• Timely and relevant training topics (based on student feedback)	<ul style="list-style-type: none">• Student accountability - ensuring registered students attend• Limits of technology (features and social-emotional benefits of in person learning/group work)	<ul style="list-style-type: none">• Increase visibility of program (ELT, FPLT & APLT & LEAD Essentials)• Explore grants to further expand LEAD program and build leadership capacity within York and in the local community• Develop course proposal

Leadership Exploration and Development

2021 – 2022 Recommendations

- Increase visibility of program by continuing to work with existing student organizations and new student groups
- Explore opportunities to offer both in-person and online training sessions
- Continue to solicit feedback about module content and address course design and learning outcomes where appropriate
- Continue to seek internal/external sources of funding to further expand program



Health & Wellness

Wellness Lounge



Health and Wellness

2020 – 2021 Overview

Health and Wellness Model

- Promoting overall wellness according to CCSC Body, Mind Heart Wellness Tree Model
- Making the Colleges a comfortable and supportive space (Providing physical space and sense of community)
- Increasing awareness of CC&SC & their offerings
- Identifying and implementing action items that increase wellbeing within the Colleges
- Starting with the wellbeing of incoming students.

Fall & Winter 2019/20 Highlights

- CCSC Health and Wellness Community Consultation – **34 attendees**
- F/W Biweekly Wellness Events:
 - **80+ attendees**
- Wellness Activities at College Events:
 - **300+ participants:** *FPLT, APLT, ELT, Indigenous Event & other workshops.*
- ‘Wellness Break’ Slides – introduced in the classroom via CRs and PASS.
 - Exposure to over **1000 students**
- Daily Social Media Posts/Stories/Polls

SU 2021 Highlights

- *Weekly Meet & Greets – SU 21: (370+ attendees)*
- *Supporting Health and Wellness Programming for 6 affiliated student clubs*
- Daily Social Media Posts/Stories/Polls
 - *Social Media Interactions (Likes, DMs, Comments, etc.): 270+ interactions.*

Health and Wellness

2020 – 2021 Overview

Strengths

- Peer-led events and initiatives
- Wellness Lounge Social Media (IG)
- Virtual Outreach:
- Multi-modal programming approach

Challenges

- Dealing with student Zoom fatigue:
 - Feedback given by students, Peer Leaders.
- Event Participation Drop off:
 - Student participation at online events

Opportunities

- Expand inclusion of health and wellness in College's programming and health units
- Support Health and Wellness practices in the classroom
- Expand Health and Wellness support for our Peer Leaders
- Support Peer-led wellness initiatives.

Health and Wellness

2021 – 2022 Recommendations

Continue to expand inclusion of health and wellness in Colleges' programming

- Incorporate health and wellness programming across all programs and events held at the Colleges.
- Support Peer Leaders from associated student clubs with Health and Wellness programming and additional training.

Health and Wellness in the Classroom

- Provide Health and Wellness programming in Faculty of Health classes.

Returning to Campus

- Explore opportunities to support Health and Wellness programming both in-person and online.

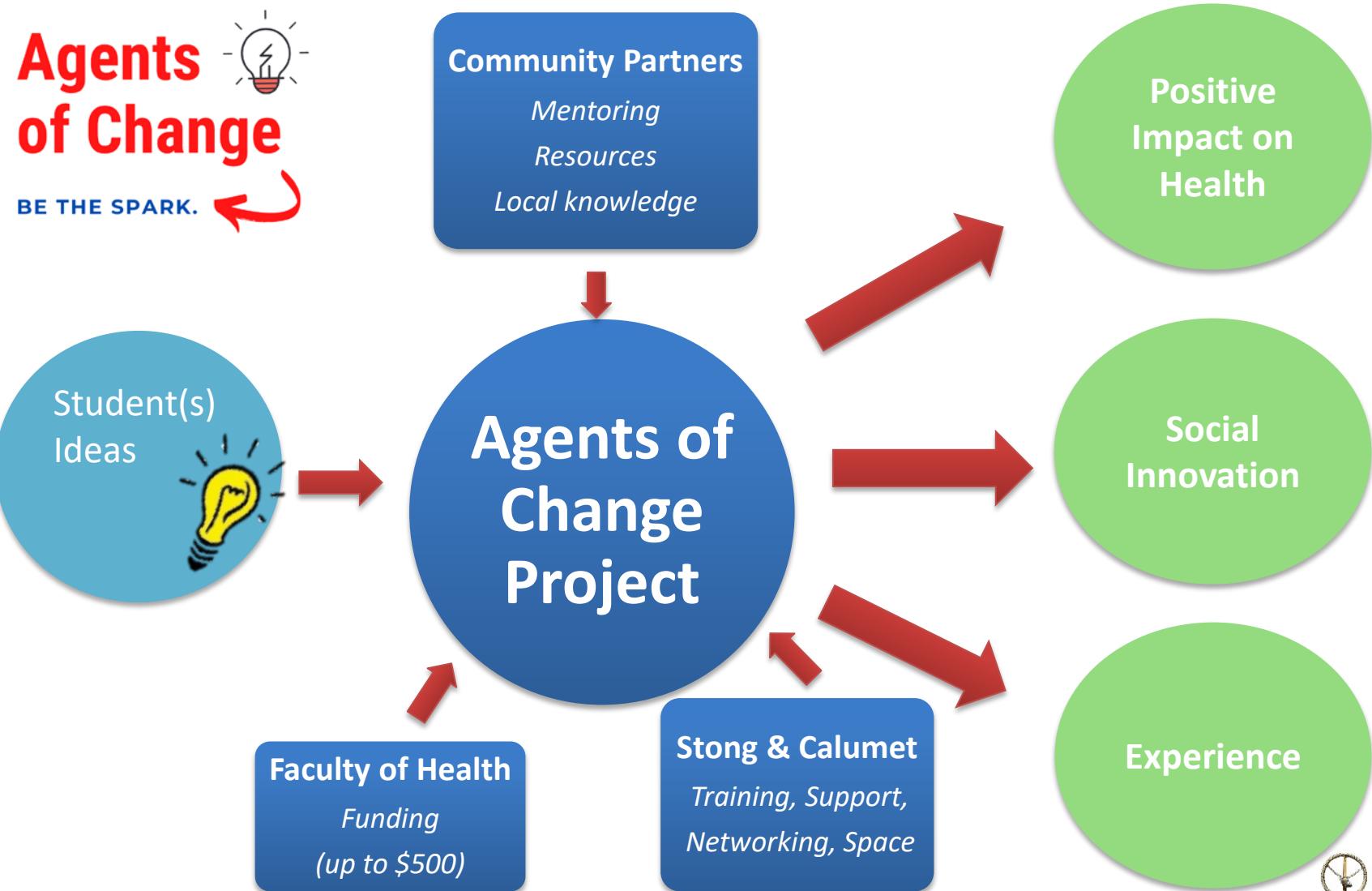


Agents of Change

BE THE SPARK.



Agents of Change Projects



Agents of Change

2020 – 2021 Overview

Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• 5-Student-led community initiatives addressing various Social Determinants of Health• Strengthens CC&SC & Health's outreach to the community• Strong impact within York University and wider community despite limitations of Covid-19• Experiential opportunity for project leads creating impact at a grassroots level• Partnerships with Global Health Agents of Change Course and <i>Global Mental Health: Eastern, Indigenous and Western Perspectives</i>	<ul style="list-style-type: none">• Limited human, space and financial resources• Branding and marketing of program• Ongoing training and development of projects• Challenges to project support due to Covid-19.	<ul style="list-style-type: none">• <i>Additional Administrative Support</i>• Increase visibility of program• Continue to expand partnerships and reach• Formalize an alumni network• Revise Funding model to better support projects• Incorporating UN SDGs

Agents of Change Projects 2020/21



Empowering Women in Health



TorontoTooth



Discover You



Luminate



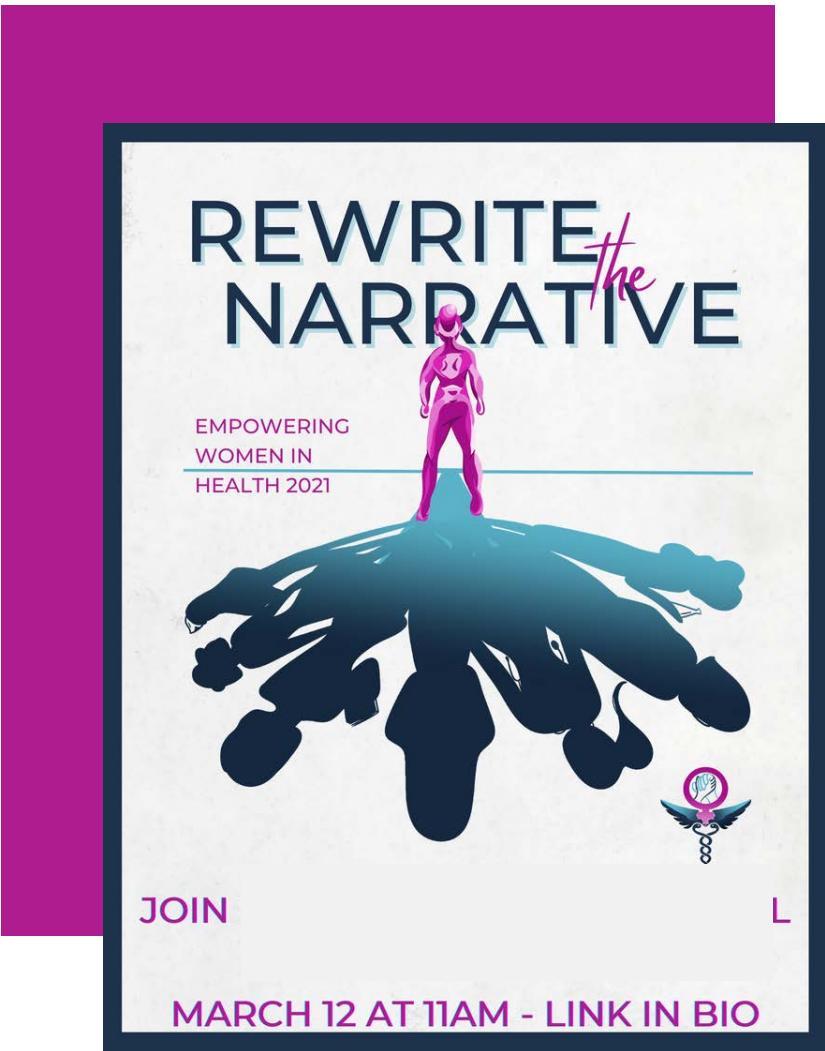
ZEAL

EWIH



Empowering Women In Health

An Agents of Change Project



GOALS

- Raise awareness about the gender disparities in the Canadian health industry
- Inspire women in health to aim for leadership and inspire all students to aim for equitable representation in health
- Connect current leaders with current students and provide training and leadership opportunities

MISSION

Rewriting
Women's
Leadership
in Health



IMPACT



SOCIAL DETERMINANTS OF HEALTH

- Gender
- Education
- Health Services
- Social Safety Networks
- Race
- Disability
- Indigenous Ancestry

UN SUSTAINABLE GOALS

- Goal 3 (Good Health and Well-Being)
- Goal 5 (Gender Equality)
- Goal 10 (Reduce inequality in and among countries)
- Goal 16 (Peace, Justice, and Strong Institutions)

2020-2021 CAMPAIGNS

- Health Days and Leadership Spotlights
- Campaign: 16 Days of Activism Against Gender-Based Violence
- Brain Health and Wellness Challenge
- Black Women Leaders in Health Interviews
- Women's Historical Health Timeline
- International Women's Day Panel

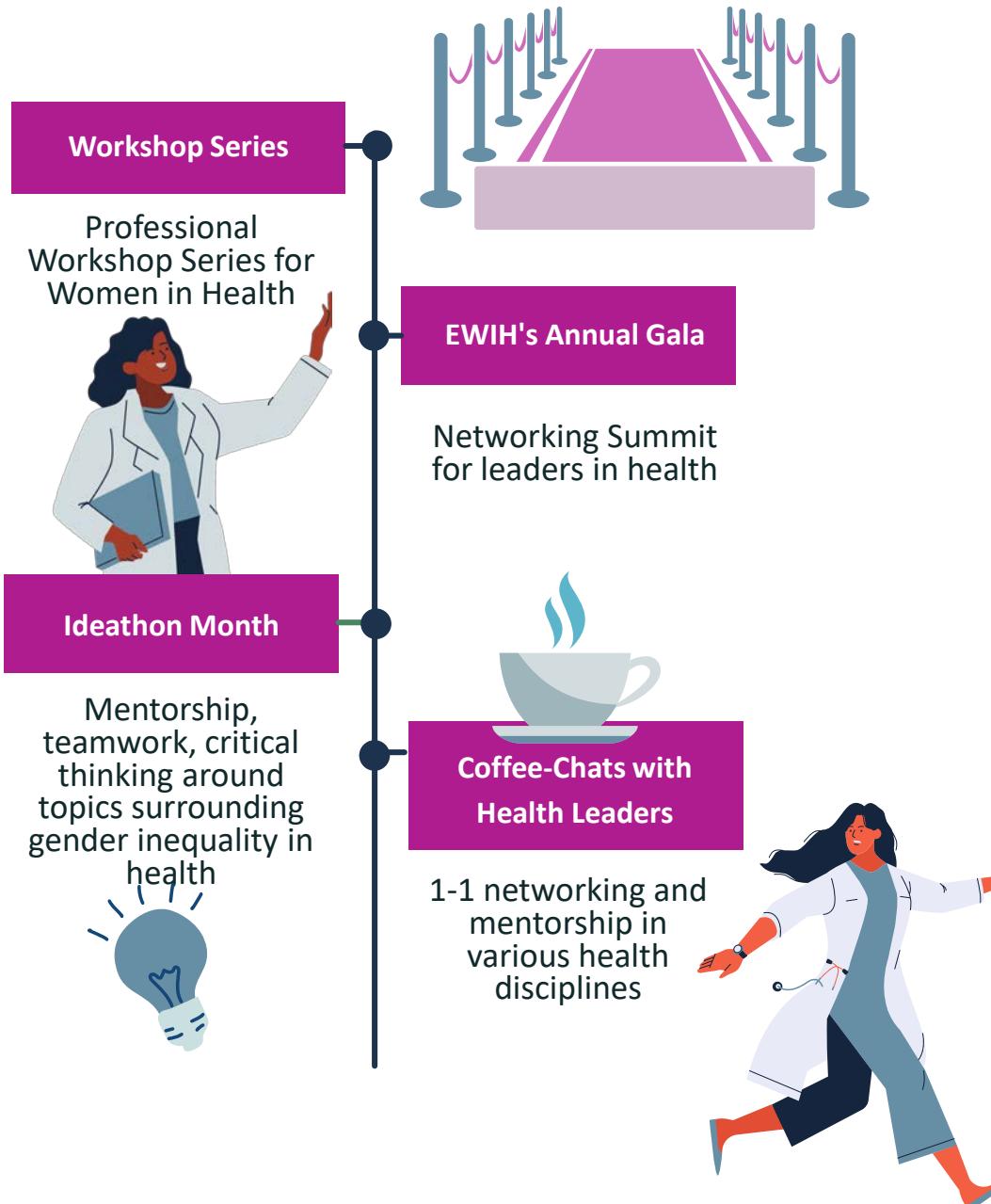
The collage consists of three main parts:

- Video Call Participants:** A 4x5 grid of video call participants. The names of some participants are visible below their respective video frames:
 - Row 1: Alyssa (Aly) Dre..., Rithika Hossain, Valini Geer, Deniz Eliazoglu
 - Row 2: Angie's iPhone, Domenic Bao
 - Row 3: Nirmal Somasak, Mahbod Ebrahimi, Yutong Chen
 - Row 4: Reshma Prashad, Sheel Achani, Christine MacBri...
 - Row 5: Galaxy S10e
- International Women's Day Panel:** A promotional graphic for the panel. It features the text "INTERNATIONAL WOMEN'S DAY PANEL" in bold, pink, uppercase letters, with "Join Us!" in a larger, stylized blue font below it. To the right, there are five circular portraits of panelists: DR. REBECCA PILLAI RIDDELL (Keynote Speaker), DR. RUTH RODNEY (Panelist), DR. NADIA PRENDERGAST (Panelist), and DR. FARAH AHMAD (Panelist). The text "Friday March 12, 11:00am-1:00pm ET" and "Location: Zoom" is also present.
- Historical Timeline Project Reveal:** A graphic showing a historical timeline with various health-related milestones. The text "LINE IN OUR CLO" is visible at the bottom of this section.



CURRENT INITIATIVES

- 4 Major Projects
- Women's Historical Health Timeline continuation
- Website Blog with News Updates, Op-Eds, Event Reviews, Trivia, Leadership Spotlights, Community Submissions, etc.
- Social Media campaigns (interactive quizzes, themed challenges, etc.)





YOUR SUPPORT MAKES THIS POSSIBLE

Website: empoweringwomeninhealth.org

Social Media: [@empoweringwomeninhealth](https://www.twitter.com/empoweringwh)

Agents of Change

2021 – 2022 Recommendations

Further alignment with United Nations Sustainable Development Goals

Support initiatives in transitioning towards sustainability and non-for-profit status

Changes to Funding Model

- 3-Tier model (\$250/\$750/\$2000) to better support project needs

Continue to seek internal/external sources of funding to further expand program

Agents of Change

2021 – 2022 Recommendations

Increase visibility of program through renewed marketing and promotions

- Emphasize Experiential Learning Opportunity
- Connect with existing CCSC Peer Leaders to develop future projects

Continue to expand partnerships

- Strengthen relationships with Community, TD Engagement Centre, LaunchYU and other campus partners.
- Formalize an alumni network.

Calumet & Stong Colleges Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP





Career Exploration

Career Exploration

2020 – 2021 Overview

Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• 35 Career Spotlight Sessions (virtual one-on-one interviews with alumni)• 115 students attended• 19 alumni• 62% of survey respondents rated sessions 9-10 out of 10• 34% of survey respondents rated sessions 7-8 out of 10	<ul style="list-style-type: none">• Support of the Career Centre to mount additional career-based events independent of CCSC resources• Periodic gaps due to alumni availability. Option to create a reserve of alumni to draw from for regular events• Connection issues in a virtual setting• Identifying ideal time to host sessions	<ul style="list-style-type: none">• Increase alumni-to-peer connections• Establish a work plan with units to avoid duplication or overlap of events• Engaging more alumni who are interested in mentoring students• Connect with departments for alumni suggestions and contacts

Career Exploration

2020 – 2021 Recommendations

- Continue online delivery of Career Spotlight post-pandemic to increase service accessibility
- Explore strategies to increase the response rate for our Career Exploration events
- Conduct the first virtual Career Matters event for Winter 2022



Community
Engagement &
Wellbeing

Community Engagement & Wellbeing

2020 – 2021 Overview

Strengths	Challenges	Opportunities
<ul style="list-style-type: none">• Variety of virtual workshops focused on community engagement.• 90% of survey respondents across all events rate events 9-10 out of 10:• 12 Speed Painting Workshops• 1 Spoken Word Workshop• 16 Drawing/Sketching Workshops (virtual)• 13 Pilot Workshops (Virtual: Photography, Acting, Origami, Movement 2 Stillness, and Baking)• Attendance (F – 78; W – 102; SU – 68)	<ul style="list-style-type: none">• Adapting in-person programs to an online format without diminishing service delivery or quality• Identifying new workshop ideas that are appealing to students• Students experiencing Zoom fatigue may not be interested in additional extracurricular online activities• Convincing participants to have cameras on to engage with others• Encouraging students to attend self-care oriented workshops while they are also balancing their personal and professional obligations	<ul style="list-style-type: none">• Better utilize the Course Representative Program to draw attention to upcoming events• Connecting not only with university partners within York, but also at other post-secondary institutions to develop programming• Collaboration with unit-based student clubs to host events and provide ideas for creative methods for engagement and promoting student wellbeing

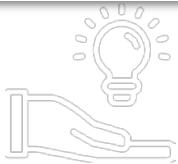
Community Engagement & Wellbeing

2020 – 2021 Recommendations

- Continue building communal networks to engage the York University community
- Explore strategies to better promote CC&SC events & programming to the community to increase participation
- Collaborate with unit-based student clubs to mount unique events

05

Awards and Recognition



Awards & Recognition at Calumet and Stong

- Combined 2019 & 2020 CCSC Leadership Awards Reception
 - 2019 – 413 Awards & Certificates
 - 2020 – 486 Awards & Certificates
- Stong College Awarded \$9,000 in Bursaries & Scholarships
- Two new LEAD With US Calumet & Stong Colleges' Shining Stars and Gems Awards created:
 - Amethyst Purpose Award for Influential Leadership
 - Opal Student-Staff Leader Award for Exceptional Service

05

Closing Remarks



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Instagram



CCSC LinkedIn Account: <https://www.linkedin.com/in/ccscyu/>

CCSC LinkedIn Page: <https://www.linkedin.com/company/ccsc-page/>

Connect with Stong College

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Instagram

[@stong.york](https://www.instagram.com/stong.york)