

Kinesiology and Health Science BSc

Sample 1st year Schedule - Fall term

class/lecture
 tutorial
 lab
 practical

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| HH/KINE 1020 Fitness and Health | Sample General Education Course Lecture (in approved humanities or approved social science) | HH/KINE 1020 Fitness and Health | Sample General Education Course Tutorial (in approved humanities or approved social science) | HH/KINE 1020 Fitness and Health |
| HH/KINE 1000 Sociocultural Perspectives in Kinesiology | | HH/KINE 1000 Sociocultural Perspectives in Kinesiology | | |
| HH/KINE 1020 Fitness and Health | | HH/KINE 1000 Sociocultural Perspectives in Kinesiology | | Sample Course Outside the Major Lab (in approved science courses) |
| | Sample Practicum Kinesiology Course | | Sample Practicum Kinesiology Course | |
| | | | | |
| Sample Course Outside the Major Lecture (in approved science courses) | Sample Course Outside the Major Tutorial (in approved Math courses) | Sample Course Outside the Major Lecture (in approved science courses) | | Sample Course Outside the Major Lecture (in approved science courses) |
| | Sample Course Outside the Major Lecture (in approved Math courses) | | Sample Course Outside the Major Lecture (in approved Math courses) | |

This sample schedule is to give you an idea of what a schedule may look like in the BSc in Kinesiology and Health Science. It should not be used for course planning nor scheduling purposes as your schedule will vary depending on your individual course selections.